



Orthotic Essentials

Product Catalogue

Orthotic Essentials Product Catalogue

As a key NHS partner, we've grown into a leading UK manufacturer of orthotic products, uniting bespoke and standard devices with innovation and traditional skills.

Contents

Introduction	4
Head and Neck	10
Spine and Torso	26
Arm and Shoulder	46
Wrist and Hand	54
Hip and Knee	74
Ankle and Foot	94
Adult Insoles	174
Paediatric	208
Index	256

Welcome to the Steeper Orthotic Essentials Product Catalogue

Our Orthotic Essentials range offers a selection of carefully hand-picked stock products that enhance and improve patient mobility. A full head-to-toe range, these high-quality, off-the-shelf options offer clinicians value for money and are readily available within a short lead time.

For any queries regarding the products within this catalogue, or any others outside of this range, please contact orthotics@steepergroup.com.

Icons key

Throughout this catalogue you'll find icons to help you better understand each product. Here's what they mean:



This product is available to order to your patient's custom measurements.



This product can be ordered to arrive pre-assembled. Please specify when ordering.



This product isn't kept in stock but it is available to order. Delivery times may vary.



This product is sold in a pair.



This product is available in a universal size that fits most patients.



Click this button to bring you back to the original contents page.

Bespoke custom manufacturing service

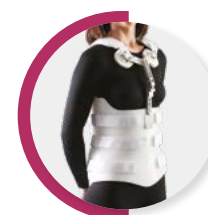
To complement our comprehensive stock products range, we also manufacture a variety of fully bespoke products at our Steeper manufacturing sites in the UK. These products include:



Scrum-type Helmets



Neck Collars



Spinal Bracing



Hip Bracing



KAFOs



Knee Bracing



AFOs



Insoles



Footwear



Repairs and Adapts

Creating custom devices for orthotic application demands rare skills with tried-and-tested techniques. We proudly employ expert technicians with these skills, who are committed to crafting the perfect orthoses to provide superior stabilisation, support and comfort to patients.

With specialisms from paediatric all the way to geriatric, our technical teams produce products that provide exceptional fit and functionality.

For further information on our bespoke custom products and manufacturing capabilities, please contact orthotics@steepergroup.com.

Ordering Information

How to order

Steeper accepts orders by the following methods:

- 📞 **Phone** 0113 207 0435
- 📠 **Fax** 0113 272 5689
- ✉️ **Email** order@steepergroup.com

Please specify product code, quantity required and any special delivery information.

Delivery options

The following options are available as standard:

- First class post
- Next working day

If you require a timed delivery the following options are available:

- Next working day before 9:00*
- Next working day before 10:30
- Next working day before 12:00 noon
- Saturday delivery**
- Same day delivery**

For next day delivery, orders must be placed with Steeper by 16:00.

Additional delivery charges may apply for timed delivery, please contact Customer Services for further details.

*Subject to location, restrictions may apply.

**Additional charges and restrictions may apply, please contact Customer Services for further details.

We can offer order confirmation on all orders via e-mail or fax.

Delivery shortages/satisfaction

On receipt of your goods, please check that the delivery note matches what you have received. In the unlikely event of receiving the wrong product or quantity, please notify our Customer Services team within 7 days.



Returns procedure

All stock may be returned within a 30 day period unless otherwise specified. It must be in its original packaging and in a saleable condition. Please note, soiled/contaminated goods must not be returned.

To return a product, you must complete a Returns Form obtainable from our Customer Service team.

We do not charge restocking fees for our range of orthotic essentials products. Custom and made to order products are non-returnable as these have been made outside the standard size ranges. If in doubt please contact our Customer Services team for clarity on 0113 207 0435.

Faulty/damaged goods

In the unlikely event that your order is received in a damaged or faulty condition, we kindly request you contact our Customer Service department. You will then be required to complete a Complaints Form, which should be submitted along with the damaged product for further assessment and resolution.

Single patient use

Any product supplied by Steeper is for single patient use only and should be fitted by a suitably qualified professional.

Re-use of any products is potentially dangerous and will invalidate the CE mark or any warranty.

Meet Our Model Jacob Chambers

Jacob was born with **Cerebral Palsy Hemiplegia** affecting the right side of his body and has spent many hours with clinicians and other medical professionals throughout his life, much like many of our very own patients. Despite the challenges that come with such a condition, plus the addition of ADHD, he has never let his disability hold him back! A bright and energetic young man, he channels his energy into his love of sports including international-level competitive swimming.

A professional and experienced model, Jacob has worked with many industry leaders such as global image agency, Getty Images, and featured in the Paralympics Advert in 2021.

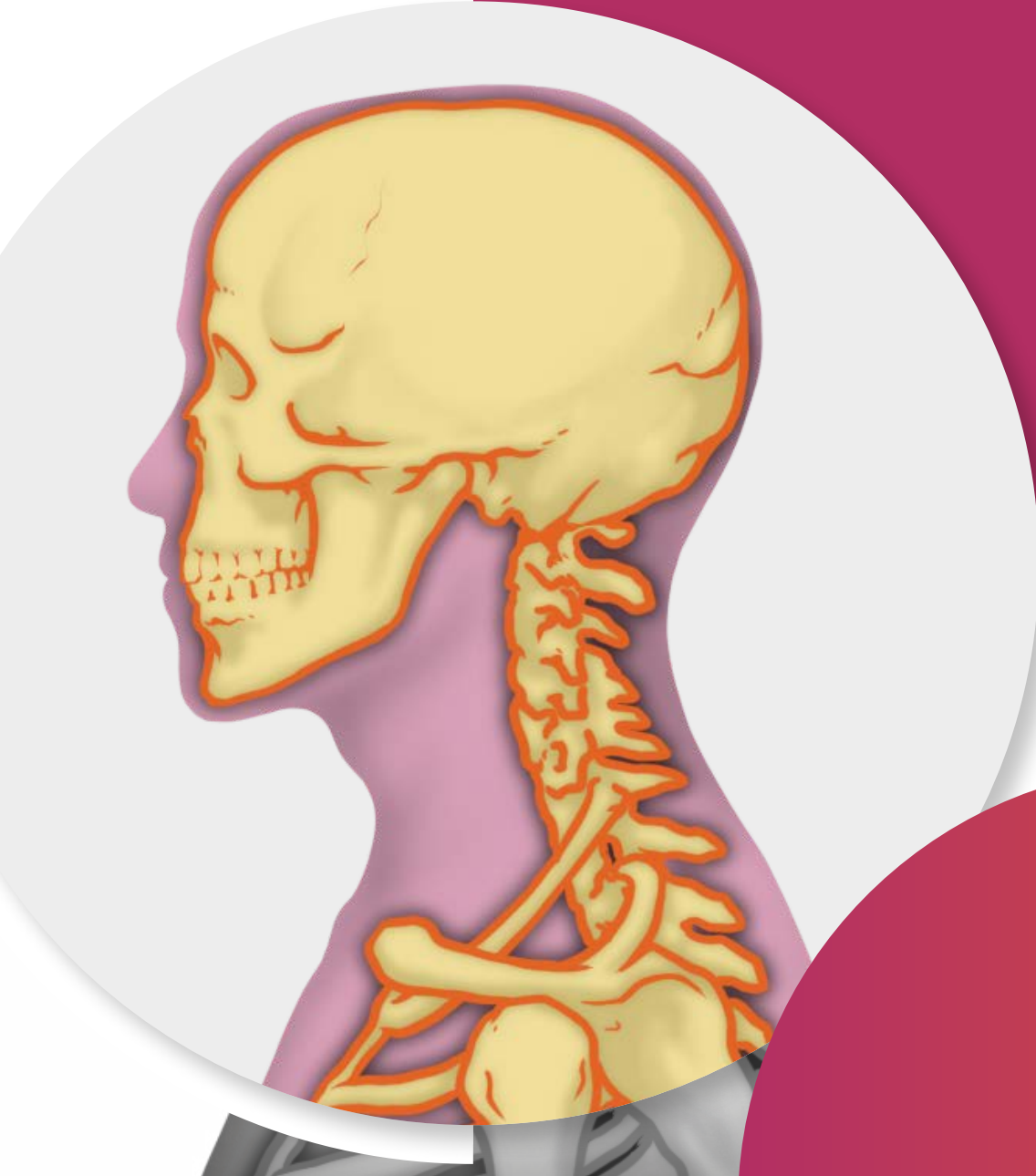
Alongside modelling, Jacob also loves acting and has attended the Manchester School of Acting every Saturday for many years, honing his craft. He played the part of a brother, Sammy, in Creeped Out 2 and was cast as the main character, Lemar, in a short film called Liccie Bit.

Collaborating with Jacob for our Orthotics Essentials Catalogue just made sense. He resembles a lot of our patients in their resilience and determination to not let their disability stand in their way.





Essentials Head & Neck



Starlight Standard



Features and Benefits

- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Good moisture circulation
- Outer layer made from robust cotton for longevity
- Lightweight - approximately 100g
- Machine washable
- Available in head circumferences 45cm to 62cm in 1cm increments

Indications for Use

- Simple yet effective protection for people at risk of head injury

Styles Available



Note: This product is non-returnable for hygiene reasons.

*Starlight Standard in Brown is not kept in stock, delivery times may vary.

Ordering Information

Colour	Product Code
Brown	5180- ■
Red	5180-1- ■
Blue	5180-2- ■

■ = Circumference of head (45cm to 62cm in 1cm increments)

Example: For a red Starlight Standard Helmet measuring 50cm - **5180-1-50**



More Information
Patient Information

Starlight Quilted Soft



Features and Benefits

- The Starlight Quilted Soft is upholstered with highly efficient high-tech foam
- The foam has excellent shock absorbing properties
- The forces applied by a fall are redistributed over a larger area
- Adapts well to the shape of the head offering improved comfort
- Available in head circumferences 45cm to 62cm in 1cm increments
- Excellent moisture wicking properties

Indications for Use

- Advanced protection for people at risk of head injury

Styles Available



Note: This product is non-returnable for hygiene reasons.

Ordering Information

Colour	Product Code
Oxford Rose	5180SG-1- ■
Oxford Light Blue	5180SG-2- ■

■ = Circumference of head (45cm to 62cm in 1cm increments)

Example: For an Oxford Rose Starlight Quilted Soft Helmet measuring 50cm - **5180SG-1-50**



More Information
Patient Information

Starlight Secure Fabric



Features and Benefits

- Impact absorbing soft/firm foam combination construction
- High quality cotton
- Soft to the skin
- Lightweight - approximately 100g - 130g (size dependent)
- Easy to wash

Indications for Use

- Advanced protection for people at risk of head injury

Note: Starlight Secure model shown with optional forehead protector, neck cushion and chin guard.

Note: This product is non-returnable for hygiene reasons.

Ordering Information

Size	Head Circ. (cm)	Product Code	Accessories	Product Code
1	47 - 49	C401101B-1	Chin Guard	C4012B-1
2	50 - 52	C401102B-1	Forehead Protector	C4013B-1
3	53 - 55	C401103B-1	Neck Cushion	C4014B-1
4	56 - 59	C401104B-1		
5	60 - 62	C401105B-1		

Is grey not your colour?

Made to Measure service is available for this product!
Other colours are available when ordering made to measure.



More Information
Patient Information

Starlight Secure Leather



Features and Benefits

- Impact absorbing soft/firm foam combination construction
- Leather lined
- Soft to the skin
- Lightweight - approximately 150g - 240g (size dependent)
- Heat and moisture regulating
- Breathable design
- Easy to clean

Indications for Use

- Advanced protection for people at risk of head injury

Note: This product is non-returnable for hygiene reasons.



Ordering Information

Size	Head Circ. (cm)	Product Code	Accessories	Product Code
1	47 - 49	C401101	Chin Guard	C4012
2	50 - 52	C401102	Forehead Protector	C4013
3	53 - 55	C401103	Neck Cushion	C4014
4	56 - 59	C401104		
5	60 - 62	C401105		

Is beige not your colour?

Made to Measure service is available for this product!
Other colours are available when ordering made to measure.



More Information
Patient Information

Basic Foam Collar



Features and Benefits

- Symmetrical design provides comfortable support
- Suitable for night use
- Touch and close fastening
- Made from medium density foam covered with stockinette

Indications for Use

- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis

Note: Made to measure service available, please provide neck circumference and front depth.

Ordering Information

Size	Neck Circ. (cm)	Front Depth (cm)	Product Code
X-Small	33 - 37	7	BFC/XS
Small	38 - 42	8	BFC/S
Medium	43 - 46	9	BFC/M
Large	47 - 51	10	BFC/L
X-Large	52 - 56	11	BFC/XL

Need a different size to fit your patient?

Made to Measure service is available for this product!
To order, please provide neck circumference and front depth.



More Information
Wear and Care Instructions

Shaped Foam Collar



Features and Benefits

- Symmetrical design provides comfortable support, suitable for night use
- Increased shaping to reflect underlying anatomy and provide an improved fit
- Touch and close fastening
- Made from medium density foam covered with stockinette

Indications for Use

- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis

Note: Made to measure service available, please provide neck circumference and front depth.

Ordering Information

Size	Neck Circ. (cm)	Front Depth (cm)	Product Code
Small	38 - 42	6.5	SFC/S
Medium	43 - 46	7	SFC/M
Large	47 - 51	8	SFC/L

Need a different size to fit your patient?

Made to Measure service is available for this product!
To order, please provide neck circumference and front depth.



Heads First Collar



Features and Benefits

- Open design makes it breathable and helps keep the area cool
- Attractive, minimal appearance
- Quick and easy fitting
- Comfort for daily use and increased patient compliance
- Access to a tracheal tube
- Supplied pre-assembled and ready to use
- Can be bent to the desired fit by hand
- Constructed from surgical rubber tubing, around a malleable core. The tubing is covered with a brushed nylon material that allows the hook and loop attachments to adhere anywhere

Indications for Use

Originally designed for people suffering from arthritis, but has been found to be appropriate and of great benefit to people suffering from many other disabilities including:

- Progressive neurological conditions, such as motor neurone disease
- Congenital conditions such as cerebral palsy
- Whiplash
- Head and spinal cord injury
- Burns

Note: For an accurate fit, measure from the chin to the corner of the jaw.

Ordering Information

Size	Jaw to Chin Length (cm)	Product Code
Junior	9	HFC4
Small	10	HFC3
Medium	11.5	HFC2
Large	13	HFC1

Accessories	Product Code	
	Large/Medium	Small/Junior
Front Support	FS01	FS02
Chin Pad	CP1	CP2
Neck Strap	NS1	NS2

Universal PROGLIDE 172



Features and Benefits

The PROGLIDE 172 cervical collar's easy-glide system has 12 adjustments available, allowing for improved fit and aims to be a one-size-fits-all solution. It maintains posture and with improved padding, allows more effective pressure distribution to decrease the risk of redness and skin breakdown.

- Ergonomically adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Soft cloth inner liner
- Tracheal opening
- MRI, CT and X-Ray compatible
- Effective between C2 - C5

Indications for Use

- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion
- Halo removal
- Dens type 1 cervical fractures of C2 vertebrae
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Neural involvement
- Atlanto-occipital dislocation



Universal PROGLIDE 174

Features and Benefits

The PROGLIDE 174 cervical collar is designed to offer maximum support with the addition of an extended sternal pad for increased occipital support. Featuring the same easy-glide system as the PROGLIDE 172, it aims to be a one-size-fits-all solution.

- Extended sternal pad and occipital support
- Ergonomic adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Soft cloth inner liner
- Tracheal opening
- MRI, CT and X-Ray compatible

Indications for Use

- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion
- Halo removal
- Dens type 1 cervical fractures of C2 vertebrae
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Neural involvement
- Atlanto-occipital dislocation



Ordering Information

Description	Size	Product Code
174 Collar	Universal	PG174
Spare Liner Set	Universal	PGPAD174

Miami J® Select Collar

Features and Benefits

- Easy height adjustability with a tamper-proof locking mechanism - 'Left to Lock'
- Anti-microbial and biocompatible Sorbatex™ padding prevents bacterial build-up
- Universal design
- 7 precise fitting sizes with opportunity to fine-tune
- Miami J® inspired chin tray
- One-piece, anatomically inspired collar back with Flex Edge® designed to reduce occipital pressure
- Easy to don and doff with patented Reproducible Fit option
- Intuitive blue Patient Touch-Points to send patients home with confidence - Blue is You™
- Simplified comfort adjustments with integrated and patented Sternal-Relief Dial
- Large tracheal opening - improved function for ICU patients
- Easy to clean and replace multi-coloured padding
- X-ray and CT lucent, MR-safe
- Compatible with Occian™ Back & Miami JTO® accessories

Indications for Use

- Pre and post c-spine surgery
- C-spine precaution for trauma patients



The Miami J Select is designed to support successful patient outcomes through its wide range of height adjustability.

Featuring a patented, first-to-market locking mechanism to protect against tampering and intuitive blue Patient Touch-Points, this collar encourages patient compliance and confidence.

The anti-microbial Sorbatex padding prevents bacteria build-up while being easy to clean and replace when needed.

Ordering Information

Description	Product Code
Collar Set	MJSR-101
Miami J Select Collar	MJS-101

Accessories	Product Code
Miami J Select Replacement Pads	MJSP-101
Miami J Select Tabs Reproducible Fit Tabs (10 pack)	MJST-101

Miami J® Cervical Collar



Features and Benefits

- Sorbatex™ padding is antibacterial and clinically proven to inhibit microbial growth, which enhances comfort and helps ensure patient compliance
- MRI, CT and X-ray lucent
- Bioengineered to minimise pressure points in key known areas: chin, occiput, trapezius and clavicle
- Comfort adjustment buttons for occiput and sternal pad removable when lying and swallowing

Indications for Use

- Post trauma
- Stable cervical fractures
- Cervical spondylitis
- Herniated cervical disc
- RA and OA cervical spine
- Cervical spondylosis
- Post operative

Ordering Information

Size	Product Code		
	Collar Set*	Collar	Replacement Pads
Super Short**	MJR-200S	MJ-200S	MJP-100
Stout	MJR-200L	MJ-200L	MJP-200L
X-Small	MJR-250	MJ-250	MJP-250
Short	MJR-300	MJ-300	MJP-100
Regular	MJR-400	MJ-400	MJP-100
Tall	MJR-500	MJ-500	MJP-100

*Collar sets come with one additional set of replacement pads.

**Super Short collars are packaged with Regular Back Panels.

Sizing Chart

Speciality sizes: 30% of the population

200S SUPER SHORT/KYPHOTIC 10%	200L & 200B STOUT/BARIATRIC 15%	250 XS 5%	500 TALL 10%
Does your patient have a kyphotic (chin-on-chest) neck?	Does your patient have a very large neck circumference?	Does your patient have a very short, thin neck?	Does your patient have a long, tall neck?
<ul style="list-style-type: none"> • Kyphotic • Chin-on-chest • Geriatric • Osteoporitic and/or ankylosing spondylitic 	<ul style="list-style-type: none"> • Very large neck circumference • Obese or massive shoulders <p>*For a neck circumference >25", try the Miami J Bariatric Collar (MJ-200B)</p>	<ul style="list-style-type: none"> • Very short, thin neck • Principally female • More prevalent in the Asian population • Rare 	<ul style="list-style-type: none"> • Long, tall neck • Young women • Adolescents

Standard sizes: 60% of the population

400 REGULAR 30%	300 SHORT 30%
Is your patient female?	All other adults
<ul style="list-style-type: none"> • Standard size for mature women • Thin, mature men 	<ul style="list-style-type: none"> • Standard size for mature men • Short-necked women

Phenotype based sizing system makes size selection simple whilst drastically reducing margin of error in fitting a patient. Each collar has bioengineered size specific front and back sections designed to work together for superior immobilisation.

The Miami J front and back panels may be interchanged to accommodate patient anatomy, e.g. a short front may be used with a tall back. Choose collar size based on patient neck height, not patient body size. Super short consist of a regular back panel and a super short front panel.

Aspen Vista® Universal Collar



Universal



Features and Benefits

- Innovative height adjustment technology
- Adjustable front depth using a unique dial adjustment mechanism
- The Vista collar is six collars in one, allowing for improved fit
- Reducing storage and inventory costs
- 100% cotton - latex free

Indications for Use

- Post-trauma
- Stable cervical fractures
- Cervical spondylitis
- Cervical spondylosis
- R/A & O/A cervical spine
- Herniated cervical disc
- Postoperative
- Motor Neurone Disease

Note: *The Collar Set comes with one collar and an additional set of replacement pads.

Ordering Information

Description	Size	Product Code
Aspen Vista Collar	Universal	984000
Aspen Vista Collar Set*	Universal	984002

Accessories	Product Code
Replacement Pads (Sets)	984020
Back Panel - Standard	984006
Back Panel - Large	984008

Michael's Craftsmanship Creates Positive Turning Points

For adults and children with self-injurious behaviours and sensory disorders, orthotic helmets can provide life-changing treatment. At Steeper, one of our company's core values is Patient Focus and Michael embodies this value every day when he crafts top quality bespoke helmets for our patients.

Michael's skills and attention to detail have been instrumental in the development of new helmet designs that are more comfortable and effective for patients. For example, a patient with a sensory disorder who wore protective earmuffs came to our orthotic clinic needing an orthotic helmet. He could have crafted a helmet big enough to go over the patients' earmuffs, but if they were to be removed, the helmet wouldn't fit anymore. Michael knew there had to be a better way of giving the patient the noise reduction they required from the earmuffs, and the protection they needed from the helmet, so created the first-ever Steeper helmet with built-in earmuffs.

He's also pioneered helmets with tinted visors for patients who are intolerant to daylight.

He's worked with many clinicians over the years, and he says, *"My tip for Orthotists to get the best result first time would be to focus on the circumference and ear-to-ear measurements, if these are correct the fit will be too! However, if it's not suitable to measure your patient or if you can't, I'll happily work with you to get the best result."*



To find out more about Made to Measure helmets, contact customer services on orthotics@steepergroup.com



Essentials Spine & Torso



Universal Abdominal Binder



Features and Benefits

- Neoprene binder with touch and close fastening and bound edges
- Universal sizing to reduce stock holding
- Adjustable to allow for stoma care

Indications for Use

- Post-op support/ventral hernia

Ordering Information

Size	Front Depth (cm)	Back Depth (cm)	Product Code
Universal	22	22	NB

Universal Deep Abdominal Binder



Features and Benefits

- Deep abdominal binder with simple touch and close fastening
- Adjustable to allow for stoma care
- Universal sizing to reduce stock holding

Indications for Use

- Post-op support/ventral hernia

Ordering Information

Size	Front Depth (cm)	Back Depth (cm)	Product Code
Universal	22	30	AB

Universal Temporary Hernia Support



Features and Benefits

- A separate 150mm diameter, 18mm thick soft hernia pad can be located as required
- Supplied with 1x hernia pad, additional pads can be purchased separately

Indications for Use

- Abdominal hernia
- General posture support
- Lumbar strains
- Sciatica
- Lumbosacral strains



Ordering Information

Size	Front Depth (cm)	Product Code
Universal	23	1043
Universal	30	1044

Accessories	Product Code
Hernia Pad	1041/P

Standard Maternity Support



Features and Benefits

- Providing gentle, yet firm support to alleviate lumbar pain
- Lift and back support can be controlled independently
- Soft elasticated insets and shaping provide comfort
- Easy and inconspicuous to wear under most clothing
- Support expands to accommodate growth during various stages of pregnancy

Indications for Use

- Abdominal support
- Lower back pain



Ordering Information

Size	Abdomen Circ. (cm)*	Product Code
1	63 - 81	SMS/S
2	81 - 112	SMS/M
3	112 - 142	SMS/L
4	142 - 172	SMS/XL

*Abdominal circumference should be measured at the widest point.



More Information
Wear and Care Instructions

Dual Maternity Belt



Features and Benefits

- Provides support to the sacroiliac and symphysis pubis to ease sacroiliac, supra pubic or low back pain
- The 3-touch-and-close strap configuration allows the patient to obtain optimum fit through a range of strap positions
- Strong, lightweight elastic gives excellent support without being restrictive

Indications for Use

- Sacroiliac support
- Low back pain
- Suprapubic support

Ordering Information

Size	Hip Circ. (cm)*	Product Code
XX-Small	90 - 96	331/MS
X-Small	96 - 102	332/MS
Small	102 - 108	333/MS
Medium	108 - 116	334/MS
Large	116 - 126	335/MS
X-Large	126 - 136	336/MS
XX-Large	136 - 146	337/MS
XXX-Large	146 - 156	338/MS

*Circumference around hips and under bump.

PRIM MAX Medium Lumbosacral Back Support

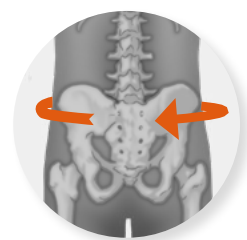


Features and Benefits

- Front parts made with seamless technology
- Support systems that facilitate placement and fitting
- Micro hook and loop fastening for secure closure and fastening
- Paravertebral steel stays ensure maximum containment
- Latex free

Indications for Use

- Lumbago
- Lumbosciatica
- Lumbocruralgia
- Discarthrosis
- Disc disease
- Osteoporosis
- Osteomalacia
- Postoperative disk herniation



Ordering Information

Size	Hip Circ. (cm)	Front Height (cm)	Back Height (cm)	Product Code
X-Small	75 - 85	20	33	6033G-XS
Small	80 - 95	20	33	6033G-S
Medium	90 - 105	20	33	6033G-M
Large	105 - 115	20	33	6033G-L
X-Large	115 - 125	20	33	6033G-XL
XX-Large	125 - 135	20	33	6033G-XXL

PRIMSPINE Semi-Rigid Lumbosacral Back Support



Features and Benefits

- Semi-rigid back support belt
- Made of "BoostFit" stretch fabric
- Highly breathable
- Double channel structure that enhances the adaptation to the body, providing better compression and comfort
- Low profile option has a front height of 17cm and back height of 26cm
- High profile option has a front height of 20cm and back height of 30cm
- Fully breathable material with moisture wicking properties
- Sleek slimline design

Indications for Use

- Lower back pain
- Lumbosciatica
- Osteoarthritis
- Incipient osteoporosis
- Osteomalacia
- Disc protrusion
- Postoperative recovery
- Muscle weakness
- Sprain



Ordering Information

Size	Hip Circ. (cm)	Product Code	
		Low Profile F: 17cm / B: 26cm	High Profile F: 20cm / B: 30cm
X-Small	70 - 80	PRS630G-XS	PRS631G-XS
Small	77 - 90	PRS630G-S	PRS631G-S
Medium	87 - 100	PRS630G-M	PRS631G-M
Large	95 - 110	PRS630G-L	PRS631G-L
X-Large	107 - 120	PRS630G XL	PRS631G-XL
XX-Large	117 - 130	PRS630G-XXL	PRS631G-XXL

Oasis LSO



Features and Benefits

Oasis is our most popular bivalve spinal system and ideal for patients who require maximum support, but cannot tolerate most rigid LSO braces.

- The traction closure system provides easy compression adjustments
- Revolutionary spacer fabric offers increased breathability, heat and moisture removal, less bulk and longer life span than trilaminates
- Flexibility of closing mechanism ensures an excellent fit across various body shapes
- Effective between L2 - L5

Indications for Use

- Burst fracture
- Post-op lumbar spine
- Stabilisation
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Spinal instability
- Post-op disc surgery
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Facet syndrome
- Tumours or inflammation
- Post-op laminectomy

Ordering Information

Size	Waist Circ. (cm)	Hip Circ. (cm)	Product Code
X-Small	66 - 82.3	78.7 - 94	OALS-XS
Small	76.2 - 91.4	88.9 - 104.1	OALS-SM
Medium	86.4 - 101.6	99 - 114.3	OALS-MD
Large	96.5 - 111.8	109.2 - 124.5	OALS-LG
X-Large	106.7 - 121.9	119.4 - 134.6	OALS-XL
XX-Large	116.8 - 132	129.5 - 144.8	OALS-XXL
XXX-Large	127 - 142.2	139.7 - 154.9	OALS-XXXL

Terrapin LSO Bivalve Brace



Features and Benefits

- Bivalve design allows for easy donning and doffing
- Provides abdominal compression
- Adjustable A/P control
- Removable and washable liner
- Made from high density polyethylene
- Standard option has a front height of 10" (25.4cm)
- Short option has a front height of 8½" (21.6cm)

Indications for Use

- Post operative spinal immobilisation
- Compression fracture
- Spinal instability
- Chronic back pain
- Degenerative, herniated or bulging disc

Ordering Information

Size	Hip Circ. (cm)	Hip Circ. (inch)	Product Code		
			Standard	Short	Pendulous Abdomen
1	76.2 - 86.4	30 - 34	LSO-1	-	-
2	86.4 - 94	34 - 37	LSO-2	-	-
3	94 - 104.1	37 - 41	LSO-3	LSO-3S	-
4	104.1 - 114.3	41 - 45	LSO-4	LSO-4S	LSO-4P
5	114.3 - 124.5	45 - 49	LSO-5	-	LSO-5P



PRIM Dorsolumbar Back Support

Features and Benefits

- Thoraco-lumbar soft spinal system designed to aid numerous spinal conditions
- Made of soft, breathable fabric
- Washable
- Shoulder straps promote scapular retraction
- Fully mouldable stays

Indications for Use

- Dorsalgia
- Osteoporosis
- Postoperative period
- Herniated disc
- Spondyloarthrosis
- Spondylolisthesis
- Spondylolysis
- Other degenerative disc diseases
- Hyperkyphosis

Ordering Information

Size	Hip Circ. (cm)	Front Height (cm)	Back Height (cm)	Product Code
X-Small	75 - 85	23	55	6037G-XS
Small	80 - 95	23	55	6037G-S
Medium	90 - 105	23	55	6037G-M
Large	105 - 115	23	55	6037G-L
X-Large	115 - 125	23	55	6037G-XL
XX-Large	125 - 135	23	55	6037G-XXL



PRIM SPINAIR SP500 TLSO

Features and Benefits

- A complete and functional orthosis for the progressive treatment of muscular hypotonia and osteoporosis
- Breathable
- Washable
- Padded straps to protect underarms
- Fully adaptable "Elastic on/off" zone at the base for maximum fastening
- Easy to use level 1-3 tensioning system
- Fully mouldable lightweight aluminium support

Indications for Use

- Osteoporosis
- Hyperkyphosis
- Vertebral arthritis
- Low back pain
- Spondyloarthrosis



Ordering Information

Size	Hip Circ. (cm)	Height from S1 to C7 (cm)	Product Code
S1	78 - 93	51 - 59	SP500-S1
M1	90 - 105	51 - 59	SP500-M1
M2	90 - 105	59 - 68	SP500-M2
L2	103 - 120	59 - 68	SP500-L2
L3	103 - 120	68 - 75	SP500-L3

Accessories	Product Code
SPINAIR Accessory (Extender Band For SP500)	SP500ACC

Hyperextension Brace



Features and Benefits

- Lightweight aluminium construction
- Padded pelvic band - can be locked or free to adjust as patient changes from standing to sitting, avoiding brace shift
- Simple height and width adjustment of sternal component
- Three step auto-lock system allows for easier access
- Lightweight and hard-wearing polymer hinge with no metal springs guarantees the right amount of movement between the frames and pelvic band

Indications for Use

- Immobilisation following inter-vertebral disc surgery
- Stable vertebral compression fractures of the lower thoracic and lumbar spine



Ordering Information

Description	Pelvis Circ. (cm)	Height of Brace (cm)*	Product Code
Small	60 - 75	34 - 42	MP100S
Medium Short	75 - 90	34 - 41	MP100MS
Medium	75 - 90	36 - 46	MP100M
Medium Long	75 - 90	40 - 52	MP100ML
Large Short	90 - 105	36 - 46	MP100LS
Large	90 - 105	40 - 52	MP100L
X-Large Short	105 - 115	39 - 49	MP100XLS
X-Large	105 - 115	42 - 54	MP100XL

*Measured from the proximal side of the body of the sternum to the upper edge of the pubis (pubic tubercle)

VENUM Universal HYBRID TLSO

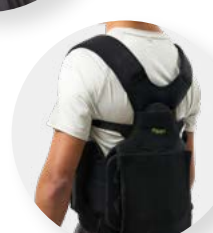


Features and Benefits

- Reduced stock holding
- Cincher technology
- Cost effective
- Step-down design
- Streamline design
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic grips can be customised to patient size by extending or retracting cable length
- Made from durable, breathable, soft, hypo-allergenic materials that wick away perspiration
- Fits waist circumferences from 60cm - 157.5cm; optional extender panel adds 25cm to circumference
- Effective between T7 - L5

Indications for Use

- Chronic back pain
- Kyphosis
- Osteoporosis or osteoporotic fractures
- Degenerative, herniated or bulging disc
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Facet syndrome
- Tumours
- Spinal instability
- Burst fracture
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disc surgery



Note: To fit the VENUM Universal HYBRID TLSO correctly, please choose the desired size on the slide panel from the charts on **Page 41**.

