

Wear & Care Instructions

Fracture Walker



Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

Care & Cleaning

Wipe plastic shell with damp cloth, you may use disinfectant or mild soap, and wipe dry. For products with a removable liner, you may hand wash liner in warm water with mild soap and air dry. Do not use high temperatures to wash or dry.

Applying the Orthosis

1. Remove the liner from the boot and apply with the ankle at 90 degree angle and the foot flat on the ground.
2. Pull the uprights apart and slide the leg back into the walker frame. Take care to position the ankle at 90 degrees and the uprights centered up the medial and lateral sides of the lower leg.
3. Starting with the bottom strap fasten all the straps from bottom to top.
4. Check your boot regularly for any signs of wear or damage.
5. If you experience any problems with your boot, please contact the hospital department from where it was supplied as soon as possible.
6. Check skin under boot regularly for evidence of pressure/redness and inform your hospital if this occurs.

IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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