



Steeper Essentials  
PROGLIDE® Collars

 **steeper**  
Creating life's turning points, together

# Steeper PROGLIDE Collars

The PROGLIDE collection is a complete solution for individuals with a cervical injury that requires the use of a collar for an extended period of time.



## PROGLIDE 172

The new PROGLIDE 172 cervical collar is one of our most advanced collars to date. It maintains posture and with new improved padding, allowing better pressure distribution to decrease the risk of redness and skin breakdown. The easy glide system has 12 adjustments available, allowing for improved fit and aims to be a one size fits all solution. The collar also combines a new and improved Velcro fastening system, providing the clinician with advanced control whilst fitting.

### Features:

- Ergonomic adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Removable thoracic attachment
- Soft cloth inner liner
- Tracheal opening
- MRI, CT, X-Ray compatible

### Typical Indications:

- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion
- Halo removal
- Dens type 1 cervical fractures of C2 vertebrae
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Unstable fracture
- Neural involvement
- Atlanto-occipital dislocation

### Ordering Information:

Product Code	Description	Size
PG172	172 Collar	Universal
PGPAD172	Spare liner set	Universal



## PROGLIDE 174

The new PROGLIDE 174 cervical collar is designed to offer maximum support with the addition of an extended sternal pad for increased occipital support. The easy glide system has 12 adjustments available, allowing for improved fit and aims to be a one size fits all solution. The collar maintains posture and with new improved padding, allowing better pressure distribution to decrease the risk of redness and skin breakdown. The collar also combines a new and improved Velcro fastening system, providing the clinician with advanced control whilst fitting.

### Features:

- Ergonomic adjustable control system
- 12 individual adjustments
- Extended sternal pad and occipital support
- Pulley system cervical collar
- Removable thoracic attachment
- Soft cloth inner liner
- Tracheal opening
- MRI, CT, X-Ray compatible

### Typical Indications:

- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion
- Halo removal
- Dens type 1 cervical fractures of C2 vertebrae
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Unstable fracture
- Neural involvement
- Atlanto-occipital dislocation

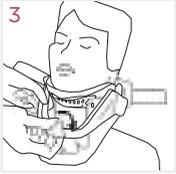
### Ordering Information:

Product Code	Description	Size
PG174	174 Collar	Universal
PGPAD174	Spare liner set	Universal



# Steeper PROGLIDE Collars

## Fitting Instructions



Designed with simplicity in mind, PROGLIDE collars can be fitted using this simple step by step process.

1. Make sure that the patient is lying flat. Their arms should be at their side with their head and neck in a neutral position at all times. Carefully, slide the back of the collar behind the patient's neck, making sure the back is centered and the straps are between the patient's ear and the trapezius. (See figure 1)
2. Slide the front of the collar up the front of the chest, under the chin, so that the ends are resting on the shoulders. (See figure 2)
3. Hold the front of the collar in place and pull out the knob turning it clockwise to raise the chin support to the appropriate height. Once the desired height is achieved, release the knob to lock the position into place (see figure 3). The chin support can be lowered by pulling out the knob and turning it counter-clockwise, release the knob to secure the position.
4. Hold the front of the collar in place and snugly attach the straps to the sides of the collar, one side at a time. The straps should be symmetrical on both sides for a proper fit. (See figure 4)
5. Make sure that there is no space between the front and back pieces and that the chin support does not protrude into the throat region. Also, make sure that no plastic is in direct contact with the skin. (See figure 5)

Note: It is recommended that PROGLIDE collars be donned and doffed while lying down.

### Further Information:

For further details on the PROGLIDE collar range or to place an order please contact customer services on 0845 6000 330 or e-mail [orthoticenquiries@steepergroup.com](mailto:orthoticenquiries@steepergroup.com). To request a demonstration of the PROGLIDE collar range please contact Richard Thomas on 07720 544121 or e-mail [richard.thomas@steepergroup.com](mailto:richard.thomas@steepergroup.com).

Steeper Group  
Unit 3 Stourton Link,  
Intermezzo Drive  
Leeds  
LS10 1DF

Tel: 0845 6000 330  
Email: [orthoticenquiries@steepergroup.com](mailto:orthoticenquiries@steepergroup.com)

[www.steepergroup.com](http://www.steepergroup.com)

STPOR026