Ordering Information

Description	Size	Product Code
VENUM Universal HYBRID TLSO	Universal	VIPHYBTLSO3DLK
Extender Panel	Universal	STEXT

VENUM Universal TLSO PPX

Features and Benefits

The VENUM Universal TLSO PPX is the ultimate one-size-fits-all semi-rigid comfort brace for the thoraco lumbar-sacral region. This brace reduces pain, whilst providing support and immobilisation to the thoraco lumbar-sacral spine. Featuring unique anterior pads and a highly effective cincher system, the VENUM Universal TLSO PPX is designed to produce maximal intra-abdominal pressure to distract the vertebral bodies of the spine. As the brace is universal in nature, it benefits from fitting every patient type and can be stored easily where limited storage is available.

- Reduced stock holding
- Cincher technology
- Cost effective
- Step-down, streamline design
- Motion restriction of the thoracic and lumbar regions, T7 - L5
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic grips can be customised to patient size by extending or retracting cable length
- Made from durable, breathable, soft, hypo-allergenic materials that wick away perspiration
- Fits waist circumferences from 60cm - 157.5cm; optional extender panel adds 25cm to circumference

Universal



More Information
Patient Fitting Guide

Indications for Use

- Chronic back pain
- Degenerative, herniated or bulging disc
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Facet syndrome
- Tumours
- Spinal instability
- Burst fracture
- Pre or post-op spinal thoraco-lumbar stabilisation
- Pre or post-op disc surgery

Note: To fit the VENUM Universal TLSO PPX correctly, please choose the desired size on the slide panel from the charts below.

Ordering Information

Description	Size	Product Code
VENUM Universal TLSO PPX	Universal	VIPHYBTLSO4PPX
Extender Panel	Universal	STEXT

VENUM Universal TLSO and Hybrid TLSO Size Chart

Size	Waist Measurement (cm)	Size	Waist Measurement (cm)
X-Small	60 - 65	X-Small/Small	65 - 70
Small	70 - 75	Small/Medium	75 - 80
Medium	80 - 85	Medium/Large	85 - 90
Large	90 - 95	Large/X-Large	95 - 100
X-Large	100 - 105	X-Large/2X-Large	105 - 110
2X-Large	110 - 115	2X-Large/3X-Large	115 - 120
3X-Large	120 - 125	3X-Large/4X-Large	125 - 130
4X-Large	130 - 135	4X-Large/5X-Large	135 - 140
5X-Large	140 - 145	Add extender panel	157.5 - 182.5
Panel fully open	142.5 - 157.5	-	-

Oasis TLSO

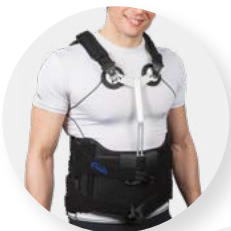


Features and Benefits

Oasis is our most popular bivalve spinal system and ideal for patients who require maximum support, but cannot tolerate most rigid TLSO braces. Revolutionary spacer fabric offers increased breathability, heat and moisture removal, less bulk and longer life span than trilaminates. The Oasis TLSO includes a Dorsal Lumbar Kit (DLK) with Sternal Panel to prevent forward flexion. Effective between T7 - L5.

Indications for Use

- Burst fracture
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Kyphosis
- Laminectomy
- Osteoporosis
- Paraplegia
- Postoperative
- Spinal stabilisation
- Spinal stenosis
- Spondylolysis
- Spondylolisthesis



Ordering Information

Size	Waist (cm)	Hip (cm)	Product Code
X-Small	66 - 82.3	78.7 - 94	OATL4-XS-PPK
Small	76.2 - 91.4	88.9 - 104.1	OATL4-S-PPK
Medium	86.4 - 101.6	99 - 114.3	OATL4-M-PPK
Large	96.5 - 111.8	109.2 - 124.5	OATL4-L-PPK
X-Large	106.7 - 121.9	119.4 - 134.6	OATL4-XL-PPK
XX-Large	116.8 - 132	129.5 - 144.8	OATL4-XXL-PPK
XXX-Large	127 - 142.2	139.7 - 154.9	OATL4-XXXL-PPK



More Information

Video: How to fit the Oasis TLSO brace

Terrapin Bivalve TLSO Brace

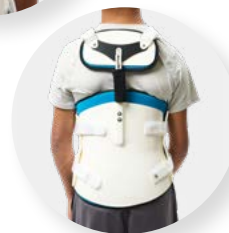


Features and Benefits

- The Bivalve technology allows for easy donning
- The Ilio-loc provides abdominal compression, positioning, and prevents migration
- Adjustable A/P control
- Removable and washable liner
- Made from a high density polyethylene
- Standard option has a front height of 10" (25.4cm)
- Short option has a front height of 8½" (21.6cm)
- Effective between T7 - L5

Indications for Use

- Burst fracture
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Kyphosis
- Laminectomy
- Osteoporosis
- Paraplegia
- Postoperative
- Spinal stabilisation
- Spinal stenosis
- Spondylolysis
- Spondylolisthesis



Ordering Information

Size	Hip Circ. (cm)	Hip Circ. (inch)	Product Code		
			Standard	Short	Pendulous Abdomen
1	76.2 - 86.4	30 - 34	TLSO-1	-	-
2	86.4 - 94	34 - 37	TLSO-2	-	-
3	94 - 104.1	37 - 41	TLSO-3	TLSO-3S	-
4	104.1 - 114.3	41 - 45	TLSO-4	TLSO-4S	TLSO-4P
5	114.3 - 124.5	45 - 49	TLSO-5	-	-



More Information

Video: How to fit the Terrapin TLSO brace

CTLSO Bivalve



Features and Benefits

A rigid modular spinal system designed to limit spinal movement to promote the healing of spinal fractures. Each brace is padded with breathable foam to improve comfort for the patient.

- A rigid spinal system designed to provide patients with maximum stability and support to the cervical-lumbar spine from C3 - L5
- Restricts and controls unwanted motion
- Durable and easy to clean and can be easily modified
- Combines rigid anterior and posterior polymer shells
- Chape and hook and loop fastening system



Indications for Use

- Postoperative internal fixation
- Multiple level fractures
- Burst fracture
- Compression fracture
- Spinal stenosis

Ordering Information

Female				
Size	Xyphoid (cm)	Waist (cm)	Hip (cm)	Product Code
X-Small	57.5 - 72.5	47.5 - 62.5	62.5 - 77.5	STKCTLSOCF-XS
Small	67.5 - 82.5	57.5 - 72.5	72.5 - 87.5	STKCTLSOCF-SM
Medium	77.5 - 92.5	67.5 - 82.5	82.5 - 97.5	STKCTLSOCF-MD
Large	87.5 - 102.5	77.5 - 92.5	92.5 - 107.5	STKCTLSOCF-LG
X-Large	97.5 - 112.5	87.5 - 102.5	102.5 - 117.5	STKCTLSOCF-XL
XX-Large	107.5 - 122.5	97.5 - 112.5	112.5 - 127.5	STKCTLSOCF-2X
XXX-Large	117.5 - 132.5	107.5 - 122.5	122.5 - 137.5	STKCTLSOCF-3X
Male				
Size	Xyphoid (cm)	Waist (cm)	Hip (cm)	Product Code
X-Small	72.5 - 87.5	60 - 75	70 - 85	STKCTLSOCM-XS
Small	82.5 - 97.5	70 - 85	80 - 95	STKCTLSOCM-SM
Medium	92.5 - 107.5	80 - 95	90 - 105	STKCTLSOCM-MD
Large	102.5 - 117.5	90 - 105	100 - 115	STKCTLSOCM-LG
X-Large	112.5 - 127.5	100 - 115	110 - 125	STKCTLSOCM-XL
XX-Large	122.5 - 137.5	110 - 125	120 - 135	STKCTLSOCM-2X
XXX-Large	132.5 - 147.5	120 - 135	130 - 145	STKCTLSOCM-3X

Essentials Made to Measure

Features and Benefits

Our custom-built manufacturing facility enables us to rapidly manufacture and control every stage of the production process, ensuring quality and on-time delivery of any orthosis required.

We can manufacture your spinal orthosis utilising the latest CAD/CAM technology which allows us to carve and mould each spinal orthosis to your patients unique measurement or scanned image, and your specification. This ensures the very best fit, support, and comfort.

Please contact customer service at orthotics@steepergroup.com for more information.



Made to Measure Cast
 TLSO Soft Body
 Anterior



Made to Measure
 TLSO Bivalve (ATE
 version)



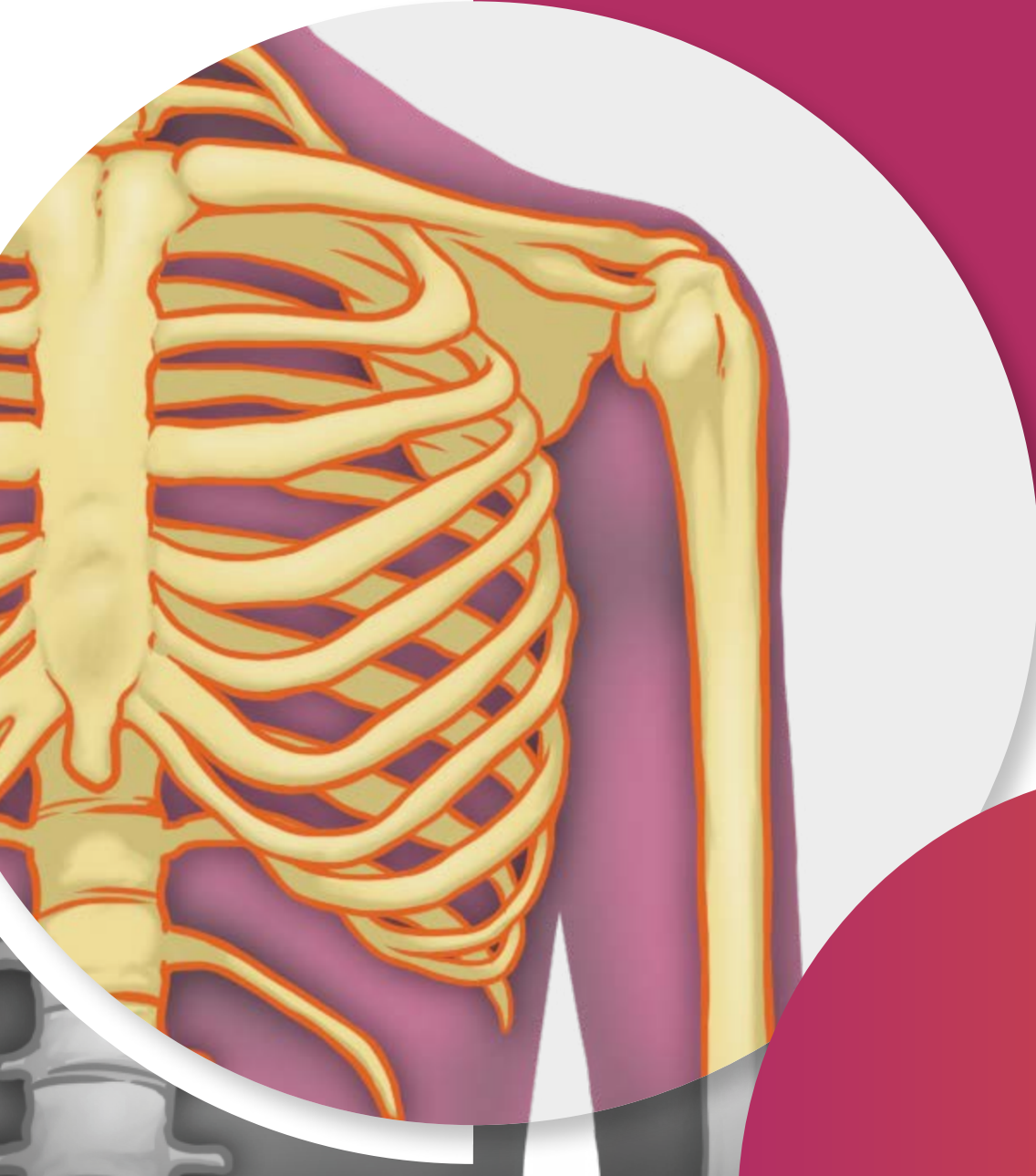
Made to Measure
 Scoliosis Brace



To order contact order@steepergroup.com



Essentials Arm & Shoulder



Epicondylitis Strap



Features and Benefits

- Epicondylitis strap on a breathable fabric support, with seamless “high-frequency” technology for better skin protection
- Anatomical and re-positionable condyle pad that unloads the tendon and produces a massage effect
- Adjustable elastic strap for dynamic compression adjustment
- Anatomical structure for enhanced forearm fit
- Hypoallergenic non-slip support to prevent the strap from rotating

Indications for Use

- Sport or work-related lateral epicondylitis (tennis elbow)
- Medial epicondylitis (golfer’s elbow)



Ordering Information

Size	Product Code
Maximum elbow circumference 30cm	T29

Universal High Arm Sling



Features and Benefits

- Lightweight breathable mesh
- Touch and close strap fastening

Indications for Use

- Forearm, elbow and arm immobilisation

Ordering Information

Size	Product Code
Universal	0860

Tennis Elbow Sleeve



Features and Benefits

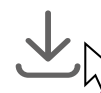
- Fully breathable easy to use pull sleeve wicks moisture away creating a cooling effect
- The strap allows control of compression for maximum effect and pain relief
- Pre-formed shaping for improved intimacy of fit, offering effective pain relief

Indications for Use

- Medial and lateral epicondylitis

Ordering Information

Size	Elbow Joint Circ. (cm)	Product Code
Small	20.5 - 23	TES/CX/BE/S
Medium	23 - 25.5	TES/CX/BE/M
Large	25.5 - 28	TES/CX/BE/L
X-Large	28 - 31	TES/CX/BE/XL



More Information
 Wear and Care Instructions

Formfit® Shoulder Brace



Features and Benefits

- Streamlined fit and sporty look
- Breathable and comfortable
- Provides abduction of the shoulder (when the abduction pillow is attached), or external rotation of the shoulder (when the external rotation pillow is attached)
- Available with a customisable aeroplane kit for patients who require precise positioning following shoulder surgery
- Optional axilla pillow available for purchase to help distribute weight over a larger surface area and decrease pressure on the ulnar nerve

Indications for Use

- Immobilisation for rotator cuff repairs
- Bankart repairs
- Capsular shifts
- Glenohumeral dislocations/subluxations
- Soft tissue repairs/strains
- Shoulder instabilities/injuries
- Post-surgical rehabilitation



Ordering Information

Size	Length (cm)	Product Code		
		Regular	External Rotation	With Abduction
Small	Up to 29	SSS-SO	SSS-ER	SSS
Medium	29 - 40	SSR-SO	SSR-ER	SSR
Large	40 - 44.5	-	-	SSL

Neuro-Lux Shoulder II® (Sporlastic)



Features and Benefits

- Freedom of movement allows virtually unrestricted use of affected arm
- Orthosis can be taken on and off with one hand
- Different coloured plastic buckles make it easy to put on correctly
- Improved repositioning of joint (humerus) whilst correcting subluxation and inner rotation
- Stabilisation of shoulder joint
- Prevents secondary injuries of crown cap, tendons, muscles and shoulder nerves
- Improvement of posture through movement of arm pendulum
- Avoidance of shoulder-hand syndrome

Indications for Use

- Flaccid and painful movement of the shoulder and arm musculature after hemiplegia
- Plexus injuries
- Craniocerebral trauma
- Cervical spine trauma
- Peripheral nerve injuries

Ordering Information

Size	Lower Arm Circ (cm)	Chest Circ (cm)	Product Code	
			Left	Right
1	21 - 25	75 - 90	07261/1L	07261/1R
2	21 - 25	90 - 105	07261/2L	07261/2R
3	21 - 25	105 - 125	07261/3L	07261/3R
4	25 - 29	75 - 90	07261/4L	07261/4R
5	25 - 29	90 - 105	07261/5L	07261/5R
6	25 - 29	105 - 125	07261/6L	07261/6R
7	25 - 35	75 - 90	07261/7L	07261/7R
8	25 - 35	90 - 105	07261/8L	07261/8R
9	25 - 35	105 - 125	07261/9L	07261/9R

Rebound® Post Op Elbow

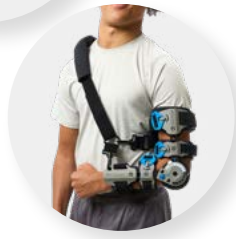


Features and Benefits

- Includes a drop-lock hinge and four telescoping paddles
- Lightweight
- Promotes user comfort with straps that stay in place
- Anatomical left and right fit with mouldable stability cuffs
- Blue patient touch-points for easy education

Indications for Use

- Stable fractures of the elbow, distal humerus, proximal radius or ulna
- Tendon and ligament injuries or repairs
- Collateral ligament reconstructions
- Elbow hyperextension
- Triceps tendon repair
- Chronic elbow injuries
- Tennis elbow release



Ordering Information

Description	Product Code
Right	B-8391580
Left	B-8391680



Rebound® Post Op
Elbow
Page 52



Essentials Wrist & Hand



Universal Palm Protector



Features and Benefits

- Fleece-lined, lightweight palm cover
- Designed to allow full finger movement whilst reducing finger contractures and skin damage/breakdown in the palmar region
- Easily laundered
- Easily applied using hook and loop fastening straps

Indications for Use

- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

Ordering Information

Description	Size	Product Code
Right	Universal	PPR
Left	Universal	PPL

CMC Brace



Features and Benefits

- Support for the thumb CMC joint in the treatment of osteoarthritis and medial subluxation. The shaped strap wraps around the thumb CMC joint and the first metacarpal for targeted CMC joint support
- Made from Neoprene

Indications for Use

- CMC joint arthritis
- CMC instability
- Tendinitis
- Pain associated with repetitive motion

Ordering Information

Size	Palm Circ. (cm)	Product Code	
		Left	Right
Small	16.5 - 17.5	CMC/SL	CMC/SR
Medium	17.5 - 20	CMC/ML	CMC/MR
Large	20 - 24	CMC/LL	CMC/LR

Thumb Spica - Neoprene



Features and Benefits

- Neoprene thumb spica featuring a removable flexible stay which restricts movement at the CMC and MCP joints, leaving the IP joint free
- Warmth and compression
- Removable flexible stay

Indications for Use

- CMC joint arthritis
- CMC instability
- Tendinitis
- Pain associated with repetitive motion
- Osteoarthritis
- Painful/unstable 1st MCP joint
- Rheumatoid arthritis
- Thumb strains
- Sprains and post-cast removal

Ordering Information

Size	Wrist Circ. (cm)	Product Code	
		Left	Right
Small	14 - 15	TS/BE/S/L	TS/BE/S/R
Medium	15 - 16.5	TS/BE/M/L	TS/BE/M/R
Large	16.5 - 18	TS/BE/L/L	TS/BE/L/R
X-Large	18 - 19	TS/BE/XL/L	TS/BE/XL/R

Push Ortho Thumb Brace CMC



Features and Benefits

- Hand remains stable and allows good grip function
- Provides pain relief when experiencing thumb stress
- Surrounding joints remain free and doesn't limit their movement
- Pre-formed flexible plastic enclosure
- Aluminium splint can be manipulated for individual thumb contours and optimal stabilisation of the joint
- Two hook and loop fastening straps fasten around the back of the hand which allows the brace to be easily fitted by the individual
- The material and rounded edges allows for maximum comfort
- Antimicrobial
- Can be used in water and can be dried easily

Indications for Use

- Osteoarthritis of the CMC-1 joint
- Postoperative after care of the CMC-1 joint
- Status after arthroplasty of the CMC-1 joint
- Instability of the CMC-1 joint

Measure the circumference of the affected hand and use the chart to pick the correct size. If you are in between sizes, select the larger size.



Ordering Information

Size	MCP Circ. (cm)	Product Code	
		Left	Right
0	15 - 17.5	PUS122B	PUS121B
1	17.5 - 19.5	PUS067B	PUS064B
2	19.5 - 22.5	PUS068B	PUS065B
3	22.5 - 27	PUS069B	PUS066B

Push Care Wrist Brace



Features and Benefits

- Provides pressure around the wrist joint to improve stability
- Allows for adjustable pressure for individual needs, the wrist joint is not immobilised and functionality of the hand is retained
- The palm of the hand maintains freedom, ensuring a good grasp can be achieved
- Padded material around the ulnar area of the wrist
- Sympress material inner offers maximum comfort and keeps the skin dry under the brace

Indications for Use

- Residual instability
- Moderate to serious distortions
- Strain complaints in the wrist joint
- Therapy resistant strain complaints to the wrist extensors
- Wrist fractures without dislocations
- Aftercare for wrist fractures
- Arthrosis with distension
- RSI (repetitive strain injury)



Ordering Information

Size	Wrist Circ. (cm)	Product Code	
		Left	Right
1	13 - 15	PUS074B	PUS070B
2	15 - 17	PUS075B	PUS071B
3	17 - 19	PUS076B	PUS072B
4	19 - 21	PUS077B	PUS073B

Push Med Wrist Brace



Features and Benefits

- Provides high levels of support and protection to the wrist joint without restriction of the functionality of the hand
- Anatomically shaped stiffeners limit palmary and dorsal flexion without inhibiting it completely
- Elastic strap provides adjustable compression
- Easy to fit
- Can be applied using one hand meaning the individual can fit it themselves
- Padded material around vulnerable areas of the wrist

Indications for Use

- Residual instability
- Moderate to serious distortions
- Strain complaints in the wrist
- Therapy-resistant strain complaints of the wrist extensors
- Wrist fractures without dislocations
- Follow-up treatment of wrist fractures
- Arthrosis with hydrops
- Repetitive strain injury



Ordering Information

Size	Wrist Circ. (cm)	Product Code	
		Left	Right
1	13 - 15	PUS082B	PUS078B
2	15 - 17	PUS083B	PUS079B
3	17 - 19	PUS084B	PUS080B
4	19 - 21	PUS085B	PUS081B

Short Wrist Brace



Features and Benefits

- Standard single compression one-piece wrist brace provides good conformity around the wrist and hand
- Removable, mouldable metal stay
- Made from Neoprene

Indications for Use

- Flaccid drop wrist
- Repetitive strain injury
- Rheumatoid arthritis
- Carpal tunnel syndrome



Ordering Information

Size	Wrist Circ. (cm)	Product Code	
		Left	Right
X-Small	10 - 12.5	SWB/E/XS/L	SWB/E/XS/R
Small	12.5 - 15	SWB/E/S/L	SWB/E/S/R
Medium	15 - 17.5	SWB/E/M/L	SWB/E/M/R
Large	17.5 - 20	SWB/E/L/L	SWB/E/L/R
X-Large	20 - 22.5	SWB/E/XL/L	SWB/E/XL/R

Universal Wrist Brace



Universal



Features and Benefits

- Breathable felt and neoprene mix material
- Aluminium palmer splint and stays can be shaped to fit the wrist with additional hook and loop strap for enhanced fit
- Designed for easy on and off application
- Circumferential seam for improved fit around waist

Indications for Use

- Arthritis
- Sprain
- Swelling
- Carpal Tunnel

Note: Paediatric sizes also available, see **Page 214.**

Ordering Information

Description	Size	Product Code
Left	Adult	SWB/L/UNIVERSAL
Right	Adult	SWB/R/UNIVERSAL

Wrist and Thumb Spica



Features and Benefits

- Two-piece dual compression with malleable aluminium thumb splint to hold thumb in abduction
- 5cm wide elasticated strap
- Made from Neoprene

Indications for Use

- Osteoarthritis
- Painful/unstable 1st MCP joint
- Rheumatoid arthritis

Ordering Information

Size	Wrist Circ. (cm)	Product Code	
		Left	Right
Small	12.5 - 15	WTB/CX/BE/S/L	WTB/CX/BE/S/R
Medium	15 - 17.5	WTB/CX/BE/M/L	WTB/CX/BE/M/R
Large	17.5 - 20	WTB/CX/BE/L/L	WTB/CX/BE/L/R
X-Large	20 - 22.5	WTB/CX/BE/XL/L	WTB/CX/BE/XL/R

Wrist and Thumb Spica - Neoprene



Features and Benefits

- Restricted wrist and thumb motion without limiting finger motion
- Easy fit and comfortable
- Lightweight and padded
- Contours to the anatomy of the wrist and thumb
- Breathable Neoprene material
- Hook and loop fastening

Indications for Use

- Gamekeeper's thumb
- Post-cast healing
- Soft tissue injuries
- Selective scaphoid injuries



Ordering Information

Size	Wrist Circ. (cm)	Product Code	
		Left	Right
Small	15 - 18	WTS/S/L	WTS/S/R
Medium	18 - 20	WTS/M/L	WTS/M/R
Large	20 - 23	WTS/L/L	WTS/L/R
X-Large	23 - 25	WTS/XL/L	WTS/XL/R

Comfyrene® Contour Hand Orthosis



Features and Benefits

- The Comfyrene® Contour Hand Orthosis has unique side flaps that hold the wrist in place allowing for full hand contouring
- C-bar and thumb support with included strap
- 4 straps come as standard
- Unique butterfly designed side straps hold wrist and forearm in place
- Contours the whole hand, wrist and forearm
- Instead of removable terrycloth covers, the Comfyrene splint inserts are covered with soft neoprene and headliner material, which creates a slim profile for everyday comfort
- Splints are adjustable and re-adjustable using the Comfy™ patented reinforced spine
- Straps may be positioned anywhere on the splint for optimal fit
- Contracture management

Indications for Use

- Use after sports injuries
- Removal of casts
- Sports medicine
- Arthritic patient's support of the weakened extremity

Ordering Information

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code	
			Left	Right
Adult	17.8+	27.9	HCO-101-CP-LB-LT	HCO-101-CP-LB-RT

Comfy Air Hand Orthosis



Features and Benefits

- The Comfy Air Hand Orthosis is an exceptionally useful splint for the severely contracted hand
- It has an adjustable air bladder that allows gradual extension of the MP, DIP and PIP joints, as well as an adjustable wrist for customised fit
- Ingeniously designed by a therapist, one simply inserts the unfitted splint with the bladder under the fingers and then pumps air to inflate the bladder and increase finger extension. (Headliner material only)
- Ambidextrous

Indications for Use

- Ideal for the severely contracted hand
- Inflatable air bladder allows for gradual MP, DIP and PIP joint extension
- Adjustable wrist
- Provides low pressure stretch therapy
- Hand air bladder can be used separately without full orthosis as needed
- Can fit into even the most tightly clenched hand

Ordering Information

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Adult	17.8 - 20.3	31.8	HA101-A

Comfy Hand-Wrist Finger Orthosis



Features and Benefits

- Provides support and positioning for the weak or deformed wrist, hand or fingers
- Serves as an excellent resting splint to prevent trauma to joints and positions to increase ROM
- Side wings prevent ulnar and radial deviation
- Arm cuffs easily adjust to width of arm
- Terrycloth
- Headliner
- Ambidextrous

Indications for Use

- Flaccid drop wrist
- Repetitive strain injury
- Rheumatoid arthritis
- Carpal tunnel syndrome

Note: Paediatric sizes also available, see **Page 216**.

