

Wear & Care Instructions

Ankle Stabiliser

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

Care & Cleaning

Wash the brace by hand in warm soapy water at approx. 40°C. Do not tumble dry or dry over direct heat, as this will damage the elastic material. Air dry only.

Applying the Orthosis

1. The widest opening should be at the top of your leg when you put it on.
2. Pull it up over your ankle until your heel is exposed.
3. Ensure there are no creases in the material. A small amount of talc may help the brace to slide over your foot.

IMPORTANT

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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