

Gym Terminal Device

Black Iron Master & Trainer



The Black Iron Master (BIM) is designed for high-performance, heavy duty and professional weight lifting and training. The device will mechanically grasp and lock onto handles and bars to provide unparalleled security and stability for extreme weight lifting. It is also useful for adapting to a wide variety of other exercise equipment available in modern fitness facilities.

The Black Iron Trainer (BIT) is designed for lifting lower weights than the BIM. The BIT offers a lightweight, lighter duty alternative to the BIM yet still capable of handling a wide range of grip and apparatus handle diameters.

The BIM and BIT have no quick release or other break away features, once clamped in place they will stay secure until manually released.

Part Number	Description
NBIM	Black Iron Master
NBIT	Black Iron Trainer

Technical Information

Model	Master	Trainer
Application	Heavy-duty, high-performance activity	All-round weight training and lifting
Material	Forged aluminium, steel hardware, polymer rubber pads	Forged aluminium, steel hardware, thick polymer rubber pads
Length	9cm	6.6cm
Width	5cm	5.1cm
Weight	709g	440g
Bar Diameter	2.2 - 3.8cm	2.2 - 3.8cm
Load Rating	567kg	200kg
Colour	Dark grey-black, hard anodised finish	



Features

- Swinging gate clamps the bar between curved rubber saddles
- Gate is manually secured in place with a large wing nut
- Black Iron Master and Trainer can be used with the following wrist units: Wedgegrip Large Round or Oval, Disconnect Large Round or Oval, FM Disconnect Large Round, TRS Omega Large Oval
- ½" x 20TPI (M12 available, order conversion part number: NCUSTM)
- Schiek Weight Lifting Strap included with each device

Gym Terminal Device

Black Iron Lite

The Black Iron Lite is designed for lightweight aerobic style dumbbell exercise and lightweight resistance training with weights below 4.5kg. Moulded from high strength polymers, the Black Iron Lite is equipped with a ratchet-type lock down strap for securely capturing weights and handles.



Part Number

NBIL-

■ = Colour (Black = Leave blank, Teal = TL, Violet = V)

Features

- ½" x 20TPI (M12 available, order conversion part number: NCUSTM)

Application

- Right or left side applications

Technical Information

Length	8.4cm
Width	5.1cm
Weight	332g
Load Rating	Not recommended for weights in excess of 4.5kg
Bar Diameters	2.2-3.8cm
Material	High strength polyurethane and nylon

Gymnastics & Recreational Devices

Shroom Tumblers

The Shroom Tumblers are a unique mushroom-shaped accessory for gymnastics floor exercise and tumbling. It is designed to progressively cushion impact and allows for easy rollover. The flexible, high-strength, synthetic polymer rubber provides multi-axial flexibility for cartwheels, flips and handstands.



Part Number	Model
NSHROOM- ■	Shroom Tumbler
NMINI-SHROOM- ■	Mini Shroom Tumbler

■ = Colour
 Shroom Tumbler (Black = Leave blank, Blue = BLU, Pink = PNK, Purple = PUR, Teal = TL)
 Mini Shroom Tumbler (Black = Leave blank, Light Blue = LB, Pink = PNK)



Features

- Proportioned to duplicate the surface area of the palm and fingers in children from 7 years old up to adults
- Supports weight of up to 90kg
- Can be used for floor-based exercises such as yoga or pilates
- ½" x 20TPI (M12 available, order conversion part number: NCUSTM)

Technical Information

Model	Shroom Tumbler	Mini Shroom Tumbler
Diameter	8.9cm	6.9cm
Height	5cm	4.1cm
Weight	156g	85g
Mounting	½" x 20TPI diameter, threaded stud	



Gym Terminal Device

Schiek Weight Lifting Strap

The Schiek Weight Lifting Strap is a device which aids control and reduces stress placed on the user's sound side during weight training. The strap features a built-in dowel which helps trap and secure the weight bar in the hand, significantly reducing the need to grip tightly.

Part Number

NSCHIEK

