



**Patient Fitting Guide**  
Oasis Spinal Brace

## Oasis spinal system patient fitting guide

### Donning whilst standing/sitting

#### Step 1

Place arm through side where shoulder strap is attached



#### Step 2

Use opposite arm to pull the brace round



#### Step 3

Use fastening side arm to keep abdominal section in place whilst attaching strap 1 using hand loop



#### Step 4

Tighten abdominal section straps by pulling out then across to required tension



#### Step 5

Attach shoulder strap



## Oasis spinal system patient fitting guide

### Donning whilst laying

#### Step 1

Place brace on bed



#### Step 2

Patient should lie into brace with the distal posterior section at level of mid buttock ensuring brace is symmetrical



#### Step 3

Place the arm through the shoulder section that is attached



#### Step 4

Use fastening side arm to keep abdominal section in place whilst attaching strap 1 using hand loop



#### Step 5

Tighten abdominal section straps by pulling out then across to required tension



#### Step 6

Attach shoulder strap



# Oasis spinal system patient fitting guide

## Doffing whilst standing, seated or laying

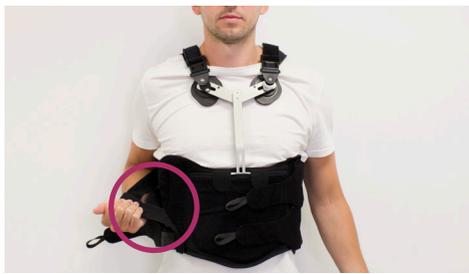
### Step 1

Loosen right or left hand abdominal straps



### Step 2

Loosen strap 1



### Step 3

Loosen same side shoulder strap



### Step 4

Use opposite hand to remove brace



We hope this guide provides useful information on how to don and doff your brace. However, if you are experiencing difficulties or are unsure about how to wear your Oasis spinal system please contact your Orthotist and rehabilitation centre immediately.

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