Ordering Information

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Adult Small	15.2 - 17.8	27.9	H101-AS
Adult Large	20.3+	34.3	H101-AL

SoftPro® Functional Resting WHFO



Features and Benefits

- “Bend-to-fit” endoskeleton frame can be hand shaped in the sagittal plane as well as medially, laterally, and rotationally to accommodate most angles of the wrist/hand/and fingers without the use of tools
- The endoskeleton frame is a closed cell foam, covered by a laminated foam/cloth cover that can be laundered as necessary
- Extra long wrist straps hold the wrist in the proper position and applies a gentle stretch
- Maintains and supports the wrist, hand and fingers in a comfortable functional position

Indications for Use

- Support and protection of a weak or injured wrist, hand, and fingers, including thumb

Ordering Information

Size	Width of MP Joints (cm)	Length (cm)	Product Code	
			Left	Right
Small	6.5 - 7.5	23	SP31FFR-S-L	SP31FFR-S-R
Medium	7.5 - 9	25	SP31FFR-M-L	SP31FFR-M-R
Large	9 - 10	28	SP31FFR-L-L	SP31FFR-L-R

ComfySplints™ Deviation Hand Thumb Orthosis



Features and Benefits

- Unique, below the wrist, swivel that allows for lateral and medial positions to accommodate for ulnar and radial deviation
- Progressively change wrist and finger positions and amount of wrist deviation by adjusting the internal frame and locking the frame's swivel with included hex wrench
- Correct or control wrist deviation motion even when changes in the position of the wrist and hand are made
- Ambidextrous

Indications for Use

- Arthritic deformities
- Neuromuscular deformities
- Flaccid, weak or spastic hand conditions

Ordering Information

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Adult	17.8 - 20.3	31.8	DHT-101

ComfySplints™ Rest Hand



Features and Benefits

- Supports the weak or deformed hand with ultra-comfort
- Removable finger separator included
- Super soft and removable navy headliner cover is machine washable (laundry bag included)
- Treated with antimicrobial barrier for skin breakdown prevention
- Patented reinforced spine can bend and adjust as needed (no tools or heat required)

Indications for Use

- Arthritis
- CVA
- Sprain/strains



Ordering Information

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code	
			Left	Right
Adult Small	13.3 - 15.9	26.7	RH-101-AS-LEFT	RH-101-AS-RIGHT
Adult	15.9 - 18.4	29.2	RH-101-LEFT	RH-101-RIGHT
Adult Large	18.4+	34.3	RH-101-AL-LEFT	RH-101-AL-RIGHT

ComfySplints™ Large Pan Hand Thumb Orthosis



Features and Benefits

- Designed to support the thumb without stressing the web space between the index finger and the thumb known as the "Thenar Eminence"
- Soft straps accommodate sensitive skin, oedema and fragile skin
- Removable Terrycloth material covers are fully machine washable
- Fully and easily adjustable at all joints to make a custom fit without the use of tools or heat guns
- Side wings prevent ulnar/radial deviation
- Ambidextrous

Indications for Use

- Sprains/Strains/Fractures
- Sports injuries
- Neurological impairments
- Contractures
- CP
- Wound care



Ordering Information

Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Adult	17.8 - 20.3	31.8	LPHT-101

ComfySplints™ Spring Loaded Goniometer Hand Orthosis



Features and Benefits

- Goniometer works in the same manner as serial casting by gradually adjusting the amount of extension
- Features a spring that gently pushes extremity to the selected degree of extension
- Use the goniometer dial to set the range of flexion and extension from 0 to 180° in 10° increments
- Allen key supplied
- Blocks flexion or extension while allowing motion in opposite direction
- Can be set in a desired static position
- Re-adjustable custom fit of wrist, MP, PIP and DIP joints
- Ambidextrous

Indications for Use

- Contractures of the wrist and hand
- Flaccid drop wrist
- Repetitive strain injury
- Rheumatoid arthritis
- Stroke

Ordering Information

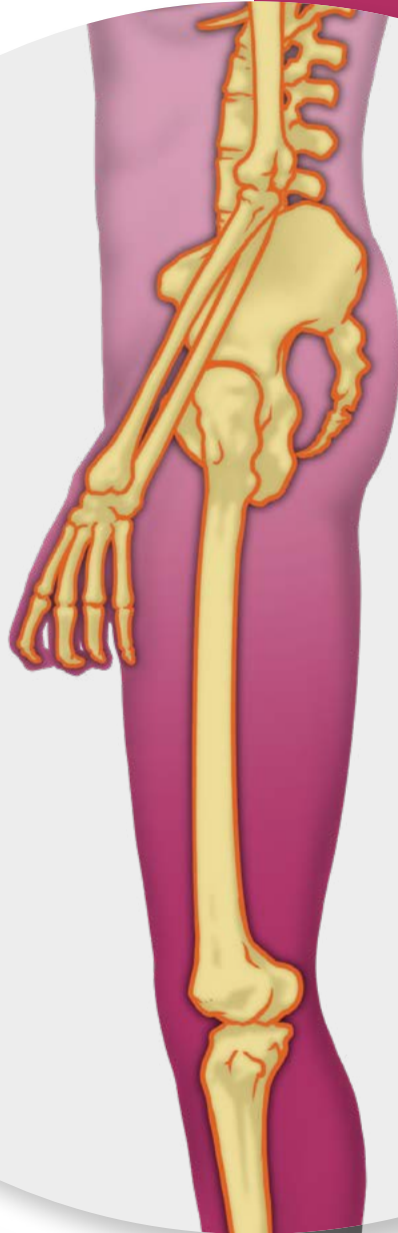
Size	Wrist to Tip of Middle Finger (cm)	Total Length (cm)	Product Code
Adult	17.8 - 20.3	31.8	SGH-101



Push Ortho Thumb Brace CMC
Page 58



Essentials Hip & Knee



Ortel Hernia Truss



Features and Benefits

- Removable and repositionable silicone pads increase comfort and effectiveness
- Buckle system makes unilateral version left/right adjustable

Indications for Use

- Reducible unilateral inguinal hernia

Note: This product is non-returnable for hygiene reasons.



Ordering Information

Size	Waist Circ. (cm)	Product Code	
		Unilateral	Bilateral
1	75 - 85	27300120100199	27200120100199
2	86 - 97	27300120200199	27200120200199
3	98 - 110	27300120300199	27200120300199
4	111 - 125	27300120400199	27200120400199

Hernia Truss with Bilateral Pads



Features and Benefits

- Bilateral hernia belt is a reusable medical device intended to support treatment and rehabilitation according to the relevant indications

Indications for Use

- Patients with minor inguinal hernias who cannot be subjected to surgery for various reasons
- Following double-sided inguinal hernia surgery in the case of weak muscle-tendon system to prevent recurrence

Note: This product is non-returnable for hygiene reasons.

Ordering Information

Size	Hip Circ. (cm)	Product Code
Small	70 - 79	PT0110-S
Medium	80 - 90	PT0110-M
Large	91 - 102	PT0110-L
X-Large	103 - 115	PT0110-XL
XX-Large	116 - 130	PT0110-XXL



Hernia Support Briefs Men's

Features and Benefits

- Reusable medical device intended for men to support treatment and rehabilitation according to the relevant indications

Indications for Use

- Following surgery of large inguinal or femoral hernias
- In the case of postoperative oedemas of testes or epididymis
- Following surgery or puncture of hydrocele testis
- Prevention of inguinal or femoral hernia recurrence
- In patients who cannot be subjected to surgery for various reasons

Note: This product is non-returnable for hygiene reasons.

Ordering Information

Size	Waist Circ. (cm)	Hip Circ. (cm)	Product Code
X-Small	<70	<85	PT0111-XS
Small	70 - 80	85 - 95	PT0111-S
Medium	81 - 90	96 - 105	PT0111-M
Large	91 - 100	106 - 115	PT0111-L
X-Large	101 - 115	116 - 125	PT0111-XL
XX-Large	116 - 130	126 - 135	PT0111-XXL



Hernia Support Briefs Women's

Features and Benefits

- Reusable medical device intended for women to support treatment and rehabilitation according to the relevant indications

Indications for Use

- Following surgery of large inguinal or femoral hernias
- In patients who cannot be subjected to surgery for various reasons
- Prevents recurrence of inguinal and femoral hernias
- Prevents oedemas and pain after inguinal and femoral hernia surgery

Note: This product is non-returnable for hygiene reasons.

Ordering Information

Size	Waist Circ. (cm)	Hip Circ. (cm)	Product Code
Small	70 - 80	85 - 95	PT0112-S
Medium	81 - 90	96 - 105	PT0112-M
Large	91 - 100	106 - 115	PT0112-L
X-Large	101 - 115	116 - 125	PT0112-XL
XX-Large	116 - 130	126 - 135	PT0112-XXL

VENUM Universal Soft Hip Abduction Brace



Features and Benefits

The one-size-fits-all VENUM Soft Hip Abduction brace incorporates the most advanced technology and materials. A revolutionary soft hip management system for patients of all shapes and sizes providing maximum comfort and support. The LSO part of the brace operates using a cincher system to maximise control. The belt thigh cuff and hinge adjust to fit the dimension of most patients. The brace applies a dynamic abduction force, so that the femoral head remains in the socket.

- Universal design
- Cincher technology
- Size indicator displays belt size to ensure correct and comfortable fitting
- Joint with adjustable abduction/adduction, flexion/extension
- Single or double-pull cable pulley system
- Stock reduction, saves money and space
- Materials are comfortable, breathable, soft, wick-away perspiration and are durable and resilient
- Waist circumference range: 60cm - 157.5cm
- Extender panel adds an additional 25cm (sold separately)
- Ergonomic arthritic grips can be customised to patient size

Indications for Use

- For patients at risk of hip dislocation, suitable for all levels of instability

Material: 30% Polyurethane 70% Polyamide

Ordering Information

Description	Size	Patient Height (cm)	Product Code
VENUM Soft Hip Abduction Brace	Universal	<188	VHHIPABD
Long Joint*	Universal	>188	TLCHIPJNTLG
Extender Panel	Universal	-	STEXT

***Note:** The Venum Universal Soft Hip Aduction Brace comes with a standard joint for patients of height below 188cm, for patients over 188cm a long joint will be required.

To fit the VENUM Universal Hip Brace correctly, please choose the desired size on the slide panel from the chart below.

VENUM Universal Braces Size Chart			
Size	Waist Measurement (cm)	Size	Waist Measurement (cm)
X-Small	60 - 65	X-Small/Small	65 - 70
Small	70 - 75	Small/Medium	75 - 80
Medium	80 - 85	Medium/Large	85 - 90
Large	90 - 95	Large/X-Large	95 - 100
X-Large	100 - 105	X-Large/2X-Large	105 - 110
2X-Large	110 - 115	2X-Large/3X-Large	115 - 120
3X-Large	120 - 125	3X-Large/4X-Large	125 - 130
4X-Large	130 - 135	4X-Large/5X-Large	135 - 140
5X-Large	140 - 145	Add extender panel	157.5 - 182.5
Panel fully open	142.5 - 157.5	-	-

Arthritic Knee Sleeve



Features and Benefits

- Simple knee sleeve
- Pull on design, elasticated for easy use of donning
- Provides compression and warmth for painful joints
- Posterior shaping eradicates bunching in popliteal area

Indications for Use

- Arthritis

Ordering Information

Size	Knee Circ. (cm)	Product Code
Small	31 - 34	803/AKS
Medium	34 - 37	805/AKS
Large	37 - 42	807/AKS
X-Large	42 - 46	808/AKS
XX-Large	49 - 54	809/AKS

Stabilised Knee Sleeve



Features and Benefits

- Incorporates medial and lateral flexible spiral stays for enhanced medial/lateral stability
- Provides compression and support
- Touch and close straps for improved fit
- Universal left/right application
- Made from Airprene

Indications for Use

- Medio lateral stability and patella control
- knee instability
- Post-op rehabilitation
- Strains/sprains
- Bursitis
- Tendonitis osteoarthritis
- Rheumatoid arthritis
- Osteoarthritis

Note: When measuring the knee, ensure it is fully extended. For thigh circumference, measure 15cm above the centre of the patella. For calf circumference, measure 15cm below the centre of the patella.

Ordering Information

Size	Thigh Circ. (cm)	Knee Circ. (cm)	Calf Circ. (cm)	Product Code
Small	34 - 36	25 - 28	26 - 28	SKS/CX/BE/S
Medium	36 - 39	28 - 30	28 - 32	SKS/CX/BE/M
Large	39 - 41	30 - 33	32 - 35	SKS/CX/BE/L
X-Large	41 - 44	33 - 36	35 - 37	SKS/CX/BE/XL



More Information
 Patient Information

Standard Knee Brace



Features and Benefits

- The front opening design allows easy application for the arthritic or elderly
- Metal side hinges provide medial/lateral stability while allowing flexion
- Opposing fastenings for upper and lower touch and close straps counter rotation and allow correct fitting
- Removable hinges
- Universal left/right application
- Made from Airprene

Indications for Use

- Medio lateral stability
- Osteoarthritis
- Rheumatoid arthritis

Note: When measuring the knee, ensure it is fully extended. For thigh circumference, measure 15cm above the centre of the patella. For calf circumference, measure 15cm below the centre of the patella.

Ordering Information

Size	Thigh Circ. (cm)	Knee Circ. (cm)	Calf Circ. (cm)	Product Code
X-Small	29 - 34	18 - 22	26 - 31	SKB/CX/BE/XS
Small	34 - 39	22 - 27	31 - 37	SKB/CX/BE/S
Medium	39 - 47	27 - 29	37 - 42	SKB/CX/BE/M
Large	47 - 53	29 - 34	42 - 46	SKB/CX/BE/L
X-Large	53 - 59	34 - 40	46 - 53	SKB/CX/BE/XL



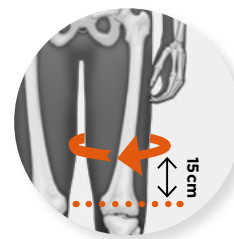
More Information
Wear and Care Instructions

Stabimed® Knee Brace



Features and Benefits

- Short soft brace with the possibility of extension and flexion limitation
- Easy to handle thanks to wrap design
- Silicone dot coating supports a secure fit on the leg
- Medi Airtex+ material with intelligent thermoregulation provides a high level of comfort
- Special knit technology at the hollow of the knee allows ease of flexion
- The physioglide hinge mimics the roll-glide movement of the knee and supports a secure fit on the leg
- The compressive spacer-knit can improve proprioception
- Comprehensive set of wedges for flexible extension and flexion limitation including 5° hyperextension wedge. The hinge design enables the wedges to be changed without using a tool



Note: Measure 15cm above the centre of the patella.

Indications for Use

- Injuries of the collateral ligaments
- Instability of the knee
- Meniscus injuries
- Osteoarthritis of the knee

Ordering Information

Size	Thigh Circ. (cm)	Product Code
X-Small	31 - 37	826/1
Small	37 - 45	826/2
Medium	45 - 51	826/3
Large	51 - 57	826/4
X-Large	57 - 65	826/5
XX-Large	65 - 74	826/6

Collamed® Knee Brace

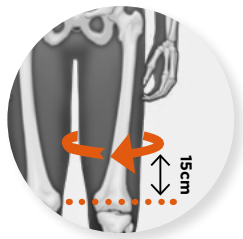


Features and Benefits

- Long soft brace with the possibility of extension and flexion limitation
- The compressive spacer-knit can improve proprioception
- Easy to handle thanks to wrap design
- Silicone dot coating supports a secure fit on the leg
- Medi Airtex+ material with intelligent thermoregulation provides a high level of comfort
- Special knit technology at the hollow of the knee allows ease of flexion
- The physioglide hinge mimics the roll-glide movement of the knee and supports a secure fit on the leg
- Comprehensive set of wedges for flexible extension and flexion limitation including 5° hyperextension wedge. The hinge design enables the wedges to be changed without using a tool

Indications for Use

- Injuries to the collateral ligament (post traumatic/postoperative)
- Injuries to the cruciate ligament (post traumatic/postoperative)
- Instability of the knee
- Meniscus injuries
- Osteoarthritis of the knee



Note: Measure 15cm above the centre of the patella.

Ordering Information

Size	Thigh Circ. (cm)	Product Code
X-Small	31 - 37	824/1
Small	37 - 45	824/2
Medium	45 - 51	824/3
Large	51 - 57	824/4
X-Large	57 - 65	824/5
XX-Large	65 - 74	824/6
XXX-Large	74 - 84	824/7

Rebound® Post-Op Knee Brace



Universal



Features and Benefits

- Simple, tool-free design
- Multi-purpose Smart-Fit™ packaging
- OneTouch™ easy to adjust ROM hinge with lock-out capability
- Colour-coding and numbered frame for patient education
- Telescoping frame from 47cm - 68cm (Adult) and 39.5cm - 54cm (paediatric)
- Quick-fit, gripping buckles for easy application
- The brace is lightweight and the edges are protected to improve patient comfort

Indications for Use

- ACL, PCL, MCL, LCL repairs/injuries
- Osteochondral repairs
- Meniscal repairs
- Condylar fractures
- Tibial plateau fractures
- Sprains/strains of the knee
- Patellar tendon repairs
- HTOs (High Tibial Osteotomy)

Note: Measure 15cm above the centre of the patella.

Ordering Information

Size	Description	Thigh Circ. (cm)	Product Code
Universal	Cool	41 - 81	B-8381480
Universal	Full Foam	41 - 81	B-8382480

X-ROM™ Post-Op Knee Brace



Features and Benefits

- Fast, simple application and adjustment through innovative strap, tab and buckle designs
- Precisely control ROM with settings in 10° increments from -10° to 90° extension and -10° to 120° flexion
- Four independently telescoping sliders
- Ability to contour to the patient's leg to aid varus and valgus support
- Comfortably accommodates a wide range of patient shapes and sizes (from 4'11" to 6'5")
- Enhanced ankle pads and strategically placed contact points between the leg and brace help reduce slippage
- Anti-microbial pads help neutralise odour while increasing comfort and durability

Indications for Use

- To aid immobilization and protected range of motion associated with ACL, PCL, LCL, and MCL surgeries and meniscal repairs

Ordering Information

Size	Colour	Product Code
Universal	Black	11-2181-9



X-ROM™ Post-Op
 Knee Brace
Page 88

OA Ease Knee Brace

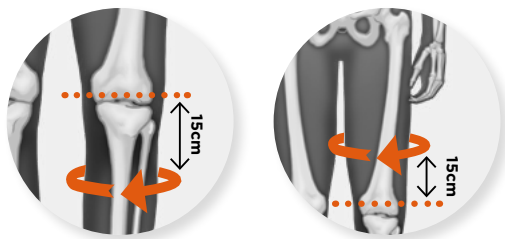


Features and Benefits

- Wraparound design
- Simple rubber pull-tabs, colour-coded guide dots and a convenient hinge alignment guide make application and removal simple
- 3-Point Leverage System with Dynamic Force System™ strap and shells unload the affected knee compartment
- Lightweight and breathable fabric
- Machine washable
- Low-profile brace with a slim hinge can be worn under clothes
- Fine-tune strap tension for individual pain relief, with marked dosing indicator lines
- Extension kits and liners are available to further enhance fit and comfort

Indications for Use

- Mild-to-moderate OA pain
- Mild-to-moderate unicompartamental knee osteoarthritis and/or degenerative meniscal tears
- Other conditions that may benefit from unicompartamental unloading



Note: For thigh circumference, measure 15cm above the centre of the patella. For calf circumference, measure 15cm below the centre of the patella.

Ordering Information

Medial				
Size	Calf Circ. (cm)	Thigh Circ. (cm)	Product Code	
			Right Medial	Left Medial
X-Small	28 - 32	36 - 41	FOA0518711	FOA0618711
Small	32 - 36	41 - 46	FOA0518712	FOA0618712
Medium	36 - 41	46 - 53	FOA0518713	FOA0618713
Large	41 - 51	53 - 60	FOA0518714	FOA0618714
X-Large	46 - 51	60 - 67	FOA0518715	FOA0618715
XX-Large	51 - 56	67 - 75	FOA0518716	FOA0618716
XXX-Large	56 - 61	75 - 81	FOA0518717	FOA0618717

Lateral				
Size	Calf Circ. (cm)	Thigh Circ. (cm)	Product Code	
			Right Lateral	Left Lateral
X-Small	28 - 32	36 - 41	FOA0528711	FOA0628711
Small	32 - 36	41 - 46	FOA0528712	FOA0628712
Medium	36 - 41	46 - 53	FOA0528713	FOA0628713
Large	41 - 51	53 - 60	FOA0528714	FOA0628714
X-Large	46 - 51	60 - 67	FOA0528715	FOA0628715
XX-Large	51 - 56	67 - 75	FOA0528716	FOA0628716
XXX-Large	56 - 61	75 - 81	FOA0528717	FOA0628717

Unloader® One X

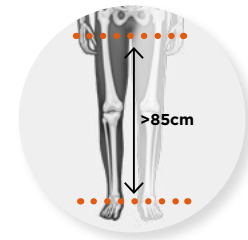


Features and Benefits

- 3-Point Leverage System consisting of two Dynamic Force System (DFS) straps, rigid shells and a single upright hinge
- No condyle pressure during sitting or swing phase
- A slender, perforated frame with soft edges
- Discreet whether worn over or under clothing
- Skin-friendly liners and pads as well as a smooth inner surface of shells reduce the likelihood of pressure points
- The gastroc strap is positioned over the thickest part of calf to help prevent slipping
- Tool-free SmartDosing® dials enable the patient to fine-tune the strap tension
- Colour coded touchpoints and Quick-Fit buckles make it easy to use
- Alignment guide on hinge
- Machine washable (washbag included with product)

Indications for Use

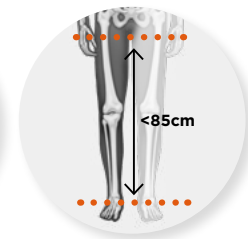
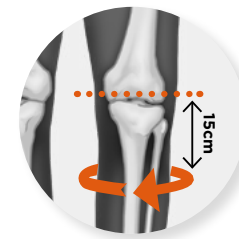
- Moderate to severe single compartment knee osteoarthritis (OA)
- Degenerative meniscal tears
- Other unicompartmental knee conditions that may benefit from unloading, such as:
 - Articular cartilage defect repair
 - Meniscal repair
 - Avascular necrosis
 - Condylar bone marrow lesions
 - Tibial plateau fractures



Note: Recommended for patients with inside leg measure over 85cm.

Ordering Information

Standard (Leg length more than 85cm)					
Size	Calf Circ. (cm)	Product Code			
		Right Medial	Left Medial	Right Lateral	Left Lateral
X-Small - Medium	25 - 43	UOX0518713	UOX0618713	UOX0528713	UOX0628713
Large - X-Large	43 - 62	UOX0518715	UOX0618715	UOX0528715	UOX0628715



Note: Recommended for patients with inside leg measure under 85cm.
For calf circumference, measure 15cm below the centre of the patella.

Short (Leg length less than 85cm)					
Size	Calf Circ. (cm)	Product Code			
		Right Medial	Left Medial	Right Lateral	Left Lateral
X-Small - Medium	25 - 43	UOX1518713	UOX1618713	UOX1528713	UOX1628713
Large - X-Large	43 - 62	UOX1518715	UOX1618715	UOX1528715	UOX1628715



Essentials Ankle & Foot



Ankle Sleeve Plus



Features and Benefits

- Two-strap fastening for ease of application allows support to strap on like a sock
- Universal left/right application

Indications for Use

- Mild sprains of the ankle requiring minimal support and compression

Ordering Information

Size	Shoe Size (UK)	Product Code
Small	5 - 6	ASP/CX/BE/S
Medium	7 - 8	ASP/CX/BE/M
Large	9 - 10	ASP/CX/BE/L
X-Large	11 - 12	ASP/CX/BE/XL

Airtex Transpirable Ankle Brace



Features and Benefits

- Figure-of-eight straps
- Front opening with hook and loop fasteners
- Fixed to the sole of the foot with a seam
- 100% Latex free

Indications for Use

- Minor sprains
- Prevention of sprains while playing sport
- Tendonitis

Ordering Information

Size	Ankle Circ. (cm)	Product Code
Small	20 - 22	T114-S
Medium	22 - 24	T114-M
Large	24 - 26	T114-L
X-Large	26 - 28	T114-XL

Push Care Ankle Brace



Features and Benefits

- Provides compression around the ankle
- Improves the sense of stability of the joint
- Compression can be adjusted as and when required
- Can be worn with any shoe
- Padding around vulnerable areas of the ankle for added comfort
- Easy to fit

Indications for Use

- Minor distortions
- Slight capsule irritation
- Slight ankle instability
- Arthrosis without instability



Ordering Information

Size	Short Heel Circ. (cm)	Product Code	
		Left	Right
1	26 - 29	PUS015B	PUS010B
2	29 - 32	PUS016B	PUS011B
3	32 - 35	PUS017B	PUS012B
4	35 - 38	PUS018B	PUS013B
5	38 - 41	PUS019B	PUS014B

Push Med Ankle Brace



Features and Benefits

- Provides long-term support of the ankle joint
- Based on the functions of tape bandage
- The degree of pressure and pronation/supination limits is adjustable
- Silicone application ensuring good position retention
- Comfort zones located on the most vulnerable areas of the ankle such as the Achilles tendon
- Made of Sympress™ which is a high quality material made for ultimate comfort
- Microfibres keep the skin dry and ensure optimal comfortability

Indications for Use

- Moderate residual instability
- Treatment of acute lateral ankle ligament lesions (alternative to taping)
- Treatment of stable ankle fractures
- Aftercare for ankle fractures
- Postoperative treatment of ligament injuries and fractures
- Capsular irritation and tendonitis following ankle fracture or ligament lesions
- Arthrosis with instability
- Secondary prevention of ankle ligament lesions (under moderate stress with accumulation of fluid)
- Impingement



Ordering Information

Size	Short Heel Circ. (cm)	Product Code	
		Left	Right
1	26 - 29	PUS022B	PUS0017B
2	29 - 32	PUS023B	PUS0018B
3	32 - 35	PUS024B	PUS0019B
4	35 - 38	PUS025B	PUS020B
5	38 - 41	PUS026B	PUS021B

Push Aequi Ankle Brace



Features and Benefits

- An effective ankle orthosis which strikes a balance between efficient mechanical support of a disabled ankle and good user comfort
- The rigid support is situated exclusively on the medial side of the ankle and has a recess for the malleolus
- The lateral side is made from preformed foam, which easily adapts to individual anatomy

Indications for Use

- Serious (residual) instability (under high stress)
- Treatment of acute lateral ankle ligament lesions
- After-care of conservative or operated ankle fractures
- Arthrosis with instability without accumulation of fluid
- Secondary prevention of ankle ligament lesions

Note: Paediatric sizes also available, see **Page 228**.

Ordering Information

Size	Short Heel Circ. (cm)	Product Code	
		Left	Right
1	27 - 31	320111	320121
2	31 - 34	320112	320122
3	34 - 40	320113	320123

Malleo Dynastab® Boa® Ankle Brace



Features and Benefits

- Offers a high level of support
- Lightweight
- Low profile meaning it can be worn in any type of shoe
- Additional straps and a metallic splint for maximum stabilisation
- Anatomic design
- Micro-aerated 3D fabric ensure optimum comfort
- Quick and easy to fit
- Boa® Lacing System

Indications for Use

- Mild to moderate sprain
- Resumption of sporting activity e.g. basketball, volleyball, handball, etc.



Ordering Information

Size	Ankle Circ. (cm)	Product Code
1	19 - 22	23510120100199
2	22 - 26	23510120200199
3	26 - 30	23510120300199

Formfit® Ankle Brace with Figure 8



Features and Benefits

- Provides stability and protection for the ankle
- Low profile design fits easily into shoes
- Quick lace up feature makes it easy to don and doff
- Breathable material
- Inversion/eversion control

Indications for Use

- Ankle injury rehabilitation/immobilisation (Grade I/II sprains)
- Support chronic instability
- Prophylactic use

Ordering Information

Size	Ankle Circ. (cm)	Product Code
X-Small	28 - 30.5	B-212000001
Small	30.5 - 33	B-212000002
Medium	33 - 35.5	B-212000003
Large	35.5 - 38	B-212000004
X-Large	38 - 40.5	B-212000005

A60™ Ankle Support



Features and Benefits

- Incorporating a stabilizer moulded at a 60° angle and breathable material
- Lightweight anatomical design
- Fits easily into athletic footwear to provide cool, comfortable protection
- Helps prevent sprains and roll-over
- Anatomically designed for prophylactic support
- Single strap for simplified application
- Replaces time-consuming lacing
- Available in black

Indications for Use

- Chronic mild instability
- Prophylaxis

Ordering Information

Size	Men's Shoe Size (UK)	Women's Shoe Size (UK)	Product Code	
			Left	Right
Small	<7	<8	DJO-02TSL	DJO-02TSR
Medium	7.5 - 11.5	9 - 13	DJO-02TML	DJO-02TMR
Large	12+	13.5+	DJO-02TLL	DJO-02TLR

Airport™



Features and Benefits

- Provides Air-Stirrup® support for inversion and eversion protection
- Foam-filled Aircell technology
- Cushions and supports the ankle
- Anterior Talofibular (ATF) cross-strap and integral forefoot and shin wraps
- Provide additional ligament stabilisation and compression
- Strong, coated fabric
- Durable and long-lasting
- Step-in style and automatic heel adjustment
- Easy on/off application and fast adjustments
- Universal fit
- Fits left or right foot

Indications for Use

- Grade I or II ankle sprain, chronic instability

Ordering Information

Size	Men's Shoe Size (UK)	Women's Shoe Size (UK)	Product Code	
			Left	Right
X-Small	<4	<3	O2MXSL	O2MXSR
Small	4.5 - 6	3.5 - 6.5	O2MSL	O2MSR
Medium	6.5 - 10.5	7 - 10	O2MML	O2MMR
Large	11 - 12.5	10.5 - 12	O2MLL	O2MLR
X-Large	13+	12.5+	O2MXLL	O2MXLR

AirLift™ PTTD



Features and Benefits

- Versatile stirrup design
- Anatomically correct design
- New intuitive Integrated Inflation System
- Aircast® technology
- Durable cross strapping
- Easy step-in design
- Off-the-shelf customised fit for comfortable relief from PTTD symptoms

Indications for Use

- Posterior tibial tendon dysfunction (PTTD)
- Adult acquired flatfoot (AAF)



Ordering Information

Size	Men's Shoe Size (UK)	Women's Shoe Size (UK)	Product Code	
			Left	Right
Small	<6	<6.5	O2PSL-1	O2PSR-1
Medium	6 - 10.5	7 - 10	O2PML-1	O2PMR-1
Large	11+	10+	O2PLL-1	O2PLR-1

Rebound Foot-Up®



Features and Benefits

- Lightweight
- Contoured to the shape of the leg
- Comfortable to wear
- Easy to use
- Designed to provide visible improvement in gait by supporting the foot the moment it is raised

Indications for Use

- Foot drop and/or other similar conditions



Ordering Information

Rebound Foot-Up		
Size	Ankle Circ. (cm)	Product Code
Small/Medium	18 - 25	RFU50001
Large/X-Large	26 - 33	RFU50002

Foot Wrap		
Size	Foot Circ. (cm)	Product Code
Universal	20 - 28	RFU50101

Rebound Foot-Up & Foot Wrap Bundle		
Size	Ankle Circ. (cm)	Product Code
Small/Medium	18 - 25	RFU500011
Large/X-Large	26 - 33	RFU500021

Accessories		
Description	Contents	Product Code
Attachment Kit	Plastic inlay, elastic strap, 1x nut & screw	RFU50201
Nuts & Bolts	5x Nuts, 2 xShort & 3x Long Screws	RFU50202

Foot-Up®



Foot-Up shown with shoeless wrap



Foot-Up shown with footwear



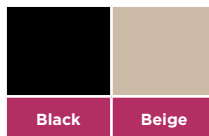
Features and Benefits

- Foot-Up is a lightweight ankle orthosis that offers dynamic support for drop foot or similar complaints
- The revolutionary orthosis provides visible improvement in gait by supporting the foot the moment it is raised
- Lightweight and difficult to see under clothes
- Constructed from a padded breathable material, it is comfortable to wear with or without footwear (shoeless wrap required for use without footwear)

Indications for Use

- Peroneal neuropathies
- Drop foot
- Dysfunctional gait

Styles Available



Ordering Information

Size	Ankle Circ. (cm)	Product Code	
		Black	Beige
1 Medium	18 - 21	07810-1	07811-1
2 Large	22 - 26	07810-2	07811-2
3 X-Large	27 - 33	07810-3	07811-3

Shoeless Wrap*

Size	Foot Circ. (cm)	Product Code	
		Black	Beige
1 Small	<20	27810-1	27811-1
2 Medium	20 - 24	27810-2	27811-2
3 Large	24 - 28	27810-3	27811-3
4 X-Large	>28	27810-4	27811-4

Plastic Insert

Description	Product Code
Black	17810
Beige	17811

- = Size of Foot-Up (1 - 3)
- = Size of Shoeless Wrap (1 - 4)

Example: To order a black size 1 (medium) Foot-Up with a size 2 (medium) Shoeless Wrap, the code would be **07810-12**.

