

# Wear & Care Instructions

## Sling & Swathe

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

### Care & Cleaning

Close all contact closures and hand wash in warm water with mild soap. Product should be air-dried, do not use high temperatures to wash or dry.

### Applying the Orthosis

1. Open sling and place arm inside, ensure elbow is in sling as far back as possible.
2. Feed the strap through ring/buckle.
3. Secure hook and loop so elbow is positioned at 90-degree angle.
4. If applicable, position elbow (shoulder) strap and pull behind your back.
5. Feed strap through buckle and pull tight to prevent arm from moving away from body.

#### IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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