## Footwear Instructions

We trust you are satisfied with your new footwear and they prove to be effective.

Our goal at Steeper is to always achieve the best possible outcomes from the orthotic devices we manufacture, supply or adapt for patients referred into our care.



## Footwear Care & Usage Instructions

This orthosis is intended for the single exclusive use by the named patient.

## Custom-made device

- 1. Ensure footwear is fastened firmly.
- 2. Wear for short periods initially.
- 3. Clean leather with shoe cream or good quality polish regularly. Suede shoes will need a suede brush.
- 4. Never dry wet shoes using direct heat.
- 5. Check soles and heels for repair being needed.
- 6. If you experience any problems with your footwear, contact the hospital department where they were issued.
- 7. Insoles provided with your footwear should be reviewed/replaced regularly your orthotist will advise you.
- 8. An annual review of your footwear is advisable by the orthotist at your hospital.

Ref No:
Orthotist:
Patient Name:

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