Foot-Up with Shoeless Wrap Bundle

Description	Product Code
Black	07810-■●
Beige	07811-■●

Note: *Shoeless Wrap comprises of foot wrap only and must be ordered with complete Foot-Up kit unless the patient already has one.

PRIM Dorsi Assist

Features and Benefits

- Consists of two separated pieces, a supramalleolar strap over the ankle and a non-slip support union to fix between the tongue and shoelaces by means of a central anchorage hook type. Both parts are joined by an elastic strap, which allows variable amounts of dorsiflexion assist
- On the back of the ankle band, there is a gel pad which is cushioned for increased comfort on the achilles tendon
- Discrete and flexible, it takes up no space in the shoe making it easy to fit
- To be fitted when lacing the shoe
- Has the function to produce dorsiflexion on the take-off phase of gait, indicated in flaccid palsy

Indications for Use

- Drop foot
- Peroneal neuropathies
- Dysfunctional gait



Plantar Band			
Size	Measurement (cm)	Product Code	
		Left	Right
Small	17 - 21	ATX11-SL	ATX11-SR
Medium	21 - 25	ATX11-ML	ATX11-MR
Large	25 - 29	ATX11-LL	ATX11-LR



Accessories	
Description	Product Code
Shoe Support	ATX12
Elastics Small	ATX13-S
Elastics Medium	ATX13-M
Elastics Large	ATX13-L
Metal Hooks (2 Pack)	ATX14

Ordering Information

Textile Drop Foot Orthosis		
Size	Measurement (cm)	Product Code
X-Small	13 - 17	ATX01-XS
Small	17 - 21	ATX01-S
Medium	21 - 25	ATX01-M
Large	25 - 29	ATX01-L

Neurodyn Foot Lift Orthosis



Features and Benefits

- Fabric orthosis for dynamic compensation of flaccid paralysis
- Orthopaedic rehabilitation should compensate for lost functionality without hindering remaining functions
- Dynamic instead of rigid splints - comfort instead of pressure
- Free plantar flexion

Indications for Use

- Flaccid paralysis
- Reduced dorsiflexion

Styles Available



Ordering Information

Black			
Size	Circ. of Leg Above Ankle (cm)	Left	Right
1	<19	070771/L	070771/R
2	19 - 21	070772/L	070772/R
3	21 - 23	070773/L	070773/R
4	23 - 25	070774/L	070774/R
5	25 - 27	070775/L	070775/R

Beige			
Size	Circ. of Leg Above Ankle (cm)	Left	Right
1	<19	070771/L/BG	070771/R/BG
2	19 - 21	070772/L/BG	070772/R/BG
3	21 - 23	070773/L/BG	070773/R/BG
4	23 - 25	070774/L/BG	070774/R/BG
5	25 - 27	070775/L/BG	070775/R/BG

Push AFO



Features and Benefits

- Allows flexion and extension of ankle joint during stance phase
- Adjustable elastic strap allowing for adaptable dorsiflexion assist during swing phase
- Can be used in conjunction with insoles inside brace
- Allows for a natural gait
- Lifts the foot during the swing phase, controls the plantar flexion post heel strike and then allows unimpeded rolling of the foot



Indications for Use

- Loss of control of the ankle dorsiflexors during swing phase and during loading response (heel strike/foot flat), possibly with ankle instability
- Disorders possibly involving loss of the function of the ankle dorsiflexors are: CVA, multiple sclerosis, postpolio syndrome, muscular dystrophy, spinal cord injury, polyneuropathy



Ordering Information

Size	Shoe Size (EU)	Short Heel Size (cm)	Product Code	
			Left	Right
1	36 - 41	27 - 31	PUS115B	PUS118B
2	39 - 44	31 - 34	PUS116B	PUS119B
3	42 - 47	34 - 40	PUS117B	PUS120B



Swedish Type Lightweight AFO

Features and Benefits

- Heat mouldable splint providing dorsiflexion assistance and lateral stability for ankle/foot area
- Easily trimmed and low profile with open heel to fit into a shoe easily
- Wide calf strap with touch/close fastening
- Removable/washable padding for comfort and hygiene

Indications for Use

- Flaccid foot drop after neurological impairment

Ordering Information

Size	Heel - Calf Height (cm)	Footplate Length (cm)	Product Code	
			Left	Right
Small	24	26	AFO-1S-L	AFO-1S-R
Medium	29	27.5	AFO-2M-L	AFO-2M-R
Large	33	28	AFO-3L-L	AFO-3L-R
X-Large	38	30	AFO-4XL-L	AFO-4XL-R



Swedish Type Lightweight AFO - Carbon Reinforced

Features and Benefits


- Heat mouldable splint providing dorsiflexion assistance
- Easily trimmed with low profile and open heel to fit into a shoe easily
- Wide calf strap with touch and close fastening and removable/washable padding for comfort and hygiene


Indications for Use

- Flaccid foot drop after neurological impairment

Ordering Information

Size	Heel - Calf Height (cm)	Footplate Length (cm)	Product Code	
			Left	Right
Small	24	26	AFO-1S-LC	AFO-1S-RC
Medium	29	27.5	AFO-2M-LC	AFO-2M-RC
Large	33	28	AFO-3L-LC	AFO-3L-RC
X-Large	38	30	AFO-4XL-LC	AFO-4XL-RC

 **More Information**
 Wear and Care Instructions

 **More Information**
 Patient Information

Leaf Spring Orthosis



Features and Benefits

- Heat mouldable splint providing dorsiflexion assistance and limited plantar flexion
- Easily trimmed to fit into a shoe and with padded touch and close fastening
- ¾ and full foot versions are available

Indications for Use

- Flaccid foot drop

Ordering Information

3/4 Foot					
Size	Shoe Size (UK)	Heel - Calf Height (cm)	Footplate Length (cm)	Product Code	
				Left	Right
Small	2.5 - 5.5	33	14.5	PLSC-100-L	PLSC-100-R
Medium	5.5 - 8.5	35.5	16	PLSC-200-L	PLSC-200-R
Large	8.5 - 10.5	35.5	18.5	PLSC-300-L	PLSC-300-R
X-Large	10.5 - 12.5	38	19.5	PLSC-400-L	PLSC-400-R

Full Foot					
Size	Shoe Size (UK)	Heel - Calf Height (cm)	Footplate Length (cm)	Product Code	
				Left	Right
Small	2.5 - 5.5	33	21.5	PLS-FF-100-L	PLS-FF-100-R
Medium	5.5 - 8.5	34.5	25	PLS-FF-200-L	PLS-FF-200-R
Large	8.5 - 10.5	34.5	28	PLS-FF-300-L	PLS-FF-300-R
X-Large	10.5 - 12.5	38	29	PLS-FF-400-L	PLS-FF-400-R



More Information
Wear and Care Instructions

AFO Light



Features and Benefits

- Cosmetically-appealing look
- Uses Flex-Foot® technology
- Made from carbon fibre
- Strong and lightweight solution

Indications for Use

- Drop foot secondary to:
 - Cerebro vascular accident (CVA)
 - Other neurological conditions
 - Multiple sclerosis
 - Mild knee instability
 - Charcot Marie Tooth disease (HMSN)
 - Lower extremity overuse injuries

Note: Please ensure you are satisfied with this product before applying the padding kit as it can only be returned in its original condition.



Ordering Information

Size	UK Shoe Size (Mens)	UK Shoe Size (Womens)	Calf Height (cm)	Product Code	
				Left	Right
Small	<7	4.5 - 6.5	32 - 36	O-121022	O-121012
Medium	7.5 - 10	7 - 9.5	34 - 38	O-121024	O-121014
Large	10.5 - 13.5	-	36 - 40	O-121026	O-121016
X-Large	11.5 - 14.5	-	38 - 42	O-121028	O-121018

Accessories	Product Code
AFO Light Refurb Kit	O-122101

PeroSupport.tec



Features and Benefits

- Limits the plantar flexion in the upper ankle joint
- Magnetic closure simplifies opening and closing with one hand
- Great energy storage and return by leveraging carbon stiffness
- Can be trimmed to size with sturdy scissors
- Highly cosmetic

Indications for Use

- Peroneal paresis
- Weakness of dorsiflexion of the foot
- Drop foot
- Hemiplegia



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Height (cm)	Product Code	
				Left	Right
X-Small	2 - 3.5	34 - 36	32.5	197R4/L0	197R4/R0
Small	3.5 - 5.5	36 - 39	33.5	197R4/L1	197R4/R1
Medium	5.5 - 8	39 - 42	34.5	197R4/L2	197R4/R2
Large	8 - 10.5	42 - 45	35.5	197R4/L3	197R4/R3
X-Large	10.5 - 13	45 - 48	37.5	197R4/L4	197R4/R4

Spare Accessories	Size	Product Code
3x pads, 1x magnetic fastener and 10x hook and loop dots	Universal	197R10

PeroSupport.pro



Features and Benefits

- Dynamic re-adjustment of the foot
- Restriction of plantar flexion and support of dorsal flexion
- Prevents lateral ankle twisting (supination position)
- Prevents side-slips (lateralisation)
- Great energy storage and return by leveraging carbon stiffness
- Can be trimmed to size with sturdy scissors

Indications for Use

- Peroneal paresis
- Weakness of dorsiflexion of the foot
- Malalignment of the ankle joint as a result of weakness of dorsiflexion of the foot
- Hemiplegia



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Height (cm)	Product Code	
				Left	Right
Small	3.5 - 5.5	36 - 39	34	197R6/L1	197R6/R1
Medium	5.5 - 8	39 - 42	35	197R6/L2	197R6/R2
Large	8 - 10.5	42 - 45	35	197R6/L3	197R6/R3
X-Large	10.5 - 13	45 - 48	36	197R6/L4	197R6/R4

Spare Accessories	Shoe Size (UK)	Shoe Size (EU)	Product Code
Calf pad with fastener, 12 hook and loop dots	3.5 - 8	36 - 42	197R7/1
	8 - 13	42 - 48	197R7/2

ToeOFF® Short



Features and Benefits

- Specifically developed to accommodate individuals with shorter stature, slightly broader-shaped tibia, and wider foot at the metatarsal area
- ToeOFF® Short has a heel height that is 7mm in all sizes

Indications for Use

- Designed to manage footdrop in conditions such as
 - Stroke
 - Multiple Sclerosis
 - Post Polio Syndrome
 - Muscular Dystrophy
 - Spinal Cord Injuries
 - Traumatic Brain Injuries
 - Guillian-Barre Syndrome
 - Charcot-Marie-Tooth
 - Myelomeningocele
 - Neuropathy
 - Cerebral Palsy
- Supports gait in conditions such as Posterior Tibialis Tendon Dysfunction (PTTD) and toe amputations



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Footplate Length (cm)	Height (cm)	Product Code	
					Left	Right
Small	1 - 2.5	32 - 35	21.5	29.5	289901011	289902011
Medium	2.5 - 5	35 - 38	23.5	32	289901012	289902012
Large	5 - 8	38 - 42	25.5	34	289901013	289902013

ToeOFF® 2.0



Features and Benefits

- The ToeOFF® 2.0 is the updated version of the ToeOFF® Original
- Lightweight, carbon reinforced rehabilitation orthosis that absorbs force on heel strike
- Worn at the anterior side of the leg, bridging the ankle and preventing plantar flexion
- SoftKIT™ 2.0 comprises padding shaped to precisely fit the orthosis and comes supplied with two tibia pads
- ComfortKIT™ 2.0 comprises thicker padding, designed for the more sensitive skin, fits the orthosis precisely
- Durable and strong straps
- Available in black

Indications for Use

- Mild to severe footdrop
- Mild to moderate ankle instability
- Impaired knee control
- Limb proprioception deficit
- Mild to moderate spasticity
- Partial foot amputation



*This accessory comes in a pair.

Note: To order ToeOFF® Original please contact Customer Services.

Ordering Information

Size	Shoe Size (UK)	Footplate Length (cm)	Height (cm)	Product Code	
				Left	Right
X-Small	1 - 3	21	36	289201010	289202010
Small	3 - 4	23	38	289201011	289202011
Medium	5 - 9	24.5	40.5	289201012	289202012
Large	10 - 11	27	43	289201013	289202013
X-Large	12 - 13	28.5	45	289201014	289202014

Accessories			
Size	Product Code		
	SoftKIT™ 2.0*	ComfortKIT™ 2.0*	Replacement Straps
X-Small	287500010	287510010	287600010
Small	287500011	287510011	287600011
Medium	287500012	287510012	287600012
Large	287500013	287510013	287600013
X-Large	287500014	287510014	287600014

ToeOFF® 2½



Features and Benefits

- Features the same dynamic functions and stability as ToeOFF® 2.0 but has a lower heel height of 7mm, to adapt to modern shoes
- Lower toe lift which results in more space in the toe box
- MikroFIX pre-applied to simplify the padding application
- Durable and strong straps
- The straps can be applied on the interior or external side of the AFO

Indications for Use

- Designed to manage footdrop in conditions such as:
 - Stroke
 - Multiple Sclerosis
 - Post Polio Syndrome
 - Muscular Dystrophy
 - Spinal Cord Injuries
 - Traumatic Brain Injuries
 - Guillian-Barre Syndrome
 - Charcot-Marie-Tooth
 - Myelomeningocele
 - Neuropathy
 - Cerebral Palsy
- Supports gait in conditions such as Posterior Tibialis Tendon Dysfunction (PTTD) and toe amputations
- Can also be used for partial foot amputations, most proximal level is Chopart

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Footplate Length (cm)	Height (cm)	Product Code	
					Left	Right
X-Small	1 - 2.5	32 - 35	21.5	36	289801010	289802010
Small	2.5 - 5	35 - 38	23	38	289801011	289802011
Medium	5 - 8	38 - 42	24.5	40.5	289801012	289802012
Large	8 - 10.5	42 - 45	27	43	289801013	289802013
X-Large	> 0.5	>45	28.5	45	289801014	289802014

ToeOFF® Flow 2½

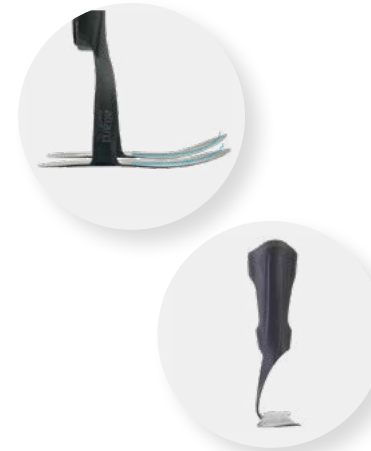


Features and Benefits

- ½ heel height of 7mm in all sizes
- Smoother transition (flow throughout the gait cycle)
- Increased ROM in sagittal plane
- Accommodates lower shoe heel heights
- Accommodates more gentle contours of shoe insoles
- More clearance for forefoot in the shoe toe box
- Easier to customise to meet alignment and biomechanical needs
- MikroFIX pre-applied which makes it quicker to attach a SoftKIT™ 2.0, ComfortKIT™ 2.0 or CoverKIT™ 2.0
- Closure straps are the same as for ToeOFF® 2.0
- Lightweight and thin
- Open heel

Indications for Use

- Mild proximal deficits
- Mild spasticity
- Limb proprioception deficit
- Functions well for higher activity levels



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Footplate Length (cm)	Height (cm)	Product Code	
					Left	Right
X-Small	1 - 2.5	32 - 35	21.5	36	289601010	289602010
Small	2.5 - 5	35 - 38	23	38	289601011	289602011
Medium	5 - 8	38 - 42	24.5	40.5	289601012	289602012
Large	8 - 10.5	42 - 45	27	43	289601013	289602013
X-Large	>10.5	>45	28.5	45	289601014	289602014

BlueROCKER® Short



Features and Benefits

- Specifically developed to accommodate individuals with a shorter stature, slightly broader-shaped tibia, and wider foot at the metatarsal area
- Tibia padding should always be worn for patient comfort
- Both models have a heel height of 7mm in all sizes

Indications for Use

- Foot drop in combination with weak plantar flexors, and in some cases limited knee control
- May also be used for bilateral problems and partial foot amputations, most proximal level is Chopart



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Footplate Length (cm)	Height (cm)	Product Code	
					Left	Right
Small	1 - 2.5	32 - 35	21.5	29.5	289951011	289952011
Medium	2.5 - 5	35 - 38	23.5	32	289951012	289952012
Large	5 - 8	38 - 42	25.5	34	289951013	289952013

BlueROCKER® 2.0



Features and Benefits

- The BlueROCKER® 2.0 is the updated version of BlueROCKER® Original
- Identical in shape to the ToeOFF® 2.0 but offers more rigid orthotic control
- Developed primarily for bilateral patients and those with more involved pathologies
- The extra stability will improve both balance and posture and give the user greater security, especially individuals with weak quadriceps muscles
- Usually the preferred orthosis to be used in conjunction with a socket and toe filler for management of partial foot amputations
- SoftKIT™ 2.0 comprises padding shaped to precisely fit the orthosis and comes supplied with two tibia pads
- ComfortKIT™ 2.0 comprises thicker padding, designed for the more sensitive skin, fits the orthosis precisely

Indications for Use

- Footdrop
- Weakness or impairment in multiple leg muscle groups
- Impaired balance
- Limb proprioception
- Partial foot amputation



Ordering Information

Size	Footplate Length (cm)	Height (cm)	Product Code	
			Left	Right
X-Small	21	36	289401010	289402010
Small	23	38	289401011	289402011
Medium	24.5	40.5	289401012	289402012
Large	27	43	289401013	289402013
X-Large	28.5	45	289401014	289402014

BlueROCKER® 2½



Features and Benefits

- The BlueROCKER® 2 ½ has the same dynamic functions and stability as a BlueROCKER® 2.0 with the exception that the 2½ has a lower heel height, 7mm, to adapt to modern shoes
- The toe lift is also slightly lower
- Spacious toe box
- Has all MikroFIX™ pre-applied to simplify the fitting of the padding
- Durable and strong straps
- The straps can be applied for either inside or outside closure on the orthosis
- Adaptable to the heel height of the shoe

Indications for Use

- BlueROCKER® is designed to manage footdrop in conditions such as:
 - Stroke
 - Multiple Sclerosis
 - Post Polio Syndrome
 - Muscular Dystrophy
 - Spinal Cord Injuries
 - Traumatic Brain Injuries
 - Guillian-Barre Syndrome
 - Charcot-Marie-Tooth
 - Myelomeningocele
 - Neuropathy
 - Cerebral Palsy
- Supports gait in conditions such as Posterior Tibialis Tendon Dysfunction (PTTD) and toe amputations
- Partial foot amputations, most proximal level is Chopart

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Footplate Length (cm)	Height (cm)	Product Code	
					Left	Right
X-Small	1 - 2.5	32 - 35	21.5	36	289701010	289702010
Small	2.5 - 5	35 - 38	23	38	289701011	289702011
Medium	5 - 8	38 - 42	24.5	40.5	289701012	289702012
Large	8 - 10.5	42 - 45	27	43	289701013	289702013
X-Large	>10.5	>45	28.5	45	289701014	289702014

Comfort Night Splint



Features and Benefits

- Adjustable flexion straps provide a gentle stretching of the plantar fascia and achilles tendon
- Soft elastane lined foam interior is soft, washable and breathable to eliminate heat build-up
- Elastane lined foam padded straps maintain comfort across the flexor tendons
- The orthosis helps to prevent pain and further injury by limiting contractions of the soft tissues at night
- Lightweight, low profile shell is sturdy and breathable
- Toe wedge to increase the plantar fascia stretch
- Ambidextrous fit - left/right

Indications for Use

- Plantar fasciitis
- Achilles tendonitis
- Plantar flexion contractures

Ordering Information

Size	Shoe Size (UK)	Product Code
Small	<6	UFO/S/E
Medium	6 - 9	UFO/M/E
Large	9+	UFO/L/E

 **More Information**
 Wear and Care Instructions

PediSupport.night



Features and Benefits

- Provides optimal immobilisation of the lower leg
- Reduces a plantar flexed position of the foot and helps prevent contracture of the achillies tendon
- Maintains a plantar grade position
- Toe wedge to increase the plantar fascia stretch
- Additional calf pad to offload the heel for patients in a supine position

Indications for Use

- Plantar fasciitis
- Postoperative immobilisation of the lower leg
- Dorsal flexor - resp. peroneal paralysis
- For night postural support
- Pes equinus position



Ordering Information

Size	Show Size (UK)	Shoe Size (EU)	Product Code
Small	3.5 - 5.5	36 - 39	19OR1/S
Medium	5.5 - 7	39 - 41	19OR1/M
Large	7 - 9.5	41 - 44	19OR1/L
X-Large	9.5 - 11	44 - 46	19OR1/XL

DynaPro® AFO



Features and Benefits

- The semi-rigid insert can be positioned to accommodate the angle of the ankle/ foot combines with a removable pull strap to initiate a therapeutic dorsiflexion stretch to help combat mild plantar flexion contracture with or without inversion/eversion
- The cover has a non-skid surface sewn into the bottom to improve grip during transfers
- Toe post to provide protection from shear forces during in bed usage

Indications for Use

- Plantar flexion contractures of the ankle
- To protect the heel from unwanted pressure while in bed

Note: Paediatric sizes also available, see **Page 232**.



Ordering Information

Size	Length of Foot (cm)	Max Calf Circ. (cm)	Product Code
Small	15 - 20	38	DPAFO21S
Medium	20 - 25	42	DPAFO22M
Large	25 - 30	48	DPAFO23L

Leada Multi-Use Boot



Features and Benefits

- Utilises Flex-E-Core technology for adjustment without the need for tools or heat

Indications for Use

- Plantar fasciitis
- Achilles tendonitis
- Night splinting
- Foot drop

Note: Paediatric sizes also available, see **Page 233**.

Ordering Information

Size	Max Foot Length (cm)	Brace Height (cm)	Product Code
Adult	25	35	LMU-A

Repose Wedge



Features and Benefits

- The Repose Wedge has been designed primarily for off-loading pressure from the heels and can be used wherever support or elevation of the lower legs is required. The Repose Wedge offers the same pressure reducing properties as other Repose products. Particularly suited to leg elevation to aid vascular conditions and a useful aid in posture support

Indications for Use

- The Repose Wedge is a versatile product suitable for a wide range of applications within pressure area

Ordering Information

Size	Description	Product Code
Universal	Wedge and pump	6711100
Universal	Wedge with PU strap and pump	6711111

Podus Boot



Features and Benefits

- A lightweight, quality plastic shell with poly/pile liner that helps treat and prevent lower extremity disorders associated with trauma or immobility
- An adjustable toe extension helps protect toes from bedding and the anti-rotation bar may be repositioned to assist with internal or external rotation
- Removable transfer pad on the dorsal side for limited patient ambulating
- Fits right or left foot
- Latex free

Indications for Use

- Pressure neurosis
- Ankle contractures
- Post-op hip abduction/rotation

Ordering Information

Size	Mens Shoe Size (UK)	Womens Shoe Size (UK)	Product Code
Regular	<10	<11	POD-R
X-Large	>10.5	>11.5	POD-XL

Liners (3 Pack)	
Size	Product Code
Regular	79-90560
X-Large	79-90561

More Information
Wear and Care Instructions

A-Boot Universal



Features and Benefits

- Ambulation version (A-Boot) comes with removable, soft, non-slip sole
- Antimicrobial surface protector to shield against mould and mildew, stains, bacteria, fungus and algae
- Super soft fleece lined headliner cover is removable and machine washable
- A toe extension is available to accommodate all foot sizes
- Rotator bar controls hip and leg rotation
- Boots position heel in floating position to prevent pressure areas through pressure reduction
- Comes with extender kit to accommodate for wider or oedematous feet
- Universal sizing to reduce stock holding

Indications for Use

- Wider or oedematous feet
- Ankle contractures
- Heel ulcerations

Note: Paediatric sizes also available, see **Page 231**.

Ordering Information

Size	Product Code
Universal	A-BOOT

More Information
Wear and Care Instructions

Universal PRAFO 650 Kodel



Features and Benefits

- Designed for recumbent or ambulant protection of the heel and foot
- Zero pressure or shear force at the heel
- Universal sizing to reduce stock holding
- Resists plantarflexion contractures developing
- Custom modifications are possible
- One version fits both left and right
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base - designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Suitable for day and night use

Indications for Use

- Pressure ulcers
- Can be used to resist the development of contracture

Note: Paediatric sizes also available, see **Page 230**.

Ordering Information

Size	Product Code	Accessories	Product Code
Universal	PRFO	Universal liner	PRAFO-LINER

Universal PRAFO APU (Adjustable Posterior Upright)



Features and Benefits

- Designed for recumbent or ambulant protection of the heel and foot
- Zero pressure or shear force at the heel
- Resists plantarflexion contractures developing
- Custom modifications are possible
- One version fits both left and right
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base - designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Universal sizing to reduce stock holding

Indications for Use

- Pressure ulcers
- Can be used to resist the development of contracture

Note: Paediatric sizes also available, see **Page 230**.

Ordering Information

Size	Product Code	Accessories	Product Code
Universal	PRFO/APU	Universal liner	PRAFO-LINER

Universal PRAFO Dual Action



Features and Benefits

- The pad and strap version allows bulky wound dressings to be accommodated and can allow superior foot control when the PRAFO® is to be used in walking training and other circumstances when mobility is the primary focus
- Universal sizing to reduce stock holding
- Bi-planar adjustments with a screwdriver
- Opportunity to evaluate and train gait
- Ambulatory or recumbent usage
- All the benefits of the 650 and 650 APU - with increased application possibilities
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base - designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Universal liners are also available to order - use code PRAFO-LINER

Indications for Use

- The Dual Action accommodates and helps control varus or valgus conditions of the ankle/foot complex, as well as allowing the practitioner a more precise and simplified method of setting the ankle/foot complex in the sagittal plane

Note: Paediatric sizes also available, see **Page 230**.

Ordering Information

Size	Product Code	Accessories	Product Code
Universal	PRFO/DA	Universal liner	PRAFO-LINER

Formfit® Walker



Features and Benefits

- Low, wide rocker bottom promotes a stable, natural gait
- Shock-absorbing sole for reduced impact at heel strike
- Breathable, seamless liner
- Available in black

Indications for Use

- For foot and ankle conditions that may benefit from motion restriction such as:
 - Grade II or III ankle sprains
 - Stable fractures
 - Soft tissue injuries
 - During postoperative or rehab phase

Ordering Information

Size	Shoe Size (UK)	Product Code
X-Small	1.5 - 3.5	WO200BLK
Small	4 - 6.5	WO400BLK
Medium	7 - 10	WO600BLK
Large	10.5 - 12	WO800BLK
X-Large	12.5 - 14.5	W1000BLK

Rebound® Air Walker



Features and Benefits

- The Rebound Air Walker features linked medial and lateral air bladders with a single inflation point to provide balanced compression. These air bladders are shaped to cradle the Achilles, holding the heel in place for extra stability
- Moisture wicking soft goods and ventilated panels prevent microbial build up and helps to keep the skin dry and comfortable
- Straps fasten in front for easy application, adjustment and removal
- EVA material provides greater shock absorption in the heel
- Fully-integrated air pump and release valve provides easy, tool-free inflation and deflation for fine-tuned, consistent compression
- Flex Edge™ over-moulding conforms to each patient's unique anatomy to help limit the formation of pressure points
- Rocker bottom promotes a natural, stable gait, whilst a semi-soft toe bumper that can be trimmed as required provides added protection

Indications for Use

- Grade 2 and 3 sprains
- Stable fractures
- Postoperative use
- Trauma
- Rehabilitation use

Ordering Information

Size	Men's Shoe Size (UK)	Women's Shoe Size (UK)	Product Code
X-Small	2 - 4	3.5 - 5.5	B-242900001E
Small	4 - 7	5.5 - 8.5	B-242900002E
Medium	7 - 10.5	8.5 - 12	B-242900003E
Large	10.5 - 12.5	12 - 14	B-242900004E
X-Large	12.5 - 15	14 - 16.5	B-242900005E

Rebound® Diabetic Walker



Features and Benefits

- Uniquely designed for effective treatment of plantar foot ulcers, the Rebound Diabetic Walker enables easy access and re-fitting during wound care, whilst improving the patient's mobility during the healing process by including a rocker bottom outsole for smooth roll-over
- Effective tri-laminate insole with removable shock-absorbing hexagons that promote ulcer offloading and a Plastazote top layer that evenly distributes the pressure
- Anatomically designed shell that minimises shear forces by immobilising the foot and ankle at 90° whilst providing protection
- Flex Edge technology for relief of pressure points, along with a patent-pending pressure relief valve to prevent over-inflation
- Positioning portals allow the clinician to check the fit of the walker at the heel bottom, in order to ensure appropriate positioning of the foot in the walker
- Soft and breathable machine washable liner for hygiene promotion and prevention of infection

Indications for Use

- Plantar foot ulcers

Ordering Information

Size	Men's Shoe Size (UK)	Women's Shoe Size (UK)	Product Code
Small	4.5 - 7	5.5 - 8.5	B-242500002
Medium	7 - 10.5	8.5 - 12	B-242500003
Large	10.5 - 12.5	12 - 14	B-242500004
X-Large	12.5 - 15	14 - 16.5	B-242500005

VACOPed



Features and Benefits

- Inspired by ski boots, the VACOPed features a unique design to enable patients to weight-bear earlier, enabling a faster return to daily activities
- Inner vacuum cushion provides equal and firm support by adjusting itself precisely to the shape of every foot and lower leg and allowing adjustments to be made for swelling
- Adjustable ROM bar allows the boot to be fixed or permit movement dependent on the indication
- Durable, yet lightweight German-engineered plastic shell provides the injury site with the necessary stability and allows an increased freedom of movement in comparison to a plaster cast
- Multiple washable and exchangeable liners promote hygiene

Indications for Use

- Achilles tendon ruptures
- Ankle fractures
- Metatarsal fractures
- Calcaneus fractures
- Ankle replacements
- Arthrodesis

Ordering Information

Size	Shoe Size (UK)	Calf Circ. (cm)	Ankle Circ. (cm)	Product Code
Small	2.5 - 6.5	23 - 39	14 - 29	VPED-01-4-S
Medium	6.5 - 10.5	35 - 51	22 - 40	VPED-01-4-M
Large	10.5 - 14	40 - 58	30 - 45	VPED-01-4-L

VACOCast Diabetic



Features and Benefits

- The VACOCast Diabetic provides the same stability and offloading as a TCC, but is easy to apply and comfortable for the patient
- VACOCast Diabetic will help you achieve cost savings and better outcomes

Indications for Use

- Diabetic Foot Syndrome
- Ulcerations on the foot
- Postoperative care after toe and forefoot amputations
- Diabetic neuro-osteoarthropathy
- DNOAP and Charcot foot

Note: If patient is in-between two sizes, we recommend choosing the bigger size.

