



## Wear & Care Instructions

# Basic Hand Positioning Brace

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

### Care & Cleaning

Remove liners close all contact closures and hand wash in warm water with mild soap. Product should be air-dried, do not use high temperatures to wash or dry.

### Applying the Orthosis

1. Open brace and lay flat (inside up) on a clean surface.
2. Place hand in position with the wrist as shown in the picture.
3. Wrap the soft strapping around both the thumb and the fingers.
4. Attach remaining straps by wrapping them around so that the hooked velcro attaches securely in place.

#### IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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