From humble beginnings, we have grown to become one of the UK’s largest suppliers of orthotic and orthopaedic products to the NHS, blending bespoke and standard devices as well as innovation and age-old skills.
Welcome to the Steeper Orthotic Essentials product catalogue.

The Steeper Orthotic Essentials range offers a selection of carefully handpicked stock products that ease and enable patient mobility. A full head to toe range, these off-the-shelf options offer clinicians value for money, high quality products that are readily available within a short lead-time.

For any queries regarding the products within this catalogue, or any others outside of this range, please contact orthoticenquiries@steepergroup.com.

Bespoke custom manufacturing service

to complement our comprehensive stock products range, we also manufacture a variety of fully bespoke products at our Steeper manufacturing sites in the UK. These products include:

- Scrum-type helmets
- Neck collars
- Spinal bracing
- Hip bracing
- KAFOs
- Knee bracing
- AFOs
- Insoles
- Footwear
- Repairs and adapts

Creating custom devices for orthotic application demands rare skills with tried-and-tested techniques. We are proud to have our expert technicians with these skills, who are committed to crafting the perfect orthoses to provide superior stabilisation, support and comfort to patients.

With specialisms from paediatric all the way to geriatric, our technical teams produce products that provide exceptional fit and functionality.

For further information on our bespoke custom products and manufacturing capabilities, please contact orthoticenquiries@steepergroup.com

Ordering & Delivery Information

How to order
Steep accepts orders by the following methods:

- by telephone 0113 207 0435
- by fax 0113 272 5689
- by email orthoticenquiries@steepergroup.com

Please specify product code, quantity required and any special delivery information.

Delivery options
The following options are available as standard:

- First class post
- Next working day

If you require a timed delivery the following options are available:

- Next working day before 9:00*
- Next working day before 10:30
- Next working day before 12:00 noon
- Same day delivery**

For next day delivery, orders must be placed with Steeper by 17:00.

Additional delivery charges may apply for timed delivery, please contact Customer Services for further details.

*Subject to location, restrictions may apply.
**Additional charges and restrictions may apply, please contact Customer Services for further details.

We can offer order confirmation on all orders via e-mail or fax.

Returns procedure
All stock may be returned within a 30 day period, it must be in its original packaging and in a saleable condition.

We do not charge restocking fees for our range of orthotic essentials products. Custom and made to order products are non-returnable as these have been made outside the standard size ranges. If in doubt please contact our Customer Services team for clarity on 0113 207 0435.

Delivery shortages/satisfaction
On receipt of your goods, please check that the delivery note matches what you have received. In the unlikely event of receiving the wrong product or quantity, please notify our Customer Services team within 7 days.

Single patient use
Any product supplied by Steeper is for single patient use only and should be fitted by a qualified professional. Re-use of any products is potentially dangerous and will invalidate the CE mark or any warranty.
Starlight Standard

Features and Benefits
• Impact absorbing foam construction
• Cotton jersey lining
• Soft to the skin
• Wicks away moisture
• Allows air to circulate
• Outer layer made from robust cotton for longevity
• Lightweight - approximately 100g
• Machine washable
• Available in head circumferences 45cm to 62cm in 1cm increments

Indications for Use
• Simple yet effective protection for people at risk of head injury

Example: for a red Starlight Standard Helmet measuring 50cm - "5180-1-50"

Available to order but non-returnable. Example: Helmet measuring 45cm - "5180-45"

Starlight Secure

Features and Benefits
• Impact absorbing soft/firm foam combination construction
• High quality cotton
• Soft to the skin
• Lightweight - approximately 100g - 130g (size dependent)

Indications for Use
• Advanced protection for people at risk of head injury

*Starlight Secure model shown with optional forehead protector, neck cushion and chin guard

Basic Foam Collar

Features and Benefits
• Symmetrical design provides comfortable support, suitable for night use
• Touch and close fastening

Material: Medium density foam covered with stockinette.

Indications for Use
• Spondylosis
• Rheumatoid arthritis
• Osteoarthritis

Semi Rigid Collar

Features and Benefits
• Provides improved stability with shaped chin support, suitable for night use
• Touch and close fastening

Material: High density PVC foam laminate covered with stockinette.

Indications for Use
• Spondylosis
• Rheumatoid arthritis
• Osteoarthritis

Shaped Foam Collar

Features and Benefits
• Symmetrical design provides comfortable support, suitable for night use
• Increased shaping to reflect underlying anatomy and provide an improved fit
• Touch close fastening

Material: Medium density foam covered with stockinette.

Indications for Use
• Spondylosis
• Rheumatoid arthritis
• Osteoarthritis

Head and Neck Colour Product Code
Brown* 5180-size
Red 5180-1-size
Blue 5180-2-size

Size Head Circ. (cm) Product Code Accessories Product Code
1 47 - 49 C40101B-1 Chin Guard C4012B-1
2 50 - 52 C40102B-1 Forehead Protector C4013B-1
3 53 - 55 C40103B-1 Neck Cushion C4014B-1
4 56 - 59 C40104B-1
5 60 - 62 C40105B-1

Size Neck Circ. (cm) Front Depth (cm) Product Code
X-Small 33 - 37 7 BFC/X
Small 38 - 42 8 BFC/S
Medium 43 - 46 9 BFC/M
Large 47 - 51 10 BFC/L
X-Large 52 - 56 11 BFC/KL

*Made to measure service available, please provide neck circumference and front depth

Size Neck Circ. (cm) Front Depth (cm) Product Code
Small 38 - 42 6.5 SRC/S
Medium 43 - 46 7 SRC/M
Large 47 - 51 8 SRC/L
X-Large 52 - 56 9 SRC/XL

*Made to measure service available, please provide neck circumference and front depth

Size Neck Circ. (cm) Front Depth (cm) Product Code
Small 38 - 42 6.5 SFC/S
Medium 43 - 46 7 SFC/M
Large 47 - 51 8 SFC/L
X-Large 52 - 56 9 SFC/XL

*Made to measure service available, please provide neck circumference and front depth

Size Neck Circ. (cm) Front Depth (cm) Product Code
Small 38 - 42 6.5 SFC/S
Medium 43 - 46 7 SFC/M
Large 47 - 51 8 SFC/L
X-Large 52 - 56 9 SFC/XL

*Made to measure service available, please provide neck circumference and front depth

To order contact orthoticenquiries@steepergroup.com
Head and Neck

Philadelphia Collar

**Features and Benefits**
- Two-piece moulded collar provides adjustable and comfortable support
- Touch and close fastening

**Material:** Non-toxic hypo-allergenic plastazote.

**Indications for Use**
- Spondylitis
- Spondylosis
- Rheumatoid arthritis
- Osteoarthritis
- Post-op control of extension/flexion

<table>
<thead>
<tr>
<th>Size</th>
<th>Neck Circ. (cm)</th>
<th>Front Depth 8.5 cm</th>
<th>Front Depth 11 cm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>25 - 33</td>
<td>PCC/8.5/S</td>
<td>PCC/11/S</td>
</tr>
<tr>
<td>Medium</td>
<td>33 - 41</td>
<td>PCC/8.5/M</td>
<td>PCC/11/M</td>
</tr>
<tr>
<td>Large</td>
<td>41 - 49</td>
<td>PCC/8.5/L</td>
<td>PCC/11/L</td>
</tr>
</tbody>
</table>

Universal PROGLIDE 172

**Features and Benefits**
The PROGLIDE 172 cervical collar is one of our most advanced collars to date. It maintains posture and with improved padding, allows more effective pressure distribution to decrease the risk of redness and skin breakdown. The easy glide system has 12 adjustments available, allowing for improved fit and aims to be a one-size-fits-all solution. The collar also combines a new and improved hook and loop fastening system, providing the clinician with advanced control whilst fitting.

- Ergonomic adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Soft cloth inner liner
- Tracheal opening
- MRI, CT, X-Ray compatible

**Indications for Use**
- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion

<table>
<thead>
<tr>
<th>Size</th>
<th>Description</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal 172 Collar</td>
<td>PG172</td>
<td></td>
</tr>
<tr>
<td>Universal Spare liner set</td>
<td>PGPAD172</td>
<td></td>
</tr>
</tbody>
</table>

Universal PROGLIDE 174

**Features and Benefits**
The PROGLIDE 174 cervical collar is designed to offer maximum support with the addition of an extended sternal pad for increased occipital support. The easy glide system has 12 adjustments available, allowing for improved fit and aims to be a one-size-fits-all solution. The collar maintains posture and with improved padding, allows more effective pressure distribution to decrease the risk of redness and skin breakdown. The collar also combines a new and improved hook and loop fastening system, providing the clinician with advanced control whilst fitting.

- Extended sternal pad and occipital support
- Ergonomic adjustable control system
- 12 individual adjustments
- Pulley system cervical collar
- Removable thoracic attachment
- Soft cloth inner liner
- Tracheal opening
- MRI, CT, X-Ray compatible

**Indications for Use**
- Cervical spine precaution for trauma patients
- Immobilisation for pre and post cervical spine surgery
- Degenerative disorders
- Spinal stenosis
- Spondylolisthesis
- Anterior cervical fusion
- Halo removal
- Dens type 1 cervical fractures of C2 vertebrae
- Anterior disectomy
- Trapezium fracture of the vertebral body
- Cervical strain
- Neural involvement
- Atlanto-occipital dislocation

<table>
<thead>
<tr>
<th>Size</th>
<th>Description</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal 174 Collar</td>
<td>PG174</td>
<td></td>
</tr>
<tr>
<td>Universal Spare liner set</td>
<td>PGPAD174</td>
<td></td>
</tr>
</tbody>
</table>

Miami J® Advanced

**Features and Benefits**

- Unique sizing mechanism allows for easy modification to suit individual patients, simultaneously achieving an accurate fit and reduced stock levels
- Bioengineered to minimise pressure points in key known areas: chin, occiput, trapezius and clavicle
- Sternal pad disperses ambulatory pressure and is fully removable, enabling the front of the collar to be taken off when cleaning intubated patients, without the need to remove the tube
- Patented Flex Edge® technology delivers soft over-moulded edges that gently conform to the contours of the anatomy and distribute pressure evenly
- MRI, CT and X-ray lucent

**Indications for Use**
- Post trauma
- Stable cervical fractures
- Cervical spondylitis
- Cervical spondylosis
- RA and OA cervical spine
- Herniated cervical disc
- Post operative

**Phenotype Sizing Chart**

- Speciality sizes: 15% of the population
- Standard sizes: 85% of the population

With Miami J® Advanced, one collar can be adjusted to fit various sizes, please contact Customer Services for guidance on sizing.

- Miami J® Advanced MJAR-101 MJA-100
- Replacement pads MJAP-101

* The collar set comes with one additional set of replacement pads.

To order contact orthoticenquiries@steepergroup.com
Miami J® Cervical Collar

Features and Benefits
• Sorbatex™ padding is antibacterial and clinically proven to inhibit microbial growth, which enhances comfort and helps ensure patient compliance
• MRI, CT and X-ray lucient
• Bioengineered to minimise pressure points in key known areas: chin, occiput, trapezius and clavicle
• Comfort adjustment buttons for occiput and sternal pad removable when lying and swallowing

Indications for Use
• Post trauma
• Stable cervical fractures
• Cervical spondylitis
• Herniated cervical disc
• RA and OA cervical spine
• Cervical spondylosis
• Post operative

Aspen Vista® Universal Collar

Features and Benefits
• Innovative height adjustment technology
• Adjustable front depth using a unique dial adjustment mechanism
• The Vista collar is six collars in one, allowing for improved fit
• Reducing storage and inventory costs
• 100% cotton - latex free

Indications for Use
• Post-trauma
• Stable cervical fractures
• Cervical spondylitis
• Cervical spondylosis
• RA & OA cervical spine
• Herniated cervical disc
• Post-operative
• Motor Neurone Disease

Sizing Chart

Speciality sizes: 30% of the population

Standard sizes: 60% of the population

<table>
<thead>
<tr>
<th>Miami J® Cervical Collar</th>
<th>Aspen Vista® Universal Collar</th>
</tr>
</thead>
<tbody>
<tr>
<td>Super Short</td>
<td>Aspen Vista Collar</td>
</tr>
<tr>
<td>Stout</td>
<td>Aspen Vista Collar &amp; Pad</td>
</tr>
<tr>
<td>X-Small</td>
<td>Back Panel Replacement Pads</td>
</tr>
<tr>
<td>Short</td>
<td>Back Panel - Standard</td>
</tr>
<tr>
<td>Tall</td>
<td>Back Panel - Large</td>
</tr>
</tbody>
</table>

Miami J front and back panels may be interchanged to accommodate patient anatomy, e.g. a short front may be used with a tall back. Choose collar size based on patient neck height, not patient body size. Super short consist of a regular back panel and a super short front panel.

Please contact Customer Services for guidance on sizing.
Spine and Torso

Universal Abdominal Binder

**Features and Benefits**
- Neoprene binder with touch and close fastening and bound edges
- Universal sizing to reduce stock holding

**Indications for Use**
- Post-op support/ventral hernia

<table>
<thead>
<tr>
<th>Size</th>
<th>Front Depth (cm)</th>
<th>Back Depth (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>22</td>
<td>22</td>
<td>NB</td>
</tr>
</tbody>
</table>

Universal Deep Abdominal Binder

**Features and Benefits**
- Deep abdominal binder with simple touch and close fastening
- Adjustable to allow for stoma care
- Universal sizing to reduce stock holding

**Indications for Use**
- Post-op support/ventral hernia

<table>
<thead>
<tr>
<th>Size</th>
<th>Front Depth (cm)</th>
<th>Back Depth (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>22</td>
<td>30</td>
<td>AB</td>
</tr>
</tbody>
</table>

Universal Temporary Hernia Support

**Features and Benefits**
- A separate 150mm diameter, 18mm thick soft hernia pad can be located as required

**Indications for Use**
- Hernia
- General posture support
- Lumbar strains
- Sciatica
- Lumbosacral strains

<table>
<thead>
<tr>
<th>Size</th>
<th>Height (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>23</td>
<td>1043</td>
</tr>
<tr>
<td>Universal</td>
<td>30</td>
<td>1044</td>
</tr>
</tbody>
</table>

Accessories

<table>
<thead>
<tr>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hernia pad</td>
</tr>
</tbody>
</table>

Sacram Lumbar Support

**Features and Benefits**
- Made from a ventilated mesh with four posterior shaped stays for greater support
- Elastic front with one-piece touch and close fastening; elasticated double fulcrum straps for additional support

**Indications for Use**
- Osteoarthritis
- Lower back pain
- Sciatica
- Post-op stability

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>63 - 73</td>
<td>SLS/S</td>
</tr>
<tr>
<td>Medium</td>
<td>74 - 83</td>
<td>SLS/M</td>
</tr>
<tr>
<td>Large</td>
<td>84 - 96</td>
<td>SLS/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>97 - 109</td>
<td>SLS/XL</td>
</tr>
</tbody>
</table>

Elasticated Lumbar Sacral Support

**Features and Benefits**
- Lumbar sacral support made from lightweight ventilated elastic mesh
- Two posterior shaped stays and two plastic stays
- Two touch and close fastenings allow the patient to obtain optimum fit
- Elasticated double fulcrum straps for additional support and improved fit

**Indications for Use**
- Osteoporosis
- Lower back pain
- Sciatica

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>69 - 76</td>
<td>ELS/S</td>
</tr>
<tr>
<td>Medium</td>
<td>79 - 86</td>
<td>ELS/M</td>
</tr>
<tr>
<td>Large</td>
<td>89 - 97</td>
<td>ELS/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>99 - 107</td>
<td>ELS/XL</td>
</tr>
</tbody>
</table>

Depth - 24.1 cm

Sacro Lumbar Support

**Features and Benefits**
- Deep lumbar sacral support made from lightweight ventilated elastic
- Four posterior stays
- Adjustable touch and close fastening allows the patient to obtain optimum fit
- Elasticated double straps for additional support and improved fit

**Indications for Use**
- Osteoporosis
- Lower back pain
- Sciatica
- Osteoarthritis

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>69 - 76</td>
<td>DEL/S</td>
</tr>
<tr>
<td>Medium</td>
<td>79 - 86</td>
<td>DEL/M</td>
</tr>
<tr>
<td>Large</td>
<td>89 - 97</td>
<td>DEL/L</td>
</tr>
</tbody>
</table>
To fit the VENUM LSO belt correctly, please choose the desired size on the slide panel from the charts below.