Ordering Information

Size	Shoe Size (UK)	Calf Circ. (cm)	Ankle Circ. (cm)	Foot Width From Ball (cm)	Product Code
Small	2.5 - 5.5	23 - 39	14 - 29	10.5	VPCD-01-1-S
Medium	6 - 9	35 - 51	22 - 40	12	VPCD-01-1-M
Large	9.5 - 14	40 - 58	30 - 45	13.5	VPCD-01-1-L

EVENup Shoe Lift



Features and Benefits

- Designed to offset the imbalance often experienced whilst wearing a walker boot type orthosis
- Stretches over the shoe
- For inside and outside the house
- Easy to apply and easy to adjust

Indications for Use

- Severe hip or knee pain, e.g. when wearing a walker boot or cast



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	2 - 5	AUSG-01-2-S
Medium	5.5 - 9	AUSG-01-2-M
Large	9.5 - 11	AUSG-01-2-L

Neoprene Boots



Features and Benefits

- 4mm neoprene rubber faced and lined with jersey nylon
- Touch and close fastening
- EVA unit with 8mm sole and 25mm heel
- Comes with heel stiffeners
- Comfort foam insole
- Available in black
- Wide fitting
- Only available in pairs

Indications for Use

- Bulky dressing and fluctuating oedema

Ordering Information

Shoe Size (UK)	Product Code	Shoe Size (UK)	Product Code
2	SHNB/02	9	SHNB/09
3	SHNB/03	10	SHNB/10
4	SHNB/04	11	SHNB/11
5	SHNB/05	12	SHNB/12
6	SHNB/06	13	SHNB/13
7	SHNB/07	14	SHNB/14
8	SHNB/08		

Felt Boots



Features and Benefits

- Supplied with heel and toe stiffeners
- Touch and close fastening
- EVA unit with 8mm sole and 25mm heel
- Comfort foam insole
- Available in black
- Wide fitting
- Only available in pairs

Indications for Use

- Bulky dressing and fluctuating oedema

Ordering Information

Shoe Size (UK)	Product Code	Shoe Size (UK)	Product Code
2	SHFB/02	9	SHFB/09
3	SHFB/03	10	SHFB/10
4	SHFB/04	11	SHFB/11
5	SHFB/05	12	SHFB/12
6	SHFB/06	13	SHFB/13
7	SHFB/07	14	SHFB/14
8	SHFB/08		

All Purpose Boot



Features and Benefits

- Wider sole and deep opening provides increased room to accommodate large dressings, bandages and casts
- Wide ankle strap eliminates heel slippage as well as securing the foot or cast in the shoe
- A rocker bottom sole encourages smooth roll through gait pattern and reduces plantar pressure
- Cubical cushioning sole for selective pressure relief

Indications for Use

- Postoperative protection for soft tissue trauma or surgery
- Plantar ulcers/wounds
- Closed toe allows dressing to keep clean and dry
- Wider sole allows more room for dressings and casts

Ordering Information

Size	Shoe Size (UK)	Insole Width (cm)	Insole Length (cm)	Product Code
X-Small	Up to 4	8.5	21.5	NV0321
Small	4.5 - 6.5	9.5	23.5	NV0322
Medium	7 - 8	10	25.5	NV0323
Large	8.5 - 10	10.5	27.5	NV0324
X-Large	10.5 - 12.5	11.5	29.5	NV0326



More Information
 Wear and Care Instructions

DH Active Offloading Post-Op Shoe



Features and Benefits

- An excellent alternative to post-op style shoes with static pads
- Accommodates the ambulatory and compliant patient for short-term treatment (1-4 months)
- Can accommodate either the left or right foot
- Designed to accommodate bulky dressings
- Super soft nylon upper with reinforced heel counter provides extra comfort and stability
- Patented removable toe pieces aides in wound accessibility for daily wound site inspection

Indications for Use

- Plantar wounds
- Postoperative use
- Plantar foot ulcers

Ordering Information

Size	Men's Shoe Size (UK)	Women's Shoe Size (UK)	Product Code
Small	3.5 - 5.5	4 - 6	10340
Medium	6 - 8	6.5 - 8.5	10341
Large	8.5 - 10.5	9 - 10	10342
X-Large	11 - 13.5	10.5+	10343

Komet Therapeutic Shoes



Features and Benefits

- Pressure redistribution and relief in the forefoot area through a rigid roll-off sole
- Benefits the healing process of wounds in the forefoot area
- Cubical cushioning sole for selective pressure relief
- Reinforced heel area and straps in the forefoot area give the foot support
- Adjustable hook and loop fasteners on the flaps accommodate large volume bandages
- Wide angular sole shape in the forefoot area when using surgical techniques with Kirschner wire
- Profiled outsole for high slip resistance
- Anti-bacterial inner shoe lining and cover fabric of the padded insole
- Weight limit: 120kg

Indications for Use

- Wounds in the forefoot area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Post-surgical for corrections and forefoot injuries



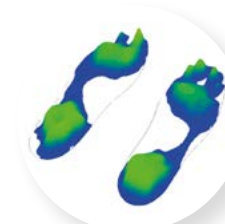
Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
2.5 - 3.5	35 - 36	24.2	10.3	217R1/36
4 - 5	37 - 38	25.5	10.6	217R1/38
5.5 - 6.5	39 - 40	26.8	10.9	217R1/40
7 - 8	41 - 42	28.2	11.2	217R1/42
9 - 9.5	43 - 44	29.5	11.5	217R1/44
10.5 - 11	45 - 46	30.8	11.8	217R1/46
12 - 13	47 - 48	32.2	12.1	217R1/48
13.5 - 14.5	49 - 50	33.5	12.4	217R1/50



Cubical Cushioning Insole		
Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	217R11/36
4 - 5	37 - 38	217R11/38
5.5 - 6.5	39 - 40	217R11/40
7 - 8	41 - 42	217R11/42
9 - 9.5	43 - 44	217R11/44
10.5 - 11	45 - 46	217R11/46
12 - 13	47 - 48	217R11/48
13.5 - 14.5	49 - 50	217R11/50

Forefoot Protective Cap		
Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	217R12/36
4 - 5	37 - 38	217R12/38
5.5 - 6.5	39 - 40	217R12/40
7 - 8	41 - 42	217R12/42
9 - 9.5	43 - 44	217R12/44
10.5 - 11	45 - 46	217R12/46
12 - 13	47 - 48	217R12/48
13.5 - 14.5	49 - 50	217R12/50



Foot pressure measurement -
 Left: Daytime shoe
 Right: Komet

 **More Information**
 Diabetic Foot Offloading Chart

Merkur Therapeutic Shoes

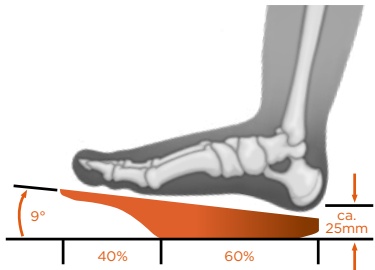


Features and Benefits

- Features a forward rising and shortened outsole (negative heel)
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the forefoot area
- Encompasses the heel and tarsus with a softly padded socket
- Heel cap, hook and loop straps and fasteners prevent slipping in the shoe
- Cubical cushioning sole for selective pressure relief
- Improved slip protection by integrated anti-slip nubs
- Anti-bacterial inner lining and cover fabric of the padded insole

Indications for Use

- Wounds in the forefoot area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Post-surgical for corrections and forefoot injuries



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
X-Small	12 - 1	31 - 33	22	8.7	201R1/XS
Small	2 - 3.5	34 - 36	24	9.1	201R1/S
Medium	4 - 5.5	37 - 39	26	9.6	201R1/M
Large	6.5 - 8	40 - 42	28	10	201R1/L
X-Large	9 - 10.5	43 - 45	30	10.5	201R1/XL
XX-Large	11 - 13	46 - 48	32	10.9	201R1/XXL



Cubical Cushioning Insole			
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
X-Small	12 - 1	31 - 33	201R12/XS
Small	2 - 3.5	34 - 36	201R12/S
Medium	4 - 5.5	37 - 39	201R12/M
Large	6.5 - 8	40 - 42	201R12/L
X-Large	9 - 10.5	43 - 45	201R12/XL
XX-Large	11 - 13	46 - 48	201R12/XXL



Foot pressure measurement -
 Left: Balance shoe
 Right: Merkur

Forefoot Protective Cap			
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
X-Small	12 - 1	31 - 33	201R10/XS
Small	2 - 3.5	34 - 36	201R10/S
Medium	4 - 5.5	37 - 39	201R10/M
Large	6.5 - 8	40 - 42	201R10/L
X-Large	9 - 10.5	43 - 45	201R10/XL
XX-Large	11 - 13	46 - 48	201R10/XXL

Venus Therapeutic Shoes

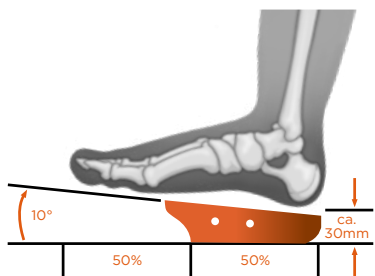


Features and Benefits

- Features a forward rising and shortened outsole (negative heel)
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the forefoot area
- Encompasses the heel and tarsus with a softly padded socket
- Heel cap, hook and loop straps and fasteners prevent slipping in the shoe
- Anti-bacterial inner lining and cover fabric of the padded insole

Indications for Use

- Post-surgical for corrections and forefoot injuries



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Product Code
Small	3.5 - 5	36 - 38	16	200R1/S
Medium	5.5 - 8	39 - 42	17.5	200R1/M
Large	9 - 11	43 - 46	19	200R1/L
X-Large	12 - 15	47 - 51	20.5	200R1/XL



Foot pressure measurement -
Left: Daytime shoe
Right: Venus

Adjustable Protection Bracket

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	3.5 - 5	36 - 38	200R14/S
Medium	5.5 - 8	39 - 42	200R14/M
Large	9 - 11	43 - 46	200R14/L
X-Large	12 - 15	47 - 51	200R14/XL



Forefoot Protective Cap

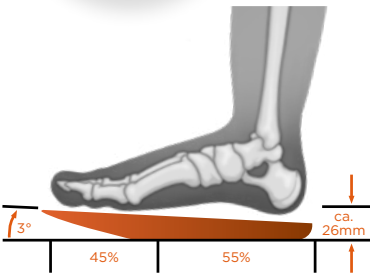
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	3.5 - 5	36 - 38	200R10/S
Medium	5.5 - 8	39 - 42	200R10/M
Large	9 - 11	43 - 46	200R10/L
X-Large	12 - 15	47 - 51	200R10/XL

Merkur A Therapeutic Shoes



Features and Benefits

- Features a rigid, slightly ascending outsole towards the front (negative heel)
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the forefoot area
- Encompasses the entire foot and ankle area with a softly padded upper
- Hook and loop fasteners at the wide flap prevent slipping within the shoe
- Cubical cushioning sole for selective pressure relief
- The flap can be opened widely and together with the adjustable hook and loop fasteners, it provides sufficient space for bandaged feet
- Improved slip protection by integrated anti-slip nubs
- Anti-bacterial inner lining and cover fabric of the padded insole



Indications for Use

- Wounds in the foot and ankle area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma
- Gait unsteadiness (dizziness, visual impairment)

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
2.5 - 3.5	35 - 36	23.8	9	202R1/36
4 - 5	37 - 38	25.1	9.2	202R1/38
5.5 - 6.5	39 - 40	26.4	9.5	202R1/40
7 - 8	41 - 42	27.7	9.7	202R1/42
9 - 9.5	43 - 44	29	10	202R1/44
10.5 - 11	45 - 46	30.3	10.2	202R1/46
12 - 13	47 - 48	31.6	10.5	202R1/48
13.5 - 14.5	49 - 50	33	11.2	202R1/50



Cubical Cushioning Insole		
Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	202R12/36
4 - 5	37 - 38	202R12/38
5.5 - 6.5	39 - 40	202R12/40
7 - 8	41 - 42	202R12/42
9 - 9.5	43 - 44	202R12/44
10.5 - 11	45 - 46	202R12/46
12 - 13	47 - 48	202R12/48
13.5 - 14.5	49 - 50	202R12/50



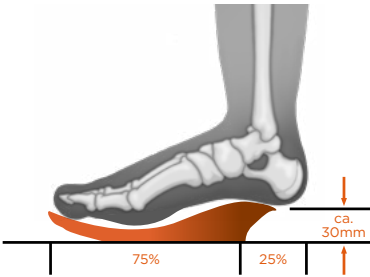
Foot pressure measurement -
 Left: Balance shoe
 Right: Merkur A

Mars Therapeutic Shoes



Features and Benefits

- Features a padded midfoot roll and a shortened sole construction towards the heel area
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the heel area
- Encompasses the ankle and tarsus with a softly padded socket
- Hook and loop fasteners hold the foot in a predefined position and thus prevent slipping in the shoe
- The removable padded insole prevents pressure peaks in the forefoot area
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg



Indications for Use

- Wounds in the heel area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
Small	2.5 - 4	35 - 37	22.5	8.7	203R1/S
Medium	5 - 6.5	38 - 40	23.5	9	203R1/M
Large	7 - 9	41 - 43	25.5	9.5	203R1/L
X-Large	9.5 - 11	44 - 46	27.5	10	203R1/XL



Forefoot Protection Cap			
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	2.5 - 4	35 - 37	203R10/S
Medium	5 - 6.5	38 - 40	203R10/M
Large	7 - 9	41 - 43	203R10/L
X-Large	9.5 - 11	44 - 46	203R10/XL



Heel Protection Cap			
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	2.5 - 4	35 - 37	203R11/S
Medium	5 - 6.5	38 - 40	203R11/M
Large	7 - 9	41 - 43	203R11/L
X-Large	9.5 - 11	44 - 46	203R11/XL



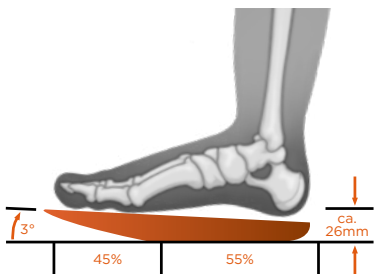
Foot pressure measurement -
 Left: Daytime shoe
 Right: Mars

Uranus Therapeutic Shoes



Features and Benefits

- Partial foot decompression shoe
- Features a rigid, slightly ascending outsole towards the front (negative heel)
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the forefoot area
- Encompasses the entire foot and ankle area with a softly padded upper
- Hook and loop fasteners at the wide flap prevent slipping within the shoe
- Cubical cushioning sole for selective pressure relief
- The flap can be opened widely and together with the individually adjustable hook and loop fasteners, it provides sufficient space for bandaged feet
- Improved slip protection by integrated anti-slip nubs
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg



Indications for Use

- Wounds in the foot and ankle area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma
- Gait unsteadiness (dizziness, visual impairment)

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
2.5 - 3.5	35 - 36	23.8	9	204R1/36
4 - 5	37 - 38	25.1	9.2	204R1/38
5.5 - 6.5	39 - 40	26.4	9.5	204R1/40
7 - 8	41 - 42	27.7	9.7	204R1/42
9 - 9.5	43 - 44	29	10	204R1/44
10.5 - 11	45 - 46	30.3	10.2	204R1/46
12 - 13	47 - 48	31.6	10.5	204R1/48
13.5 - 14.5	49 - 50	33	11.2	204R1/50



Cubical Cushioning Insole

Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	204R12/36
4 - 5	37 - 38	204R12/38
5.5 - 6.5	39 - 40	204R12/40
7 - 8	41 - 42	204R12/42
9 - 9.5	43 - 44	204R12/44
10.5 - 11	45 - 46	204R12/46
12 - 13	47 - 48	204R12/48
13.5 - 14.5	49 - 50	204R12/50



Foot pressure measurement -
Left: Balance shoe
Right: Uranus

Jupiter Therapeutic Shoes

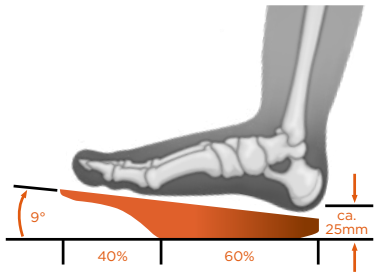


Features and Benefits

- Features a forward rising and shortened outsole (negative heel)
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the forefoot area
- Encompasses the heel and tarsus with a softly padded socket
- Heel cap, hook and loop straps and fasteners prevent slipping in the shoe
- Cubical cushioning sole for selective pressure relief
- Integrated anti-slip nubs
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg

Indications for Use

- Wounds in the forefoot area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Post-surgical for corrections and forefoot injuries



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
X-Small	12 - 1	31 - 33	22	8.7	205R1/XS
Small	2 - 3.5	34 - 36	24	9.1	205R1/S
Medium	4 - 5.5	37 - 39	26	9.6	205R1/M
Large	6.5 - 8	40 - 42	28	10	205R1/L
X-Large	9 - 10.5	43 - 45	30	10.5	205R1/XL
XX-Large	11 - 13	46 - 48	32	10.9	205R1/XXL
XXX-Large	13.5 - 14.5	49 - 50	34	11.5	205R1/XXXL



Foot pressure measurement -
 Left: Balance shoe
 Right: Jupiter

Forefoot Protective Cap

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
X-Small	12 - 1	31 - 33	205R10/XS
Small	2 - 3.5	34 - 36	205R10/S
Medium	4 - 5.5	37 - 39	205R10/M
Large	6.5 - 8	40 - 42	205R10/L
X-Large	9 - 10.5	43 - 45	205R10/XL
XX-Large	11 - 13	46 - 48	205R10/XXL
XXX-Large	13.5 - 14.5	49 - 50	205R10/XXXL



Cubical Cushioning Insole

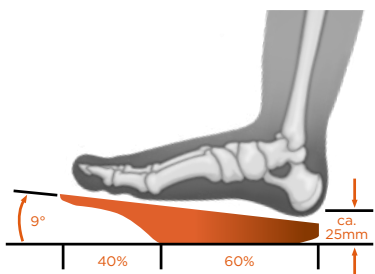
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
X-Small	12 - 1	31 - 33	205R12/XS
Small	2 - 3.5	34 - 36	205R12/S
Medium	4 - 5.5	37 - 39	205R12/M
Large	6.5 - 8	40 - 42	205R12/L
X-Large	9 - 10.5	43 - 45	205R12/XL
XX-Large	11 - 13	46 - 48	205R12/XXL
XXX-Large	13.5 - 14.5	49 - 50	205R12/XXXL

Saturn Therapeutic Shoes



Features and Benefits

- Features an ascending outsole towards the front (negative heel)
- Pressure relief and pressure distribution during walking
- Benefits the healing process of wounds in the forefoot area
- Embraces heel and tarsus with a softly padded shoe upper
- Heel cap, hook and loop fasteners prevent slipping within the shoe
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg



Indications for Use

- Wounds in the forefoot area caused by diabetes mellitus
- Peripheral artery occlusions
- Other wounds in the forefoot area
- Post-surgical after corrections and forefoot injuries



Forefoot Protective Cap			
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
X-Small	3.5 - 4	36 - 37	207R10/XS
Small	5 - 5.5	38 - 39	207R10/S
Medium	6.5 - 7	40 - 41	207R10/M
Large	8 - 9	42 - 43	207R10/L
X-Large	9.5 - 10.5	44 - 45	207R10/XL

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
X-Small	3.5 - 4	36 - 37	24.5	9.6	207R1/XS
Small	5 - 5.5	38 - 39	25.8	9.8	207R1/S
Medium	6.5 - 7	40 - 41	27.1	10	207R1/M
Large	8 - 9	42 - 43	28.4	10.2	207R1/L
X-Large	9.5 - 10.5	44 - 45	29.7	10.4	207R1/XL

Apollo Therapeutic Shoes

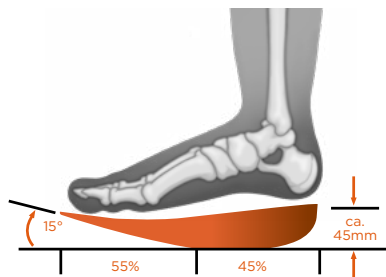


Features and Benefits

- Follows the concept of zero heel technology with its pronounced roll-off sole and thus relieves the entire foot during the swing and stance phase
- Benefits the healing process of wounds in the forefoot area
- The removable padded insole prevents pressure peaks in the foot sole area
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg

Indications for Use

- Postoperative for healing of surgical interventions and injuries to the forefoot, e.g. hallux valgus surgery



Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
2.5 - 3.5	35 - 36	23.9	8.2	209R1/36
4 - 5	37 - 38	25.2	8.5	209R1/38
5.5 - 6.5	39 - 40	26.5	8.8	209R1/40
7 - 8	41 - 42	27.9	9.1	209R1/42
9 - 9.5	43 - 44	29.2	9.4	209R1/44
10.5 - 11	45 - 46	30.5	9.7	209R1/46
12 - 13	47 - 48	31.9	10	209R1/48
13.5 - 14.5	49 - 50	33.1	10.3	209R1/50



Forefoot Protective Cap			Cushioning Insole		
Shoe Size (UK)	Shoe Size (EU)	Product Code	Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	209R12/36	2.5 - 3.5	35 - 36	209R11/36
4 - 5	37 - 38	209R12/38	4 - 5	37 - 38	209R11/38
5.5 - 6.5	39 - 40	209R12/40	5.5 - 6.5	39 - 40	209R11/40
7 - 8	41 - 42	209R12/42	7 - 8	41 - 42	209R11/42
9 - 9.5	43 - 44	209R12/44	9 - 9.5	43 - 44	209R11/44
10.5 - 11	45 - 46	209R12/46	10.5 - 11	45 - 46	209R11/46
12 - 13	47 - 48	209R12/48	12 - 13	47 - 48	209R11/48
13.5 - 14.5	49 - 50	209R12/50	13.5 - 14.5	49 - 50	209R11/50



Foot pressure measurement -
 Left: Daytime shoe
 Right: Apollo

Luna Therapeutic Shoes



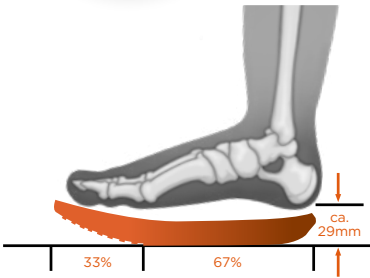
Features and Benefits

- Sandal-like, wide dressing shoe with raised toe edge
- Designed to accommodate large-volume dressings and protect them against slipping
- Cubical cushioning sole for selective pressure relief
- Higher socket and sturdily reinforced heel area
- Integrated anti-slip nubs
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg



Indications for Use

- Wounds in the foot and ankle area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma



Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code	
				Left	Right
2.5 - 3.5	35 - 36	23.9	9.9	210R1/36L	210R1/36R
4 - 5	37 - 38	25.2	10.2	210R1/38L	210R1/38R
5.5 - 6.5	39 - 40	26.5	10.5	210R1/40L	210R1/40R
7 - 8	41 - 42	27.9	10.8	210R1/42L	210R1/42R
9 - 9.5	43 - 44	29.2	11.1	210R1/44L	210R1/44R
10.5 - 11	45 - 46	30.5	11.4	210R1/46L	210R1/46R
12 - 13	47 - 48	31.9	11.7	210R1/48L	210R1/48R
13.5 - 14.5	49 - 50	33.1	12	210R1/50L	210R1/50R



Foot pressure measurement -
 Left: Daytime shoe
 Right: Luna

Forefoot Protective Cap

Shoe Size (UK)	Shoe Size (EU)	Product Code	
		Left	Right
2.5 - 3.5	35 - 36	210R12/36L	210R12/36R
4 - 5	37 - 38	210R12/38L	210R12/38R
5.5 - 6.5	39 - 40	210R12/40L	210R12/40R
7 - 8	41 - 42	210R12/42L	210R12/42R
9 - 9.5	43 - 44	210R12/44L	210R12/44R
10.5 - 11	45 - 46	210R12/46L	210R12/46R
12 - 13	47 - 48	210R12/48L	210R12/48R
13.5 - 14.5	49 - 50	210R12/50L	210R12/50R



Cubical Cushioning Insole

Shoe Size (UK)	Shoe Size (EU)	Product Code	
		Left	Right
2.5 - 3.5	35 - 36	210R13/36L	210R13/36R
4 - 5	37 - 38	210R13/38L	210R13/38R
5.5 - 6.5	39 - 40	210R13/40L	210R13/40R
7 - 8	41 - 42	210R13/42L	210R13/42R
9 - 9.5	43 - 44	210R13/44L	210R13/44R
10.5 - 11	45 - 46	210R13/46L	210R13/46R
12 - 13	47 - 48	210R13/48L	210R13/48R
13.5 - 14.5	49 - 50	210R13/50L	210R13/50R

Mars S Therapeutic Shoes



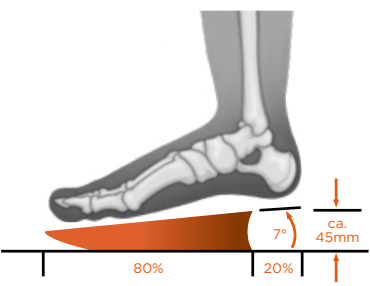
Features and Benefits

- Heel relief shoe
- New improved sole construction effects targeted shifting of the body centre of gravity onto the forefoot
- Comfortable foot roll-over
- The shoe can be worn on the left or right side thanks to the hook and loop pad
- The pad can be customised for better medial support and relief of the heel
- Long, padded insole prevents plantar pressure peaks
- Individually adjust to the ankle, back of the foot and forefoot area of the shaft
- Anti-bacterial shoe lining and cover fabric of the insole



Indications for Use

- Wounds in the heel area caused by diabetes mellitus
- Peripheral artery occlusions
- Other wounds in the heel area
- Post-surgical and traumas



Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
Small	2 - 3.5	34 - 36	24	8.7	213R1/S
Medium	4 - 5.5	37 - 39	26	9.1	213R1/M
Large	6.5 - 8	40 - 42	28	10	213R1/L
X-Large	9 - 10.5	43 - 45	30	10.5	213R1/XL
XX-Large	11 - 13	46 - 48	32	10.9	213R1/XXL



Foot pressure measurement -
 Left: Daytime shoe
 Right: Mars S

Forefoot Cap			
Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	2 - 3.5	34 - 36	213R10/S
Medium	4 - 5.5	37 - 39	213R10/M
Large	6.5 - 8	40 - 42	213R10/L
X-Large	9 - 10.5	43 - 45	213R10/XL
XX-Large	11 - 13	46 - 48	213R10/XXL



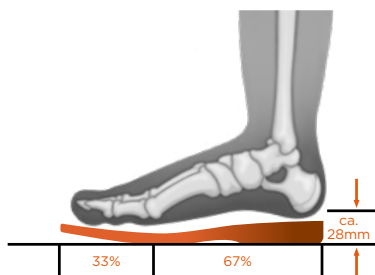
Heel Protection Cap			Cushioning Insole		
Size	Shoe Size (UK)	Product Code	Size	Shoe Size (UK)	Product Code
Small	2 - 3.5	213R11/S	Small	2 - 3.5	213R12/S
Medium	4 - 5.5	213R11/M	Medium	4 - 5.5	213R12/M
Large	6.5 - 8	213R11/L	Large	6.5 - 8	213R12/L
X-Large	9 - 10.5	213R11/XL	X-Large	9 - 10.5	213R12/XL
XX-Large	11 - 13	213R11/XXL	XX-Large	11 - 13	213R12/XXL

Neptun Therapeutic Shoes



Features and Benefits

- Long term surgical shoe
- Accommodates existing, large-volume dressings and bandages
- Keeps feet warm and dry (light splashes only)
- Encompasses the entire foot and ankle area with a softly padded socket
- Hook and loop fasteners at the wide flap prevent slipping within the shoe
- Removable padded insole prevents pressure peaks
- Wide opening
- Anti-bacterial inner lining and cover fabric of the padded insole



Indications for Use

- Wounds in the foot and ankle area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code	
				Left	Right
3.5	36	24.3	9.3	214R1/36L	214R1/36R
4	37	24.9	9.4	214R1/37L	214R1/37R
5	38	25.6	9.6	214R1/38L	214R1/38R
5.5	39	26.3	9.7	214R1/39L	214R1/39R
6.5	40	26.9	9.9	214R1/40L	214R1/40R
7	41	27.6	10	214R1/41L	214R1/41R
8	42	28.3	10.2	214R1/42L	214R1/42R
9	43	29	10.3	214R1/43L	214R1/43R
9.5	44	29.6	10.5	214R1/44L	214R1/44R
10.5	45	30.3	10.6	214R1/45L	214R1/45R
11	46	30.9	10.8	214R1/46L	214R1/46R
12	47	31.5	10.9	214R1/47L	214R1/47R
13	48	32.2	11.1	214R1/48L	214R1/48R
13.5	49	32.7	11.3	214R1/49L	214R1/49R
14.5	50	33.3	11.4	214R1/50L	214R1/50R



