

Prostep



Features and Benefits

- Prostep is designed to restore the natural position of the talus by supporting the inside edge of the heel and supports the spring ligament
- Resists the valgus rotation of the rearfoot, which is associated with pronation
- Anti-bacterial top cover and forefoot and rearfoot integral posts of 0°, 3° & 5°
- Available in full or ¾ length

Indications for Use

- Low arches
- Excessive pronation
- Forefoot pain
- Knee pain
- Heel valgus

Note: Paediatric sizing also available. See **Page 249**.

Ordering Information

¾ Length			
Size	Shoe Size (UK)	Product Code	
		¾ Medium	¾ Firm
X-Small	3.5 - 4.5	PSSLM-XS	PSSLF-XS
Small	5 - 6	PSSLM-S	PSSLF-S
Medium	6.5 - 7.5	PSSLM-M	PSSLF-M
Large	8 - 9	PSSLM-L	PSSLF-L
X-Large	9.5 - 10.5	PSSLM-XL	PSSLF-XL
XX-Large	11 - 12	PSSLM-XXL	PSSLF-XXL

Full Length			
Size	Shoe Size (UK)	Product Code	
		Full Length Medium	Full Length Firm
X-Small	3.5 - 4.5	PSFLM-XS	PSFLF-XS
Small	5 - 6	PSFLM-S	PSFLF-S
Medium	6.5 - 7.5	PSFLM-M	PSFLF-M
Large	8 - 9	PSFLM-L	PSFLF-L
X-Large	9.5 - 10.5	PSFLM-XL	PSFLF-XL
XX-Large	11 - 12	PSFLM-XXL	PSFLF-XXL

Control Tech Soft Full Length



Features and Benefits

- Available in low, moderate and high arch angles (4°, 6° & 8°)
- Plantar fascial grooves reduce arch irritation as well as provide comfort and superior shock absorption

Indications for Use

- Metatarsalgia
- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Product Code		
	4° Low Arch	6° Moderate Arch	8° High arch
10 - 13	SC3086	-	-
1 - 2	SC3088	-	-
2 - 3	SC3090	SC3040	-
3 - 4	SC3091	SC3041	SC3031
5 - 6	SC3092	SC3042	SC3032
7 - 8	SC3093	SC3043	SC3033
9 - 10	SC3094	SC3044	SC3034
11 - 12	SC3095	SC3045	-
13 - 15	SC3096	SC3046	-

Control Tech Soft $\frac{3}{4}$ Length



Features and Benefits

- The rearfoot wedging reduces the need for excessive arch height while maintaining support and comfort, providing superior shock absorption

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Note: Paediatric sizing also available. See **Page 246.**

Ordering Information

Shoe Size (UK)	Product Code	Shoe Size (UK)	Product Code
2 - 3	SC3055	7 - 8	SC3058
3 - 4	SC3056	9 - 10	SC3059
5 - 6	SC3057	11 - 12	SC3060

Control Tech Flex $\frac{3}{4}$



Features and Benefits

- $\frac{3}{4}$ length insole eliminates pronation moments around the subtalar joint created by the lateral heel cup
- Supplied with optional self adhesive covers
- Polypropylene integral posting over the subtalar joint axis

Indications for Use

- Arch pain
- Knee pain
- Shin splints
- Tendon pain
- Back pain
- Postural related symptoms

Ordering Information

Shoe Size (UK)	Product Code		
	4° Low Arch	6° Moderate Arch	8° High arch
3 - 4	SC3021	SC3011	SC3001
5 - 6	SC3022	SC3012	SC3002
7 - 8	SC3023	SC3013	SC3003
9 - 10	SC3024	SC3014	SC3004
11 - 12	SC3025	SC3015	SC3005