**VENUM Universal LSO**

**Size Chart**

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Measurement (cm)</th>
<th>Size</th>
<th>Waist Measurement (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>Panel fully open</td>
<td>XX-Large</td>
<td>127 - 142.2</td>
</tr>
<tr>
<td>VENUM LSO belt</td>
<td>VHBELT</td>
<td>X-Large</td>
<td>106.7 - 121.9</td>
</tr>
<tr>
<td>Universal Extender Panel</td>
<td>STEXT</td>
<td>Large</td>
<td>94 - 115</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medium</td>
<td>86.4 - 101.6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Small</td>
<td>76.2 - 91.4</td>
</tr>
<tr>
<td></td>
<td></td>
<td>X-Small</td>
<td>66 - 82.3</td>
</tr>
</tbody>
</table>

**Features and Benefits**

- Double drawstring pulley closure system
- Cincher technology
- Reduced stock holding
- Cost effective
- Motion restriction of the lumbar regions L1 - L5
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic arthritic grips can be customised to patient size by extending or retracting cable length
- Made with durable, breathable, soft, hypo-allergenic materials that wick away perspiration
- Fits waist circumferences from 60cm-157.5cm; optional extender panel adds 10.25cm to circumference

**Indications for Use**

- Chronic back pain
- Degenerative, herniated or bulging disc
- Spondylolisthesis
- Spinal stenosis
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

**Spinal Plus**

**Features and Benefits**

- Spinal stenosis
- Spondylolisthesis
- Spondylolysis
- Degenerative, herniated or bulging disc
- Spinal instability
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

**Thoraco Lumbar Support**

**Features and Benefits**

- Highly ventilated elastic back panel with two removable shaped stays for increased support
- Stretch elastic cross over shoulder straps to maintain posture
- Touch and close fastening for ease of use

**Universal Cross Pectoral Brace**

**Features and Benefits**

- Spinal stenosis
- Spondylolisthesis
- Spondylolysis
- Degenerative, herniated or bulging disc
- Spinal instability
- Post-op disc surgery
- Spondylolisthesis
- Spondylolysis
- Spinal stenosis
- Facet syndrome
- Tumours or inflammation
- Post-op laminectomy

**Indications for Use**

- Lower back pain
- Osteoporosis
- Hyperkyphosis
- Juvenile osteochondrosis

- Spinal alignment
- Thoracic extension
- Thoracic stabiulisation
- Spinal alignment

**Spinal and Torso**

- Post-op laminectomy
- Facet syndrome
- Spinal stenosis
- Spondylolisthesis
- Spondylolysis
- Degenerative, herniated or bulging disc
- Spinal instability
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

**Size Chart**

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Measurement (cm)</th>
<th>Size</th>
<th>Waist Measurement (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>41 - 47</td>
<td>Medium</td>
<td>47 - 57</td>
</tr>
<tr>
<td>Large</td>
<td>54 - 61</td>
<td>X-Large</td>
<td>33 - 41</td>
</tr>
<tr>
<td>XX-Large</td>
<td>47 - 57</td>
<td>XXX-Large</td>
<td>47 - 57</td>
</tr>
</tbody>
</table>

**Spinal Plus**

**Size**

- X-Small 33 - 41
- Small 41 - 47
- Medium 47 - 57
- Large 54 - 61
- XX-Large 54 - 61
- XXX-Large 54 - 61

**Product Code**

- MT049X5
- MT049S
- MT049M
- MT049L

**Thoraco Lumbar Support**

**Size**

- Small 61 - 70
- Medium 71 - 81
- Large 82 - 93
- X-Large 94 - 104
- XX-Large 105 - 115
- XXX-Large 115 - 127

**Product Code**

- TLS/S
- TLS/M
- TLS/L
- TLS/XL
- TLS/XXL
- TLS/XXXL

**Universal Cross Pectoral Brace**

**Size**

- Universal
- Universal Cross Pectoral Brace

**Product Code**

- CROSSEP

**Oasis LSO**

**Features and Benefits**

- Oasis is our most popular bivalve spinal system and ideal for patients who require maximum support, but cannot tolerate most rigid LSO braces.
- The traction closure system provides easy compression adjustments
- Spinal stenosis
- Spondylolisthesis
- Spondylolysis
- Degenerative, herniated or bulging disc
- Spinal instability
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

**Indications for Use**

- Spinal stenosis
- Spondylolisthesis
- Spondylolysis
- Degenerative, herniated or bulging disc
- Spinal instability
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal lumbar stabilisation
- Pre or post-op disk surgery

**Size Chart**

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Measurement (cm)</th>
<th>Size</th>
<th>Waist Measurement (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>Panel fully open</td>
<td>XX-Large</td>
<td>106.7 - 121.9</td>
</tr>
<tr>
<td>VENUM LSO belt</td>
<td>VHBELT</td>
<td>X-Large</td>
<td>100 - 105</td>
</tr>
<tr>
<td>Universal Extender Panel</td>
<td>STEXT</td>
<td>Large</td>
<td>90 - 95</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medium</td>
<td>80 - 85</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Small</td>
<td>70 - 75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>X-Small</td>
<td>60 - 65</td>
</tr>
</tbody>
</table>

**Size**

- X-Small 60 - 65
- Small 70 - 75
- Medium 80 - 85
- Large 90 - 95
- X-Large 100 - 105

**Product Code**

- OALS/XS
- OALS/S
- OALS/M
- OALS/L
- OALS/XL
- OALS/XXL
- OALS/XXXL
Hyperextension Brace

Features and Benefits
- Lightweight aluminium construction
- Padded pelvic band - can be locked or free to adjust as patient changes from standing to sitting, avoiding brace shift
- Simple height and width adjustment of sternal component
- Three step auto-lock system allows for easier access
- Lightweight and hard wearing polymer hinge with no metal springs guarantees the right amount of movement between the frames and pelvic band

Indications for Use
- Immobilisation following inter-vertebral disc surgery
- Stable vertebral compression fractures of the lower thoracic and lumbar spine

<table>
<thead>
<tr>
<th>Size</th>
<th>Pelvis Circ. (cm)</th>
<th>Height of Brace (cm)*</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>50 - 60</td>
<td>30 - 37</td>
<td>MP100XS</td>
</tr>
<tr>
<td>Small</td>
<td>60 - 75</td>
<td>34 - 42</td>
<td>MP100S</td>
</tr>
<tr>
<td>Medium Short</td>
<td>75 - 90</td>
<td>34 - 41</td>
<td>MP100MS</td>
</tr>
<tr>
<td>Medium</td>
<td>75 - 90</td>
<td>36 - 46</td>
<td>MP100M</td>
</tr>
<tr>
<td>Medium Long</td>
<td>90 - 105</td>
<td>36 - 41</td>
<td>MP100ML</td>
</tr>
<tr>
<td>Large</td>
<td>90 - 105</td>
<td>36 - 46</td>
<td>MP100LS</td>
</tr>
<tr>
<td>X-Large Short</td>
<td>105 - 115</td>
<td>39 - 49</td>
<td>MP100XLS</td>
</tr>
<tr>
<td>X-Large</td>
<td>105 - 115</td>
<td>42 - 54</td>
<td>MP100XL</td>
</tr>
</tbody>
</table>

*Measured from the proximal side of the body of the sternum to the upper edge of the pubis (pubic tubercle)

SOMI Brace

Features and Benefits
- Fully adjustable cervical system providing maximum support whilst immobilising the head, includes headband for rigidity when chin plate is removed for washing, eating or dressing.

Indications for Use
- Post trauma cervical spine instability
- Rheumatoid arthritis control of extension/flexion - side flexion and rotation

<table>
<thead>
<tr>
<th>Size</th>
<th>Product Height (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>Up to 144</td>
<td>SOMI/SML</td>
</tr>
<tr>
<td>Regular</td>
<td>Over 145</td>
<td>SOMI/REG</td>
</tr>
</tbody>
</table>

Made to Measure

We can manufacture your spinal orthosis utilising the latest CAD/CAM technology which allows us to carve a mould nearly identical to your patient’s measurements or scanned image.

Each individual orthosis is fabricated to the patient’s unique measurements and your specifications, ensuring the very best fit, support, and comfort.

Please refer to page 83 for the Custom Spinal order form or contact orthoticenquiries@steepergroup.com for more information.

TLSO Soft Body Anterior M2M Cast

Custom to Measurement TLSO Bivalve (ATE version)

Custom Scoliosis Brace
VENUM Universal TLSO PPX

Features and Benefits
The VENUM TLSO PPX is the ultimate one-size-fits-all semi rigid comfort brace for the thoracic lumbar-sacral region. Primarily, this brace reduces pain, whilst providing support and immobilisation to the thoracic lumbar-sacral spine. The brace features unique anterior pads and in combination with the highly effective cincher system is designed to produce maximal intra-abdominal pressure to distract the vertebral bodies of the spine. As the brace is universal in nature, it benefits from fitting every patient type and can be stored easily where limited storage is available.

- Reduced stock holding
- Cincher technology
- Cost effective
- Step-down, streamline design
- Motion restriction of the thoracic and lumbar regions L5 - T4
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic arthritic grips can be customised to patient size by extending or retracting cable length
- Made from durable, breathable, soft, hypo-allergenic materials that wicks away perspiration
- Fits waist circumferences from 60cm – 157.5cm; optional extender panel adds 25cm to circumference

Indications for Use
- Spinal stenosis
- Spondylolisthesis
- Degenerative, herniated or bulging disc
- Spondylothesis
- Spinal stenosis
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal thoraco-lumbar stabilisation
- Pre or post-op disk surgery

VENUM Universal HYBRID TLSO

Features and Benefits
The VENUM HYBRID TLSO is the ultimate one-size-fits-all semi rigid comfort brace for the thoracic lumbar-sacral region. This brace has the ability to contour to a kyphotic-shaped spine and is more forgiving in the treatment of elderly patients who would struggle with the rigidity of a TLSO with anterior extension. Primarily, this brace reduces pain, whilst providing support and immobilisation to the thoracic lumbar-sacral spine. The brace features unique anterior pads and in combination with highly effective cincher system is designed to produce maximal intra-abdominal pressure to distract the vertebral bodies of the spine. As the brace is universal in nature, it benefits from fitting every patient type and can be stored easily where limited storage is available.

- Reduced stock holding
- Cincher technology
- Cost effective
- Step-down design
- Streamline design
- Mechanically advanced single or dual compression closure system provides a 6:1 pull ratio
- Posterior panel is available in independent or central support panel designs which creates a natural support system for the spine that can be customised to provide the perfect fit
- Ergonomic arthritic grips can be customised to patient size by extending or retracting cable length
- Made from durable, breathable, soft, hypo-allergenic materials that wicks away perspiration
- Fits waist circumferences from 60cm – 157.5cm, optional extender panel adds 25cm to circumference

Indications for Use
- Chronic back pain
- Kyphosis
- Osteoporosis or osteoporotic fractures
- Degenerative, herniated or bulging disc
- Spondylothesis
- Spinal stenosis
- Facet syndrome
- Tumours
- Spinal instability
- Burst Fx
- Pre or post-op spinal thoraco-lumbar stabilisation
- Pre or post-op disk surgery

Oasis TLSO

Features and Benefits
Oasis is our most popular bivalve spinal system and ideal for patients who require maximum support, but cannot tolerate most rigid LSO braces. Revolutionary spacer fabric offers increased breathability, heat and moisture removal, less bulk and longer life span than tri laminates.

The Oasis TLSO and TLSO LP 3 Panel DLK includes a Dorsal Lumbar Kit (DLK) with Sternal Panel to prevent forward flexion. Effective within T4 - SI.

Indications for Use
- Burst Fx
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Spondylothesis
- Kyphosis
- Laminectomy

Model wearing SPK version shown adjacent. (SPX ATE version fitted to the Edge model shown on next page)

To fit the VENUM TLSO PPX and the VENUM HYBRID TLSO correctly, please choose the desired size on the slide panel from the charts below. Note: the anterior side needs to be set at one size larger to allow for anterior attachment.

Available in SPK & PPK versions, other versions available to order.

To order contact orthoticenquiries@steepergroup.com
Features and Benefits
- A rigid spinal system designed to provide patients with maximum stability and support
- Edge restricts and controls unwanted motion while providing intracavitary pressure to unload the intervertebral discs
- Combines rigid anterior and posterior polymer shells with removable soft padding
- The back panel has built-in reinforcement and a spinal relief opening
- The soft padding keeps patients dry and comfortable by wicking away moisture
- Ideal for geriatric and other patients who tend to suffer from skin breakdown or sores, yet require maximum support
- The Edge spinal system provides superior stabilisation and support that patients need with ultimate comfort
- Flexibility of closing mechanism ensures an excellent fit across various body shapes
- Effective within T4 - S1

Indications for Use
- Burst Fx
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Kyphosis
- Laminectomy
- Paraplegia
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Rheumatoid arthritis
- Osteoarthritis
- Post-op
- Osteoporosis

Features and Benefits
- Providing gentle, firm support to alleviate lumbar pain
- Lift and back support can be controlled independently, soft elasticated insets and shaping provide comfort
- Easy and inconspicuous to wear under most clothing
- Support expands to accommodate growth during various stages of pregnancy

Indications for Use
- Abdominal support
- Lower back pain

Spine and Torso

Edge TLSO

Features and Benefits
- A rigid spinal system designed to provide patients with maximum stability and support
- Edge restricts and controls unwanted motion while providing intracavitary pressure to unload the intervertebral discs
- Combines rigid anterior and posterior polymer shells with removable soft padding
- The back panel has built-in reinforcement and a spinal relief opening
- The soft padding keeps patients dry and comfortable by wicking away moisture
- Ideal for geriatric and other patients who tend to suffer from skin breakdown or sores, yet require maximum support
- The Edge spinal system provides superior stabilisation and support that patients need with ultimate comfort
- Flexibility of closing mechanism ensures an excellent fit across various body shapes
- Effective within T4 - S1

Indications for Use
- Burst Fx
- Chronic back pain
- Compression fracture
- Degenerative, herniated or bulging disc
- Kyphosis
- Laminectomy
- Paraplegia
- Spondylolysis
- Spondylolisthesis
- Spinal stenosis
- Rheumatoid arthritis
- Osteoarthritis
- Post-op
- Osteoporosis

Standard Maternity Support

Features and Benefits
- Providing gentle, firm support to alleviate lumbar pain
- Lift and back support can be controlled independently, soft elasticated insets and shaping provide comfort
- Easy and inconspicuous to wear under most clothing
- Support expands to accommodate growth during various stages of pregnancy

Indications for Use
- Abdominal support
- Lower back pain

Low Profile Maternity Support

Features and Benefits
- Low profile design for improved comfort, especially when sitting
- Shaped posterior section to improve the fit around sacral area
- Easy and inconspicuous to wear under most clothing

Indications for Use
- Lower back pain

Note: Made to Measure is available, please contact orthoticenquiries@steepergroup.com for more information.
Indications for Use
- Clavicle fracture
- Mild kyphosis

Features and Benefits
- Padded straps cross in a figure of eight to provide secure fit and alignment of clavicle fractures.
- Shoulder blade fracture
- Follow-up treatment in injuries to the rotator cuff
- Shoulder bursitis
- Post-operative treatment

OMO HIT

Front Closure Clavicle Support

Features and Benefits
- Stabilisation of shoulder
- No stretching in shoulder-neck region
- Secure fixing of arm
- Early functional follow-up treatment eases post-operative physiotherapy
- Anatomically contoured support with silicone insert for friction massage on the musculofascial trigger points
- Cold/hot pad to reduce pain and oedema
- Auxillary freedom allows easy body hygiene and increased comfort when wearing

Indications for Use
- Follow-up treatment after shoulder luxation, shoulder sub-luxation
- Sprain, contusion
- Fixing of various upper arm fractures

Universal Comfort Shoulder Immobiliser

Features and Benefits
- Effective immobilisation from body swathe
- Sling and humeral retaining band
- Comfortable materials
- Universal size and left/right application
- Universal sizing to reduce stock holding

Indications for Use
- Post rotator cuff injury
- Stabilised fractures
- Shoulder dislocation
- Post op immobilisation

Universal High Arm Sling

Features and Benefits
- Lightweight breathable mesh
- Touch and close strap fastening

Indications for Use
- Forearm, elbow and arm immobilisation

Cotton Arm Sling

Features and Benefits
Durable cotton sling with soft padded D-ring adjustment strap

Indications for Use
- Forearm, elbow and arm immobilisation

Universal Sling

Features and Benefits
- Stabilisation of shoulder
- No stretching in shoulder-neck region
- Secure fixing of arm
- Early functional follow-up treatment eases post-operative physiotherapy
- Anatomically contoured support with silicone insert for friction massage on the musculofascial trigger points
- Cold/hot pad to reduce pain and oedema
- Auxillary freedom allows easy body hygiene and increased comfort when wearing

Indications for Use
- Clavicle fracture
- Mild kyphosis

Features and Benefits
- Padded straps cross in a figure of eight to provide secure fit and alignment of clavicle fractures.
- Shoulder blade fracture
- Follow-up treatment in injuries to the rotator cuff
- Shoulder bursitis
- Post-operative treatment

Subluxation Cuff

Size Chest Circ. (cm) Product Code Left Product Code Right
Small < 92 07262/SL 07262/SLR
Medium 92 - 102 07262/ML 07262/MR
Large 102 - 115 07262/LL 07262/LR
X-Large 115 + 07262/XLL 07262/XLR

Size Chest Circ. (cm) Product Code
X-Small 51 - 61 205032
Small 61 - 76 205033
Medium 76 - 91 205035
Large 91 - 107 205037
X-Large 107 - 122 205038
XX-Large 122 - 137 205039

Size Mid Upper Arm Circ. (cm) Product Code
Small 22 - 27 SLC/S
Medium 27 - 31 SLC/M
Large 31 - 35 SLC/L
X-Large 35 - 40 SLC/XL

Size Forearm Length (cm) Product Code
Small Up to 33 COS-S
Medium 33 - 37 COS-M
Large 37+ COS-L

Size Product Code
Universal 0860

Size Product Code
Universal 23-4100
**Sling and Swathe**

*Features and Benefits*
- Features high profile sling designed to encompass the elbow and swathe with contact closure
- Manufactured from seamless, lightweight, durable material

*Indications for Use*
- Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery, or other shoulder related injuries