Cushioning Insole			
Shoe Size (UK)	Shoe Size (EU)	Product Code	
		Left	Right
3.5	36	214R12/36L	214R12/36R
4	37	214R12/37L	214R12/37R
5	38	214R12/38L	214R12/38R
5.5	39	214R12/39L	214R12/39R
6.5	40	214R12/40L	214R12/40R
7	41	214R12/41L	214R12/41R
8	42	214R12/42L	214R12/42R
9	43	214R12/43L	214R12/43R
9.5	44	214R12/44L	214R12/44R
10.5	45	214R12/45L	214R12/45R
11	46	214R12/46L	214R12/46R
12	47	214R12/47L	214R12/47R
13	48	214R12/48L	214R12/48R
13.5	49	214R12/49L	214R12/49R
14.5	50	214R12/50L	214R12/50R



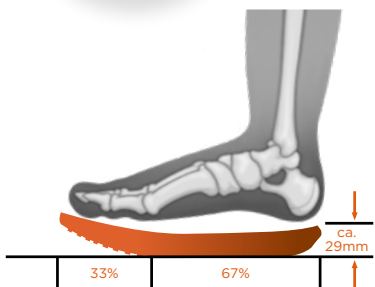
Foot pressure measurement -
 Left: Daytime shoe
 Right: Neptun

Neptun B Therapeutic Shoes



Features and Benefits

- Long term surgical shoe
- Accommodates existing, large-volume dressings and bandages
- Keeps feet warm and dry (light splashes only)
- Encompasses the entire foot and ankle area with a softly padded socket
- Hook and loop fasteners at the wide flap prevent slipping within the shoe
- Removable padded insole prevents pressure peaks in the foot sole area
- Particularly wide outsole, wide opening options in the flap and heel area providing generous space for bandaged feet
- High shaft for sufficient support
- Integrated anti-slip nubs
- Stiffened outsole for extra relief of the injured foot
- Anti-bacterial shoe lining and cover fabric of the insole



Indications for Use

- Wounds in the foot and ankle area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma
- Rehabilitation of lymphoedema, venous leg ulcer, elephantiasis, obesity

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code	
				Left	Right
2.5 - 3.5	35 - 36	23.9	9.9	215R1/36L	215R1/36R
4 - 5	37 - 38	25.2	10.2	215R1/38L	215R1/38R
5.5 - 6.5	39 - 40	26.5	10.5	215R1/40L	215R1/40R
7 - 8	41 - 42	27.9	10.8	215R1/42L	215R1/42R
9 - 9.5	43 - 44	29.2	11.1	215R1/44L	215R1/44R
10.5 - 11	45 - 46	30.5	11.4	215R1/46L	215R1/46R
12 - 13	47 - 48	31.9	11.7	215R1/48L	215R1/48R
13.5 - 14.5	49 - 50	33.1	12	215R1/50L	215R1/50R



Cushioning Insole			
Shoe Size (UK)	Shoe Size (EU)	Product Code	
		Left	Right
2.5 - 3.5	35 - 36	212R11/36L	212R11/36R
4 - 5	37 - 38	212R11/38L	212R11/38R
5.5 - 6.5	39 - 40	212R11/40L	212R11/40R
7 - 8	41 - 42	212R11/42L	212R11/42R
9 - 9.5	43 - 44	212R11/44L	212R11/44R
10.5 - 11	45 - 46	212R11/46L	212R11/46R
12 - 13	47 - 48	212R11/48L	212R11/48R
13.5 - 14.5	49 - 50	212R11/50L	212R11/50R



Foot pressure measurement -
 Left: Daytime shoe
 Right: Neptun B

Pluto S Therapeutic Shoes



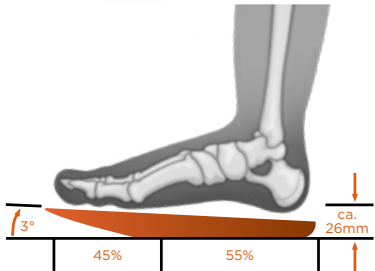
Features and Benefits

- Features a rigid, slightly ascending outsole towards the front (negative heel)
- Pressure relief and pressure distribution during the gait cycle
- Hook and loop fasteners at the wide flap prevent slipping within the shoe
- Front flap prevents lateralisation of the forefoot; the foot feels secure
- If it is not required, the front flap can be cut off
- Cubical cushion sole for selective pressure relief
- Flap can be opened widely providing sufficient space for bandaged feet
- Integrated anti-slip nubs
- Anti-bacterial inner lining and cover fabric of the padded insole
- Weight limit: 120kg



Indications for Use

- Wounds in the foot and ankle area caused by diabetes mellitus
- Peripheral artery disease (PAD)
- Other indication independent wound formation in the foot and ankle area
- Postoperative and trauma
- Gait unsteadiness (vertigo, visual impairment)



Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
2.5 - 3.5	35 - 36	23.8	9	216R1/36
4 - 5	37 - 38	25.1	9.2	216R1/38
5.5 - 6.5	39 - 40	26.4	9.5	216R1/40
7 - 8	41 - 42	27.7	9.7	216R1/42
9 - 9.5	43 - 44	29	10	216R1/44
10.5 - 11	45 - 46	30.3	10.2	216R1/46
12 - 13	47 - 48	31.6	10.5	216R1/48
13.5 - 14.5	49 - 50	33	11.2	216R1/50



Foot pressure measurement -
 Left: Balance shoe
 Right: Pluto S

Forefoot Protective Cap

Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	216R12/36
4 - 5	37 - 38	216R12/38
5.5 - 6.5	39 - 40	216R12/40
7 - 8	41 - 42	216R12/42
9 - 9.5	43 - 44	216R12/44
10.5 - 11	45 - 46	216R12/46
12 - 13	47 - 48	216R12/48
13.5 - 14.5	49 - 50	216R12/50



Cubical Cushioning Insole

Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	216R11/36
4 - 5	37 - 38	216R11/38
5.5 - 6.5	39 - 40	216R11/40
7 - 8	41 - 42	216R11/42
9 - 9.5	43 - 44	216R11/44
10.5 - 11	45 - 46	216R11/46
12 - 13	47 - 48	216R11/48
13.5 - 14.5	49 - 50	216R11/50

Sirius Therapeutic Shoes

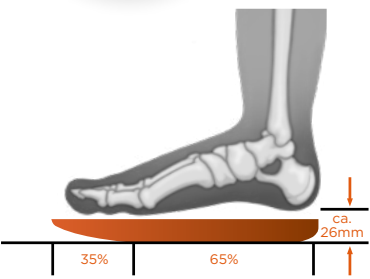


Features and Benefits

- Compensates for the imbalance between the foot fitted with a relief shoe and the healthy side, thus avoiding negative effects on the knee or hip joint and on the spine due to the pelvic obliquity
- Anti-bacterial shoe lining and cover fabric of the insole
- Integrated anti-slip nubs

Indications for Use

- Reduced mobility when walking and standing due to the difference in height when fitted with relief shoes
- Enables and maintains an appropriate walking function
- Compensates for pelvic obliquity that is worthy of treatment



Ordering Information


Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Width (cm)	Product Code
2.5 - 3.5	35 - 36	24	8.9	211R1/36
4 - 5	37 - 38	25.3	9.2	211R1/38
5.5 - 6.5	39 - 40	26.7	9.5	211R1/40
7 - 8	41 - 42	28	9.8	211R1/42
9 - 9.5	43 - 44	29.3	10.1	211R1/44
10.5 - 11	45 - 46	30.6	10.4	211R1/46
12 - 13	47 - 48	32	10.7	211R1/48
13.5 - 14.5	49 - 50	33.2	11	211R1/50



Cubical Cushioning Insole		
Shoe Size (UK)	Shoe Size (EU)	Product Code
2.5 - 3.5	35 - 36	216R11/36
4 - 5	37 - 38	216R11/38
5.5 - 6.5	39 - 40	216R11/40
7 - 8	41 - 42	216R11/42
9 - 9.5	43 - 44	216R11/44
10.5 - 11	45 - 46	216R11/46
12 - 13	47 - 48	216R11/48
13.5 - 14.5	49 - 50	216R11/50

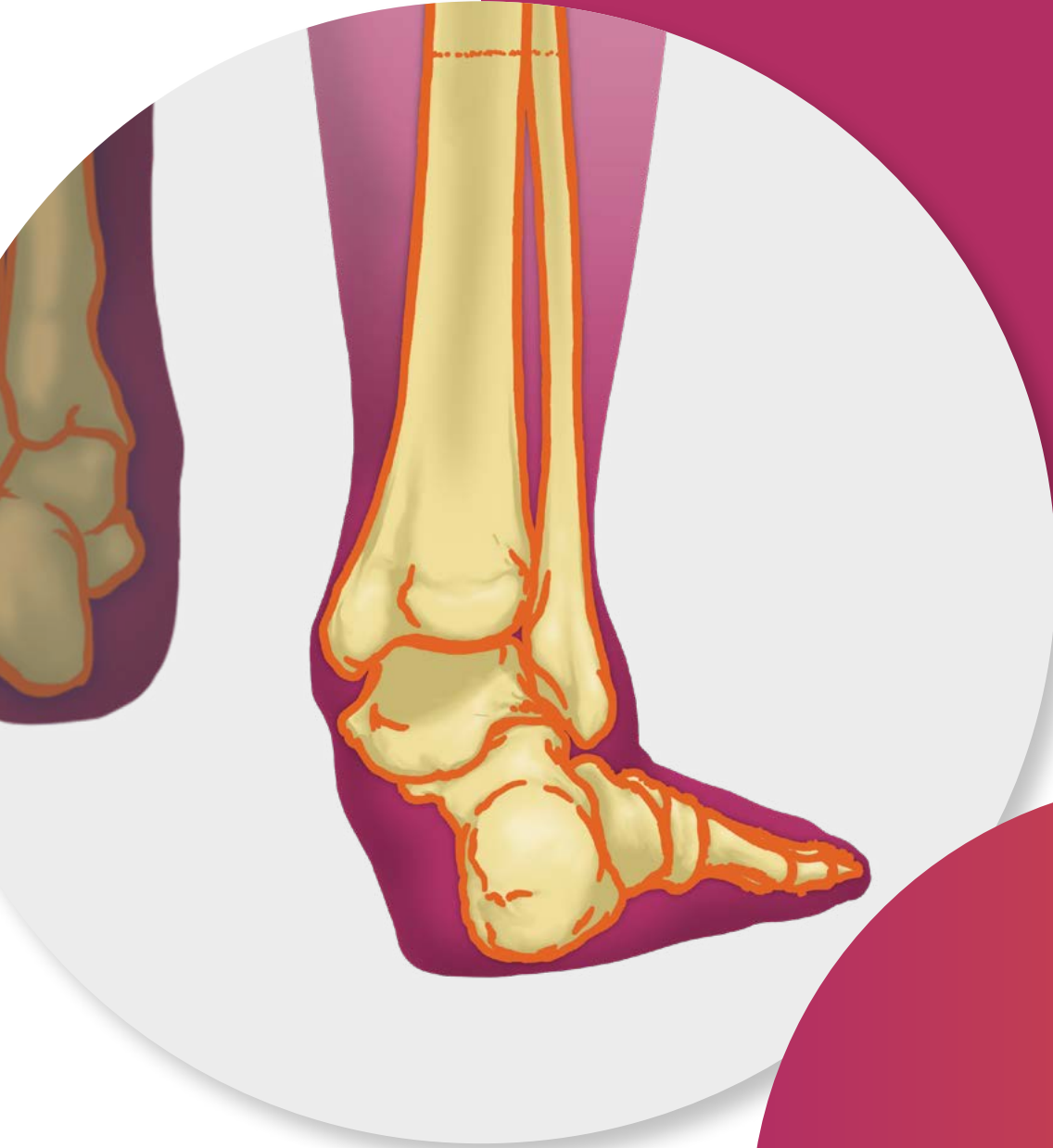


Foot pressure measurement -
 Left: Sirius
 Right: Pluto S

 **More Information**
 Diabetic Foot Offloading Chart



Essentials Adult Insoles



Silicone Heel Cups



Features and Benefits

- Silicone Heel Cups absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each heel cup incorporates calcaneal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia
- Achilles tendonitis

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	11 - 1.5	29 - 33	YT-S04S
Medium	2 - 4.5	34 - 37	YT-S04M
Large	5 - 9.5	38 - 43	YT-S04L
X-Large	10 - 12	44 - 46	YT-S04XL



More Information
 Wear and Care Instructions

3/4 Length Silicone Insoles



Features and Benefits

- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	1 - 4	33 - 37	YT-S02S
Medium	4.5 - 8.5	38 - 42	YT-S02M
Large	9 - 14	43 - 48	YT-S02L



More Information
 Wear and Care Instructions

Full Length Silicone Insoles with Metatarsal Support



Features and Benefits

- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support
- The full length insole also features metatarsal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	4 - 5	37 - 38	YT-S01S
Medium	6 - 6.5	39 - 40	YT-S01M
Large	7 - 7.5	41 - 42	YT-S01L
X-Large	8.5 - 9.5	43 - 44	YT-S01XL



More Information
 Wear and Care Instructions

Slim Gel-Fit™ Bunion Sleeve



Features and Benefits

- The Slim Gel-Fit™ Bunion Sleeve is an elastic sleeve with a gel pad incorporated inside two layers of a comfortable and conforming fabric
- Thin design that fits most footwear and can be worn under hosiery
- Sleeve can also be worn on the hand to protect the thumb
- Washable and reuseable
- The covered gel pad shields the painful and sensitive bony protrusion of the forefoot
- Thin and compact design makes it perfect for everyday use and fits with most dress, casual or athletic shoes
- Latex free and hypo-allergenic

Indications for Use

- Helps to relieve shoe pressure, friction and shear forces on the bunion
- May also be worn on the hand to protect the thumb from discomfort during gripping activities

Ordering Information

Size	Product Code
Small	SI0048
Medium	SI0050

Diaped Duosoft Therapeutic



Features and Benefits

- Constructed with a multi-density material combination of plastazote and cellular urethane, these advanced insoles offer superb resilience, cushioning and shock absorption
- The insoles are designed to fit into both traditional footwear and 'additional depth' orthopaedic shoes
- The addition of an increased metatarsal support in the anatomical design is designed to facilitate off-loading of the metatarsal head area

Indications for Use

- For individuals with diabetes, arthritis, or other conditions that result in sensitive feet
- Metatarsalgia
- Pre-ulcerated sites
- Plantar fasciitis
- Foot deformities
- Morton's neuralgia
- Forefoot accommodation
- Skin breakdown

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Product Code
2 - 4.5	34 - 37	SB2335
5 - 6.5	36 - 38	SB2336
7 - 8.5	39 - 42	SB2337
9 - 10.5	43 - 45	SB2338
11 - 13	46 - 48	SB2339

Diaped Duosoft Plus



Features and Benefits

- Therapeutic insoles for insensate feet
- The dual-layer design of Duosoft Plus consists of a resilient, shock absorbing urethane base and a PORON 94® top cover
- The slow rebound quality of the material cradles the foot and allows enhanced redistribution of body weight over the foot's plantar surface
- Soft, comfortable and allows the feet to remain cool, dry and odourless
- A Vygel heel accompanies the dual-layer formation to provide optimal shock attenuation at heel strike

Indications for Use

- For individuals with diabetes, arthritis, or other conditions that result in sensitive feet
- Metatarsalgia
- Pre-ulcerated sites
- Plantar fasciitis
- Foot deformities
- Morton's neuralgia
- Forefoot accommodation
- Skin breakdown

Ordering Information

Size	Shoe Size (UK)	Product Code
A	2 - 4	SB2402
B	5 - 7	SB2404
C	8 - 9	SB2406
D	10 - 12	SB2408
E	13 - 15	SB2410

Tred-lite Ezi-Rize Heel Raise



Features and Benefits

- Adjustable heel raise insoles manufactured in multiple layers of EVA (5x3mm) with simple peel away layers to achieve the required raise height
- Depth ranges from 3mm to 15mm in 3mm increments

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Leg length discrepancy
- Achilles tendonitis

Ordering Information

Size	Heel Width (cm)	Product Code
Men's	7	EZI-RIZE/MALE
Women's	5.5	EZI-RIZE/FEMALE

Trio Heel Pain



Features and Benefits

- The Trio Heel Pain orthosis is contoured to support the navicular bone of the arch, directly reducing the cause of plantar fascia strain
- Higher loading forces under the heel can also lead to inflammation of the skin and supporting structures of the foot
- Features a large cushioning protection for the softer structure under the heel bones

Indications for Use

- Plantar fasciitis
- Plantar heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Ordering Information

Size	Shoe Size (UK)	Density	Product Code
Small	5 - 6.5	Medium	THP-S
Medium	7 - 8.5	Medium	THP-M
Large	9 - 10.5	Medium	THP-L

Trio Easy Fit



Features and Benefits

- The Trio Easy Fit is intrinsically a $\frac{3}{4}$ length medially posted orthotic with an additional posting option for triplanar control of pronation featuring a lateral cutaway design
- This model maintains the essential features for pronation control, including an optional biplanar rearfoot post
- A medial forefoot post can be used to replace the first metatarsal cushion if required

Indications for Use

- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Note: Paediatric sizing also available. See **Page 247**.

Ordering Information

Size	Shoe Size (UK)	Product Code
X-Small	3 - 4.5	TEF-XS
Small	5 - 6.5	TEF-S
Medium	7 - 8.5	TEF-M
Large	9 - 10.5	TEF-L
X-Large	11 - 12.5	TEF-XL

Trio Slimfit



Features and Benefits

- The recessed medial heel post within the Trio Slimfit design offers control over pronation without risking irritation of the skin within the tighter fitting fashion shoe
- The forefoot contouring provides a stabilising effect upon the forefoot joints and reduces cramping pain

Indications for Use

- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Ordering Information

Size	Shoe Size (UK)	Product Code
X-Small	3 - 4.5	TSF-XS
Small	5 - 6.5	TSF-S
Medium	7 - 8.5	TSF-M
Large	9 - 10.5	TSF-L

Trio



Features and Benefits

- The Trio insole is available in ¾ and full length and is designed to resist excessive valgus rotation
- Inverts the calcaneus within the heel cup thereby maintaining mid tarsal joint
- Supports the proximal medial arch of the foot by providing navicular stability
- Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot posts

Indications for Use

- Plantar fasciitis
- Heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Note: Paediatric sizing also available. See **Page 248.**

Ordering Information

¾ Length				
Size	Shoe Size (UK)	Product Code		
		Medium	Firm	Extra Firm
X-Small	3 - 4.5	TSLM-XS	TSLF-XS	TSLE-XS
Small	5 - 6.5	TSLM-S	TSLF-S	TSLE-S
Medium	7 - 8.5	TSLM-M	TSLF-M	TSLE-M
Large	9 - 10.5	TSLM-L	TSLF-L	TSLE-L
X-Large	11 - 12.5	TSLM-XL	TSLF-XL	TSLE-XL
XX-Large	13 - 14.5	TSLM-XXL	TSLF-XXL	TSLE-XXL

Full Length				
Size	Shoe Size (UK)	Product Code		
		Medium	Firm	Extra Firm
X-Small	3 - 4.5	TFLM-XS	TFLF-XS	TFLE-XS
Small	5 - 6.5	TFLM-S	TFLF-S	TFLE-S
Medium	7 - 8.5	TFLM-M	TFLF-M	TFLE-M
Large	9 - 10.5	TFLM-L	TFLF-L	TFLE-L
X-Large	11 - 12.5	TFLM-XL	TFLF-XL	TFLE-XL
XX-Large	13 - 14.5	TFLM-XXL	TFLF-XXL	TFLE-XXL

Equiflex



Features and Benefits

- By elevating the heel the Equiflex will restore ankle joint extension reducing the demand for compensation
- Lateral forefoot is supported at the level of the metatarsal heads to facilitate this and accommodate any additional postings that may be required
- Supplied with 0°, 3° and 5° rear posts and 6mm elevators

Indications for Use

- High arches
- Excessive pronation
- Forefoot pain
- Heel valgus



Ordering Information

Size	Shoe Size (UK)	Product Code	
		Medium	Firm
X-Small	3.5 - 4.5	EQM-XS	EQF-XS
Small	5 - 6	EQM-S	EQF-S
Medium	6.5 - 7.5	EQM-M	EQF-M
Large	8 - 9	EQM-L	EQF-L
X-Large	9.5 - 10.5	EQM-XL	EQF-XL
XX-Large	11 - 12	EQM-XXL	EQF-XXL

Prostep



Features and Benefits

- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament
- Resists the valgus rotation of the rearfoot, which is associated with pronation
- Anti-bacterial top cover and forefoot and rearfoot integral posts of 0°, 3° & 5°
- Available in full or ¾ length

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Note: Paediatric sizing also available. See **Page 249**.

Ordering Information

¾ Length			
Size	Shoe Size (UK)	Product Code	
		¾ Medium	¾ Firm
X-Small	3.5 - 4.5	PSSLM-XS	PSSLF-XS
Small	5 - 6	PSSLM-S	PSSLF-S
Medium	6.5 - 7.5	PSSLM-M	PSSLF-M
Large	8 - 9	PSSLM-L	PSSLF-L
X-Large	9.5 - 10.5	PSSLM-XL	PSSLF-XL
XX-Large	11 - 12	PSSLM-XXL	PSSLF-XXL

Full Length			
Size	Shoe Size (UK)	Product Code	
		Full Length Medium	Full Length Firm
X-Small	3.5 - 4.5	PSFLM-XS	PSFLF-XS
Small	5 - 6	PSFLM-S	PSFLF-S
Medium	6.5 - 7.5	PSFLM-M	PSFLF-M
Large	8 - 9	PSFLM-L	PSFLF-L
X-Large	9.5 - 10.5	PSFLM-XL	PSFLF-XL
XX-Large	11 - 12	PSFLM-XXL	PSFLF-XXL

Control Tech Soft Full Length



Features and Benefits

- Available in low, moderate and high arch angles (4°, 6° & 8°)
- Plantar fascial grooves reduce arch irritation as well as provide comfort and superior shock absorption

Indications for Use

- Metatarsalgia
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Product Code		
	4° Low Arch	6° Moderate Arch	8° High arch
10 - 13	SC3086	-	-
1 - 2	SC3088	-	-
2 - 3	SC3090	SC3040	-
3 - 4	SC3091	SC3041	SC3031
5 - 6	SC3092	SC3042	SC3032
7 - 8	SC3093	SC3043	SC3033
9 - 10	SC3094	SC3044	SC3034
11 - 12	SC3095	SC3045	-
13 - 15	SC3096	SC3046	-

Control Tech Soft $\frac{3}{4}$ Length



Features and Benefits

- The rearfoot wedging reduces the need for excessive arch height while maintaining support and comfort, providing superior shock absorption

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Note: Paediatric sizing also available. See **Page 246.**

Ordering Information

Shoe Size (UK)	Product Code	Shoe Size (UK)	Product Code
2 - 3	SC3055	7 - 8	SC3058
3 - 4	SC3056	9 - 10	SC3059
5 - 6	SC3057	11 - 12	SC3060

Control Tech Flex $\frac{3}{4}$



Features and Benefits

- $\frac{3}{4}$ length insole eliminates pronation moments around the subtalar joint created by the lateral heel cup
- Supplied with optional self adhesive covers
- Polypropylene integral posting over the subtalar joint axis

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Product Code		
	4° Low Arch	6° Moderate Arch	8° High arch
3 - 4	SC3021	SC3011	SC3001
5 - 6	SC3022	SC3012	SC3002
7 - 8	SC3023	SC3013	SC3003
9 - 10	SC3024	SC3014	SC3004
11 - 12	SC3025	SC3015	SC3005

Interpod Diabetic



Features and Benefits

- Inverted rearfoot improves biomechanical function and enhances the windlass effect
- The 6° moderate arch height provides adequate functionality for the majority of patients
- PORON 96 top cover sets a new level of advanced underfoot technology
- The slow rebound cradles the foot and allows enhanced distribution of body weight over the foot's plantar surface
- Cradle functionality makes this the ultimate stock diabetic orthosis

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Product Code	Shoe Size (UK)	Product Code
2 - 3	SC3130	9 - 10	SC3134
3 - 4	SC3131	11 - 12	SC3135
5 - 6	SC3132	13	SC3136
7 - 8	SC3133		

Darco Universal Toe Alignment Splint



Features and Benefits

- Universal toe alignment splint
- Constructed of soft cotton backed elastic material that will fit into standard footwear

Indications for Use

- Designed to maintain position of soft tissues until they heal following surgery for bunions or hammer toes
- Reduces incidence of recurrence of the deformity following surgical correction

Ordering Information

Size	Product Code
Universal	NV0338

Slimflex Simple Kit $\frac{3}{4}$ Length



Features and Benefits

- Brush Nylon cover allows for comfort and moisture absorption
- High density EVA (A65) construction to cover most pathologies
- Integrated first metatarsal cut-out to facilitate the windlass mechanism
- Metatarsal raise and sustentaculum tali support
- Flat base for adhering wedging
- Deep heel cup for greater control
- Fully heat mouldable and grindable
- 6mm wedging comes as standard

Indications for Use

- Generalised foot pain
- Heel and arch pain
- Anterior knee pain
- Plantar Fasciitis



Ordering Information

Size	Shoe Size (UK)	Product Code
X-Small	3 - 4.5	SB4017
Small	5 - 6.5	SB4018
Medium	7 - 8.5	SB4019
Large	9 - 10.5	SB4020
X-Large	11 - 12.5	SB4021
XX-Large	13 - 14.5	SB4022

Slimflex Green Insoles Full Length



Features and Benefits

- Ideal initial introduction to orthotic therapy, perfect for first line treatment
- Perforated under layer to increase breathability and reduce the risk of hyperhydration
- High arch profile
- Hard wearing top cover
- Exceptional value for money
- Ideal to trial different postings at budget friendly prices
- Moulded EVA with a deep heel cup which allows greater foot control and correction when used with Podotech wedges
- Heat moulding possibilities which allows for off-loading implementation
- Antimicrobial cover to reduce odour and microbial colonisation

Indications for Use

- Generalised foot pain
- Heel and arch pain
- Anterior knee pain
- Plantar Fasciitis



Ordering Information

Shoe Size (UK)	Product Code
3	SB2223
4	SB2224
5	SB2225
6	SB2226
7	SB2227
8	SB2228
9	SB2229
10	SB2230
11	SB2231
12	SB2232
13	SB2233
14	SB2234
15	SB2235

Vectorthotic Full Length Insoles



Features and Benefits

- This modular system brings all the advantages of custom foot orthoses without the need for casting or waiting
- Each pack contains a polypropylene composite shell, top covers and a range of medial clip-in rearfoot (2°, 4°, & 6°) and medial and lateral pre-glued forefoot (2° & 4°) posts
- The shell can be customised to the patient's requirements by clipping in the appropriate post to invert the rear foot, support the forefoot with a varus, valgus or no post as deemed suitable
- If desired, apply the moulded top cover incorporating a 2mm neoprene comfort layer, which can then be cut to the required length
- Other additions such as heel lifts or extension postings can easily be added
- Being an injection moulded span device, its strength lies in the integrity of the design and durability of the shell

Indications for Use

- Arch ache or pain
- Exercise induced kneecap pains
- Heel and ankle symptoms
- Hip and back pain on exercise
- Musculoskeletal pains linked to poor foot position and function



Ordering Information

Shoe Size (UK)	Product Code	
	Standard Top Cover (Lower arch profile)	Extra Top Cover (Higher arch profile and metatarsal support)
3 - 4	VEC05	VEC05X
5 - 6	VEC04	VEC04X
6 - 7	VEC03W	VEC03WX
7 - 8	VEC03	VEC03X
8 - 9	VEC02W	VEC02WX
9 - 10	VEC02	VEC02X
11 - 12	VEC01	VEC01X

X-Line Standard Insoles



Features and Benefits

- Features heel cradle and midfoot contoured support for maximum comfort compared to a traditional 'arch support'
- Insole is full-length and can be quickly and easily trimmed to fit most comfortable shoes
- The brushed nylon surface allows easy passage of the foot into the shoe

Indications for Use

- Arch aches or pains from foot strain
- Pain under forefoot and toe area (metatarsalgia)
- Heel and ankle pains, including mild Plantar Fasciitis (policeman's heel) and Achilles symptoms (Achilles Tendonitis)



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINE04
Medium	6 - 8	XLINE03
Large	9 - 11	XLINE02
X-Large	12 - 14	XLINE01
XX-Large	15 - 16	XLINE01X

X-Line Reinforced ³/₄



Features and Benefits

- The deep heel cup offers reassuring and effective control of the rearfoot
- There is an extra anti-pronatory feature within the heel cup so the rearfoot is actively supported
- The midfoot saddle provides essential support and improves stability throughout gait
- Unique medial arch under-bevel
- Designed to be your go-to device for many conditions particularly where footwear accommodation is an issue

Indications for Use

- Arch and foot strain
- Ankle pain
- Plantar heel pain
- Posterior Tibial Tendon Dysfunction
- Situations where full-length devices aren't a good option



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINE3/404
Medium	6 - 8	XLINE3/403
Large	9 - 11	XLINE3/402
X-Large	12 - 14	XLINE3/401

X-Line 70 Insoles



Features and Benefits

- Features heel cradle and midfoot contoured support for maximum comfort compared to a traditional 'arch support'
- Insole is full-length and can be quickly and easily trimmed to fit most comfort shoes
- The brushed nylon surface allows easy passage of the foot into the shoe
- Made from high-density foam giving a firm, highly durable foot support

Indications for Use

- Arch aches or pains from foot strain
- Pain under forefoot and toe area (metatarsalgias)
- Heel and ankle pains, including mild Plantar Fasciitis (policeman's heel) and Achilles symptoms (Achilles Tendonitis)



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINE0470
Medium	6 - 8	XLINE0370
Large	9 - 11	XLINE0270
X-Large	12 - 14	XLINE0170
XX-Large	15 - 16	XLINE01X70

