# Freestyle Swim™

The Freestyle Swim foot enables the user to go from walking to swimming. A single adjustment moves the ankle from a 10mm heel height setting for walking, to 70° plantar flexion for swimming, by means of a push button.

The ankle is used in conjunction with the LP Symes prosthetic foot keel and comes complete with a cosmetic foot shell to protect the system and a protective rubber cap that is snapped over the ankle for further protection for the ankle unit.

### Features and Benefits

- Users can walk comfortably to and from the swim area
- Adjust to 70° plantar flexion for swimming with the simple push of a button
- Utilise a flipper to gain swimming speed and decrease energy expenditure
- The extended foot position balances the swimming action and increases efficiency



Waterproof - designed for swimming and frequent use in water

### Cosmetics



## Ordering Information

Trial Period - There is no trial period on this foot.

#### Impact Level Descriptions

Low: Daily activities include mostly level ground walking, moving around in the home and the community.

Moderate: Daily activities include up to unlimited walking, climbing stairs and occasional moderate lifting (this does not include running).

High: Daily activities include fast walking, jogging, running, lifting heavy objects and/or recreational sports.

Note: Although the 'high' impact level states 'running' as an appropriate activity, the Freestyle Swim Foot is an activity-specific foot and is not recommended for running.

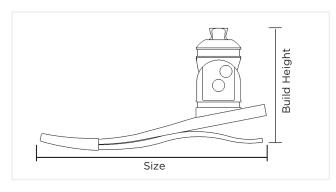
Ordering Exam	Ordering Example - NLP2W2322L			
Part Number	Category	Size	Left / Right	
NLP2W2	3	22	L	

Includes foot shell and Spectra\* Sock

Category Selection				
Weight (kg)		Impact Level		
	LOW	MOD	HIGH	
44-52	1	1	2	
53-59	1	2	3	
60-68	2	3	4	
69-77	3	4	5	
78-88	4	5	6	
89-100	5	6		
101-116	6			

Bumper Kit	Size (cm)
NKIT-00-11100-00	22-25
NKIT-00-11300-00	26-28
NKIT-00-11500-00	29-31

#### Technical Information



Build Height and Weight			
Size (cm)	Build Height (cm)	Foot inc. Shell	
22-25	10.2	680g	
26-28	10.7	790g	
29-31	11.7	945g	

# **Product Specification**

Weight Limit	Impact Level	Weight of Unit	Sizes (cm)	Build Height (cm)	Warranty
116kg	LMH	680g (Size 25)	22-31	10.2 (Size 25)	1 year Foot shell -

\*Water note: Rinse with fresh water and dry following exposure to water, particularly salt or chlorinated.

## Spare Parts Ordering Information



# Protective Cover Repair Kit NKIT-00-20000-00

Spare Parts Ordering Guide

▲ = Size in cm (22-31)

■ = Skin Tone (L = Light, M = Medium, D = Dark)

■ = "L" or "R" for Left or Right

Spectra® Sock	Size (cm)	Sock Size (cm)
NSO-NPS- <b>X</b> 0025-00	22-23	25
NSO-NPS- <b>X</b> 0030-00	24-27	30
NSO-NPS- <b>X</b> 0035-00	28-31	35

 ${f X}$  denotes colour. Insert 1 for white, or 2 for black. Note: Default colour is black