

# Wear & Care Instructions

## Elasticated Lumbar Sacral Support



Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

### Care & Cleaning

Product should be air-dried, do not use high temperatures to wash or dry. Close all contact closures and hand wash in warm water with mild soap.

### Applying the Orthosis

1. Lay the lumbar support flat, locate top of support by identifying openings for stays - at the top of support.
2. Grasp back support and center on small of back.
3. Pull left side firmly across middle section, repeat for right side. If applicable, attach double pull and secure.

#### IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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