

Silicone Heel Cups



Features and Benefits

- Silicone Heel Cups absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each heel cup incorporates calcaneal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia
- Achilles tendonitis

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	11 - 1.5	29 - 33	YT-S04S
Medium	2 - 4.5	34 - 37	YT-S04M
Large	5 - 9.5	38 - 43	YT-S04L
X-Large	10 - 12	44 - 46	YT-S04XL



More Information
 Wear and Care Instructions

3/4 Length Silicone Insoles



Features and Benefits

- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	1 - 4	33 - 37	YT-S02S
Medium	4.5 - 8.5	38 - 42	YT-S02M
Large	9 - 14	43 - 48	YT-S02L



More Information
 Wear and Care Instructions

Full Length Silicone Insoles with Metatarsal Support



Features and Benefits

- Silicone insoles absorb and dissipate shock forces that may cause pain or discomfort
- Designed for relief of heel pain and light rearfoot trauma, for use during sporting activities or simply to improve comfort
- Manufactured from medical grade silicone, each insole incorporates calcaneal support
- The full length insole also features metatarsal support

Indications for Use

- Heel pain
- Calcaneal spur
- Plantar fasciitis
- Metatarsalgia

Ordering Information

Size	Shoe Size (UK)	Shoe Size (EU)	Product Code
Small	4 - 5	37 - 38	YT-S01S
Medium	6 - 6.5	39 - 40	YT-S01M
Large	7 - 7.5	41 - 42	YT-S01L
X-Large	8.5 - 9.5	43 - 44	YT-S01XL



More Information
 Wear and Care Instructions

Slim Gel-Fit™ Bunion Sleeve



Features and Benefits

- The Slim Gel-Fit™ Bunion Sleeve is an elastic sleeve with a gel pad incorporated inside two layers of a comfortable and conforming fabric
- Thin design that fits most footwear and can be worn under hosiery
- Sleeve can also be worn on the hand to protect the thumb
- Washable and reuseable
- The covered gel pad shields the painful and sensitive bony protrusion of the forefoot
- Thin and compact design makes it perfect for everyday use and fits with most dress, casual or athletic shoes
- Latex free and hypo-allergenic

Indications for Use

- Helps to relieve shoe pressure, friction and shear forces on the bunion
- May also be worn on the hand to protect the thumb from discomfort during gripping activities

Ordering Information

Size	Product Code
Small	SI0048
Medium	SI0050