<table>
<thead>
<tr>
<th>Size</th>
<th>Forearm Length (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>Up to 22.5</td>
<td>23-4401</td>
</tr>
<tr>
<td>Medium</td>
<td>22.5 - 25</td>
<td>23-4402</td>
</tr>
<tr>
<td>Large</td>
<td>25 - 30</td>
<td>23-4403</td>
</tr>
<tr>
<td>X-Large</td>
<td>30 - 35</td>
<td>23-4404</td>
</tr>
</tbody>
</table>

**Tennis Elbow Sleeve**

*Features and Benefits*
- This Coolmax pull sleeve has a positive effect on maintaining bodycare temperature - Coolmax is fast drying, breathable and resists fading, shrinking and wrinkling
- The strap allows control of compression for maximum effect and pain relief

*Material: Coolmax®*

*Indications for Use*
- Medial and lateral epicondylitis

<table>
<thead>
<tr>
<th>Size</th>
<th>Elbow Joint Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>20.5 - 23</td>
<td>TES/CX/BE/S</td>
</tr>
<tr>
<td>Medium</td>
<td>23 - 25.5</td>
<td>TES/CX/BE/M</td>
</tr>
<tr>
<td>Large</td>
<td>25.5 - 28</td>
<td>TES/CX/BE/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>28 - 31</td>
<td>TES/CX/BE/XL</td>
</tr>
</tbody>
</table>

**Tennis Elbow Band**

*Features and Benefits*
- Relief of tennis elbow or golfer’s elbow
- The compression can be applied to medial or lateral epicondyles
- Universal left/right application

*Indications for Use*
- Medial and lateral epicondylitis

<table>
<thead>
<tr>
<th>Size</th>
<th>Forearm Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>24 - 25</td>
<td>EPI/S</td>
</tr>
<tr>
<td>Medium</td>
<td>26 - 27</td>
<td>EPI/M</td>
</tr>
<tr>
<td>Large</td>
<td>28 - 30</td>
<td>EPI/L</td>
</tr>
</tbody>
</table>

**Hinged Elbow Sleeve**

*Features and Benefits*
- Metal hinges limit medial and lateral movement and restrict hyperextension
- Universal left/right application

*Material: Coolmax®*

*Indications for Use*
- Bursitis
- Osteoarthritis
- Tendonitis
- Rheumatoid arthritis
- Joint inflammation

<table>
<thead>
<tr>
<th>Size</th>
<th>Elbow Joint Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>23 - 25.5</td>
<td>HES/BX/BE/S</td>
</tr>
<tr>
<td>Medium</td>
<td>25.5 - 28</td>
<td>HES/BX/BE/M</td>
</tr>
<tr>
<td>Large</td>
<td>28 - 30.5</td>
<td>HES/BX/BE/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>30.5 - 33</td>
<td>HES/BX/BE/XL</td>
</tr>
</tbody>
</table>

**ROM Elbow Brace**

*Features and Benefits*
- Soft foam wraps
- ROM hinge for setting flexion/extension
- Touch and close fastening, also supplied with soft padded arm sling

*Indications for Use*
- Elbow contracture management
- Post-op elbow flexion/extension control

<table>
<thead>
<tr>
<th>Size</th>
<th>Elbow Joint Circ. (cm)</th>
<th>Length (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small/Medium</td>
<td>23 - 31</td>
<td>39</td>
<td>REB/S-M</td>
</tr>
<tr>
<td>Large/X-Large</td>
<td>32 - 40</td>
<td>39</td>
<td>REB/L-XL</td>
</tr>
</tbody>
</table>

**Arm and Shoulder**

*Indications for Use*
- Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery, or other shoulder related injuries

<table>
<thead>
<tr>
<th>Size/Medium</th>
<th>Elbow Joint Circ. (cm)</th>
<th>Length (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small/Medium</td>
<td>23 - 31</td>
<td>39</td>
<td>REB/S-M</td>
</tr>
<tr>
<td>Large/X-Large</td>
<td>32 - 40</td>
<td>39</td>
<td>REB/L-XL</td>
</tr>
</tbody>
</table>
Wrist and Hand
Wrist and Hand

Universal Palm Protector

Features and Benefits
- Fleece-lined, lightweight palm cover
- Designed to allow full finger movement whilst reducing finger contractures and skin damage/breakdown in the palmar region
- The Universal Palm Cover is easily laundered and is easily applied using hook and loop fastening straps

Indications for Use
- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

<table>
<thead>
<tr>
<th>Size</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>PPL</td>
<td>PPR</td>
</tr>
</tbody>
</table>

Hand Positioning Brace

Features and Benefits
- Hand positioning brace that supports the fingers, thumb and wrist in functional and/or resting position
- Removable/washable cover
- Simple hook and loop closures
- Designed for limited function and comfort

Indications for Use
- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

Material: Synthetic lambs wool

Size | Palm Width (cm) | Length (cm) | Product Code Left | Product Code Right |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>6 - 7.5</td>
<td>28</td>
<td>HPB/S/L</td>
<td>HPB/S/R</td>
</tr>
<tr>
<td>Medium</td>
<td>7.5 - 9.0</td>
<td>29</td>
<td>HPB/M/L</td>
<td>HPB/M/R</td>
</tr>
<tr>
<td>Large</td>
<td>9.0 - 11</td>
<td>33</td>
<td>HPB/L/L</td>
<td>HPB/L/R</td>
</tr>
</tbody>
</table>

Comfyprene Contour Hand Orthosis

Features and Benefits
- The Comfyprene Contour Hand Orthosis has unique side flaps that hold the wrist in place allowing for full hand contouring
- C-bar and thumb support with included strap
- 4 straps come as standard
- Unique butterfly designed side straps hold wrist and forearm in place
- Contours the whole hand, wrist and forearm
- Instead of removable terrycloth covers, the Comfyprene splint inserts are covered with soft neoprene and headliner material, which creates a slim profile for everyday comfort
- Splints are adjustable and re-adjustable using the Comfy™ patented reinforced spine
- Straps may be positioned anywhere on the splint for optimal fit

Indications for Use
- Use after sports injuries
- Removal of casts
- Sports medicine
- Arthritic patient’s support of the weakened extremity

Size | Wrist to Tip of Middle Finger (cm) | Total Length (cm) | Product Code Left | Product Code Right |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>17.8 +</td>
<td>27.9</td>
<td>HCO-101-CP-LB-LT</td>
<td>HCO-101-CP-LB-RT</td>
</tr>
</tbody>
</table>

Comfy Hand-Wrist Finger Orthosis

Features and Benefits
- Provides support and positioning for the weak or deformed wrist, hand or fingers
- Serves as an excellent resting splint to prevent trauma to joints and positions to increase ROM
- Side wings prevent ulnar and radial deviation
- Arm cuffs easily adjust to width of arm
- Excellent resting splint to prevent trauma to joints and increases ROM
- Terrycloth
- Headliner
- Ambidextrous
- Paediatric sizing

Indications for Use
- Flaccid drop wrist
- Repetitive strain injury
- Rheumatoid arthritis
- Carpal tunnel syndrome

Size | Wrist to Tip of Middle Finger (cm) | Total Length (cm) | Product Code |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>15.2 - 17.8</td>
<td>27.9</td>
<td>H101-AS</td>
</tr>
<tr>
<td>Medium</td>
<td>17.8 - 20.3</td>
<td>31.8</td>
<td>H101-AM</td>
</tr>
<tr>
<td>Large</td>
<td>20.3 +</td>
<td>34.3</td>
<td>H101-AL</td>
</tr>
<tr>
<td>Add finger separators - FS! Paediatric sizes also available - see page 86</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Basic Hand Positioning Brace

Features and Benefits
- Hand positioning brace that supports the fingers, thumb and wrist in functional and/or resting position
- Removable/washable cover

Indications for Use
- Post surgery/injury positioning
- Hypertonic contractures
- Rheumatoid arthritis

Size | Palm Width (cm) | Length (cm) | Product Code Left | Product Code Right |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>6 - 7.5</td>
<td>28</td>
<td>BHPS/S/L</td>
<td>BHPS/S/R</td>
</tr>
<tr>
<td>Medium</td>
<td>7.5 - 9.0</td>
<td>29</td>
<td>BHPS/M/L</td>
<td>BHPS/M/R</td>
</tr>
<tr>
<td>Large</td>
<td>9.0 - 11</td>
<td>33</td>
<td>BHPS/L/L</td>
<td>BHPS/L/R</td>
</tr>
</tbody>
</table>
Comfy Air Hand Orthosis

Features and Benefits
• The Comfy Air Hand Orthosis is an exceptionally useful splint for the severely contracted hand.
• It has an adjustable air bladder that allows gradual extension of the MP, DIP, and PIP joints, as well as an adjustable wrist for customised fit.
• Ingeniously designed by a therapist, one simply inserts the un-fitted splint with the bladder under the fingers and then pumps air to inflate the bladder and increase finger extension. (Headliner material only.)
• Ambidextrous

Indications for Use
• Ideal for the severely contracted hand
• Inflatable air bladder allows for gradual MP, DIP and PIP joint extension
• Adjustable wrist
• Provides low pressure stretch therapy
• Hand air bladder can be used separately without full orthosis as needed
• Can fit into even the most tightly clenched hand

Short Wrist Brace

Features and Benefits
Standard single compression one-piece wrist brace provides good conformity around the wrist and hand.

Indications for Use
• Flaccid drop wrist
• Repetitive strain injury
• Rheumatoid arthritis
• Carpal tunnel syndrome

Material: Neoprene

Long Wrist Brace

Features and Benefits
• Longer two-piece design giving support and comfort for continuous use
• Shape allows increased finger mobility and minimal thumb web discomfort
• Fully bound edges

Indications for Use
• Flaccid drop wrist
• Rheumatoid arthritis
• Ulnar and radial stability

Material: Coolmax®

Thumb Spica - Neoprene

Features and Benefits
Neoprene thumb spica featuring a removable flexible stay which restricts movement at the CMC and MCP joints, leaving the IP joint free.

Indications for Use
• CMC joint arthritis
• CMC instability
• Tendinitis
• Pain associated with repetitive motion
• Osteoarthritis
• Painful/unstable 1st MCP joint
• Rheumatoid arthritis
• Thumb strains
• Sprains and post-cast removal

*Elastic also available, please contact Customer Services.
Wrist and Hand

**Polypropylene Thumb Brace**

**Features and Benefits**
- Anatomically designed to provide comfortable and secure immobilisation of the thumb while preserving mobility of the other fingers and wrist.
  - DeQuervain's Syndrome
  - Gamer's thumb
  - Tendonitis
  - Thumb strains
  - Sprains and post-cast removal

Manufactured from ultra-thin, rigid polyethylene with contact closure; includes two stockinette undersleeves.

**Indications for Use**
- DeQuervain's Syndrome
- Gamer's thumb
- Tendonitis
- Thumb strains
- Sprains and post-cast removal

**Size**
- Small: 15.2 - 17.8
- Medium: 17.8 - 20.3
- Large: 20.3 - 23
- X-Large: 23 - 25

**Product Code**
- Left: 37-5001
- Right: 37-5002

**CMC Brace**

**Features and Benefits**
- Support for the thumb CMC joint in the treatment of osteoarthritis and medial subluxation. The shaped strap wraps around the thumb CMC joint and the first metacarpal for targeted CMC joint support.
  - CMC joint arthritis
  - CMC instability
  - Pain associated with repetitive motion

**Indications for Use**
- CMC joint arthritis
- CMC instability
- Pain associated with repetitive motion

**Material**: Neoprene

**Size**
- X-Small: 11.5 - 13.5
- Small: 13.6 - 15.5
- Medium: 15.6 - 17.5
- Large: 17.6 - 20
- X-Large: 20.1 - 22.5

**Product Code**
- Left: CMC/XSL
- Right: CMC/XSR

**Wrist and Thumb Spica - Neoprene**

**Features and Benefits**
- Two-piece dual compression with malleable aluminium thumb splint to hold thumb in abduction
- 5cm wide elasticated strap

**Indications for Use**
- Osteoarthritis
- Painful/unstable 1st mcp joint
- Rheumatoid arthritis

**Material**: Neoprene

**Size**
- X-Small: 10 - 12.5
- Small: 12.6 - 15
- Medium: 15 - 17.5
- Large: 17.6 - 20
- X-Large: 20.1 - 22.5

**Product Code**
- Left: WTB/CX/BE/XS/L
- Right: WTB/CX/BE/XS/R

**Wrist and Thumb Spica**

**Features and Benefits**
- Anatomically designed to provide comfortable and secure immobilisation of the thumb while preserving mobility of the other fingers and wrist.
  - Hook and loop fastening

**Indications for Use**
- Gamekeeper's thumb
- Post-cast healing
- Soft tissue injuries
- Selective scaphoid injuries

**Material**: Neoprene

**Size**
- X-Small: 10 - 12.5
- Small: 12.6 - 15
- Medium: 15 - 17.5
- Large: 17.6 - 20
- X-Large: 20.1 - 22.5

**Product Code**
- Left: WTB/CX/BE/XS/L
- Right: WTB/CX/BE/XS/R

---

To order contact orthoticenquiries@steepergroup.com
Hip and Knee
Universal VENUM Hip Brace

Features and Benefits
The one-size-fits-all VENUM Soft Hip Abduction brace incorporates the most advanced technology and materials. A revolutionary soft hip management system for patients of all different shapes and sizes providing maximum comfort and support. The LSO part of the brace operates utilising a cincher system to maximise control. The belt thigh cuff and hinge adjust to fit the dimension of most patients. The brace applies a dynamic abduction force, so that the femoral head remains in the socket.

- Universal design
- Cincher technology
- Size indicator displays belt size to ensure correct and comfortable fitting
- Joint with adjustable abduction/adduction/flexion/extension
- Single or double-pull cable pulley system
- Stock reduction, saves money and space
- Materials are comfortable, breathable, soft, wick-away perspiration and are durable and resilient
- Waist circumference range: 60cm – 157.5cm
- Extender panel adds an additional 25cm (sold separately)
- Ergonomic artistic grips can be customised to patient size

Indications for Use
- For patients at risk of hip dislocation, suitable for all levels of instability

Material: 30% Polyurethane 70% Polyamide

Size | Description | Product Code
--- | --- | ---
Universal VENUM Soft Hip Abduction Brace | VHHIPABD | TLPCHPNTLG
Universal Long Joint* |

VENUM Universal Hip Brace Size Chart

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Measurement (cm)</th>
<th>Size</th>
<th>Waist Measurement (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>60 - 65</td>
<td>X-Small</td>
<td>65 - 70</td>
</tr>
<tr>
<td>Small</td>
<td>70 - 75</td>
<td>Small/Medium</td>
<td>75 - 80</td>
</tr>
<tr>
<td>Medium</td>
<td>80 - 85</td>
<td>Large/X-Large</td>
<td>85 - 90</td>
</tr>
<tr>
<td>Large</td>
<td>90 - 95</td>
<td>X-Large/2X-Large</td>
<td>90 - 105</td>
</tr>
<tr>
<td>X-Large</td>
<td>100 - 105</td>
<td>2X-Large/3X-Large</td>
<td>105 - 115</td>
</tr>
<tr>
<td>2X-Large</td>
<td>110 - 115</td>
<td>3X-Large/4X-Large</td>
<td>115 - 120</td>
</tr>
<tr>
<td>3X-Large</td>
<td>120 - 125</td>
<td>4X-Large/5X-Large</td>
<td>125 - 130</td>
</tr>
<tr>
<td>4X-Large</td>
<td>130 - 135</td>
<td>5X-Large</td>
<td>135 - 142</td>
</tr>
<tr>
<td>5X-Large</td>
<td>140 - 149</td>
<td>Add extender panel</td>
<td>142.5 - 157.5</td>
</tr>
</tbody>
</table>

Panel fully open 142.5 – 157.5

To fit the VENUM Hip Brace correctly, please choose the desired size on the slide panel from the chart.

