



## Wear & Care Instructions

# Tennis Elbow Sleeve

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

### Care & Cleaning

Close all contact closures and hand wash in warm water with mild soap. Product should be air-dried, do not use high temperatures to wash or dry.

### Applying the Orthosis

1. Locate top of sleeve and slide arm into the sleeve.
2. Locate velcro strap on the widest part of the forearm.
3. Secure strap to desired comfort level.

#### IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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