# 9

# Foot-Up





Foot-Up shown with footwear

#### **Features and Benefits**

- Foot-Up is a lightweight ankle orthosis that offers dynamic support for drop foot or similar complaints
- The revolutionary orthosis provides visible improvement in gait by supporting the foot the moment it is raised
- Lightweight and difficult to see under clothes
  - Constructed from a padded breathable material it is comfortable to wear with or without footwear (shoeless wrap required for use without footwear)

#### **Indications for Use**

- Peroneal neuropathies
- Drop foot
- · Dysfunctional gait





Foot-Up shown with shoeless wrap

Foot-Up			
Size	Ankle Circ. (cm)	Product Code Black	Product Code Beige
1 - Medium	18 - 21	07810-1	07811-1
2 - Large	22 - 26	07810-2	07811-2
3 - X Large	27 - 33	07810-3	07811-3

Shoeless Wrap*			
Size	Foot Circ. (cm)	Product Code Black	Product Code Beige
1 - Small	< 20	27810-1	27811-1
2 - Medium	20 - 24	27810-2	27811-2
3 - Large	24 - 28	27810-3	27811-3
4 - X Large	> 28	27810-4	27811-4

\*Shoeless Wrap comprises of foot wrap only and must be ordered with complete Foot-Up kit unless the patient already has one.

Foot-Up Plastic Insert			
Size	Product Code Black	Product Code Beige	
All	17810	17811	

Foot-Up and Shoeless Wrap Bundle\*
Product Code Black Product Code Beige
07810-XY 07811-XY

\*Where X = Size of Foot-Up & Y = Size of Shoeless Wrap, for example to order a Black size 1 (Medium) Foot-Up with a size 2 (Medium) Shoeless Wrap, the code would be 07810-12.

# **Universal PRAFO 650 Kodel**





#### **Features and Benefits**

The PRAFO\* (Pressure Relief Ankle Foot Orthosis) is a totally adjustable, custom-fitted AFO that can help manage many of the ankle/foot anomalies patients present. Its custom-contoured aluminium heel connector bar helps to control dorsi-plantar flexion by allowing infinite, measurable adjustments, whilst its ergonomically designed foot plate allows the liner to be changed easily without tools. Its integral, securely fastened vibram walking base provides a shoe-type surface for ambulatory patients. Design ensures that the patient is protected around the vulnerable areas of the foot and heel and will remain so during ambulation. Universal liners are also available to order - use code PRAFO-LINER. The calf and foot segments can be custom-modified to accommodate patient physiology and the anti-rotation bar is made of malleable aluminium and adjusts to control unwanted extremity

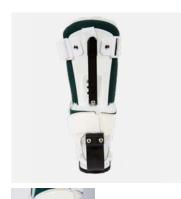
- Designed for recumbent or ambulant protection of the heel and foot
- Zero pressure or shear force at the heel
- Universal sizing to reduce stock holding.
- Resists plantarflexion contractures developing
- Custom modifications are possible
- One version fits both left and right
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- · Suitable for day and night use

Size	Product Code
Universal	PRFO
Universal Liner	PRAFO-I INFR

#### **Indications for Use:**

- Pressure ulcers
- Can be used to resist the development of contracture

# Universal PRAFO APU (adjustable posterior upright)



## **Features and Benefits**

Exact prescribed adjustments can be made in the clinical setting as directed by the managing physician without special tools. When patient outcomes are critical, the APU will provide a simple, precise method to set the ankle/foot complex in the sagittal plane. Rapid changes to settings provide a means to improve patient gait. The PRAFO® AFU has patented its single jointed metal upright that provides a ROM of 30° plantar flexion and 30° of dorsiflexion. Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order - use code PRAFO-LINER.

- Designed for recumbent or ambulant protection of the heel and foot
- Zero pressure or shear force at the heel
- Resists plantarflexion contractures developing
- Custom modifications are possible
- One version fits both left and right
- Calibrated adjustment of plantar/ dorsiflexion
- Integral walking base designed for ambulation
- Washable & replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Universal sizing to reduce stock holding

#### Indications for Use:

- Pressure ulcers
- Can be used to resist the development of contracture

Size	Product Code
Universal	PRFO/APU
Universal Liner	PRAFO-LINER

# **Universal PRAFO Dual Action**



### **Features and Benefits**

- The pad and strap version allows bulky wound dressings to be accommodated and can allow superior foot control when the PRAFO® is to be used in walking training and other circumstances when mobility is the primary focus
- Universal sizing to reduce stock holding
- Bi-planar adjustments with a screwdriver
- Opportunity to evaluate and train gait
- Ambulatory or recumbent usage
- All the benefits of the 650 and 650 APU with increased application possibilities
- Calibrated adjustment of plantar/dorsiflexion
- Integral walking base designed for ambulation
- Washable and replaceable kodel liner system
- Adjustable foot, toe and calf sections
- Aluminium heel connector for strength
- Rotation bar resists internal/external rotation when used in bed
- Universal liners are also available to order use code PRAFO-LINER.



#### Indications for Use

 The Dual Action accommodates and helps control varus or valgus conditions of the ankle/ foot complex, as well as allowing the practitioner a more precise and simplified method of setting the ankle/foot complex in the sagital plane

Size	Product Code
Universal	PRFO/DA
Universal Liner	PRAFO-LINER

# **Padded PF Splint**





#### Features and Benefits

- Soft, padded, contoured posterior shell provides passive dorsiflexion to address plantar fasciitis and Achilles tendonitis
- Removable liner may be washed for patient hygiene
- Fits right or left foot

#### Indications for Use:

- Plantar fasciitis
- Achilles tendonitis

Size	Men's UK Shoe Size	Ladies' UK Shoe Size	Product Code
Small	Up to 3.5	Up to 4.5	PPFS/S
Medium	3.5 - 6.5	4.5 - 7	PPFS/M
Large	6.5 - 9.5	7 - 10	PPFS/L