

Wear & Care Instructions

Long Knee Brace

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

Care & Cleaning

Remove any metal stays before washing. Wash the brace by hand in warm soapy water at 40°C. Do not tumble dry or dry over direct heat, as this will damage the elastic material. Air dry only.

Applying the Orthosis

1. The widest opening should be at the top of your leg when you put it on. Open the knee wrap and all straps.
2. Position the wrap with gray on inside and line up condyle pads slightly above knee. The round hole should be positioned so that it is over the knee cap.
3. Fasten support straps beginning with most distal to desired comfort level.
4. Fasten remaining support straps.

IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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