

Prostep



Features and Benefits

- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament
- Resists the valgus rotation of the rearfoot, which is associated with pronation
- Anti-bacterial top cover and forefoot and rearfoot integral posts of 0°, 3° & 5°
- Available in full or 3/4 length

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Size	UK Shoe Size	3/4 Medium	3/4 Firm	Full Medium	Full Firm
Kids Small	13.5 - 1.5	PSSLM-KS	PSSLF-KS	PSFLM-KS	PSFLF-KS
Kids Large	2 - 3	PSSLM-KL	PSSLF-KL	PSFLM-KL	PSFLF-KL
X-Small	3.5 - 4.5	PSSLM-XS	PSSLF-XS	PSFLM-XS	PSFLF-XS
Small	5 - 6	PSSLM-S	PSSLF-S	PSFLM-S	PSFLF-S
Medium	6.5 - 7.5	PSSLM-M	PSSLF-M	PSFLM-M	PSFLF-M
Large	8 - 9	PSSLM-L	PSSLF-L	PSFLM-L	PSFLF-L
X-Large	9.5 - 10.5	PSSLM-XL	PSSLF-XL	PSFLM-XL	PSFLF-XL
XX-Large	11 - 12	PSSLM-XXL	PSSLF-XXL	PSFLM-XXL	PSFLF-XXL

Trio



Features and Benefits

- The Trio insole is available in 3/4 and full length and is designed to resist excessive valgus rotation
- Inverts the calcaneus within the heel cup thereby maintaining mid tarsal joint
- Supports the proximal medial arch of the foot by providing navicular stability
- Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot posts

Indications for Use

- Plantar fasciitis
- Heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Size	UK Shoe Size	3/4 Length Medium Density	3/4 Length Firm Density	3/4 Length Extra Firm	Full Length Medium Density	Full Length Firm Density	Full Length Extra Firm
Kids Small	12.5 - 13.5	TSLM-KS	TSLF-KS	TSLE-KS	TFLM-KS	TFLF-KS	TFLE-KS
Kids Large	1 - 2.5	TSLM-KL	TSLF-KL	TSLE-KL	TFLM-KL	TFLF-KL	TFLE-KL
X-Small	3 - 4.5	TSLM-XS	TSLF-XS	TSLE-XS	TFLM-XS	TFLF-XS	TFLE-XS
Small	5 - 6.5	TSLM-S	TSLF-S	TSLE-S	TFLM-S	TFLF-S	TFLE-S
Medium	7 - 8.5	TSLM-M	TSLF-M	TSLE-M	TFLM-M	TFLF-M	TFLE-M
Large	9 - 10.5	TSLM-L	TSLF-L	TSLE-L	TFLM-L	TFLF-L	TFLE-L
X-Large	11 - 12.5	TSLM-XL	TSLF-XL	TSLE-XL	TFLM-XL	TFLF-XL	TFLE-XL
XX-Large	13 - 14.5	TSLM-XXL	TSLF-XXL	TSLE-XXL	TFLM-XXL	TFLF-XXL	TFLE-XXL

Control Tech Soft 3/4 Length



Features and Benefits

- The rearfoot wedging reduces the need for excessive arch height while maintaining support, comfort and providing superior shock absorption

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size	Product Code	UK Shoe Size	Product Code
2 - 3	SC3055	7 - 8	SC3058
3 - 4	SC3056	9 - 10	SC3059
5 - 6	SC3057	11 - 12	SC3060