

Prostep

Features and Benefits

- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament
- Resists the valgus rotation of the rearfoot, which is associated with pronation
- Anti-bacterial top cover and forefoot and rearfoot integral posts of 0°, 3° & 5°
- Available in full or 3/4 length

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Note: Paediatric sizing also available. See Page 249.

Ordering Information

34 Length						
Size	Shoe Size (UK)	Product Code				
		¾ Medium	3/4 Firm			
X-Small	3.5 - 4.5	PSSLM-XS	PSSLF-XS			
Small	5 - 6	PSSLM-S	PSSLF-S			
Medium	6.5 - 7.5	PSSLM-M	PSSLF-M			
Large	8 - 9	PSSLM-L	PSSLF-L			
X-Large	9.5 - 10.5	PSSLM-XL	PSSLF-XL			
XX-Large	11 - 12	PSSLM-XXL	PSSLF-XXL			

Full Length						
Size	Shoe Size (UK)	Product Code				
		Full Length Medium	Full Length Firm			
X-Small	3.5 - 4.5	PSFLM-XS	PSFLF-XS			
Small	5 - 6	PSFLM-S	PSFLF-S			
Medium	6.5 - 7.5	PSFLM-M	PSFLF-M			
Large	8 - 9	PSFLM-L	PSFLF-L			
X-Large	9.5 - 10.5	PSFLM-XL	PSFLF-XL			
XX-Large	11 - 12	PSFLM-XXL	PSFLF-XXL			



Control Tech Soft Full Length

Features and Benefits

- Available in low, moderate and high arch angles (4°, 6° & 8°)
- Plantar fascial grooves reduce arch irritation as well as provide comfort and superior shock absorption

Indications for Use

- Metatarsalgia
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size	Product Code				
(UK)	4° Low Arch	6° Moderate Arch	8° High arch		
10 - 13	SC3086	-	-		
1 - 2	SC3088	-	-		
2 - 3	SC3090	SC3040	-		
3 - 4	SC3091	SC3041	SC3031		
5 - 6	SC3092	SC3042	SC3032		
7 - 8	SC3093	SC3043	SC3033		
9 - 10	SC3094	SC3044	SC3034		
11 - 12	SC3095	SC3045	-		
13 - 15	SC3096	SC3046	-		

188

ADULT INSOLES