

Tred-lite Ezi-Rize Heel Raise



Features and Benefits

- Adjustable heel raise insoles manufactured in multiple layers of EVA (5x3mm) with simple peel away layers to achieve the required raise height
- Depth ranges from 3mm to 15mm in 3mm increments

Indications for Use

- Back pain
- Posture related symptoms
- Arch pain
- Leg length discrepancy
- Achilles tendonitis

Ordering Information

Size	Heel Width (cm)	Product Code
Men's	7	EZI-RIZE/MALE
Women's	5.5	EZI-RIZE/FEMALE

Trio Heel Pain



Features and Benefits

- The Trio Heel Pain orthosis is contoured to support the navicular bone of the arch, directly reducing the cause of plantar fascia strain
- Higher loading forces under the heel can also lead to inflammation of the skin and supporting structures of the foot
- Features a large cushioning protection for the softer structure under the heel bones

Indications for Use

- Plantar fasciitis
- Plantar heel pain
- Calf strain
- Anterior medial knee pain
- Hip instability

Ordering Information

Size	Shoe Size (UK)	Density	Product Code
Small	5 - 6.5	Medium	THP-S
Medium	7 - 8.5	Medium	THP-M
Large	9 - 10.5	Medium	THP-L