KAFO Instructions

We trust you are satisfied with your new KAFO and it proves to be effective.

Our goal at Steeper is to always achieve the best possible outcomes from the orthotic devices we manufacture, supply or adapt for patients referred into our care.



KAFO Care & Usage Instructions

This Orthosis is a CUSTOM MADE DEVICE as defined by the medical devices directive 93/42/EEC and complies with the essential requirements of annex 1. It is intended for the exclusive use of the named patient only

Patient's Name:
Device Reference:
Orthotist / Clinic:
Particular Feature:

- 1. Ensure that all the straps are securely fastened and that the KAFO is positioned according to the orthotist's instructions.
- 2. If your KAFO has spurs they need to be lubricated regularly to maintain mobility and prevent restrictions of ankle movement.
- 3. If your KAFO has locking joints ensure that the locking device is correctly located and secure before standing / walking.
- 4. Lubricate joints with vaseline.
- 5. To clean the KAFO wipe all inside surfaces with a moist cloth, using a mild disinfectant in the water.
- 6. Check your KAFO regularly for signs of wear or damage requiring repair.
- 7. If you experience any problems with your KAFO please contact the hospital department from where it was supplied as soon as possible.
- 8. Never try to alter / repair your KAFO yourself.
- 9. Check skin under plastic sections for evidence of pressure / redness and inform your hospital if this occurs.
- 10. Your orthotist will advise you on the correct review process.

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