Escort Hip Brace

Features and Benefits
- A lightweight patient friendly brace using the latest in hip joint technology
- The joint system abducts the leg only during flexion allowing a normal gait
- The pelvic section is designed to fit just below the iliac crest, eliminating impingement on the rib cage whilst seated
- The thigh section is a two-piece medial/lateral design that allows for maximum adjustability and positive purchase on the leg

Indications for Use
- Functional and affective support in the treatment of various hip pathologies

Size | Waist Size (cm) | Thigh Circ. (cm) | Product Code Left | Product Code Right
--- | --- | --- | --- | ---
Small | 66 - 81 | 43 - 53 | HIP-ES-SL | HIP-ES-SR |
Medium | 81 - 97 | 51 - 61 | HIP-ES-ML | HIP-ES-MR |
Large | 97 - 112 | 58 - 69 | HIP-ES-LL | HIP-ES-LR |
X-Large | 112 - 127 | 66 - 76 | HIP-ES-XLL | HIP-ES-XLR |

Arthritic Knee Sleeve

Features and Benefits
- Simple knee sleeve
- Pull on design, elasticated for easy use of donning
- Provides compression and warmth for painful joints
- Posterior shaping eradicates bunching in popliteal area

Indications for Use
- Arthritis

Size | Knee Circ. (cm) | Product Code
--- | --- | ---
Small | 23 - 26 | 803/AKS |
Medium | 26 - 29 | 805/AKS |
Large | 29 - 32 | 807/AKS |
X-Large | 32 - 35 | 808/AKS |
XX-Large | 35 - 39 | 809/AKS |

Standard Knee Brace

Features and Benefits
- The front opening design allows easy application for the arthritic or elderly
- Metal side hinges provide medial/lateral stability while allowing flexion
- Opposing fastenings for upper and lower touch and close straps counter rotation and allow correct fitting
- Removable hinges
- Universal left/right application

Indications for Use
- Medio lateral stability
- Osteoarthritis
- Rheumatoid arthritis

Material: Airprene

Size | Knee Circ. (cm) | Product Code
--- | --- | ---
X-Small | 24 - 28 | SKB/CX/BE/RS |
Small | 28 - 34 | SKB/CX/BE/S |
Medium | 34 - 39 | SKB/CX/BE/M |
Large | 39 - 44 | SKB/CX/BE/L |
X-Large | 44 - 49 | SKB/CX/BE/XL |
Long Knee Brace

Features and Benefits
• Longer version of the standard knee brace (40cm) provides greater medial/lateral support and support for the varus/valgus knee
• Universal left/right application

Indications for Use
• Medio lateral stability and patella control osteoarthritis
• Osteoarthritis
• Rheumatoid arthritis

Material: Airprene

<table>
<thead>
<tr>
<th>Size</th>
<th>Knee Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>27 - 35.5</td>
<td>LKBB/CX/BE/S</td>
</tr>
<tr>
<td>Medium</td>
<td>33 - 40.5</td>
<td>LKBB/CX/BE/M</td>
</tr>
<tr>
<td>Large</td>
<td>38 - 45.5</td>
<td>LKBB/CX/BE/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>43 - 55.5</td>
<td>LKBB/CX/BE/XL</td>
</tr>
</tbody>
</table>

Standard Universal ROM Knee Brace

Features and Benefits
• Open four panel design
• Easily adjustable ROM hinges for setting flexion/extension
• Touch and close fastening
• Universal sizing to reduce stock holding

Indications for Use
• Post-op immobilisation of the knee
• Unstable knee
• Limitation of knee movement

Material: Airprene

<table>
<thead>
<tr>
<th>Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>ROM/L/U</td>
</tr>
</tbody>
</table>

Contender Universal Post-op Knee Brace

Features and Benefits
• The Contender™ Post-op Knee Brace features butterfly padding to prevent migration
• With an adjustable length from 57-69cm, the fully adjustable Range of Motion (ROM) knee mechanism has a Drop-Lock system that can fix the joint at 0°, 15°, 20°, 30° and 45°
• Universal sizing to reduce stock holding
• Easy ‘Slide & Set’ ROM settings:
  • Flexion settings: 0°, 10°, 20°, 30°, 45°, 60°, 75°, 90°, 105°, 120°
  • Extension settings: 0°, 10°, 20°, 30°, 45°, 60°, 75°, 90°
• Compliance ROM protection – easy-fit plastic ties supplied to prevent altering prescribed ROM settings
• Telescopic push-button adjustment mechanism with ability to reposition above and below knee pads
• Full adjustable soft circumferential straps with return buckles and non-slip foam wraps for excellent patient comfort and fit

Indications for Use
• Improved joint function
• Post-operative knee
• Limitation of knee movement

Material: Airprene

<table>
<thead>
<tr>
<th>Size</th>
<th>Product Code</th>
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</thead>
<tbody>
<tr>
<td>Universal</td>
<td>57260</td>
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</tbody>
</table>

Stabilised Knee Sleeve

Features and Benefits
• Incorporates medial and lateral flexible spiral stays for enhanced medial/lateral stability
• Provides compression and support
• Touch and close straps for improved fit
• Universal left/right application

Indications for Use
• Medio lateral stability and patella control knee instability
• Post-op rehabilitation
• Strains/sprains
• Bursting
• Tendinitis osteoarthritis
• Rheumatoid arthritis
• Osteoarthritis

Material: Airprene

<table>
<thead>
<tr>
<th>Size</th>
<th>Knee Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>22 - 28</td>
<td>SKS/CX/BE/XS</td>
</tr>
<tr>
<td>Small</td>
<td>28 - 34</td>
<td>SKS/CX/BE/S</td>
</tr>
<tr>
<td>Medium</td>
<td>34 - 39</td>
<td>SKS/CX/BE/M</td>
</tr>
<tr>
<td>Large</td>
<td>39 - 44</td>
<td>SKS/CX/BE/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>44 - 49</td>
<td>SKS/CX/BE/XL</td>
</tr>
<tr>
<td>XX-Large</td>
<td>49 - 56</td>
<td>SKS/CX/BE/XXL</td>
</tr>
</tbody>
</table>

Deluxe Knee Immobiliser

Features and Benefits
• Lightweight three panel design with easy application due to removable side panels
• Malleable steels for contouring to the patient
• Universal left/right application

Indications for Use
• Post trauma immobilisation
• Post-op immobilisation

Length (cm) | Product Code |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>35</td>
<td>DKL/350</td>
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<tr>
<td>40</td>
<td>DKL/400</td>
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<tr>
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<td>DKL/550</td>
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<tr>
<td>60</td>
<td>DKL/600</td>
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<table>
<thead>
<tr>
<th>Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>75-7500</td>
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</tbody>
</table>
Ankle Sleeve Plus

Features and Benefits
- Two-strap fastening for ease of application allows support to strap on like a sock
- Universal left/right application

Indications for Use
- Unstable ankle
- Ligamentous laxity
- Inversion/eversion injury

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
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</thead>
<tbody>
<tr>
<td>Small</td>
<td>5 - 6</td>
<td>ASP/CX/BE/S</td>
</tr>
<tr>
<td>Medium</td>
<td>7 - 8</td>
<td>ASP/CX/BE/M</td>
</tr>
<tr>
<td>Large</td>
<td>9 - 10</td>
<td>ASP/CX/BE/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>11 - 12</td>
<td>ASP/CX/BE/XL</td>
</tr>
</tbody>
</table>

Ankle Stabiliser

Features and Benefits
- Strong padded support with a lace up front
- Universal left/right application

Indications for Use
- Unstable ankle
- Ligamentous laxity
- Inversion/eversion injury

Note: Does not come with plastic supports

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>5 - 6</td>
<td>AST/3</td>
</tr>
<tr>
<td>Medium</td>
<td>7 - 8</td>
<td>AST/M</td>
</tr>
<tr>
<td>Large</td>
<td>9 - 10</td>
<td>AST/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>11 - 12</td>
<td>AST/XL</td>
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</tbody>
</table>

Easy Sport Ankle Brace

Features and Benefits
- Lace up design provides an adjustable fit ankle control and an elasticated lining gives improved comfort
- Elasticated figure 8 straps limit excessive levels of ankle inversion and eversion allowing safe mobilisation and pain reduction

Indications for Use
- Acute soft tissue injuries
- Lateral ligament injury
- Mediolateral ankle instability
- Rheumatoid arthritis
- Osteoarthritis

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>6 - 9</td>
<td>KAB/SML</td>
</tr>
<tr>
<td>Medium</td>
<td>9 - 11</td>
<td>KAB/MED</td>
</tr>
<tr>
<td>Large</td>
<td>11 - 13</td>
<td>KAB/LRG</td>
</tr>
</tbody>
</table>

Air-Gel Universal Ankle Brace

Features and Benefits
- Two shaped plastic medial and lateral ankle supports attached by a supporting stirrup, air/gel liner bags can be used for hot/cold therapy fitting
- Universal left/right application
- Universal sizing to reduce stock holding

Indications for Use
- Acute soft tissue injury
- Lateral ligament injury/instability
- Mediolateral ankle instability
- Rheumatoid arthritis
- Osteoarthritis

<table>
<thead>
<tr>
<th>Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>AGA</td>
</tr>
</tbody>
</table>

Swedish Type Lightweight AFO

Features and Benefits
- Heat mouldable splint providing dorsiflexion assistance and lateral stability for ankle/foot area
- Easily trimmed and low profile with open heel to fit into a shoe easily
- Wide calf strap with touch/close fastening
- Removable/washable padding for comfort and hygiene

Indications for Use
- Flaccid foot drop after neurological impairment

<table>
<thead>
<tr>
<th>Size</th>
<th>Heel-Calf Height (cm)</th>
<th>Footplate Length (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>29</td>
<td>23</td>
<td>AFO-1S-L</td>
<td>AFO-1S-R</td>
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<tr>
<td>Medium</td>
<td>31</td>
<td>24.5</td>
<td>AFO-2M-L</td>
<td>AFO-2M-R</td>
</tr>
<tr>
<td>Large</td>
<td>33</td>
<td>26</td>
<td>AFO-3L-L</td>
<td>AFO-3L-R</td>
</tr>
<tr>
<td>X-Large</td>
<td>35</td>
<td>28</td>
<td>AFO-4XL-L</td>
<td>AFO-4XL-R</td>
</tr>
</tbody>
</table>

Swedish Type Lightweight AFO - Carbon Reinforced

Features and Benefits
- Heat mouldable splint providing dorsiflexion assistance
- Easily trimmed with low profile and open heel to fit into a shoe easily
- Wide calf strap with touch and close fastening and removable/washable padding for comfort and hygiene

Indications for Use
- Flaccid foot drop after neurological impairment

<table>
<thead>
<tr>
<th>Size</th>
<th>Heel-Calf Height (cm)</th>
<th>Footplate Length (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>29</td>
<td>23</td>
<td>AFO-1S-LC</td>
<td>AFO-1S-RC</td>
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<tr>
<td>Medium</td>
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<td>AFO-2M-LC</td>
<td>AFO-2M-RC</td>
</tr>
<tr>
<td>Large</td>
<td>33</td>
<td>26</td>
<td>AFO-3L-LC</td>
<td>AFO-3L-RC</td>
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<tr>
<td>X-Large</td>
<td>35</td>
<td>28</td>
<td>AFO-4XL-LC</td>
<td>AFO-4XL-RC</td>
</tr>
</tbody>
</table>

Note: Does not come with plastic supports
## Leaf Spring Orthosis

### Features and Benefits
- Heat mouldable splint providing dorsiflexion assistance and limited plantar flexion
- Easily trimmed to fit into a shoe and with padded touch and close fastening
- 3/4 and full foot versions are available

### Indications for Use
- Flaccid foot drop

### Dynamic AFO

### Features and Benefits
- The Dynamic Walk is a dynamic foot lifting AFO made of a lightweight carbon fibre composite and double sided peak rods that provide high strength and flexibility.
- This unique design allows patients to drive and climb stairs since it provides stable, free movement and constant lifting of the foot.
- The open heel construction and slim foot design allows the AFO to fit easily into normal shoes.
- Standard sizes below. Wide ankle also available, contact Customer Services for details.

### Indications for Use
- Flaccid foot drop

## ToeOFF® 2.0 Splint

### Features and Benefits
- The ToeOFF 2.0 is the updated version of the ToeOFF Original
- Lightweight, carbon reinforced rehabilitation orthosis that absorbs force on heel strike
- Worn at the anterior side of the leg, bridging the ankle and preventing plantar flexion
- SoftKIT 2.0 comprises padding shaped precisely to fit the orthosis and comes supplied with two tibia pads
- ComfortKIT 2.0 comprises thicker padding, designed for the more sensitive skin, fits the orthosis precisely

### Indications for Use
- Mild to severe footdrop
- Mild to moderate ankle instability
- Impaired knee control

### Note:
For ToeOFF Original please contact Customer Services.

## BlueROCKER™ 2.0

### Features and Benefits
- BlueROCKER 2.0 is identical in shape to the ToeOFF 2.0 but offers more rigid orthotic control
- Developed primarily for bilateral patients and those with more involved pathologies
- The extra stability will improve both balance and posture and give the wearer greater security, especially individuals with weak quadricep muscles
- Usually the preferred orthosis to be used in conjunction with a socket and toe filler for management of partial foot amputations
- SoftKIT 2.0 comprises padding shaped to precisely fit the orthosis and comes supplied with two tibia pads
- ComfortKIT 2.0 comprises thicker padding, designed for the more sensitive skin, fits the orthosis precisely

### Indications for Use
- Footdrop
- Weakness or impairment in multiple leg muscle groups

### Note:
For BlueROCKER Original please contact Customer Services.
Ankle and Foot

**Neurodyn - Foot Lift Orthosis**

**Features and Benefits**
- Fabric orthosis for dynamic compensation of flaccid paralysis
- Orthopaedic rehabilitation should compensate for lost functionality without hindering remaining functions
- Dynamics instead of rigid splints - comfort instead of pressure

**Indications for Use**
- Flaccid paralysis

**Size**

<table>
<thead>
<tr>
<th>Circ. of leg above ankle (cm)</th>
<th>Black</th>
<th>Beige</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 &lt; 19</td>
<td>070771/L</td>
<td>070771/R</td>
</tr>
<tr>
<td>2 19 - 21</td>
<td>070772/L</td>
<td>070772/R</td>
</tr>
<tr>
<td>3 21 - 23</td>
<td>070773/L</td>
<td>070773/R</td>
</tr>
<tr>
<td>4 23 - 25</td>
<td>070774/L</td>
<td>070774/R</td>
</tr>
<tr>
<td>5 25 - 27</td>
<td>070775/L</td>
<td>070775/R</td>
</tr>
</tbody>
</table>

**Neurodyn Plus - Foot Lift Orthosis**

**Features and Benefits**
- Fabric orthosis for dynamic compensation of flaccid paralysis
- Orthopaedic rehabilitation should compensate for lost functionality without hindering remaining functions
- Dynamics instead of rigid splints - comfort instead of pressure
- 2 additional straps on the forefoot encourage dorsiflexion and inversion to give a more normal gait
- Free plantar flexion

**Indications for Use**
- Spastic foot drop

**Size**

<table>
<thead>
<tr>
<th>Circ. of leg above ankle (cm)</th>
<th>Black</th>
<th>Beige</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 &lt; 19</td>
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<td>078031/R</td>
</tr>
<tr>
<td>2 19 - 21</td>
<td>078032/L</td>
<td>078032/R</td>
</tr>
<tr>
<td>3 21 - 23</td>
<td>078033/L</td>
<td>078033/R</td>
</tr>
<tr>
<td>4 23 - 25</td>
<td>078034/L</td>
<td>078034/R</td>
</tr>
<tr>
<td>5 25 - 27</td>
<td>078035/L</td>
<td>078035/R</td>
</tr>
</tbody>
</table>

**Dyna Ankle**

**Features and Benefits**
- The Dyna Ankle is primarily used to treat lateral ligament ruptures, but it is also very suitable for the treatment of medial ligament ruptures. Distortion of the upper ankle with lateral ligament rupture usually occurs as a result of excessive plantar flexor supination strain. The talotibial anterior ligament is always affected, so relieving strain on this outer ligament is important for treatment.
- Developed for functional treatment and places the foot in a position with slight pronation and dorsal extension
- Plantar flexion and supination are restricted through a dynamic restraint, while the degree of pronation and dorsal extension motion is unrestricted

**Indications for Use**
- Lateral ligament rupture
- Medial ligament rupture

**Size**

<table>
<thead>
<tr>
<th>UK Shoe Size</th>
<th>Height (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>3 - 6</td>
<td>DYN21-L53-37</td>
<td>DYN21-R53-37</td>
</tr>
<tr>
<td>Medium</td>
<td>6 - 8</td>
<td>DYN21-L70-57</td>
<td>DYN21-R70-57</td>
</tr>
<tr>
<td>Large</td>
<td>8 - 10.5</td>
<td>DYN21-L97-41</td>
<td>DYN21-R97-41</td>
</tr>
<tr>
<td>X-Large</td>
<td>10.5 - 13</td>
<td>DYN21-L414-41</td>
<td>DYN21-R414-41</td>
</tr>
</tbody>
</table>

**Prim Dorsi Assist**

**Features and Benefits**
- Consists of two separated pieces, a supramalleolar strap over the ankle and a non-slip support union to fix between the tongue and shoelaces by means of a central anchorage hook type. Both parts are joined by an elastic strap, which allows variable amounts of dorsiflexion assist
- On the back of the ankle band, there is a gel pad which is cushioned for increased comfort on the achilles tendon
- Discrete, flexible, it takes no space on the shoe, being easy to fit
- To be fitted when lacing the shoe
- Has the function to produce dorsiflexion on the take-off phase of gait, indicated in flaccid palsy

**Indications for Use**
- Drop foot
- Peroneal neuropathies
- Dysfunctional gait

**Size**

<table>
<thead>
<tr>
<th>Measurement (cm)</th>
<th>Product Code</th>
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<tbody>
<tr>
<td>X-Small</td>
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<tr>
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<td>ATXO1/S</td>
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<tr>
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<td>ATXO1/M</td>
</tr>
<tr>
<td>Large</td>
<td>ATXO1/L</td>
</tr>
</tbody>
</table>

**Plantar Band**

**Indications for Use**
- Can be placed on a shoe to assist with plantar flexion

**Size**

<table>
<thead>
<tr>
<th>Measurement (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>Medium</td>
<td>AXTI/M</td>
</tr>
<tr>
<td>Large</td>
<td>AXTI/L</td>
</tr>
</tbody>
</table>

*Please specify right or left.

To order contact orthoticenquiries@steepergroup.com
Foot-Up

Foot-Up shown with footwear

Foot-Up shown with shoeless wrap

Features and Benefits

• Foot-Up is a lightweight ankle orthosis that offers dynamic support for drop foot or similar complaints.
• The revolutionary orthosis provides visible improvement in gait by supporting the foot the moment it is raised.
• Lightweight and difficult to see under clothes.
• Constructed from a padded breathable material it is comfortable to wear with or without footwear (shoeless wrap required for use without footwear).

