

Wear & Care Instructions

Basic Knee Sleeve

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

Care & Cleaning

Wash the brace by hand in warm soapy water at about 40°C. Do not tumble dry or dry over direct heat, as this will damage the elastic material. Air dry only.

Applying the Orthosis

1. The widest opening should be at the top of your leg when you put it on.
2. Pull it up your leg until the curve is behind your knee and any strengtheners are on either side of your knee.
3. It should be positioned so that the grey area is largest over the knee cap.

IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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