

## Wear & Care Instructions

# Full Length/ Heel Cup Silicone Insoles



Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

### Features and Benefits

Silicone Insoles absorb and dissipate shock forces that may cause pain or discomfort. Designed for relief of heel pain and light rear foot trauma, for use during sporting activities, or simply to improve comfort. Manufactured from medical grade silicone, each insole incorporates calcaneal support.

### Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis

### Care and Cleaning

- Hand wash in warm water with mild soap.
- Product should be air-dried, do not use high temperatures to wash or dry.



Unit 3 Stourton Link  
Intermezzo Drive  
Leeds LS10 1DF  
Tel: +44 (0) 113 207 0435  
Email: [orthotickenquiries@steepergroup.com](mailto:orthotickenquiries@steepergroup.com)

[www.steepergroup.com](http://www.steepergroup.com)

 **steeper**  
Creating life's turning points, together