Indications for Use

• Personal neuropathies
• Drop foot
• Dysfunctional gait

Universal PRAFO 650 Kodel

<table>
<thead>
<tr>
<th>Size</th>
<th>Ankle Circ. (cm)</th>
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<th>Product Code Beige</th>
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<td>07811-1</td>
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<tr>
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<td>07810-2</td>
<td>07811-2</td>
</tr>
<tr>
<td>3 - X Large</td>
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<td>07810-3</td>
<td>07811-3</td>
</tr>
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</table>

Foot-Up shown with shoeless wrap

<table>
<thead>
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<td>27810-2</td>
<td>27811-2</td>
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<td>27810-3</td>
<td>27811-3</td>
</tr>
<tr>
<td>4 - X Large</td>
<td>&gt; 28</td>
<td>27810-4</td>
<td>27811-4</td>
</tr>
</tbody>
</table>

Universal PRAFO Dual Action

Features and Benefits

• Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order - use code PRAFO-LINER.
• Designed for recumbent or ambulant protection of the heel and foot.
• Zero pressure or shear force at the heel.
• Resists plantarflexion contractures developing.
• Custom modifications are possible.
• One version fits both left and right.
• Calibrated adjustment of plantar/dorsiflexion.

Indications for Use:

• Pressure ulcers
• Can be used to resist the development of contracture

Universal PRAFO Adjusted Posterior Upright (APU)

Features and Benefits

Exact prescribed adjustments can be made in the clinical setting as directed by the managing physician without special tools. When patient outcomes are critical, the APU will provide a simple, precise method to set the ankle/foot complex in the sagittal plane. Rapid changes to settings provide a means to improve patient gait. The PRAFO® APU has patented its single jointed metal upright that provides a ROM of 30° plantar flexion and 30° of dorsiflexion. Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order – use code PRAFO-LINER.

Indications for Use:

• Integral walking base - designed for ambulation.
• Washable & replaceable kodel liner system.
• Adjustable foot, toe and calf sections.
• Aluminium heel connector for strength.
• Rotation bar resists internal/external rotation when used in bed.
• Universal sizing to reduce stock holding.

Universal PRAFO 650 APU (adjustable posterior upright)

Features and Benefits

All the benefits of the 650 and 650 APU - with increased application possibilities.
• Ambulatory or recumbent usage.
• Opportunity to evaluate and train gait.
• Bi-planar adjustments with a screwdriver.
• Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order – use code PRAFO-LINER.

Indications for Use:

• The Dual Action accommodates and helps control varus or valgus conditions of the ankle/foot complex, as well as allowing the practitioner a more precise and simplified method of setting the ankle/foot complex in the sagittal plane.

Universal PRAFO Liner

Features and Benefits

• Adjustable foot, toe and calf sections.
• Aluminium heel connector for strength.
• Rotation bar resists internal/external rotation when used in bed.
• Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order – use code PRAFO-LINER.

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• Opportunity to evaluate and train gait.
• Bi-planar adjustments with a screwdriver.
• Permanent alignment marks are in 5° intervals to facilitate exact prescribed adjustments for improved ambulation needs in addition to contracture management. It also has increased depth for more positive heel suspension. Universal liners are also available to order – use code PRAFO-LINER.

Universal PRAFO Foot-Up

Features and Benefits

• The PRAFO® (Pressure Relief Ankle Foot Orthosis) is a totally adjustable, custom-fitted AFO that can help manage many of the ankle/foot anomalies patients present. Its custom-contoured aluminium heel connector bar helps to control dorsi-plantar flexion by allowing infinite, measurable adjustments, whilst its ergonomically designed foot plate allows the liner to be changed easily without tools. Its integral, securely fastened vibram walking base provides a shoe-type surface for ambulatory patients. Design ensures that the patient is protected around the vulnerable areas of the foot and heel and will remain so during ambulation. Universal liners are also available to order - use code PRAFO-LINER.
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• Opportunity to evaluate and train gait.
• Bi-planar adjustments with a screwdriver.
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Universal PRAFO Liner

Features and Benefits

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• Aluminium heel connector for strength.
• Rotation bar resists internal/external rotation when used in bed.
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Comfort Night Splint

Features and Benefits
- Adjustable flexion straps provide a gentle stretching of the plantar fascia and achilles tendon
- Soft lycra lined foam interior is soft, washable and breathable to eliminate heat build-up
- Lycra lined foam padded straps maintain comfort across the flexor tendons
- Lightweight, low profile shell is sturdy and breathable
- The orthoses helps to prevent pain and further injury by limiting contractions of the soft tissues at night
- Universal fit - left/right
- Adjustable flexion straps provide a gentle stretching of the plantar fascia and achilles tendon

Indications for Use
- Plantar fasciitis
- Achilles tendonitis
- Plantar flexion contractures

A-Boot Universal

Features and Benefits
- Ambulation version (A-Boot) comes with removable, soft, non-slip sole
- Antimicrobial surface protector to shield against mould, mildew, stains, bacteria, fungus and algae
- Super soft fleece lined headliner cover is removable and machine washable
- A toe extension is available to accommodate all foot sizes
- Rotator bar controls hip and leg rotation
- Boots position heel in floating position to prevent pressure areas through pressure reduction
- Comes with extender kit to accommodate for wider or oedematous feet
- Universal sizing to reduce stock holding

Indications for Use
- Wider or oedematous feet
- Ankle contractures
- Heel ulcercations

Open Toe Cast Sandal

Features and Benefits
- Open toes and heel for comfort and breathability
- Constructed from ribbed rocker sole with durable upper and contact closure

Indications for Use
- Lower extremity casted fractures

Podus Boot

Features and Benefits
- A lightweight, quality plastic shell with poly/pile liner that helps treat and prevent lower extremity disorders associated with trauma or immobility
- An adjustable toe extension helps protect toes from bedding and the anti-rotation bar may be repositioned to assist with internal or external rotation
- Removable transfer pad on the dorsal side for limited patient ambulating
- Fits right or left foot
- Latex free

Indications for Use:
- Pressure neurosis
- Ankle contractures
- Post-op hip abduction/rotation

All Purpose Boot

Features and Benefits
- Removable EVA insole is fully customisable to offload pressure points
- Wider sole and deep opening provides increased room to accommodate large dressings, bandages and casts
- Wide ankle strap eliminates heel slippage as well as securing the foot or cast in the shoe
- A rocker bottom sole encourages smooth roll through gait pattern and reduces plantar pressure

Indications for Use:
- Post-operative protection for soft tissue trauma or surgery
- Plantar ulcers/wounds
- Closed toe allows dressing to keep clean and dry
- Wider sole allows more room for dressings and casts

Leeder Multi-Use Boot

Features and Benefits
- Utilises Flex-E-Core technology for adjustment without the need for tools or heat

Indications for Use
- Plantar fasciitis
- Achilles tendonitis
- Night splinting
- Foot drop

Size | Max. Foot Length (cm) | Brace Height (cm) | Product Code
--- | --- | --- | ---
Paediatric | 15 | 23 | LHUP
Adult | 25 | 35 | LMUA

Size UK Shoe Size | Product Code
--- | ---
Small Up to 6 | UFO/S/E
Medium 6 - 9 | UFO/M/E
Large 9 + | UFO/L/E

Size | UK Shoe Size | Product Code
--- | --- | ---
Small 4 - 5.5 | APB-S
Medium 6 - 7.5 | APB-M
Large 7.5 - 8.5 | APB-L
X-Large 9 + | APB-XL

Post-Op Shoe

Features and Benefits
• Durable upper with soft padded lining
• Grooved non-slip flexible sole
• Touch and close through loop fastening
• Universal left/right application

Indications for Use
• Post-surgery accommodation of bulky bandages

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>6 - 7</td>
<td>POS/S</td>
</tr>
<tr>
<td>Medium</td>
<td>7 - 9</td>
<td>POS/M</td>
</tr>
<tr>
<td>Large</td>
<td>9 - 10</td>
<td>POS/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>10 +</td>
<td>POS/XL</td>
</tr>
</tbody>
</table>

Orthowedge Shoe

Features and Benefits
• Promotes healing by reducing weight from the forefoot
• Hard wearing padded nylon upper
• Adjustable touch and close fastening
• Universal left/right application

Indications for Use
• Ulcers of the forefoot
• Painful forefoot
• Post surgery

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small/S</td>
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<td>OWS/S</td>
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<tr>
<td>Medium/M</td>
<td>5 - 7</td>
<td>OWS/M</td>
</tr>
<tr>
<td>Large/L</td>
<td>7 - 9</td>
<td>OWS/L</td>
</tr>
<tr>
<td>X-Large/XS</td>
<td>9+</td>
<td>OWS/XL</td>
</tr>
</tbody>
</table>

Pressure Shoe

Features and Benefits
• Can be used as a post operative cast shoe, providing more protection for post operative procedures and fiberglass casts
• Touch and close fastening
• Extra double touch and close strap for security
• Durable sole material
• Universal left/right application

Indications for Use
• Post-op cast shoe
• Accommodation of dressings

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>4</td>
<td>PS/XS</td>
</tr>
<tr>
<td>Small</td>
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<td>PS/S</td>
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<tr>
<td>Medium</td>
<td>6 - 7.5</td>
<td>PS/M</td>
</tr>
<tr>
<td>Large</td>
<td>7.5 - 8.5</td>
<td>PS/L</td>
</tr>
<tr>
<td>X-Large</td>
<td>9 +</td>
<td>PS/XL</td>
</tr>
</tbody>
</table>

Neoprene Boot

Features and Benefits
• 4mm neoprene rubber faced and lined with jersey nylon
• Touch and close fastening
• EVA unit with 8mm sole and 25mm heel
• Comes with heel stiffeners
• Comfort foam insole
• Available in black in wide fitting in full sizes between 2 - 12, in pairs only

Indications for Use
• Bulky dressing and fluctuating oedema

<table>
<thead>
<tr>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
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<tr>
<td>2</td>
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<td>SHNB/04/8</td>
</tr>
<tr>
<td>5</td>
<td>SHNB/05/9</td>
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</table>

Felt Boot

Features and Benefits
• Supplied with heel and toe stiffeners
• Touch and close fastening
• EVA unit with 8mm sole and 25mm heel
• Comfort foam insole
• Available in black in wide fitting in full sizes between 2 - 12 in pairs only

Indications for Use
• Bulky dressing and fluctuating oedema

<table>
<thead>
<tr>
<th>UK Shoe Size</th>
<th>Product Code</th>
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<tr>
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<td>SHFB/04/8</td>
</tr>
<tr>
<td>5</td>
<td>SHFB/05/9</td>
</tr>
</tbody>
</table>
Fracture Walker Brace

Features and Benefits
- Impact-resistant nylon foot piece with removable foam liners
- Liners attach to uprights with touch hook fastening
- Liners are secured to uprights with broad circumferential touch and close fastening
- Universal left or right

Indications for Use
- Post-op ankle stabilisation
- Ankle fracture
- Stress fractures
- Soft tissue and ligament injuries

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Large</td>
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<td>FW17/XL</td>
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<tr>
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<td>FW17/L</td>
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<tr>
<td>Medium</td>
<td>5 - 8</td>
<td>FW17/M</td>
</tr>
<tr>
<td>Small</td>
<td>Up to 5</td>
<td>FW17/S</td>
</tr>
</tbody>
</table>

Rebound Air Walker

Features and Benefits
The Rebound Air Walker features linked medial and lateral air bladders with a single inflation point to provide balanced compression. These air bladders are shaped to cradle the achilles, holding the heel in place for extra stability.
- Moisture wicking soft goods and ventilated panels prevent microbial build up and helps to keep the skin dry and comfortable
- Straps fasten in front for easy application, adjustment and removal
- EVA material provides increased shock absorption for the heel
- Fully-integrated air pump and release valve provides easy, tool-free inflation and deflation for fine-tuned, consistent compression
- Flex Edge over moulding conforms to each patient’s unique anatomy to help limit the formation of pressure points
- Rocker bottom promotes a natural, stable gait, whilst a semi-soft toe bumper that can be trimmed as required provides added protection

Indications for Use
- Grade 2 and 3 ankle sprains
- Stable fractures
- Post-operative use
- Trauma
- Rehabilitation use

<table>
<thead>
<tr>
<th>Size</th>
<th>Men’s Shoe Size</th>
<th>Ladies’ Shoe Size</th>
<th>Product Code</th>
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<td>Small</td>
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<td>Medium</td>
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<td>8.5 - 12</td>
<td>B-242900003E</td>
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<td>Large</td>
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<td>12 - 14</td>
<td>B-242900004E</td>
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<tr>
<td>X-Large</td>
<td>12.5 - 15</td>
<td>14 - 16.5</td>
<td>B-242900005E</td>
</tr>
</tbody>
</table>

Rebound Diabetic Walker

Features and Benefits
Uniquely designed for effective treatment of plantar foot ulcers, the Rebound Diabetic Walker enables easy access and re-fitting during wound care, whilst improving the patient’s mobility during the healing process by including a rocker bottom outsole for smooth roll-over.
- Effective tri-laminate sole with removable shock-absorbing hexagons that promote ulcer offloading and a Plastazote top layer that evenly distributes the pressure
- Anatomically designed shell that minimises shear forces by immobilising the foot and ankle and 90 degrees whilst providing protection
- Flex Edge technology for relief of pressure points, along with a patent-pending pressure relief valve to prevent over-inflation
- Positioning portals allow the clinician to check the fit of the walker at the heel bottom, in order to ensure appropriate positioning of the foot in the walker
- Soft and breathable machine washable liner for hygiene promotion and prevention of infection

Indications for Use
- Plantar foot ulcers

<table>
<thead>
<tr>
<th>Size</th>
<th>Men’s Shoe Size</th>
<th>Ladies’ Shoe Size</th>
<th>Product Code</th>
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<tbody>
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<td>X-Large</td>
<td>12.5 - 15</td>
<td>14 - 16.5</td>
<td>B-242500005E</td>
</tr>
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</table>

VACOped®

Features and Benefits
Inspired by ski boots, the VACOped features a unique design to enable patients to weight-bear earlier, enabling a faster return to daily activities.
- Inner vacuum cushion provides equal and firm support by adjusting itself precisely to the shape of every foot and lower leg and allowing adjustments to be made for swelling
- Adjustable ROM bar allows the boot to be fixed or permit movement dependent on the indication
- Durable, yet lightweight German-engineered plastic shell provides the injury site with the necessary stability and allows an increased freedom of movement in comparison to a plaster cast
- Multiple washable and exchangeable liners promote hygiene

Indications for Use
- Achilles tendon ruptures
- Ankle fractures
- Metatarsal fractures
- Calcaneus fractures
- Arthrodesis

<table>
<thead>
<tr>
<th>Size</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
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<tbody>
<tr>
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<td>VPED/S</td>
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<td>Medium</td>
<td>6.5 - 9</td>
<td>VPED/M</td>
</tr>
<tr>
<td>Large</td>
<td>9 - 10+</td>
<td>VPED/L</td>
</tr>
</tbody>
</table>

Repose Foot Protector

Features and Benefits
Repose Foot Protectors are a unique product designed specifically to minimise the risk of pressure damage to the feet. A significant proportion of pressure ulcers occur on the heels due to a combination of pressure and friction/shear. Whilst support surfaces assist in reducing pressure, only a specific device such as the Repose Foot Protector can ensure that pressure on the foot is relieved totally. Clinical studies have shown these heel protectors to be effective in a wide variety of settings:
- May be used in bed or with feet elevated, easily secured with stocking or light bandage
- Can be used with other dynamic or static support surfaces
- Reduces impact of pressure, friction and shear
- Maximum patient weight = 139kg

Indications for Use
- Pressure relief

<table>
<thead>
<tr>
<th>Size</th>
<th>Length (cm)</th>
<th>Width (cm)</th>
<th>Weight (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
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<td>20</td>
<td>13</td>
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<tr>
<td>Large</td>
<td>51</td>
<td>28</td>
<td>18</td>
<td>662100</td>
</tr>
</tbody>
</table>

Repose Wedge

Features and Benefits
The Repose Wedge has been designed primarily for off-loading pressure from the heels and can be used wherever support or elevation of the lower legs is required. The Repose Wedge offers the same pressure reducing properties as other Repose products. Particularly suited to pressure area
- The Repose Wedge is a versatile product suitable for a wide range of applications within a wide variety of settings.

Indications for Use
- The Repose Wedge is a versatile product suitable for a wide range of applications within a wide variety of settings.

<table>
<thead>
<tr>
<th>Size</th>
<th>Product Code</th>
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</thead>
<tbody>
<tr>
<td>Universal (elastic strap)</td>
<td>671111</td>
</tr>
<tr>
<td>Universal (clear strap)</td>
<td>670000</td>
</tr>
</tbody>
</table>

To order contact orthoticenquiries@steepergroup.com
Ankle and Foot

Tred-lite Modular Footwear Collection

Diabetic specifications
Softee leather, moleskin lining with minimum seams, rim toe puff and padded collars can be added to all styles to create a complete diabetic specification.

Adaptations on Tred-lite
Footwear adaptations and trial fitting service available, along with repairs and adapts.

Specialist sole alternatives
Standard sole and heel provided in lightweight micro EVA, with specialist Vibram® hard-wearing commando also available.