X-Line Pressure Perfect Insoles



Features and Benefits

- Features special cushioning top cover material
- Heel cradle and midfoot contour supports and protects the foot by reducing heel and forefoot pressures
- Insole is full-length and can be quickly and easily trimmed to fit most comfort shoes
- Cushioning and support protects vulnerable feet from abnormal heel and forefoot pressure
- Helps keep you moving in comfort for longer

Indications for Use

- Ideal for diabetic feet
- Pain in feet due to arthritis
- Sore heels including mild Plantar Fasciitis (policeman's heel) and forefoot burning sensations (metatarsalgias)
- Active older feet
- High impact activities such as squash, badminton, netball and basketball
- Roadrunners
- Flat feet due to weight issues

Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	PRE04
Medium	6 - 8	PRE03
Large	9 - 11	PRE02
X-Large	12 - 14	PRE01
XX-Large	15 - 16	PRE01X

X-Line RIF (ReInReinforcement) Insoles



Features and Benefits

- Features plastic wrap ReInReinforcement enhancing durability and strength
- Heel cradle and midfoot contour supports the foot throughout every step providing maximum comfort compared to a traditional 'arch support'
- Insole is full-length and can be quickly and easily trimmed to fit most comfort shoes
- Strong Cambrelle® top cover for long life and enhanced insole rigidity
- Ideal for those regularly active on their feet
- Fits in any shoe with a removable in-sock/insole, most lace up shoes, trainers and walking shoes

Indications for Use

- Arch and foot strain
- Pain under forefoot and toe area (metatarsalgias)
- Ankle pains, including mild Plantar Fasciitis (policeman's heel) and Achilles symptoms
- Calf strains and other recurrent heel pain after running

Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINERE04
Medium	6 - 8	XLINERE03
Large	9 - 11	XLINERE02
X-Large	12 - 14	XLINERE01
XX-Large	15 - 16	XLINERE01X

X-Line Achilles Tendonitis Insoles



Features and Benefits

- Reinforced for improved stability
- Boasts a hindfoot lift which raises the heel reducing the strain on the Achilles during the driving phase of gait
- Features a mid-foot saddle and a 'profiled arch stabilising contour', designed to reduce the speed of distal calcaneal plantarflexion of the foot during weight acceptance and prevent excess loss of navicular height

Indications for Use

- Resolves over strain and pain of the Achilles (calcaneal) tendon



X-Line TPD Insoles Firm Density



Features and Benefits

- For Tibialis Posterior Dysfunction
- Features high heel cups for heel stabilisation
- High arch support placed specifically to offload the tibialis posterior tendon
- Midfoot cradle and metatarsal support
- High plastic wrap reinforcement to strengthen insole
- Camberelle® top cover for strength and durability

Indications for Use

- Severe arch ache or pain
- Severe medial ankle and shin pain
- Any symptoms caused by large arch drop
- Perfect for immediate relief of Tibialis Posterior Dysfunction



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINEATO4
Medium	6 - 8	XLINEATO3
Large	9 - 11	XLINEATO2
X-Large	12 - 14	XLINEATO1
XX-Large	15 - 16	XLINEATO1X

Ordering Information

Size	Shoe Size (UK)	Product Code	
		Medium Density	Firm Density
Small	3 - 5	XLINETPD50NW04	XLINETPDO4
Medium	6 - 8	XLINETPD50NW03	XLINETPDO3
Large	9 - 11	XLINETPD50NW02	XLINETPDO2
X-Large	12 - 14	XLINETPD50NW01	XLINETPDO1
XX-Large	15 - 16	XLINETPD50NW01X	XLINETPDO1X

X-Line DJD Insoles



Features and Benefits

- Hallux Rigidus insoles and Hallux Limitis Insoles designed to alleviate big toe joint pain or ache during and after activity
- The first insole designed for arthritis big toe. Widely used in the NHS for the treatment of Hallux Rigidus and Hallux Limitus
- Features supports and contours that reduce the amount of bend in the big toe when walking
- Forefoot rocker precisely located to reduce big toe stress
- Heel and midfoot cradled to guarantee comfort
- The Cambrelle® top cover gives durability and an easy surface to clean

Indications for Use

- Osteoarthritis or Degenerative Joint Disease (DJD) of the big toe joint
- Big toe pain during movement
- Deep pain from bunions
- Big toe sesamoiditis
- Golf or hiking induced big toe joint pain in feet
- Excellent for use after big toe joint surgery including fusion



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINEDJD04
Medium	6 - 8	XLINEDJD03
Large	9 - 11	XLINEDJD02
X-Large	12 - 14	XLINEDJD01
XX-Large	15 - 16	XLINEDJD01X

X-Line Plantar Fasciitis Insoles



Features and Benefits

- Features a heel lift which reduces the strain on the Plantar Fascia
- Arch support to take the load from the heel
- Heel indentation and shock dot positioned to take pressure off the most sensitive area of the heel (medial process of plantar calcaneal tubercle)
- The insole also comes with an intrinsic lateral skive to the rear foot and lateral forefoot which reduces 'sudden' eversion moments
- The 1st metatarsal recess and lesser metatarsal transverse plane support the insole to improve 1st metatarsophalangeal joint function and create a stable forefoot during heel lift

Indications for Use

- To relieve heel pain caused by Plantar Fasciitis
- Relief of heel spur pain



Ordering Information

Size	Shoe Size (UK)	Product Code
Small	3 - 5	XLINEPF04
Medium	6 - 8	XLINEPF03
Large	9 - 11	XLINEPF02
X-Large	12 - 14	XLINEPF01
XX-Large	15 - 16	XLINEPF01X

X-Line Additional Wedges



Features and Benefits

- Self adhesive
- Rear foot lateral wedges available in two heights, 4° and 8°
- Alleviate forefoot wedges available in 4°
- Alleviate heel raise 6mm

Indications for Use

- Increasing biomechanical correction of the pronated or supinated foot

Note: Wedges are designed for use with the corresponding size of insole, however, some adjustment may be required.



Ordering Information

Rear Foot Wedges (Supplied in 5 pairs)		
Size	Product Code	
	4°	8°
Small/Medium	ALW01	ALW02
Large/X-Large/XX-Large	ALW03	ALW04



Alleviate Forefoot Wedges (Supplied in 5 pairs)		Self-Adhesive 6mm Heel Raise (Supplied individually)	
Size	Product Code	Size	Product Code
Small/Medium	ALVFW02	Small/Medium	ALVHR02
Large/X-Large/XX-Large	ALVFW01	Large/X-Large/XX-Large	ALVHR01





Essentials

Paediatric



Starlight Standard



Features and Benefits

- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Good moisture circulation
- Outer layer made from robust cotton for longevity
- Lightweight - approximately 100g
- Machine washable
- Available in head circumferences 45cm to 62cm in 1cm increments

Indications for Use

- Simple yet effective protection for people at risk of head injury

Styles Available



Note: This product is non-returnable for hygiene reasons.

*Starlight Standard in Brown is not kept in stock, delivery times may vary.

Ordering Information

Colour	Product Code
Brown	5180- ■
Red	5180-1- ■
Blue	5180-2- ■

■ = Circumference of head (45cm to 62cm in 1cm increments)

Example: For a red Starlight Standard Helmet measuring 50cm - **5180-1-50**

 **More Information**
 Patient Information

Starlight Quilted Soft



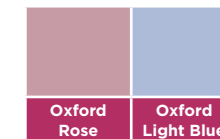
Features and Benefits

- The Starlight Quilted Soft is upholstered with highly efficient high-tech foam
- The foam has excellent shock absorbing properties
- The forces applied by a fall are redistributed over a larger area
- Adapts better to the shape of the head offering improved comfort
- Available in head circumferences 45cm to 62cm in 1cm increments
- Excellent moisture wicking properties

Indications for Use

- Advanced protection for people at risk of head injury

Styles Available




Note: This product is non-returnable for hygiene reasons.

Ordering Information

Colour	Product Code
Oxford Rose	5180SG-1- ■
Oxford Light Blue	5180SG-2- ■

■ = Circumference of head (45cm to 62cm in 1cm increments)

Example: For an Oxford Rose Starlight Quilted Soft Helmet measuring 50cm - **5180SG-1-50**

 **More Information**
 Patient Information

Starlight Secure Fabric



Features and Benefits

- Impact absorbing soft/firm foam combination construction
- High quality cotton
- Soft to the skin
- Lightweight - approximately 100g - 130g (size dependent)
- Easy to wash

Indications for Use

- Advanced protection for people at risk of head injury

Note: Starlight Secure model shown with optional forehead protector, neck cushion and chin guard.

Note: This product is non-returnable for hygiene reasons.

Ordering Information

Size	Head Circ. (cm)	Product Code	Accessories	Product Code
1	47 - 49	C401101B-1	Chin Guard	C4012B-1
2	50 - 52	C401102B-1	Forehead Protector	C4013B-1
3	53 - 55	C401103B-1	Neck Cushion	C4014B-1
4	56 - 59	C401104B-1		
5	60 - 62	C401105B-1		

Is grey not your colour?

Made to Measure service is available for this product!
 Other colours are available when ordering made to measure.



More Information
 Patient Information

Starlight Secure Leather



Features and Benefits

- Impact absorbing soft/firm foam combination construction
- Leather lined
- Soft to the skin
- Lightweight - approximately 150g - 240g (size dependent)
- Heat and moisture regulating
- Breathable design
- Easy to clean

Indications for Use

- Advanced protection for people at risk of head injury

Note: This product is non-returnable for hygiene reasons.



Ordering Information

Size	Head Circ. (cm)	Product Code	Accessories	Product Code
1	47 - 49	C401101	Chin Guard	C4012
2	50 - 52	C401102	Forehead Protector	C4013
3	53 - 55	C401103	Neck Cushion	C4014
4	56 - 59	C401104		
5	60 - 62	C401105		

Is beige not your colour?

Made to Measure service is available for this product!
 Other colours are available when ordering made to measure.



More Information
 Patient Information

Universal Wrist Brace



Features and Benefits

- Breathable felt and neoprene mix material
- Aluminium palmer splint and stays can be shaped to fit the wrist with additional hook and loop strap for enhanced fit
- Designed for easy on and off application
- Circumferential seam for improved fit around waist

Indications for Use

- Arthritis
- Sprain
- Swelling
- Carpal Tunnel

Note: For adult version, see **Page 62**.



Ordering Information

Description	Size	Product Code
Left	Paediatric	KISWW-LT
Right	Paediatric	KISWW-RT

Universal Palm Protector



Features and Benefits

- Fleece-lined, lightweight palm cover
- Designed to allow full finger movement whilst reducing finger contractures and skin damage/breakdown in the palmar region
- Easily laundered
- Easily applied using hook and loop fastening straps

Indications for Use

- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

Ordering Information

Description	Size	Product Code
Right	Universal	PPR
Left	Universal	PPL

Comfy Hand-Wrist Finger Orthosis



Features and Benefits

- Terrycloth
- Supplied with one cover and finger separators
- Ambidextrous
- Side wings prevent ulnar and radial deviation
- Arm cuffs easily adjust to width of arm
- Excellent resting splint to prevent trauma to joints and increases ROM
- Multi-layered for comfort
- Adjustable reinforced spine allows for easy adjustments without tools
- Easy to clean
- Keeps thumb in functional position without stretching thenar eminence
- Washable and absorbent covers help prevent skin breakdown
- Soft straps accommodate fluctuations in oedema
- Arm, wrist, fingers independently adjustable
- Resists strong flexion synergy

Indications for Use

- This popular splint provides support and positioning for weak or deformed hands

Note: For larger sizing see **Page 67**.

Ordering Information

Size	Wrist to Top of Middle Finger (cm)	Total Length (cm)	Product Code
Paediatric Small	6.3 - 8.9	17.8	PH-101-S
Paediatric Medium	7.6 - 11.4	20.3	PH-101-M
Paediatric Large	11.4 - 15.2	24.1	PH-101-L

Comfy Deviation Hand Orthosis



Features and Benefits

- Terrycloth
- Comes with one liner
- Ambidextrous
- Progressively change wrist and finger positions and amount of wrist deviation by adjusting the internal frame and locking the frame's swivel with included Allen key
- Correct or control wrist deviation motion even when changes in the position of the wrist and hand are made
- Unique below the wrist swivel ability that allows for lateral and medial movements
- Accommodates for ulnar and radial deviation

Indications for Use

- Arthritic or neuromuscular deformities
- Flaccid, weak or spastic hand conditions

Styles Available



Ordering Information

Size	Colour	Wrist to Top of Middle Finger (cm)	Total Length (cm)	Product Code
Small	Purple	6.3 - 8.9	16.5	PDH-101-S
Medium	Turquoise	7.6 - 11.4	17.8	PDH-101-M
Large	Emerald Green	11.4 - 15.2	22.9	PDH-101-L

Comfy Hand Thumb Orthosis



Features and Benefits

- Available in Terrycloth and Headliner
- Supplied with one liner
- Ambidextrous
- Paediatric sizing
- Adjustable thumb support
- Keeps thumb in functional position without stretching thenar eminence

Indications for Use

- Excellent for patients with highly adducted thumbs



Ordering Information

Size	Wrist to Top of Middle Finger (cm)	Total Length (cm)	Product Code
Paediatric Small	6.3 - 8.9	17.8	PHT-101-S
Paediatric Medium	7.6 - 11.4	20.3	PHT-101-M
Paediatric Large	11.4 - 15.2	24.1	PHT-101-L

Jobskin® Arm Gaiters Standard Lining



Features and Benefits

- An external orthosis with structural inserts to immobilise the affected joint and hold the limb in controlled extension, or the best possible position for rehabilitation
- Provides a prolonged stretch, immobilisation and contracture management to help maintain the gains achieved by manipulation, corrective surgery or reconstructive procedures
- Can be used by infants through to adulthood
- Designed to meet the individual's functional needs rather than to treat an individual condition or pathology
- Ready-to-wear

Indications for Use

- Certain skin conditions e.g. Eczema
- Vascular/Circulation problems
- Oedema
- Weight fluctuations
- Epilepsy
- Contracture management

Note: This product is non-returnable. A pattern must be stipulated when ordering. For available patterns, see **page 221**.

Ordering Information

Size	Top Circ. (cm)	Bottom Circ. (cm)	Length (cm)	Product Code
X-Small	18 - 25	13 - 20	20	AG090220
			25	AG090225
Small	24 - 31	15 - 22	20	AG090320
			25	AG090325
			30	AG090330
Medium	31 - 38	18 - 25	30	AG090430
			35	AG090435
			40	AG090540
Large	39 - 46	21 - 28	45	AG090545
			50	AG090550
			45	AG090645
X-Large	46 - 53	24 - 31	50	AG090650

Jobskin® Arm Gaiters Deluxe Lining



Features and Benefits

- An external orthosis with structural inserts to immobilise the affected joint and hold the limb in controlled extension, or the best possible position for rehabilitation
- Provides a prolonged stretch, immobilisation and contracture management to help maintain the gains achieved by manipulation, corrective surgery or reconstructive procedures
- Can be used by infants through to adulthood
- Designed to meet the individual's functional needs rather than to treat an individual condition or pathology
- Ready-to-wear

Indications for Use

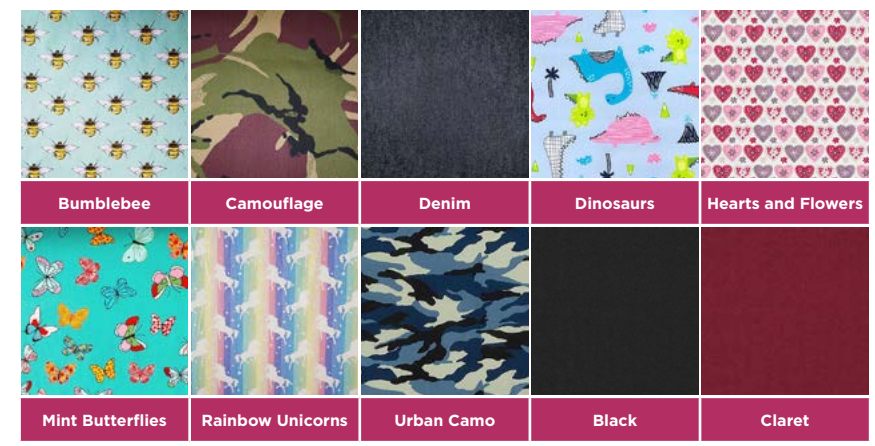
- Certain skin conditions e.g. Eczema
- Vascular/Circulation problems
- Oedema
- Weight fluctuations
- Epilepsy
- Contracture management

Note: This product is non-returnable. A pattern must be stipulated when ordering. For available patterns, see **page 221**.

Ordering Information

Size	Top Circ. (cm)	Bottom Circ. (cm)	Length (cm)	Product Code
X-Small	18 - 25	13 - 20	20	AG150220
			25	AG150225
Small	24 - 31	15 - 22	20	AG150320
			25	AG150325
			30	AG150330
Medium	31 - 38	18 - 25	30	AG150430
			35	AG150435
			40	AG150540
Large	39 - 46	21 - 28	45	AG150545
			50	AG150550
			45	AG150645
X-Large	46 - 53	24 - 31	45	AG150645
			50	AG150650

Styles Available



Note: Gaiter patterns are accurate at the time of printing and are subject to change.

Paediatric Hip Abduction Splint - Standard



- ### Features and Benefits
- Maintains concentric reduction of hips in patients with hip dysplasia
 - Replaces spica casts and harnesses for certain developmental dysplasia patients
 - One-Piece, non-adjustable polypropylene orthosis holds infant in 90° hip flexion and 60° abduction
 - Open design facilitates nappy changes
 - Closed-cell foam lining does not retain moisture

- ### Indications for Use
- Indicated for patients with hip dysplasia

Ordering Information

Size	Average Age (mnths)	Weight Guide (lbs)	Product Code
X-Small	<3	6 - 12	B/3899
Small	3 - 6	13 - 16	B/3900
Medium	6 - 12	17 - 21	B/3901
Large	12	22 - 30	B/3902
X-Large	18	30+	B/3903

Paediatric Hip Abduction Splint - Adjustable



- ### Features and Benefits
- Lightweight, paediatric orthosis offers advantage of abduction adjustment over the standard paediatric hip splint model described opposite
 - Sturdy polypropylene frame set in 90° hip flexion - abduction easily adjustable 40° through 180° by aluminium slotted screw assembly
 - Fits infants from 3 months (6-12lbs) to 18 months (over 30lbs)
 - More total contact than Pavlik harness
 - Easy application, removal facilitates nappy changes
 - Closed-cell foam lining does not retain moisture

- ### Indications for Use
- Indicated for patients with hip dysplasia
 - X-Large size effective for certain cerebral palsy patients

Ordering Information

Size	Average Age (mnths)	Weight Guide (lbs)	Product Code
X-Small	<3	6 - 12	B/3906
Small	3 - 6	13 - 16	B/3907
Medium	6 - 12	17 - 21	B/3908
Large	12	22 - 30	B/3909
X-Large	18	30+	B/3910

Mini TLC™ Hip Abduction Brace



Features and Benefits

- Prefabricated
- Material: MPE
- Pelvic band adjustable for hip development and pelvic circumference with quick release buckle closure
- Thigh cuff bivalve design adjustable to thigh proximal and distal measurements
- Breathable, washable liner absorbs perspiration and reduces heat build up
- Universal hip joint, TLC hip joint with infinite abduction/adduction and flexion/extension settings
- Available in 6 sizes

Indications for Use

- Arthroplasty
- Hip dislocation or potential high risk dislocation
- Hip dysplasia - anterior or posterior
- Hip management/immobilisation
- Hip revision
- Hip surgery
- Postoperative
- Preoperative
- Stabilise, align and reinforce hip



Ordering Information

Size	Waist Circ. (cm)	Proximal Thigh Circ. (cm)	Distal Thigh Circ. (cm)	Product Code
XX-Small	40.6 - 45.7	29.2 - 34.3	20.3 - 25.4	TLCMINI2S
X-Small	45.7 - 50.8	31.8 - 36.8	22.9 - 27.9	TLCMINIXS
Small	50.8 - 55.9	34.3 - 39.4	25.4 - 30.5	TLCMINISM
Medium	55.9 - 61	36.8 - 41.9	27.9 - 33	TLCMINIMD
Large	61 - 66	39.4 - 44.4	30.5 - 35.6	TLCMINILG
X-Large	66 - 71.1	41.9 - 47	33 - 38.1	TLCMINIXL

Jobskin® Leg Gaiters Standard Lining



Features and Benefits

- External orthosis with structural inserts to immobilise the affected joint and hold the limb in controlled extension, or the best possible position for rehabilitation
- Providing a prolonged stretch, immobilisation and contracture management to help maintain the gains achieved by manipulation, corrective surgery or reconstructive procedures
- For use on one or more limbs and can be used by infants through to adulthood
- Designed to meet the individual's functional needs rather than to treat an individual condition or pathology
- Ready-to-wear

Indications for Use

- Certain skin conditions e.g. Eczema
- Vascular/Circulation problems
- Oedema
- Weight fluctuations
- Epilepsy
- Contracture management of the lower limb

Note: This product is non-returnable. A pattern must be stipulated when ordering. For available patterns, see **page 221**.

Ordering Information

Size	Top Circ. (cm)	Bottom Circ. (cm)	Length (cm)	Product Code
X-Small	18 - 25	13 - 20	20	LG090220
			25	LG090225
Small	24 - 31	15 - 22	20	LG090320
			25	LG090325
			30	LG090330
Medium	31 - 38	18 - 25	30	LG090430
			35	LG090435
			40	LG090540
Large	39 - 46	21 - 28	45	LG090545
			50	LG090550
			45	LG090645
X-Large	46 - 53	24 - 31	50	LG090650

Jobskin® Leg Gaiters Deluxe Lining



Features and Benefits

- External orthosis with structural inserts to immobilise the affected joint and hold the limb in controlled extension, or the best possible position for rehabilitation
- Providing a prolonged stretch, immobilisation and contracture management to help maintain the gains achieved by manipulation, corrective surgery or reconstructive procedures
- For use on one or more limbs and can be used by infants through to adulthood
- Designed to meet the individual's functional needs rather than to treat an individual condition or pathology
- Ready-to-wear

Indications for Use

- Certain skin conditions e.g. Eczema
- Vascular/Circulation problems
- Oedema
- Weight fluctuations
- Epilepsy
- Contracture management of the lower limb

Note: This product is non-returnable. A pattern must be stipulated when ordering. For available patterns, see **page 221**.

Ordering Information

Size	Top Circ. (cm)	Bottom Circ. (cm)	Length (cm)	Product Code
X-Small	18 - 25	13 - 20	20	LG150220
			25	LG150225
Small	24 - 31	15 - 22	20	LG150320
			25	LG150325
			30	LG150330
Medium	31 - 38	18 - 25	30	LG150430
			35	LG150435
			40	LG150540
Large	39 - 46	21 - 28	45	LG150545
			50	LG150550
			45	LG150645
X-Large	46 - 53	24 - 31	50	LG150650

Made To Measure Leg Gaiters



Features and Benefits

- Choice of padding for prolonged use and a more comfortable fit
- Choice of fabrics
- Leg immobilisation

Indications for Use

- Contracture management of the lower limb

Note: A pattern must be stipulated when ordering. For available patterns, see **page 221**.

Ordering Information

Size	Product Code
Leg Gaiter	Please contact Customer Services on order@steepergroup.com to request a measurement form.
Leg Flexion Gaiter	
Lining as Required	

Push Aequi Junior Ankle Brace



Universal



Features and Benefits

- Designed for children between the ages of 6 and 12 years old (with shoe size approx. 12UK/30EU - 3.5UK/36EU)
- Stabilises the ankle joint during inversion as well as eversion and neutral and flexed positions
- The freedom of dorsal and plantar flexion is sufficiently maintained to allow normal walking movement
- Optimal functioning of the brace is obtained when it is worn with a sturdy lace-up shoe

Indications for Use

- Acute ankle ligament lesions (both inversion and eversion trauma)
- Stabilisation of conservatively or operatively treated ankle fractures
- (Residual) instability
- Secondary prevention of ankle ligament lesions

Note: For larger sizing see **Page 99**.



Ordering Information

Size	Product Code
Junior	PUS100B

UFO™



Features and Benefits

Introducing an improved prefabricated night splint for the effective treatment of plantar fasciitis and achilles tendonitis. The UFO™ comfortably supports the affected foot in a controlled amount of dorsiflexion, applying a Low Load Prolonged Stretch (LLPS) to the soft tissues of the plantar fascia and achilles tendon. LLPS promotes gentle stretching, healing and remodelling of these tissues, effectively reducing the stress and pain caused by inflammation and tissue shortening. Such support can help break the cycle of injury, pain and re-injury due to otherwise unlimited contraction and deformity of the soft tissues at night.

- The simple variable dorsiflexion design allows the patient to quickly and easily adjust the amount of applied stretch to provide the most effective pain relief
- Adjustable bilateral dorsiflexion assist straps
- CoolFoam™ replaceable liner wicks moisture away from the skin for enhanced hygiene

Indications for Use

- Plantar fasciitis
- Achilles tendonitis
- Contracture management of the foot and ankle

Ordering Information

Size	Footplate Length (cm)	Brace Height (cm)	Product Code
Small	14	16.5	B/3614
Medium	17	25	B/3615
Large	19	26.5	B/3616

Universal PRAFO Paediatric



Features and Benefits

- The PRAFO® (Pressure Relief Ankle Foot Orthosis) is a totally adjustable, custom-fitted AFO that can help manage many ankle/foot anomalies, offering a range of adjustable features
- Custom-contoured aluminium heel connector bar helps to control dorsi-plantar flexion by allowing infinite, measurable adjustments
- Ergonomically designed foot plate allows the liner to be changed easily without tools
- Integral, securely fastened vibram walking base provides a shoe-type surface for ambulatory patients
- The design protects the patient around the vulnerable areas of the foot and heel and will remain so during ambulation
- Calf and foot segments can be custom-modified to accommodate patient physiology
- Anti-rotation bar made of malleable aluminium adjusts to control unwanted extremity rotation
- Suitable for day and night
- Universal sizing to reduce stock holding

Indications for Use

- Pressure ulcers
- Can be used to resist the development of contracture

Note: For larger sizing see **Page 131, 132 & 133.**

Ordering Information

Size	Product Code
Universal	PRFO-550

Paediatric A-Boot



Features and Benefits

- Washable, soft fleece-lined cover wicks moisture away from the skin to maintain skin integrity and allows heel to float, thus eliminating pressure of friction on the heel and enhancing blood circulation
- Rubber sole with non-slip surface provides a walking base so patients can walk comfortably
- The splint frame resists plantar flexion while providing a dynamic push toe extension for the correction of foot drop, foot ankle contractures and deformity
- The adjustable toe post relieves pressure on the toes and adjusts to accommodate a variation of foot sizes
- Rotation bar can be positioned to the side to control hip and leg rotation
- An extender kit is available for patients with increased calf and foot circumference and or oedema
- Universal sizing to reduce stock holding

Indications for Use

- For the patient who requires positioning but can also transfer and ambulate

Note: For larger sizing see **Page 130.**

Ordering Information

Size	Foot Length (cm)	Calf Circ. (cm)	Heel to Top of Back (cm)	Product Code
Universal	12.7 - 20.3	<17.9	17.8	A-BOOT-P

DynaPro® AFO



Features and Benefits

- The semi-rigid insert can be positioned to accommodate the angle of the ankle/foot combines with a removable pull strap to initiate a therapeutic dorsiflexion stretch to help combat mild plantar flexion contracture with or without inversion/eversion
- The cover has a non-skid surface sewn into the bottom to improve grip during transfers
- Toe post to provide protection from shear forces during in bed usage

Indications for Use

- Plantar flexion contractures of the ankle
- To protect the heel from unwanted pressure while in bed

Note: For larger sizing see **Page 127**.

Ordering Information

Size	Length of Foot (cm)	Max Calf Circ. (cm)	Product Code
Child	9 - 13	30	DPAFO24C
Youth	13 - 15	36	DPAFO25Y

Leada Multi-Use Boot



Features and Benefits

- Utilises Flex-E-Core technology for adjustment without the need for tools or heat

Indications for Use

- Plantar fasciitis
- Achilles tendonitis
- Night splinting
- Foot drop

Note: For larger sizing see **Page 128**.

Ordering Information

Size	Max Foot Length (cm)	Brace Height (cm)	Product Code
Paediatric	15	25	LMU-P

Ponseti AFO Sandals Pair



Features and Benefits

- These sandals are for use with the Ponseti AFO bar, regardless of the size of the bar (except preemie bars)
- With stiff feet, progress can easily be seen as the heels come down further in the sandal each week and their location can be seen through two holes in the back of the sandals
- The sandals attach to the bar by means of a 'Quick Clip' system which enables the sandals to easily be clipped to, and unclipped from the bar
- The footwear consists of a well-moulded rubber footplate and soft straps
- The foot is held securely to the footplate and there is no slippage
- Stock supplied in grey. Pink and blue are available to order

Indications for Use

- Treatment of CTEV using the Ponseti method

Styles Available



Note: Accessories are available to order on Pages 237 & 238.

Ordering Information

Size	Foot Length (mm)	Product Code		
		Grey	Pink	Blue
Preemie 1	60 - 62	AFO-P6-0-PRW	-	-
Preemie 2	63 - 66	AFO-P5-0-PRW	-	-
0000	67 - 70	AFO-0000-PRW	AFO-0000-PRP	AFO-0000-PRB
000	71 - 75	AFO-000-PRW	AFO-000-PRP	AFO-000-PRB
00	76 - 80	AFO-00-PRW	AFO-00-PRP	AFO-00-PRB
0	81 - 87	AFO-0-PRW	AFO-0-PRP	AFO-0-PRB
1	88 - 92	AFO-1-PRW	AFO-1-PRP	AFO-1-PRB
2	93 - 102	AFO-2-PRW	AFO-2-PRP	AFO-2-PRB
3	103 - 112	AFO-3-PRW	AFO-3-PRP	AFO-3-PRB
4	113 - 122	AFO-4-PRW	AFO-4-PRP	AFO-4-PRB
5	123 - 132	AFO-5-PRW	AFO-5-PRP	AFO-5-PRB
6	133 - 142	AFO-6-PRW	AFO-6-PRP	AFO-6-PRB
7	143 - 152	AFO-7-PRW	-	-
8	153 - 162	AFO-8-PRW	-	-
9	163 - 172	AFO-9-PRW	-	-
10	173 - 182	AFO-10-PRW	-	-
11	183 - 192	AFO-11-PRW	-	-
12	193 - 202	AFO-12-PRW	-	-

Is grey not your colour?

