

Wear & Care Instructions

Deluxe Knee Immobiliser

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

Care & Cleaning

This brace is designed for short term used and should not need to be washed. If it needs to be cleaned, wipe the brace with a soft cloth and warm soapy water. Do not tumble dry or dry over direct heat, as this will damage the elastic material. Air dry only.

Applying the Orthosis

1. Position knee immobiliser at the back of the leg, centering the rear stays mid-line along leg.
2. Adjust the movable side panels of the lateral portions of the knee, accommodating both thigh and calf circumference and secure in place.
3. Starting at the bottom, thread straps through corresponding plastic buckles and continue upward.
4. Secure to your desired comfort level.
5. Check your brace regularly for any signs of wear or damage.
6. If you experience any problems with your brace, please contact the hospital department from where it was supplied as soon as possible.
7. Check skin under brace regularly for evidence of pressure/redness and inform your hospital if this occurs.

IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



Unit 3 Stourton Link,
Intermezzo Drive,
Leeds LS10 1DF
Tel: +44 (0) 113 207 0435
Email: orthoticenquiries@steepergroup.com

www.steepergroup.com

 **steeper**
Creating life's turning points, together