Bespoke insoles ensure best clinical outcome
With a range of insole densities, complementary insoles manufactured at the same time as the footwear ensure the best possible clinical outcome, particularly for total-contact insoles to distribute load and reduce peak pressures on vulnerable areas.

Lightweight, practical and customisable footwear
Available in 18 leather (calf and softee) colour options, nubuck and neoprene, the lightweight Tred-lite range is practical, hard wearing and customisable, offering a mixture of styles, fastenings and colour combinations.

Shock absorbing, lightweight insole support
Using the highest quality EVA, our bespoke insoles retain their shape.

For further details on the above styles and to view our full range of Tred-lite footwear, please visit www.steepergroup.com or contact Customer Services for a full brochure.

The semi-bespoke Tred-lite range from Steeper offers a variety of fashionable styles to provide comfortable and lightweight footwear for patients. Available in leather, nubuck and neoprene with a range of colour and style options, footwear within the Tred-lite range is crafted with particular care and attention.

Please see below for a sample selection of the Tred-lite footwear range, with options for both men and ladies. Many of the Steeper Tred-lite styles are also available as bespoke footwear.

For Ladies

Corella

Prairie

Myna

Phoebe

For Men

Fulmer

Whistler

Hobby

Harrier

For further details on the above styles and to view our full range of Tred-lite footwear, please visit www.steepergroup.com or contact Customer Services for a full brochure.

To order contact orthoticenquiries@steepergroup.com
Adult Insoles
Silicone Heel Cups

Features and Benefits
- Silicone Heel Cups absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support

Indications for Use
- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia
- Achilles tendonitis

---

3/4 Length Silicone Insoles

Features and Benefits
- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support

---

Full Length Silicone Insoles with Metatarsal Support

Features and Benefits
- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support
- The full length insole also features metatarsal support

---

Tred-lite Ezi-Rize Insoles

Features and Benefits
- Adjustable heel raise insoles manufactured in multiple layers of EVA (5 x 3mm) with simple peel away layers to achieve the required raise height
- Depth ranges from 3mm to 15mm in 3mm increments

Indications for Use
- Back pain
- Posture related symptoms
- Arch pain
- Leg length discrepancy
- Achilles tendonitis

---

Tred-lite Orthotic Insoles and Wedges

Features and Benefits
- Tred-lite insoles are designed to improve the biomechanical alignment of the feet thereby reducing pain in the feet, legs and back
- Each insole is constructed from lightweight PU EVA with integral 4° posting
- Available in two different densities allowing you to select an insole which exactly suits the patient’s requirements
- Self-adhesive 2° and 4° wedges are also available for added forefoot and/or rearfoot correction - will attach to a wide range of insoles

Indications for Use
- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Mechanical foot pain

---

Tred-lite Ezi-Fit Insoles and Wedges

Features and Benefits
- Ezi-Fit insoles from the Tred-lite range feature a lateral cutaway to allow for easier fitting into narrower footwear
- Each insole is constructed from lightweight PU EVA with integral 4° posting
- Available in two different densities allowing you to select an insole which exactly suits the patient’s requirements
- Self-adhesive 2° and 4° wedges are also available for added forefoot and/or rearfoot correction

Indications for Use
- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon paid
Steeper motionSupport Insoles

Features and Benefits
- motionSupport insoles are a durable, innovative range of ready-made insoles featuring unique design and construction.
- The full length polyurethane insoles offer improved forefoot control whilst the 3/4 length fibreglass reinforced shell and fibreglass extension on the lateral aspect permits a more propulsive gait.
- The flexible construction under the first metatarsal head allows the first ray to plantarflex and a small metatarsal button reduces pressure on the metatarsal heads.
- Available in three arch heights to optimise sagittal plane control.
- The thinner profile allows for easier fitting in footwear.

Indications for Use
- Tendon pain
- Arch pain
- Over pronation
- Posture related symptoms
- Back pain

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<thead>
<tr>
<th>EU Shoe Size</th>
<th>Low Arch (Brown)</th>
<th>Normal Arch (Grey)</th>
<th>High Arch (Blue)</th>
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</table>

Steeper Support Hallux Rigidus Insoles

Features and Benefits
- Hallux Rigidus insoles are designed to treat painful extension at the first metatarsophalangeal joint.
- An ortholyn inner shell extends distally beyond the first metatarsal head providing a responsive shock absorbing core whilst limiting painful extension motion.
- Choice of three arch profiles optimises the contouring to the foot.
- The low profile and durable construction facilitates use in a wide range of footwear.
- Insole design allows use with various heel heights.
- Sizes outside of the chart below are available to order on request.

Indications for Use
- Painful extension at the first metatarsophalangeal joint.

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<th>Size</th>
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<tr>
<td>47</td>
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<td>KRI-7012-47</td>
</tr>
</tbody>
</table>

Diaped Duosoft Plus

Features and Benefits
- Therapeutic insoles for insensitive feet.
- The dual-layer design of Duosoft Plus consists of a resilient, shock absorbing urethane base and a PORON® 94® top cover.
- The slow rebound quality of the material cradles the foot and allows enhanced redistribution of body weight over the foot’s plantar surface.
- Soft, comfortable and allows the feet to remain cool, dry and odourless.
- A Vygel heel accompanies the dual-layer formation to provide optimal shock attenuation at heel strike.

Indications for Use
- For individuals with diabetes, arthritis, or other conditions that result in sensitive feet.
- Metatarsalgia.
- Pre-ulcerated sites.
- Plantar fasciitis.
- Morton’s neuralgia.
- Foot deformities.
- Morton’s neuroma.
- Foot ulceration.
- Skin breakdown.

To order contact orthoticenquiries@steepergroup.com
Diaped Duosoft Therapeutic

**Features and Benefits**
- Constructed with a multi-density material combination of plastazote and cellular urethane, these advanced insoles offer superb resilience, cushioning and shock absorption.
- The insoles are designed to fit into both traditional footwear and 'additional depth' orthopaedic shoes.
- The addition of an increased metatarsal support in the anatomical design is designed to facilitate off-loading of the metatarsal head area.

**Indications for Use**
- For individuals with diabetes, arthritis, or other conditions that result in sensitive feet.
- Metatarsalgia.
- Pre-ulcerated sites.
- Plantar fasciitis.
- Foot deformities.
- Morton’s neuroma.
- Forefoot accommodation.
- Skin breakdown.

---

**Trio Slimfit**

**Features and Benefits**
- The lightweight and easy fitting Slim Tech with its 3° low arch allows for heel contact and a good comfortable fit.
- The orthotic is for use in ladies’ dress shoes and sports boots.
- Slip is reduced by the design of the hook heel.

**Indications for Use**
- Arch pain.
- Knee pain.
- Shin splints.
- Tendon pain.
- Back pain.
- Postural related symptoms.

---

**Slim Tech**

**Features and Benefits**
- The recessed medial heel post within the Trio Slimfit design offers control over pronation without risking irritation of the skin within the tighter fitting fashion shoe.
- The forefoot contouring provides a stabilising effect upon the forefront joints and reduces cramping pain.

**Indications for Use**
- Excessive pronation.
- Forefoot pain.
- Knee pain.
- Heel valgus.

---

**Prostep**

**Features and Benefits**
- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament.
- Resists the valgus rotation of the rearfoot, which is associated with pronation.
- Anti-bacterial top cover and forefront and rearfoot integral posts of 0°, 3° & 5°.
- Available in full or 3/4 length.

**Indications for Use**
- Low arches.
- Excessive pronation.
- Forefoot pain.
- Knee pain.
- Heel valgus.

---

**Control Tech Soft 3/4 Length**

**Features and Benefits**
- The rearfoot wedging reduces the need for excessive arch height while maintaining support, comfort and providing superior shock absorption.

**Indications for Use**
- Arch pain.
- Knee pain.
- Shin splints.
- Tendon pain.
- Back pain.
- Postural related symptoms.

---

**Trio**

**Features and Benefits**
- The Trio insole is available in 3/4 and full length and is designed to resist excessive valgus rotation.
- Inverts the calcaneus within the heel cup thereby maintaining mid tarsal joint.
- Supports the proximal medial arch of the foot by providing navicular stability.
- Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot posts.

**Indications for Use**
- Plantar fasciitis.
- Heel pain.
- Calf strain.
- Anterior medial knee pain.
- Hip instability.

---

**Size** | **UK Shoe Size** | **3/4 Medium** | **3/4 Firm** | **Full Medium** | **Full Firm**
--- | --- | --- | --- | --- | ---
Kids Small | 13.5 - 15 | PS SLM-KS | PS SLF-KS | PS FLM-KS | PS FLF-KS |
Kids Large | 2 - 3 | PS SLML-KL | PS SLFL-KL | PS FLML-KL | PS FLFL-KL |
X-Small | 3.5 - 4.5 | PS SLM-XS | PS SLF-XS | PS FLM-XS | PS FLF-XS |
Small | 5 - 6 | PS SLM-S | PS SLF-S | PS FLM-S | PS FLF-S |
Medium | 6.5 - 7.5 | PS SLM-M | PS SLF-M | PS FLM-M | PS FLF-M |
Large | 8 - 9 | PS SLM-L | PS SLF-L | PS FLM-L | PS FLF-L |
X-Large | 9.5 - 10.5 | PS SLML-XL | PS SLFL-XL | PS FLML-XL | PS FLFL-XL |
XX-Large | 11 - 12 | PS SLML-XXL | PS SLFL-XXL | PS FLML-XXL | PS FLFL-XXL |

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**Size** | **UK Shoe Size** | **3/4 Medium** | **3/4 Firm** | **Full Medium** | **Full Firm**
--- | --- | --- | --- | --- | ---
Kids Small | 12.5 - 13.5 | TSLM-KS | TSLF-KS | TFLM-KS | TFLF-KS |
Kids Large | 1 - 2.5 | TSLML-KL | TSLFL-KL | TFLML-KL | TFLFL-KL |
X-Small | 3 - 4.5 | TSLM-XS | TSLF-XS | TFLM-XS | TFLF-XS |
Small | 5 - 6.5 | TSLM-S | TSLF-S | TFLM-S | TFLF-S |
Medium | 7 - 8.5 | TSLM-M | TSLF-M | TFLM-M | TFLF-M |
Large | 9 - 10.5 | TSLM-L | TSLF-L | TFLM-L | TFLF-L |
X-Large | 11 - 12.5 | TSLML-XL | TSLFL-XL | TFLML-XL | TFLFL-XL |
XX-Large | 13 - 14.5 | TSLML-XXL | TSLFL-XXL | TFLML-XXL | TFLFL-XXL |

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**Size** | **UK Shoe Size** | **Medium Density** | **3/4 Length Firm Density** | **3/4 Length Extra Firm** | **Full Medium Firm Density** | **Full Length Firm Density** | **Full Length Extra Firm**
--- | --- | --- | --- | --- | --- | --- | ---
Kids Small | 12.5 - 13.5 | TSLM-KS | TSLF-KS | TFLM-KS | TFLF-KS |
Kids Large | 1 - 2.5 | TSLML-KL | TSLFL-KL | TFLML-KL | TFLFL-KL |
X-Small | 3 - 4.5 | TSLM-XS | TSLF-XS | TFLM-XS | TFLF-XS |
Small | 5 - 6.5 | TSLM-S | TSLF-S | TFLM-S | TFLF-S |
Medium | 7 - 8.5 | TSLM-M | TSLF-M | TFLM-M | TFLF-M |
Large | 9 - 10.5 | TSLM-L | TSLF-L | TFLM-L | TFLF-L |
X-Large | 11 - 12.5 | TSLML-XL | TSLFL-XL | TFLML-XL | TFLFL-XL |
XX-Large | 13 - 14.5 | TSLML-XXL | TSLFL-XXL | TFLML-XXL | TFLFL-XXL |

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**Size** | **UK Shoe Size** | **Medium Density** | **3/4 Length Firm Density** | **3/4 Length Extra Firm** | **Full Medium Firm Density** | **Full Length Firm Density** | **Full Length Extra Firm**
--- | --- | --- | --- | --- | --- | --- | ---
Kids Small | 12.5 - 13.5 | TSLM-KS | TSLF-KS | TFLM-KS | TFLF-KS |
Kids Large | 1 - 2.5 | TSLML-KL | TSLFL-KL | TFLML-KL | TFLFL-KL |
X-Small | 3 - 4.5 | TSLM-XS | TSLF-XS | TFLM-XS | TFLF-XS |
Small | 5 - 6.5 | TSLM-S | TSLF-S | TFLM-S | TFLF-S |
Medium | 7 - 8.5 | TSLM-M | TSLF-M | TFLM-M | TFLF-M |
Large | 9 - 10.5 | TSLM-L | TSLF-L | TFLM-L | TFLF-L |
X-Large | 11 - 12.5 | TSLML-XL | TSLFL-XL | TFLML-XL | TFLFL-XL |
XX-Large | 13 - 14.5 | TSLML-XXL | TSLFL-XXL | TFLML-XXL | TFLFL-XXL |
Equiflex

Features and Benefits
- By elevating the heel the Equiflex will restore ankle joint extension reducing the demand for compensation
- Lateral forefoot is supported at the level of the metatarsal heads to facilitate this and accommodate any additional postings that may be required
- Supplied with 0°, 3° and 5° rear posts and 6mm elevators

Indications for Use
- High arches
- Excessive pronation
- Forefoot pain
- Heel valgus

Trio Easy Fit

Features and Benefits
- The Easy Fit is intrinsically a 3/4 length medially posted orthotic with an additional posting option for triplanar control of pronation featuring a lateral cutaway design
- This model maintains the essential features for pronation control, including an optional biplanar rearfoot post
- A medial forefoot post can be used to replace the first metatarsal cushion if required
- Comfort is achieved without compromising natural movement and comfort

Indications for Use
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Trio Heel Pain

Features and Benefits
- The Trio Heel Pain orthosis is contoured to support the navicular bone of the arch, directly reducing the cause of plantar fascia strain
- Higher loading forces under the heel can also lead to inflammation of the skin and supporting structures of the foot
- Features a large cushioning protection for the softer structure under the heel bones

Indications for Use
- Plantar fascitis
- Plantar heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Control Tech Soft Full Length

Features and Benefits
- Available in low, moderate and high arch angles (4°, 6° & 8°)
- Plantar fascial grooves reduce arch irritation as well as provide comfort and superior shock absorption

Indications for Use
- Metatarsalgia
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Interpod Diabetic

Features and Benefits
- Inverted rearfoot improves biomechanical function and enhances the windlass effect
- The 6° moderate arch height provides adequate functionality for the majority of patients
- PORON 96 top cover sets a new level of advanced underfoot technology
- The slow rebound cradles the foot and allows enhanced distribution of body weight over the foot’s plantar surface
- Cradle functionality makes this the ultimate stock diabetic orthosis

Indications for Use
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Control Tech Flex 3/4

Features and Benefits
- 3/4 length insole eliminates pronation moments about the subtalar joint created by the lateral heel cup
- Supplied with optional self adhesive covers
- Polypropylene integral posting over the subtalar joint axis

Indications for Use
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

UK Shoe Size Product Code UK Shoe Size Product Code
2 - 3 SC3130 11 - 12 SC3135
3 - 4 SC3131 13 SC3136
5 - 6 SC3132 10 - 13 SC3134
7 - 8 SC3133

www.steepergroup.com

To order contact orthoticenquiries@steepergroup.com
Darco Universal Toe Alignment Splint

Features and Benefits
- Universal toe alignment splint
- Constructed of soft cotton backed elastic material that will fit into standard footwear

Indications for Use
- Designed to maintain position of soft tissues until they heal following surgery for bunions or hammer toes
- Reduces incidence of recurrence of the deformity following surgical correction

<table>
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<tbody>
<tr>
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Slim Gel-Fit Bunion Sleeve

Features and Benefits
- The Slim Gel-Fit™ Bunion Sleeve is an elastic sleeve with a gel pad incorporated inside two layers of a comfortable and conforming fabric
- Thin design that fits most footwear and can be worn under hosiery
- Sleeve can also be worn on the hand to protect the thumb
- Washable and reusable
- Elastic bunion sleeve with the gel pad incorporated inside two layers of a comfortable and conforming fabric
- The covered gel pad shields the painful and sensitive bony protrusion of the forefoot
- Thin and compact design makes it perfect for everyday use and fits with most dress, casual, or athletic shoes and underneat hosiery
- Latex free and hypo-allergenic

Indications for Use
- Helps to relieve shoe pressure, friction, and shear forces on the bunion
- May also be worn on the hand to protect the thumb from discomfort during gripping activities

<table>
<thead>
<tr>
<th>Size</th>
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<tr>
<td>Medium</td>
<td>SI0050</td>
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</table>
**Starlight Standard**

**Features and Benefits**
- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Allows air to circulate
- Outer layer made from robust cotton for longevity
- Lightweight - approximately 100g
- Machine washable
- Available in head circumferences 18.3cm to 61cm in 1cm increments

**Indications for Use**
- Simple yet effective protection for people at risk of head injury

---

**Starlight Secure**

**Features and Benefits**
- Impact absorbing soft/firm foam combination construction
- High quality cotton
- Soft to the skin
- Lightweight - approximately 100g - 130g (size dependent)

*Starlight Secure model shown with optional forehead protector, neck cushion and chin guard

**Indications for Use**
- Advanced protection for people at risk of head injury

---

**Ambu Perfit Collar**

**Features and Benefits**
- Features a two-piece design anatomically contoured to provide superior stability and comfort with large trachea opening for easy access
- Constructed from durable plastic, laminated to soft hypo-allergenic foam with contact closure

**Indications for Use**
- Immobilisation for both extrication and rehabilitation
- Post-operative disectomy
- Spinal fusion

Height measurement taken from posterior portion of mandible to the clavicle directly below.