Other sizes and colours are available to order on demand!

Grey sizes 0000 - 10 are kept in stock, other sizes and pink and blue options are available to order on demand. Delivery times may vary on these products.



Ponseti AFO Sandals Single



Features and Benefits

- These sandals are for use with the Ponseti AFO bar, regardless of the size of the bar (except preemie bars)
- Please note sandals are provided with the buckles on the inside
- With stiff feet, progress can easily be seen as the heels come down further in the sandal each week and their location can be seen through two holes in the back of the sandals
- The sandals attach to the bar by means of a 'Quick Clip' system which enables the sandals to easily be clipped to, and unclipped from the bar
- The footwear consists of a well-moulded rubber footplate and soft straps
- The foot is held securely to the footplate and there is no slippage

Styles Available



Note: Accessories are available to order on **Pages 237 & 238**.

Indications for Use

- Treatment of CTEV using the Ponseti method

Ordering Information

Pink			
Size	Foot Length (mm)	Product Code	
		Left	Right
0000	67 - 70	AFO-0000-LP	AFO-0000-RP
000	71 - 75	AFO-000-LP	AFO-000-RP
00	76 - 80	AFO-00-LP	AFO-00-RP
0	81 - 87	AFO-0-LP	AFO-0-RP
1	88 - 92	AFO-1-LP	AFO-1-RP
2	93 - 102	AFO-2-LP	AFO-2-RP
3	103 - 112	AFO-3-LP	AFO-3-RP
4	113 - 122	AFO-4-LP	AFO-4-RP
5	123 - 132	AFO-5-LP	AFO-5-RP
6	133 - 142	AFO-6-LP	AFO-6-RP

Ordering Information

Grey			
Size	Foot Length (mm)	Product Code	
		Left	Right
0000	67 - 70	AFO-0000-LW	AFO-0000-RW
000	71 - 75	AFO-000-LW	AFO-000-RW
00	76 - 80	AFO-00-LW	AFO-00-RW
0	81 - 87	AFO-0-LW	AFO-0-RW
1	88 - 92	AFO-1-LW	AFO-1-RW
2	93 - 102	AFO-2-LW	AFO-2-RW
3	103 - 112	AFO-3-LW	AFO-3-RW
4	113 - 122	AFO-4-LW	AFO-4-RW
5	123 - 132	AFO-5-LW	AFO-5-RW
6	133 - 142	AFO-6-LW	AFO-6-RW
7	143 - 152	AFO-7-LW	AFO-7-RW
8	153 - 162	AFO-8-LW	AFO-8-RW
9	163 - 172	AFO-9-LW	AFO-9-RW
10	173 - 182	AFO-10-LW	AFO-10-RW
11	183 - 192	AFO-11-LW	AFO-11-RW
12	193 - 202	AFO-12-LW	AFO-12-RW

Blue			
Size	Foot Length (mm)	Product Code	
		Left	Right
0000	67 - 70	AFO-0000-LB	AFO-0000-RB
000	71 - 75	AFO-000-LB	AFO-000-RB
00	76 - 80	AFO-00-LB	AFO-00-RB
0	81 - 87	AFO-0-LB	AFO-0-RB
1	88 - 92	AFO-1-LB	AFO-1-RB
2	93 - 102	AFO-2-LB	AFO-2-RB
3	103 - 112	AFO-3-LB	AFO-3-RB
4	113 - 122	AFO-4-LB	AFO-4-RB
5	123 - 132	AFO-5-LB	AFO-5-RB
6	133 - 142	AFO-6-LB	AFO-6-RB

Ponseti AFO Flexion Stop Sandals



Features and Benefits

- These sandals are for use with the Ponseti AFO bar, regardless of the size of the bar (except preemie bars)
- The sandals are used in conjunction with the standard Ponseti AFO 'Quick Clip' system
- As with the standard Ponseti AFO, the PFS holds the foot out at an angle to maintain the correction of the clubfoot
- The sandals must be worn with good fitting socks to prevent any sores or blisters
- For ease of use the sandals are supplied with the buckles on the inside

Indications for Use

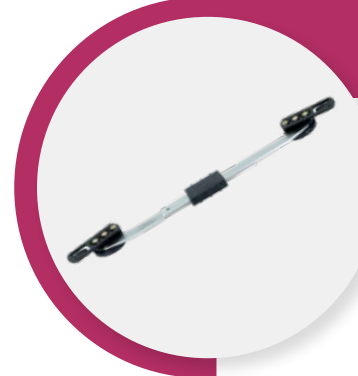
- Treatment of CTEV using the Ponseti method

Note: Accessories are available to order on **Pages 237 & 238.**

Ordering Information

Size	Foot Length (mm)	Product Code		
		Left	Right	Pair
00	76 - 80	AFO-00-LW-PFS	AFO-00-RW-PFS	AFO-00-PRW-PFS
0	81 - 87	AFO-0-LW-PFS	AFO-0-RW-PFS	AFO-0-PRW-PFS
1	88 - 92	AFO-1-LW-PFS	AFO-1-RW-PFS	AFO-1-PRW-PFS
2	93 - 102	AFO-2-LW-PFS	AFO-2-RW-PFS	AFO-2-PRW-PFS
3	103 - 112	AFO-3-LW-PFS	AFO-3-RW-PFS	AFO-3-PRW-PFS
4	113 - 122	AFO-4-LW-PFS	AFO-4-RW-PFS	AFO-4-PRW-PFS
5	123 - 132	AFO-5-LW-PFS	AFO-5-RW-PFS	AFO-5-PRW-PFS
6	133 - 142	AFO-6-LW-PFS	AFO-6-RW-PFS	AFO-6-PRW-PFS
7	143 - 152	AFO-7-LW-PFS	AFO-7-RW-PFS	AFO-7-PRW-PFS
8	153 - 162	AFO-8-LW-PFS	AFO-8-RW-PFS	AFO-8-PRW-PFS
9	163 - 172	AFO-9-LW-PFS	AFO-9-RW-PFS	-
10	173 - 182	AFO-10-LW-PFS	AFO-10-RW-PFS	-
11	183 - 192	AFO-11-LW-PFS	AFO-11-RW-PFS	-
12	193 - 202	AFO-12-LW-PFS	AFO-12-RW-PFS	-

Ponseti AFO Mitchell Ponseti Bar



Features and Benefits

- Abduction bar for managing the prescribed width and orientation of the corrected clubfoot
- Patented 'Quick Clip' system allows for easy attachment and removal
- Facilitates quick and easy clothing changes, placing the child in a high chair or shopping trolley
- Can be cut down to accommodate less than 7 inches
- Prepackaged at 60° abduction (may be varied using a Phillips screwdriver)

Indications for Use

- Treatment of CTEV using the Ponseti method

Ordering Information

Description	Minimum Width (cm)	Maximum Width (cm)	Product Code
Extra Short Bar 10°	17.3	25	BAR-PON-XSB10
Extra Short Bar 15°	17.3	25	BAR-PON-XSB15
Short Bar 10°	20	30	BAR-PON-SB10
Short Bar 15°	20	30	BAR-PON-SB15
Long Bar 10°	23.5	37.8	BAR-PON-LB10
Long Bar 15°	23.5	37.8	BAR-PON-LB15

Ponseti AFO DBar Europe



Features and Benefits

- Independent Dorsi Assist Springs
- Adjustable bar width
- External rotation in 10° increments
- Reinforced polycarbonate plastic
- Minimalistic design to reduce weight

Indications for Use

- Treatment of CTEV using the Ponseti method

Description	Size (inch)	Product Code
DBar Europe Mitchell Spring Assist Bar	6 - 9	69MDSA
DBar Europe Mitchell Adjustable Spring Assist Bar	9 - 14	914MDASA
DBar Europe Mitchell Spring Assist Bar	9 - 14	914MDSA

Ponseti AFO Pressure Saddle



Features and Benefits

- Slim design
- Designed to locate the heel within the AFO sandal

Indications for Use

- Difficulty locating patients heel within the AFO sandal

Ordering Information

Size	Product Code
Small	PS-SM
Large	PS-LG



Calzamedi Footwear
 Page 242

Calzamedi Footwear



Features and Benefits

- Extended stiffeners on both medial & lateral sides provide improved stability of the foot
- Lightweight rubber soles contribute to a more energy efficient gait
- Hook and loop fastening or lace styles help children develop independent dressing skills
- Low opening style makes footwear easy to take on and off
- Extra padding around heel stiffeners to improve comfort
- Fully breathable lining reduces skin irritation
- Adaptable sole provides enhanced function
- Leather uppers are durable and breathable
- Padded collars ensure a comfortable fit
- Supplied with removable anatomically shaped footbeds

Indications for Use

- Flexible flat feet
- Hypermobility
- Hindfoot instability
- Sensitive feet
- Children who need extra support during gait

Note: Please see footwear size chart on the next page (page 244-245).



Pair



Black Leather



On Demand



Blue Nubuck



On Demand



Pink Nubuck

Ordering Information

Black Leather			
Fastening Type		Product Code	
Lace		-4200-0101-●	
Hook and Loop		-4201-0101-●	
Pink Nubuck		Blue Nubuck	
Fastening Type	Product Code	Fastening Type	Product Code
Lace	-4202-0203-●	Lace	-4202-0202-●
Hook and Loop	-4203-0203-●	Hook and Loop	-4203-0202-●

■ = Shoe Size (EU)

● = Width Number (4, 6, 8, Anti Varus, or DAFO)

See footwear sizing chart on following pages for more sizing information.

Example: To order a pair of black leather lace up shoes in size 37 with a width of 7.7cm (4 width), the code would be **37-4200-0101-4**.



Calzamedi Footwear Size Chart

Shoe Size (UK)	Shoe Size (EU)	Inner Shoe Length (cm)	Foot Length (cm)	Width 4		Width 6	
				Width Circ. (cm)	Joint Circ. (cm)	Width Circ. (cm)	Joint Circ. (cm)
1	16	10.3	9.2 - 9.7	12.7	4.8	13.7	5.2
1.5	17	11	9.8 - 10.3	13.1	5	14.1	5.4
2.5	18	11.7	10.4 - 10.9	13.5	5.1	14.5	5.5
3	19	12.3	11 - 11.5	13.9	5.2	14.9	5.6
4	20	13	11.6 - 12.1	14.3	5.3	15.3	5.7
5	21	13.7	12.2 - 12.8	14.7	5.4	15.7	5.8
5.5	22	14.3	12.9 - 13.3	15.1	5.5	16.1	5.9
6	23	15	13.4 - 14	15.5	5.6	16.5	6
7	24	15.7	14.1 - 14.7	15.9	5.7	16.9	6.1
8	25	16.3	14.8 - 15.2	16.3	5.8	17.3	6.2
8.5	26	17	15.3 - 15.9	16.7	6	17.7	6.4
9.5	27	17.7	16 - 16.6	17.1	6.2	18.1	6.6
10	28	18.3	16.7 - 17.2	17.5	6.4	18.5	6.8
11	29	19	17.3 - 17.9	17.9	6.6	18.9	7
12	30	19.7	18 - 18.5	18.3	6.8	19.3	7.2
12.5	31	20.3	18.6 - 19.1	18.7	6.9	19.7	7.3
13.5	32	21	19.2 - 19.8	19.1	7	20.1	7.4
1	33	21.7	19.9 - 20.5	19.5	7.1	20.5	7.5
2	34	22.3	20.6 - 21.1	19.9	7.3	20.9	7.7
2.5	35	23	21.2 - 21.8	20.3	7.4	21.3	7.8
3.5	36	23.7	21.9 - 22.5	20.7	7.6	21.7	8
4	37	24.3	22.6 - 23.1	21.1	7.7	22.1	8.1
5	38	25	23.2 - 23.8	21.5	7.9	22.5	8.3
6	39	25.7	23.9 - 24.5	21.9	8.1	22.9	8.5
6.5	40	26.3	24.6 - 25.1	22.3	8.3	23.3	8.7

Width 8		Anti Varus		DAFO		Shoe Size (UK)	Shoe Size (EU)
Width Circ. (cm)	Joint Circ. (cm)	Width Circ. (cm)	Joint Circ. (cm)	Width Circ. (cm)	Joint Circ. (cm)		
14.7	5.6	-	-	-	-	1	16
15.1	5.8	-	-	-	-	1.5	17
15.5	5.9	-	-	-	-	2.5	18
15.9	6	-	-	-	-	3	19
16.3	6.1	15.1	5.6	17.6	6.2	4	20
16.7	6.2	15.5	5.8	18	6.3	5	21
17.1	6.3	15.9	5.9	18.4	6.4	5.5	22
17.5	6.4	16.4	6.1	18.8	6.5	6	23
17.9	6.5	16.8	6.2	19.2	6.6	7	24
18.3	6.6	17.2	6.4	19.6	6.8	8	25
18.7	6.8	17.6	6.5	20	6.9	8.5	26
19.1	7	18	6.7	20.3	7	9.5	27
19.5	7.2	18.4	6.9	20.7	7.1	10	28
19.9	7.4	18.9	7	21.1	7.3	11	29
20.3	7.6	19.3	7.2	21.5	7.4	12	30
20.7	7.7	19.7	7.3	21.9	7.5	12.5	31
21.1	7.8	20.1	7.5	22.3	7.6	13.5	32
21.5	7.9	20.5	7.6	22.7	7.8	1	33
21.9	8.1	20.9	7.8	23.1	7.9	2	34
22.3	8.2	21.3	7.9	23.5	8	2.5	35
22.7	8.4	21.8	8.1	23.9	8.1	3.5	36
23.1	8.5	22.2	8.2	24.3	8.2	4	37
23.5	8.7	22.6	8.4	24.6	8.4	5	38
23.9	8.9	23	8.6	25	8.5	6	39
24.3	9.1	23.4	8.7	25.4	8.6	6.5	40

Control Tech Soft ¾ Kids



Features and Benefits

- Rearfoot wedging reduces the need for excessive arch height whilst maintaining support, comfort and providing superior shock absorption

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Note: For larger sizing, see **page 190**.

Ordering Information

Shoe Size (UK)	Product Code
9 - 10	SC3051
10 - 12	SC3052
13 - 1	SC3053
1 - 2	SC3054

Trio Easy Fit



Features and Benefits

- The Easy Fit is intrinsically a ¾ length medially posted orthotic with an additional posting option for triplanar control of pronation featuring a lateral cutaway design
- This model maintains the essential features for pronation control, including an optional biplanar rearfoot post
- A medial forefoot post can be used to replace the first metatarsal cushion if required
- Comfort is achieved without compromising natural movement and comfort

Indications for Use

- Medium arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Note: For larger sizing, see **page 184**.

Ordering Information

Size	Shoe Size (UK)	Product Code
Kids	1 - 2.5	TEF-K

Trio



Features and Benefits

- The Trio orthotic is designed to resist excessive valgus rotation, by inverting the calcaneus within the heel cup thereby maintaining mid tarsal joint. It also supports the proximal medial arch of the foot providing navicular stability
- Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot posts
- Available in ¾ and full length

Indications for Use

- Plantar fasciitis
- Heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Note: For larger sizing, see **page 186**.

Ordering Information

¾ Length				
Size	Shoe Size (UK)	Product Code		
		Medium	Firm	Extra Firm
Kids Small	12.5 - 13.5	TSLM-KS	TSLF-KS	TSLE-KS
Kids Large	1 - 2.5	TSLM-KL	TSLF-KL	TSLE-KL

Full Length				
Size	Shoe Size (UK)	Product Code		
		Medium	Firm	Extra Firm
Kids Small	12.5 - 13.5	TFLM-KS	TFLF-KS	TFLE-KS
Kids Large	1 - 2.5	TFLM-KL	TFLF-KL	TFLE-KL

Prostep Paediatric



Features and Benefits

- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament. This resists the valgus rotation of the rearfoot, which is associated with pronation
- Anti-bacterial top cover and forefoot and rearfoot integral posts of 0°, 3° and 5°
- Full length or ¾ length available

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Note: For larger sizing, see **page 188**.

Ordering Information

¾ Length			
Size	Shoe Size (UK)	Product Code	
		¾ Medium	¾ Firm
Kids Small	13.5 - 1.5	PSSLM-KS	PSSLF-KS
Kids Large	2 - 3	PSSLM-KL	PSSLF-KL

Full Length			
Size	Shoe Size (UK)	Product Code	
		Full Length Medium	Full Length Firm
Kids Small	13.5 - 1.5	PSFLM-KS	PSFLF-KS
Kids Large	2 - 3	PSFLM-KL	PSFLF-KL

Kids Feet In Motion



Features and Benefits

- These brightly coloured pairs consist of one blue (left) and one right (red) to help children learn whilst providing a functional solution
- Medium density EVA orthosis specifically designed for children's feet
- A flat base on the standard orthotic allows for modification with wedges and components
- Insoles are available as standard or with a pre-posted heel of 3° or 5°

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Planovalgus feet
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Product Code		
		Standard	3°	5°
4	19 - 20	SC3304	SC3330	SC3350
5	21 - 22	SC3305	SC3331	SC3351
6.5	23 - 24	SC3306	SC3332	SC3352
8	25 - 26	SC3307	SC3333	SC3353
9 - 10	27 - 28	SC3308	SC3334	SC3354
11	29 - 30	SC3309	SC3335	SC3355
12 - 13	31 - 32	SC3310	SC3336	SC3356
1 - 2	33 - 34	SC3311	SC3337	SC3357

EZIKID (Peddy) Insoles



Features and Benefits

- Dynamic insole for children
- Modular sandwich-like construction and flexible thermoformable wedge
- Soft sole to support the natural movement of the foot

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Planovalgus feet

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Product Code
4	19 - 20	ZKR1-0640-19/20
5	21 - 22	ZKR1-0640-21/22
6.5	23 - 24	ZKR1-0640-23/24
8	25 - 26	ZKR1-0640-25/26
9 - 10	27 - 28	ZKR1-0640-27/28
11	29 - 30	ZKR1-0640-29/30
12 - 13	31 - 32	ZKR1-0640-31/32
1 - 2	33 - 34	ZKR1-0640-33/34
2 - 3	35 - 36	ZKR1-0640-35/36
4 - 5	37 - 38	ZKR1-0640-37/38
6 - 7	39 - 40	ZKR1-0640-39/40

Podo Tech Junior ¾ Length



Features and Benefits

- Designed especially for children
- Easily ground and heat mouldable

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Product Code
4	19 - 20	SC3220
5	21 - 22	SC3222
6.5	23 - 24	SC3224
8	25 - 26	SC3226
9 - 10	27 - 28	SC3228
11	29 - 30	SC3230
12 - 13	31 - 32	SC3232
1 - 2	33 - 34	SC3234
2 - 3	35 - 36	SC3236
4 - 5	37 - 38	SC3238
6 - 7	39 - 40	SC3240
8 - 9	41 - 42	SC3242

PediPod Full Length Insoles



Features and Benefits

PediPod insoles are uniquely designed to help children develop healthy foot and body posture as they grow. The development of poor posture while growing potentially disturbs normal walking, running and standing which can lead to recurrent back, knee and foot pain as an adult - often resulting in a lifetime of treatment.

- Anatomical support features in insoles built for children's feet
- Provides comfort and pain relief by deep heel cup and paediatric orthotic insole specific arch support
- The brushed nylon surface is comfortable and allows easy passage of the foot into the shoe
- A full-length insole that can be quickly and easily trimmed to fit most comfort children shoes

Indications for Use

- Aching arches on exercise
- Children's heel pain during and after exercise (Sever's Disease)
- Ankle, calf or leg aches on exercise
- Children's kneecap pain during or after sport or on stairs

Ordering Information

Size	Shoe Size (UK)	Product Code
C	12 - 1	PED03
D	10 - 11.5	PED04
E	8 - 9.5	PED05
F	6 - 7.5	PED06

Peapod Junior



Features and Benefits

- 1.5mm thermoplastic base offers excellent fitting compatibility in most footwear
- Heat mouldable and grindable

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Product Code
5	21 - 22	SC2502
6.5	23 - 24	SC2504
8	25 - 26	SC2506
9 - 10	27 - 28	SC2508
11	29 - 30	SC2510
12 - 13	31 - 32	SC2512
1 - 2	33 - 34	SC2514
2 - 3	35 - 36	SC2516

Kraemer Heel Cups



Features and Benefits

- Children's multi-layered prefabricated foot orthosis covered in Multiform A30 shore
- Thermo-mouldable reinforced base and wedge

Indications for Use

- Ligament weakness
- Sprains/strains
- Planovalgus feet

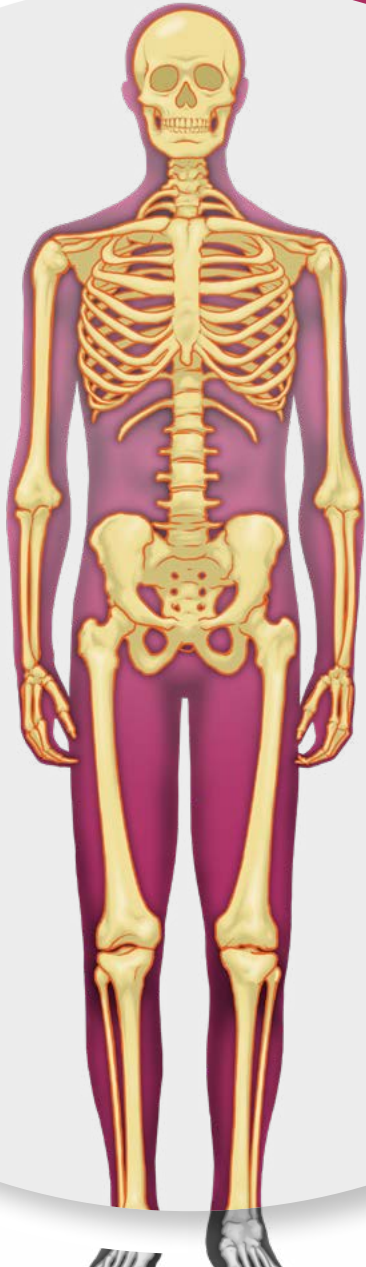
Ordering Information

Shoe Size (UK)	Shoe Size (EU)	Product Code
4	19 - 20	ZKR1-0607-19/20
5	21 - 22	ZKR1-0607-21/22
6.5	23 - 24	ZKR1-0607-23/24
8	25 - 26	ZKR1-0607-25/26
9 - 10	27 - 28	ZKR1-0607-27/28
11	29 - 30	ZKR1-0607-29/30
12 - 13	31 - 32	ZKR1-0607-31/32
1 - 2	33 - 34	ZKR1-0607-33/34
2 - 3	35 - 36	ZKR1-0607-35/36
4 - 5	37 - 38	ZKR1-0607-37/38
6 - 7	39 - 40	ZKR1-0607-39/40



Essentials

Index



Index

Symbols

¾ Length Silicone Insoles 177

A

A60™ Ankle Support 102
A-Boot Universal 130
AFO Light 115
AirLift™ PTTD 104
Airsport™ 103
Airtex Transpirable Ankle Brace 96
All Purpose Boot 142
Ankle Sleeve Plus 96
Apollo Therapeutic Shoes 160
Arthritic Knee Sleeve 82
Aspen Vista® Universal Collar 24

B

Basic Foam Collar 16
BlueROCKER® 2.0 123
BlueROCKER® 2½ 124
Bluerocker® Short 122

C

Calzamedi Footwear 242
Collamed® Knee Brace 86
Comfort Night Splint 125
Comfy Air Hand Orthosis 66
Comfy Deviation Hand Orthosis 215
Comfy Hand Thumb Orthosis 217
Comfy Hand-Wrist
Finger Orthosis 67, 216
Comfyprene® Contour
Hand Orthosis 65
ComfySplints™ Deviation
Hand Thumb Orthosis 69
ComfySplints™ Large Pan
Hand Thumb Orthosis 71
ComfySplints™ Rest Hand 70

ComfySplints™ Spring Loaded
Goniometer Hand Orthosis 72
Control Tech Flex ¾ 191
Control Tech Soft ¾ Kids 246
Control Tech Soft ¾ Length 190
Control Tech Soft Full Length 189
CTLSO Bivalve 44

D

Darco Universal Toe
Alignment Splint 193
DH Active Offloading
Post-Op Shoe 143
Diaped Duosoft Plus 181
Diaped Duosoft Therapeutic 180
Dual Maternity Belt 31
DynaPro® AFO 127, 232

E

Equiflex 187
EVENup Shoe Lift 139
EZIKID (Peddy) Insoles 251

F

Felt Boots 141
Foot-Up® 106
Formfit® Ankle Brace
with Figure 8 101
Formfit® Shoulder Brace 50
Formfit® Walker 134
Full Length Silicone Insoles
with Metatarsal Support 178

H

Heads First Collar 18
Hernia Support Briefs Men's 78
Hernia Support Briefs Women's 79

Index

Hernia Truss with Bilateral Pads 77
Hyperextension Brace 38

I

Interpod Diabetic 192

J

Jobskin® Arm Gaiters
Deluxe Lining 220
Jobskin® Arm Gaiters
Standard Lining 218
Jobskin® Leg Gaiters
Deluxe Lining 226
Jobskin® Leg Gaiters
Standard Lining 225
Jupiter Therapeutic Shoes 156

K

Kids Feet In Motion 250
Komet Therapeutic Shoes 144
Kraemer Heel Cups 255

L

Leada Multi-Use Boot 128, 233
Leaf Spring Orthosis 114
Luna Therapeutic Shoes 162

M

Made To Measure Leg Gaiters 227
Malleo Dynastab® Boa®
Ankle Brace 100
Mars S Therapeutic Shoes 164
Mars Therapeutic Shoes 152
Merkur A Therapeutic Shoes 150
Merkur Therapeutic Shoes 146
Miami J® Cervical Collar 22

Miami J® Select Collar 21
Mini TLC™ Hip Abduction Brace 224

N

Neoprene Boots 140
Neptun B Therapeutic Shoes 168
Neptun Therapeutic Shoes 166
Neurodyn Foot Lift Orthosis 110
Neuro-Lux Shoulder II®
(Sporlastic) 51

O

OA Ease Knee Brace 90
Oasis LSO 34
Oasis TLSO 42
Ortel Hernia Truss 76

P

Paediatric A-Boot 231
Paediatric Hip Abduction
Splint - Adjustable 223
Paediatric Hip Abduction
Splint - Standard 222
Peapod Junior 254
Pedipod Full Length Insoles 253
PediSupport.night 126
PeroSupport.pro 117
PeroSupport.tec 116
Pluto S Therapeutic Shoes 170
Podo Tech Junior ¾ Length 252
Podus Boot 129
Ponseti AFO DBar Europe 240
Ponseti AFO Flexion
Stop Sandals 238
Ponseti AFO
Mitchell Ponseti Bar 239
Ponseti AFO Pressure Saddle 240
Ponseti AFO Sandals Pair 234
Ponseti AFO Sandals Single 236

Index

PRIM Dorsi Assist	108	Standard Knee Brace	84
PRIM Dorsolumbar Back Support	36	Standard Maternity Support	30
PRIM MAX Medium		Starlight Quilted Soft	13, 211
Lumbosacral Back Support	32	Starlight Secure Fabric	14, 212
PRIM SPINAIR SP500 TLSO	37	Starlight Secure Leather	15, 213
PRIMSPINE Semi-Rigid		Starlight Standard	12, 210
Lumbosacral Back Support	33	Swedish Type Lightweight AFO	112
Prostep	188	Swedish Type Lightweight	
Prostep Paediatric	249	AFO - Carbon Reinforced	113
Push Aequi Ankle Brace	99		
Push Aequi Junior Ankle Brace	228		
Push AFO	111		
Push Care Ankle Brace	97		
Push Care Wrist Brace	59		
Push Med Ankle Brace	98		
Push Med Wrist Brace	60		
Push Ortho Thumb Brace CMC	58		

R

Rebound® Air Walker	135
Rebound® Diabetic Walker	136
Rebound® Post Op Elbow	52
Rebound® Post-Op Knee Brace	87
Rebound Foot-Up®	105
Repose Wedge	128

S

Saturn Therapeutic Shoes	158
Shaped Foam Collar	17
Short Wrist Brace	61
Silicone Heel Cups	176
Sirius Therapeutic Shoes	172
Slimflex Green Insoles	
Full Length	195
Slimflex Simple Kit ¾ Length	194
Slim Gel-Fit™ Bunion Sleeve	179
SoftPro® Functional	
Resting WHFO	68
Stabilised Knee Sleeve	83
Stabimed® Knee Brace	85

T

Terrapin Bivalve TLSO Brace	43
Terrapin LSO Bivalve Brace	35
ToeOFF® 2.0	119
ToeOFF® Flow 2½	121
ToeOFF® Short	118
Tred-lite Ezi-Rize Heel Raise	182
Trio	186, 248
Trio Easy Fit	184, 247
Trio Heel Pain	183
Trio Slimfit	185

U

UFO™	229
Universal Abdominal Binder	28
Universal Deep Abdominal Binder	28
Universal Palm Protector	56, 215
Universal PRAFO 650 Kodel	131
Universal PRAFO APU	
(Adjustable Posterior Upright)	132
Universal PRAFO Dual Action	133
Universal PRAFO Paediatric	230
Universal PROGLIDE 172	19
Universal PROGLIDE 174	20
Universal Temporary	
Hernia Support	29
Universal Wrist Brace	62
Unloader® One X	92
Uranus Therapeutic Shoes	154

Index

V

VACocast Diabetic	138
VACOped	137
Vectorthotic Full Length Insoles	196
VENUM Universal HYBRID TLSO	39
VENUM Universal Soft Hip	
Abduction Brace	80
VENUM Universal TLSO PPX	40
Venus Therapeutic Shoes	148

W

Wrist and Thumb Spica	63
Wrist and Thumb Spica -	
Neoprene	64

X

X-Line 70 Insoles	199
X-Line Achilles Tendonitis Insoles	202
X-Line Additional Wedges	206
X-Line DJD Insoles	204
X-Line Plantar Fasciitis Insoles	205
X-Line Pressure Perfect Insoles	200
X-Line Reinforced ¾	198
X-Line RIF	
(ReInforcement) Insoles	201
X-Line Standard Insoles	197
X-Line TPD Insoles Firm Density	203
X-ROM™ Post-Op Knee Brace	88



Steeper Group
Unit 3, Stourton Link
Intermezzo Drive
Leeds
LS10 1DF
United Kingdom

Tel: +44 (0) 113 207 0435
Email: orthotics@steepergroup.com

www.steepergroup.com

STPOR018 Issue 4 Mar 2024