

Tred-lite Ezi-Rize Insoles



Features and Benefits

- Adjustable heel raise insoles manufactured in multiple layers of EVA (5 x 3mm) with simple peel away layers to achieve the required raise height
- Depth ranges from 3mm to 15mm in 3mm increments

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Leg length discrepancy
- Achilles tendonitis

Size	Width (cm)	Product Code
Male	7	EZI-RIZE/Male
Female	5.5	EZI-RIZE/Female

Tred-lite Orthotic Insoles and Wedges



Features and Benefits

- Tred-lite insoles are designed to improve the biomechanical alignment of the feet thereby reducing pain in the feet, legs and back
- Each insole is constructed from lightweight PU EVA* with integral 4° posting
- Available in two different densities allowing you to select an insole which exactly suits the patient's requirements
- Self-adhesive 2° and 4° wedges are also available for added forefoot and/or rearfoot correction - will attach to a wide range of insoles

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Mechanical foot pain

Size	UK Shoe Size	Medium Density	Firm Density
Small	5 - 6.5	INS/3S	INS/4S
Medium	7 - 8.5	INS/3M	INS/4M
Large	9 - 11	INS/3L	INS/4L

Wedges	Forefoot	Rearfoot
2 degrees	INS/WED/2FP	INS/WED/2RP
4 degrees	INS/WED/4FP	INS/WED/4RP

Tred-lite Ezi-Fit Insoles and Wedges



Features and Benefits

- Ezi-Fit insoles from the Tred-lite range feature a lateral cutaway to allow for easier fitting into narrower footwear
- Each insole is constructed from lightweight PU EVA* with integral 4° posting
- Available in two different densities allowing you to select an insole which exactly suits the patient's requirements
- Self-adhesive 2° and 4° wedges are also available for added forefoot and/or rearfoot correction

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon pain

Size	UK Shoe Size	Medium Density	Firm Density
Small	5 - 6.5	EZI-FIT/3S	EZI-FIT/4S
Medium	7 - 8.5	EZI-FIT/3M	EZI-FIT/4M
Large	9 - 11	EZI-FIT/3L	EZI-FIT/4L

Wedges	Forefoot	Rearfoot
2 degrees	INS/WED/2FP	INS/WED/2RP
4 degrees	INS/WED/4FP	INS/WED/4RP