---

**Ultra Cervical Collar**

**Features and Benefits**
- Features one-piece flat design with flip out chin piece and trachea opening for easy access
- Constructed from plastic, laminated to foam with contact closure

**Indications for Use**
- Cervical facet syndrome
- Discogenic pain
- Degenerated disc disease
- Muscle sprains or strains of cervical region

---

**Starlight Standard**

**Features and Benefits**
- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Allows air to circulate
- Outer layer made from robust cotton for longevity
- Lightweight - approximately 100g
- Machine washable
- Available in head circumferences 18.3cm to 61cm in 1cm increments

**Indications for Use**
- Simple yet effective protection for people at risk of head injury

---

**Starlight Secure Leather**

**Features and Benefits**
- Impact absorbing soft/firm foam combination construction
- Leather lined
- Soft to the skin
- Lightweight - approximately 100g - 130g (size dependent)

**Indications for Use**
- Advanced protection for people at risk of head injury

---

**Philadelphia Universal Cervical Collar w/Trachea**

**Features and Benefits**
- Featuring a two-piece design anatomically contoured to provide superior stability and comfort with large trachea opening for easy access
- Constructed from durable plastic, laminated to soft hypo-allergenic foam with contact closure

**Indications for Use**
- Immobilisation for both extrication and rehabilitation
- Post-operative disectomy
- Spinal fusion

Height measurement taken from posterior portion of mandible to the clavicle directly below.

---

**Ultra Cervical Collar**

**Features and Benefits**
- Features anatomically contoured foam with soft cotton stockinette covering for maximum patient comfort
- Constructed from medium firm density foam with contact closure

**Indications for Use**
- Cervical facet syndrome
- Discogenic pain
- Degenerated disc disease
- Muscle sprains or strains of cervical region

---

**Paediatric**

**Starlight Standard**

**Features and Benefits**
- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Allows air to circulate
- Outer layer made from robust cotton for longevity
- Lightweight - approximately 100g
- Machine washable
- Available in head circumferences 45cm to 62cm in 1cm increments

**Indications for Use**
- Simple yet effective protection for people at risk of head injury

---

**Starlight Secure**

**Features and Benefits**
- Impact absorbing soft/firm foam combination construction
- High quality cotton
- Soft to the skin
- Lightweight - approximately 100g - 130g (size dependent)

*Starlight Secure model shown with optional forehead protector, neck cushion and chin guard

**Indications for Use**
- Advanced protection for people at risk of head injury

---

**Ambu Perfit Collar**

**Features and Benefits**
- Features a two-piece design anatomically contoured to provide superior stability and comfort with large trachea opening for easy access
- Constructed from durable plastic, laminated to soft hypo-allergenic foam with contact closure

**Indications for Use**
- Immobilisation for both extrication and rehabilitation

Height measurement taken from posterior portion of mandible to the clavicle directly below.

---

**Ultra Cervical Collar**

**Features and Benefits**
- Features one-piece flat design with flip out chin piece and trachea opening for easy access
- Constructed from plastic, laminated to foam with contact closure

**Indications for Use**
- Cervical facet syndrome
- Discogenic pain
- Degenerated disc disease
- Muscle sprains or strains of cervical region

---

**Starlight Standard**

**Features and Benefits**
- Impact absorbing foam construction
- Cotton jersey lining
- Soft to the skin
- Wicks away moisture
- Allows air to circulate
- Outer layer made from robust cotton for longevity
- Lightweight - approximately 100g
- Machine washable
- Available in head circumferences 18.3cm to 61cm in 1cm increments

**Indications for Use**
- Simple yet effective protection for people at risk of head injury
Paediatric Custom LSO

Features and Benefits
Steeper’s supplier in the USA has one of the largest spinal databases and physical libraries in the industry. This ensures that spinal orthoses can be manufactured utilising the latest CAD/CAM technology, allowing a mould to be carved nearly identical to a patient’s measurements or scanned image*. Alternatively, the extensive spinal library can be used to secure a mould that can be modified to match the patient.

Each individual back brace is fabricated to the patient’s unique measurements and specifications ensuring the very best fit, support and comfort.

* Scanned images are accurate to within one millimetre.

- Available: Custom fabricated finished or unfinished
- Bivalve opening: Anterior over posterior or posterior over anterior
- Overlap options: Smooth, step (butted) or with tongues
- Anterior designs: Flexion, neutral or pendulous
- Degree of lordosis: Custom fabricated lordosis
- Material options: LDPE, MPE, HDPE, Copolymer, Polypropylene, ABS or Kydex
- Liner: Unlined or hypo-allergenic aliplast in 1/8", 3/16" or 1/4"
- Attachments and accessories:
  - Bivalve opening closure kit with straps, chafes, loops & Chicago screws
  - Pectoral Pad (PPK/PPX) with straps, chafes, loops & screws
  - Pneumatic lumbar bladder
  - Polyethylene or foam tongues
  - Shoulder or axilla straps with straps, chafes, loops & Chicago screws
  - Options: Designer pattern applied to brace & straps, modified negative cast, relief buildup, ventilation & waist pads

Indications for Use
- Ankylosing spondylitis
- Compression fractures
- Degenerative, herniated or bulging disc
- Laminectomy
- Lumbar stabilisation
- Spondylosis
- Spondylolisthesis

When ordering, please refer to the Custom Spinal Measurement Form on page 83.

Paediatric Custom TLSO

Features and Benefits
Steeper’s supplier in the USA has one of the largest spinal databases and physical libraries in the industry. This ensures that spinal orthoses can be manufactured utilising the latest CAD/CAM technology, allowing a mould to be carved nearly identical to a patient’s measurements or scanned image*. Alternatively, the extensive spinal library can be used to secure a mould that can be modified to match the patient.

Each individual back brace is fabricated to the patient’s unique measurements and specifications ensuring the very best fit, support and comfort.

* Scanned images are accurate to within one millimetre.

- TLSO has 3 pairs of straps instead of 2
- Available: Custom fabricated finished or unfinished
- Bivalve opening: Anterior over posterior or posterior over anterior
- Overlap options: Smooth, step (butted) or with tongues
- Anterior designs: Flexion, neutral or pendulous
- Degree of lordosis: Custom fabricated lordosis
- Material options: LDPE, MPE, HDPE, Copolymer, Polypropylene, ABS or Kydex
- Liner: Unlined or hypo-allergenic aliplast in 1/8", 3/16" or 1/4"
- Options: Designer pattern applied to brace & straps, modified negative cast, relief buildup, ventilation & waist pads
- Attachments and accessories:
  - Bivalve opening closure kit with straps, chafes, loops & Chicago screws
  - Pectoral Pad (PPK/PPX) with straps, chafes, loops & screws
  - Pneumatic lumbar bladder
  - Polyethylene or foam tongues
  - Shoulder or axilla straps with straps, chafes, loops & Chicago screws
  - Sternal Pad (SPK/SPX) with straps, chafes, loops & screws

Indications for Use
- Ankylosing spondylitis
- Compression fractures
- Degenerative, herniated or bulging disc
- Laminectomy
- Lumbar stabilisation
- Spondylosis
- Spondylolisthesis

When ordering, please refer to the Custom Spinal Measurement Form on page 83.

<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Made to Measurement</td>
<td>Bivalve unfinished</td>
<td>CLSO-BU</td>
</tr>
<tr>
<td>Made to Measurement</td>
<td>Bivalve finished with straps</td>
<td>CLSO-BWS</td>
</tr>
<tr>
<td>Made to Measurement</td>
<td>Single opening - unfinished</td>
<td>CLSO-SOUL</td>
</tr>
<tr>
<td>Made to Measurement</td>
<td>Single opening - finished</td>
<td>CLSO-SOFWS</td>
</tr>
</tbody>
</table>

When ordering, please refer to the Custom Spinal Measurement Form on page 83.
Custom Scoliosis Brace

Features and Benefits
A scoliosis brace is an orthotic device used to prevent the continual advancement of spinal incurvation. Steeper’s USA supplier’s technology has increased the comfort level of these specialised back braces while minimising their physical contour. These custom scoliosis braces are stronger, lighter and less bulky than any brace on the market.

Indications for Use
• Idiopathic scoliosis

CAD/CAM & Modification Services
Steeper can manufacture your scoliosis brace utilising the latest CAD/CAM technology, to enable modification and mould carving to a patient’s measurement or scanned image.* More traditional methods can also be used to fabricate custom scoliosis braces from casts or measurements. X-rays are required for a finished scoliosis brace.

Scoliosis Brace - Made to Measure or Cast

<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Made to Cast</td>
<td>CTC Scoliosis Brace finished</td>
<td>CTCSCOLI311</td>
</tr>
<tr>
<td>Made to Cast</td>
<td>CTC Scoliosis Brace unfinished</td>
<td>CTCSCOLI322</td>
</tr>
<tr>
<td>Made to Measurement</td>
<td>CTC Scoliosis Brace finished</td>
<td>CTCMCSOLI311</td>
</tr>
</tbody>
</table>

When ordering, please refer to the Custom Spinal Measurement Form on page 83.

* Please note - scanned images are accurate to within one millimetre.
Mesh Arm Sling

Features and Benefits
• Allows for slide buckle or contact closure
• Manufactured from seamless breathable mesh material
• Measurements are sling pouch width x height

Indications for Use
• Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

Features and Benefits
• Allows for slide buckle or contact closure for ease of application
• Manufactured from seamless lightweight muslin material; crayons included
• Measurements are sling pouch width x height

Indications for Use
• Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

Indications for Use
• Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

Economiser Arm Sling

Features and Benefits
• Features double d-ring hook and loop closure for ease of application and thumb loop to help prevent wrist drop
• Manufactured from seamless, lightweight, durable material with added shoulder strap pad; crayons included
• Measurements are sling pouch width x height

Ultra Arm Sling

Features and Benefits
• Features 1½” wide waist strap for secure immobilisation and thumb loop to help prevent wrist drop
• Manufactured from seamless, lightweight, durable material with added pad for shoulder strap
• Measurements are sling pouch width x height

Indications for Use
• Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery or other shoulder-related injuries

Indications for Use
• Indicated for immobilisation following rotator cuff repairs, S/P glenohumeral acromioplasty surgery or other shoulder-related injuries

Indications for Use
• Indicated for injuries to the arm, shoulder, wrist or hand and cast support to maintain arm in neutral position

<table>
<thead>
<tr>
<th>Size</th>
<th>Width/Height (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>30.5 x 12.7</td>
<td>21-1730</td>
</tr>
<tr>
<td>Small</td>
<td>38 x 15.2</td>
<td>21-1731</td>
</tr>
<tr>
<td>Medium</td>
<td>43 x 17.8</td>
<td>21-1732</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Size</th>
<th>Strap Length* (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>XX-Small</td>
<td>38.1 - 53.3</td>
<td>25-1720</td>
</tr>
<tr>
<td>X-Small</td>
<td>43.2 - 61</td>
<td>25-1730</td>
</tr>
</tbody>
</table>

* Measured from centre back, over shoulder, underarm returning to centre back
Indications for Use
• Great for arthritic or neuromuscular deformities or for flaccid, weak or spastic hand conditions

Features and Benefits
• Terrycloth
• Headliner
• Comes with one liner
• Paediatric sizing
• Ambidextrous
• Progressively change wrist and finger positions and amount of wrist deviation by adjusting the internal frame and locking the frame’s swivel with included hex wrench
• Correct or control wrist deviation motion even when changes in the position of the wrist and hand are made
• Unique below the wrist swivel ability that allows for lateral and medial movements
• Accommodates for ulnar and radial deviation

Hand-thumb Orthosis

Features and Benefits
• Terrycloth
• Headliner
• Comes with one cover
• Ambidextrous
• Paediatric sizing
• Adjustable thumb support
• Keeps thumb in functional position without stretching thenar eminence
• Excellent for patients with highly adducted thumbs

Indications for Use
• Excellent for patients with highly adducted thumbs

Features and Benefits
• Blocks flexion or extension while allowing motion in opposite direction
• Can be set in a desired static position
• Re-adjustable custom fit of wrist MP, PIP and DIP joints
• Goniometer dial and metal are protected and hidden to avoid any exposed metal parts
• Spring-loaded goniometer offers the same features as the regular goniometer with the additional benefit of a spring that gently pushes extremity to the selected degree of extension

Goniometer and Spring-Loaded Goniometer Hand Orthoses

This goniometer works in the same manner as serial casting by gradually adjusting the amount of extension. Use our patented goniometer dial to set the range of flexion and extension, the supplied Allen wrench (which fits neatly under the cover) adjusts the angle on the hinge goniometer from 0° to 180° in 10° increments.

Features and Benefits
• Any Steeper comfy splints can be made with a goniometer or spring-loaded goniometer feature added
• Blocks flexion or extension while allowing motion in opposite direction
• Can be set in a desired static position
• Re-adjustable custom fit of wrist MP, PIP and DIP joints
• Goniometer dial and metal are protected and hidden to avoid any exposed metal parts
• Spring-loaded goniometer offers the same features as the regular goniometer with the additional benefit of a spring that gently pushes extremity to the selected degree of extension

For further details on all the splints we can supply, please contact our Customer Services department.

Paediatric

Hand-Wrist Finger Orthosis

Features and Benefits
• Terrycloth
• Headliner
• Comes with one cover
• Ambidextrous
• Paediatric sizing
• Multi-layered for comfort
• Adjustable reinforced spine allows for easy adjustments without tools
• Easy to clean
• Keeps thumb in functional position without stretching thenar eminence
• Side wings prevent ulnar/radial deviation
• Washable and absorbent covers help prevent skin breakdown
• Soft straps accommodate fluctuations in edema
• Arm, wrist, fingers independently adjustable
• Resists strong flexion synergy

Indications for Use
• This popular splint provides support and positioning for weak or deformed hands

Size & Wrist to Tip of Middle Finger (cm) Total Length (cm) Product Code
Paediatric Small 6.35 - 8.89 17.78 HT101-PS
Paediatric Medium 7.62 - 11.43 20.32 HT101-PM
Paediatric Large 11.43 - 15.24 24.13 HT101-PL

Available to order in Comfyprene purple colour, please contact Customer Services

*Please note, the standard model supplied is Terrycloth.

Note: Supplied with finger separators

Hand Wrist Finger Orthosis

Features and Benefits
• Terrycloth
• Headliner
• Comes with one liner
• Paediatric sizing
• Ambidextrous
• Progressively change wrist and finger positions and amount of wrist deviation by adjusting the internal frame and locking the frame’s swivel with included hex wrench
• Correct or control wrist deviation motion even when changes in the position of the wrist and hand are made
• Unique below the wrist swivel ability that allows for lateral and medial movements
• Accommodates for ulnar and radial deviation

Indications for Use
• Great for arthritic or neuromuscular deformities or for flaccid, weak or spastic hand conditions

Size & Wrist to Tip of Middle Finger (cm) Total Length (cm) Product Code
Paediatric Small 6.35 - 8.89 17.78 DH101-PS
Paediatric Medium 7.62 - 11.43 17.78 DH101-PM
Paediatric Large 11.43 - 15.24 22.86 DH101-PL

Goniometer and Spring-Loaded Goniometer Hand Orthoses

This goniometer works in the same manner as serial casting by gradually adjusting the amount of extension. Use our patented goniometer dial to set the range of flexion and extension, the supplied Allen wrench (which fits neatly under the cover) adjusts the angle on the hinge goniometer from 0° to 180° in 10° increments.

Features and Benefits
• Any Steeper comfy splints can be made with a goniometer or spring-loaded goniometer feature added
• Blocks flexion or extension while allowing motion in opposite direction
• Can be set in a desired static position
• Re-adjustable custom fit of wrist MP, PIP and DIP joints
• Goniometer dial and metal are protected and hidden to avoid any exposed metal parts
• Spring-loaded goniometer offers the same features as the regular goniometer with the additional benefit of a spring that gently pushes extremity to the selected degree of extension

For further details on all the splints we can supply, please contact our Customer Services department.

