

Wear & Care Instructions

Swedish Type Lightweight AFO



Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

Care & Cleaning

You can clean AFOs by wiping with a damp cloth. Dry it with a towel or leave it to dry naturally.

The straps may discolour with use but this does not affect the function of the splint. If you have any problems with your AFO please contact your Orthotist. **DO NOT TRY TO ADJUST THE AFO YOURSELF.**

Applying the Orthosis

1. Sit down to put on you AFO. Pull up your socks and make sure there are no wrinkles in them.
2. Place your heel at the back of the AFO, and then fasten the heel retaining strap snugly. Check that the heel is in place.
3. Finally fasten the top strap and put on the shoe.

IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



Unit 3 Stourton Link,
Intermezzo Drive,
Leeds LS10 1DF
Tel: +44 (0) 113 207 0435
Email: orthoticenquiries@steepergroup.com

www.steepergroup.com

 **steeper**
Creating life's turning points, together