

## Wear & Care Instructions

## Standard Maternity Support

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

## Care & Cleaning

Close all contact closures and hand wash in warm water with mild soap. Product should be air-dried, do not use high temperatures to wash or dry.

## **Applying the Orthosis**

- 1. Open the maternity belt.
- 2. Grasp elastic and foam sides and position over abdominal area.
- Gently stretch maternity belt and attach hook section along any portion of the foam liner.
- 4. If applicable, for elastic material, attach hook to loop portion for closure.

Note: Maternity belts should not be worn for extended periods of time. Please follow the guidance from your healthcare professional.

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