Features and Benefits
• Terrycloth
• Headliner
• Comes with one liner
• Paediatric sizing
• Ambidextrous
• Paediatric sizing
• Adjustable thumb support
• Keeps thumb in functional position without stretching thenar eminence
Paediatric Coloured Neoprene Wrist Brace

**Features and Benefits**
- Manufactured in a range of coloured neoprene
- Contrasting colourful bar casing and hook and loop fastening
- 15cm length
- Sold in single units
- Colours available: black, royal blue, navy, beige, red, day-glo orange

**Indications for Use**
- Healing fractures
- Healing ligament injuries

<table>
<thead>
<tr>
<th>Size</th>
<th>Wrist Circ. (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>Up to 11.5</td>
<td>HL-PWN-1</td>
<td>HR-PWN-1</td>
</tr>
<tr>
<td>Medium</td>
<td>11.5 - 14.5</td>
<td>HL-PWN-2</td>
<td>HR-PWN-2</td>
</tr>
<tr>
<td>Large</td>
<td>14.5 - 16</td>
<td>HL-PWN-3</td>
<td>HR-PWN-3</td>
</tr>
</tbody>
</table>

Paediatric Coloured Elastic Wrist Brace

**Features and Benefits**
- Manufactured in single compression navy elastic
- Contrasting colourful bar casing and edge binding
- 15cm length
- Sold in single units

**Indications for Use**
- Healing fractures
- Healing ligament injuries

<table>
<thead>
<tr>
<th>Size</th>
<th>Wrist Circ. (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>Up to 11.5</td>
<td>HL-PWE-1</td>
<td>HR-PWE-1</td>
</tr>
<tr>
<td>Medium</td>
<td>11.5 - 14.5</td>
<td>HL-PWE-2</td>
<td>HR-PWE-2</td>
</tr>
<tr>
<td>Large</td>
<td>14.5 - 16</td>
<td>HL-PWE-3</td>
<td>HR-PWE-3</td>
</tr>
</tbody>
</table>

Paediatric Coloured Elastic Wrist/Thumb Brace

**Features and Benefits**
- Manufactured in single compression blue elastic
- Contrasting colourful bar casing and edge binding
- 15cm length
- Sold in single units

**Indications for Use**
- Healing fractures
- Healing ligament injuries

<table>
<thead>
<tr>
<th>Size</th>
<th>Wrist Circ. (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>Up to 11.5</td>
<td>HL-PET-1</td>
<td>HR-PET-1</td>
</tr>
<tr>
<td>Medium</td>
<td>11.5 - 14.5</td>
<td>HL-PET-2</td>
<td>HR-PET-2</td>
</tr>
<tr>
<td>Large</td>
<td>14.5 - 16</td>
<td>HL-PET-3</td>
<td>HR-PET-3</td>
</tr>
</tbody>
</table>

Paediatric Coloured Neoprene Wrist/Thumb Brace

**Features and Benefits**
- Manufactured in a range of coloured neoprene
- Contrasting colourful bar casing and hook and loop fastening
- 15cm length
- Sold in single units
- Colours available: black, royal blue, navy, beige, red, day-glo orange

**Indications for Use**
- Healing fractures
- Healing ligament injuries

<table>
<thead>
<tr>
<th>Size</th>
<th>Wrist Circ. (cm)</th>
<th>Product Code Left</th>
<th>Product Code Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>Up to 11.5</td>
<td>HL-PNT-1</td>
<td>HR-PNT-1</td>
</tr>
<tr>
<td>Medium</td>
<td>11.5 - 14.5</td>
<td>HL-PNT-2</td>
<td>HR-PNT-2</td>
</tr>
<tr>
<td>Large</td>
<td>14.5 - 16</td>
<td>HL-PNT-3</td>
<td>HR-PNT-3</td>
</tr>
</tbody>
</table>

Pavlik Harness

**Features and Benefits**
- Strong cotton webbing with comfort padding
- Hook and loop fastening with colour coded tabs
- Soft cotton booties
- Effective in the treatment of congenital dislocation of the hips

**Indications for Use**
- Indicated for babies with suspected congenital dislocation of the hip (CDH)

<table>
<thead>
<tr>
<th>Size</th>
<th>Chest Circ. (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>38 - 44.5</td>
<td>PHXS</td>
</tr>
<tr>
<td>Small</td>
<td>44.5 - 53</td>
<td>PHS</td>
</tr>
<tr>
<td>Medium</td>
<td>53 - 60</td>
<td>PHM</td>
</tr>
<tr>
<td>Large</td>
<td>61 - 67</td>
<td>PHL</td>
</tr>
<tr>
<td>X-Large</td>
<td>68 - 77</td>
<td>PHXL</td>
</tr>
</tbody>
</table>

Paediatric Hip Abduction Splint - Standard & Adjustable

**Features and Benefits - Standard Model**
- Maintains concentric reduction of hips in patients with hip dysplasia
- Replaces spica casts and harnesses for certain developmental dysplasia patients
- One-piece, non-adjustable polypropylene orthosis holds infant in 90° hip flexion and 60° abduction
- Open design facilitates nappy changes
- Closed-cell foam lining does not retain moisture

**Indications for Use - Standard Model**
- Indicated for patients with hip dysplasia

**Features and Benefits - Adjustable Model**
- Lightweight, paediatric orthosis offers advantage of abduction adjustment over the standard paediatric hip splint model described above
- Sturdy polypropylene frame set in 90° hip flexion - abduction easily adjustable 40° through 180° by aluminium slotted screw assembly
- Fits infants from 3 months (6-12 lbs) to 18 months (over 30 lbs)
- More total contact than Pavlik harness
- Easy application, removal facilitates nappy changes
- Closed-cell foam does not retain moisture

**Indications for Use - Adjustable Model**
- Indicated for patients with hip dysplasia
- X-Large size effective for certain cerebral palsy patients

<table>
<thead>
<tr>
<th>Size</th>
<th>Average Age</th>
<th>Weight Guide in (lbs)</th>
<th>Product Code Standard Model</th>
<th>Product Code Adjustable Model</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Small</td>
<td>Up to 3 mths</td>
<td>6 - 12</td>
<td>B/3899</td>
<td>B/3906</td>
</tr>
<tr>
<td>Small</td>
<td>3 - 6 mths</td>
<td>13 - 16</td>
<td>B/3900</td>
<td>B/3907</td>
</tr>
<tr>
<td>Medium</td>
<td>6 - 12 mths</td>
<td>17 - 21</td>
<td>B/3901</td>
<td>B/3908</td>
</tr>
<tr>
<td>Large</td>
<td>1 year</td>
<td>22 - 30</td>
<td>B/3902</td>
<td>B/3909</td>
</tr>
<tr>
<td>X-Large</td>
<td>18 mths</td>
<td>30+</td>
<td>B/3903</td>
<td>B/3910</td>
</tr>
</tbody>
</table>
**Mini TLC™ Hip Abduction Brace**

**Features and Benefits**
- Prefabricated
- Material: MPE
- Pelvic band adjustable for hip development and pelvic circumference with quick release buckle closure
- Thigh cuff bivalve design adjustable to thigh proximal and distal measurements
- Breathable, washable liner absorbs perspiration and reduces heat build up
- Universal hip joint, TLC hip joint with infinite abduction/adduction & flexion/extension settings

**Indications for Use**
- Arthroplasty
- Hip dislocation or potential high risk dislocation
- Hip dislocation - anterior or posterior
- Hip management/immobilisation
- Hip revision
- Hip surgery
- Post-operative
- Pre-operative
- Stabilise, align & reinforce hip

*Available to order

---

**Standard & Deluxe Leg Gaiters to Stock Sizes**

**Features and Benefits**
- Available in 5 sizes and 7 lengths
- Choice of material styles
- Deluxe leg gaiter recommended for prolonged use
- Deluxe model features padded and towelling lining for a more comfortable fit

**Note:** Designs change seasonally and reflect customer demand, please contact Customer Services for a full list of current designs and a colour chart.

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**Made-to-Measure Leg Gaiters**

**Features and Benefits**
- Choice of padding for prolonged use and a more comfortable fit
- Choice of fabrics
- Leg immobilisation
**UFO™**

Features and Benefits
Introducing an improved prefabricated night splint for the effective treatment of plantar fasciitis and achilles tendinitis. The UFO™ comfortably supports the affected foot in a controlled amount of dorsiflexion, applying a Low Load Prolonged Stretch (LLPS) to the soft tissues of the plantar fascia and achilles tendon. LLPS promotes gentle stretching, healing and re-modeling of these tissues, effectively reducing the stress and pain caused by inflammation and tissue shortening. Such support can help break the cycle of injury, pain and re-injury due to otherwise unlimited contraction and deformity of the soft tissues at night.

- The simple variable dorsiflexion design allows the patient to quickly and easily adjust the amount of applied stretch to provide the most effective pain relief
- Adjustable bilateral dorsiflexion assist straps
- CoolFoam™ replaceable liner wicks moisture away from the skin for enhanced hygiene

Indications for Use
- Plantar fasciitis
- Achillen tenonitis

<table>
<thead>
<tr>
<th>Size</th>
<th>Footplate Length (cm)</th>
<th>Brace Height (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>14</td>
<td>16.5</td>
<td>B/3614</td>
</tr>
<tr>
<td>Medium</td>
<td>17</td>
<td>25</td>
<td>B/3615</td>
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<tr>
<td>Large</td>
<td>19</td>
<td>26.5</td>
<td>B/3616</td>
</tr>
<tr>
<td>Custom</td>
<td>N/A</td>
<td>N/A</td>
<td>B/330/PE</td>
</tr>
</tbody>
</table>

**Paediatric A-Boot**

Features and Benefits
- Washable, soft fleece-lined cover wicks away moisture away from the skin to maintain skin integrity and allows heel to float, thus eliminating pressure of friction on the heel and enhancing blood circulation
- Rubber sole with non-slip surface provides a walking base so patients can walk comfortably
- The splint frame resists plantar flexion while providing a dynamic push toe extension for the correction of foot drop, foot ankle contractures and deformity
- The adjustable toe post relieves pressure on the toes and adjusts to accommodate a variation of foot sizes
- Rotation bar can be positioned to the side to control hip and leg rotation
- An extender kit is available for patients with increased calf and foot circumference and edema
- Universal sizing to reduce stock holding

Indications for Use
- For the patient who requires positioning but can also transfer and ambulate

<table>
<thead>
<tr>
<th>Size</th>
<th>Foot Length (cm)</th>
<th>Calf Circ. (cm)</th>
<th>Heel to Top of Back (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>12.7 - 20.3</td>
<td>Up to 17.9</td>
<td>17.78</td>
<td>A-BOOT-P</td>
</tr>
</tbody>
</table>

**Open Toe Cast Sandwich**

Features and Benefits
- Features open toe and heel for comfort and breathability
- Constructed from ribbed rocker sole with durable upper and contact closure

Indications for Use
- Lower extremity casted fractures

<table>
<thead>
<tr>
<th>Size</th>
<th>Foot Length (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>XXX-Small</td>
<td>10.2</td>
<td>69-3071</td>
</tr>
<tr>
<td>XX-Small</td>
<td>12.7</td>
<td>69-3079</td>
</tr>
<tr>
<td>X-Small</td>
<td>17.8</td>
<td>69-3080</td>
</tr>
</tbody>
</table>

**Universal Rigid Post-Op Shoe**

Features and Benefits
- Features flat footbed with rigid sole to prevent excessive foot motion whilst walking
- Constructed of wood-like sole with water resistant upper and contact closure
- Universal sizing to reduce stock holding

Indications for Use
- Post-operative foot protection and support

<table>
<thead>
<tr>
<th>Size</th>
<th>Foot Length (cm)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>20.32</td>
<td>69-3121</td>
</tr>
</tbody>
</table>

**Paediatric Fixed Walker**

Features and Benefits
- Easy to apply design provides stability for the lower leg with low natural heel height
- Removable washable foam liner and aluminium uprights for adjustability; fits children from 1½ to 9 years old
- Constructed of coated malleable aluminium uprights, padded liner and contact closure straps

Indications for Use
- Stable foot or ankle fractures
- Severe sprains or strains
- Post cast removable or as a comfortable alternative to casting

<table>
<thead>
<tr>
<th>Size</th>
<th>Footplate Length (cm)</th>
<th>Age (Years)</th>
<th>Product Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>&gt; 15.2</td>
<td>1 to 2</td>
<td>79-1201</td>
</tr>
<tr>
<td>Large</td>
<td>15.2 - 19</td>
<td>2 1/2 to 6</td>
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Calzamedi Footwear

Features and Benefits
- Extended stiffeners on both medial & lateral sides provide improved stability of the foot
- Lightweight rubber soles contribute to a more energy efficient gait
- Hook and loop fastening and lace styles help children develop independent dressing skills
- Low opening style makes footwear easy to take on and off
- Extra padding around heel stiffeners improve comfort
- Fully breathable lining reduces skin irritation
- Adaptable sole provides enhanced function
- Leather uppers are durable and breathable
- Padded collars ensure a comfortable fit
- Comes with removable anatomically shaped footbeds

Indications for Use
- Flexible flat feet
- Hypermobility
- Hindfoot instability
- Sensitive feet
- Children who need extra support during gait

Calzamedi Footwear Style Options

Black Leather - Lace
Code: 4200-0101

Black Leather - Hook and loop fastening
Code: 4201-0101

Blue Nubuck
Hook and loop fastening 4203-0202
Lace 4202-0202

Pink Nubuck
Hook and loop fastening 4203-0203
Lace 4202-0203

Measuring for width:

Measuring for length:

### Paediatric

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Ordering Example (for Black Leather - Lace)

Select Size (EU) 32
Select Style (from top of page) 4200-0101
Select Width 4

= Ordering Code 32-4200-0101-4
Paediatric

Kraemer Heel Cups

Features and Benefits
- Children’s multi-layered prefabricated foot orthosis covered in Multiform A30 shore
- Thermo-mouldable reinforced base and wedge

Indications for Use
- Ligament weakness
- Sprains/strains
- Planovalgus feet

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Prostep

Features and Benefits
- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament. This resists the valgus rotation of the rearfoot, which is associated with pronation.
- Anti-bacterial top cover and forefront and rearfoot integral posts of 0°, 3° & 5°
- Full length or 3/4 length available

Indications for Use
- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

---

EZI-KID (Peddy) Insoles

Features and Benefits
- Dynamic insole for children
- Modular sandwich-like construction and flexible thermoformable wedge
- Soft sole to support the natural movement of the foot

Indications for Use
- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Planovalgus feet

---

Kids Feet In Motion

Features and Benefits
- These brightly coloured pairs consist of one blue (left) and one right (red) to help children learn whilst providing a functional solution.
- Medium density EVA orthosis specifically designed for children’s feet
- A flat base on the standard orthotic allows for modification with wedges and components
- Insoles are available as standard or with a pre-posted heel to 5°

Indications for Use
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Planovalgus feet
- Postural related symptoms

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To order contact orthoticenquiries@steepergroup.com
Trio

**Features and Benefits**
The Trio orthotic is designed to resist excessive valgus rotation, by inverting the calcaneus within the heel cup thereby maintaining mid tarsal joint. It also supports the proximal medial arch of the foot providing navicular stability.
- Each pair is supplied with additional 3° medial biplanar rearfoot posts and 3° lateral forefoot posts.
- Available in 3/4 and full length posts.

**Indications for Use**
- Plantar fasciitis
- Heel pain
- Calf strain
- Antero-medial knee pain
- Hip instability

### Size

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Trio Easy Fit

**Features and Benefits**
Trio Easy Fit is intrinsically a 3/4 length medially posted orthotic with an additional posting option for triplanar control of pronation featuring a lateral cutaway design. This model maintains the essential features for pronation control, including an optional biplanar rearfoot post. A medial forefoot post can be used to replace the first metatarsal cushion if required, to achieve comfort without compromising on natural movement.

**Indications for Use**
- Medium arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

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Starflex Blanks

**Features and Benefits**
A versatile polyester resin orthotic blank that is worked with hot water or a hot air gun.
- Available pre-cut to shoe size and can be moulded to a customised shape
- Very strong, yet thin and lightweight foot orthotic
- A ‘posting’ can be applied simply using adhesive

**Indications for Use**
- Back pain
- Posture related symptoms
- Arch pain
- Knee pain
- Tendon pain

### Size

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</tbody>
</table>

Peapod Junior

**Features and Benefits**
A 1.5mm thermoplastic base offers excellent fitting compatibility in most footwear
- Heat mouldable and grindable

**Indications for Use**
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

### Size

<table>
<thead>
<tr>
<th>UK Shoe Size</th>
<th>Product Code</th>
<th>UK Shoe Size</th>
<th>Product Code</th>
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</table>

Control Tech Soft 3/4 Kids

**Features and Benefits**
Rearfoot wedging reduces the need for excessive arch height whilst maintaining support, comfort and providing superior shock absorption

**Indications for Use**
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

### Size

<table>
<thead>
<tr>
<th>UK Shoe Size</th>
<th>Product Code</th>
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<tr>
<td>1 - 2</td>
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</table>
Neurotec

Features and Benefits
- Neurotec is designed to provide support under the medial arch and the peroneal notch, which gives stability to the subtalar joint and de-stabilises inversion and eversion
- The metatarsal head arch stabilises the forefoot and offloads the metatarsal heads in the forefoot
- The heel cup stabilises the heel and the toe crest dorsiflexes the toes to improve tone

Indications for Use
- Mid neurological deficit affecting the foot
- Habitual reflex deformities
- Hypertonic muscle imbalance

<table>
<thead>
<tr>
<th>Size</th>
<th>EU Shoe Size (Shell Length cm)</th>
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<tr>
<td>B</td>
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<tr>
<td>C</td>
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<tr>
<td>F</td>
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<td>K</td>
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<td>O</td>
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<td>P</td>
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<td>Q</td>
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<tr>
<td>R</td>
<td>28 (18.3)</td>
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<tr>
<td>S</td>
<td>29 (18.9)</td>
<td>NEUROS</td>
</tr>
<tr>
<td>T</td>
<td>30 (19.5)</td>
<td>NEUROT</td>
</tr>
</tbody>
</table>

Podo Tech Junior - 3/4 Length

Features and Benefits
- Designed especially for children
- Easily ground and heat mouldable

Indications for Use
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

<table>
<thead>
<tr>
<th>UK Shoe Size (EU)</th>
<th>Product Code</th>
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<tbody>
<tr>
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<td>8 (25 - 26)</td>
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<td>11.5 (29 - 30)</td>
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</table>

Paediatric

Indications for Use
- Mid neurological deficit affecting the foot
- Habitual reflex deformities
- Hypertonic muscle imbalance